

# G-TiDE



## S1

Smart Watch User Manual

English ●———— 01-09

Deutsch ●———— 10-19

日本語 ●———— 20-28

العربية ●———— 29-37

Français ●———— 38-47

Italiano ●———— 48-57

Español ●———— 58-67

ENGLISH

# Thanks for choosing G-TiDE Smart Watch

To get the better product experience, please read this manual first.

All product drawing& function-instruction is used for reference only for the final correct data please see in instructions and packing kinds.

Typing errors and discrepancies in this manual will be updated with the latest products. In case of any update, this manual will be changed at any time without notice. We reserve the final explanation right.

Remarks: You can wash your hands while wearing this smartwatch.



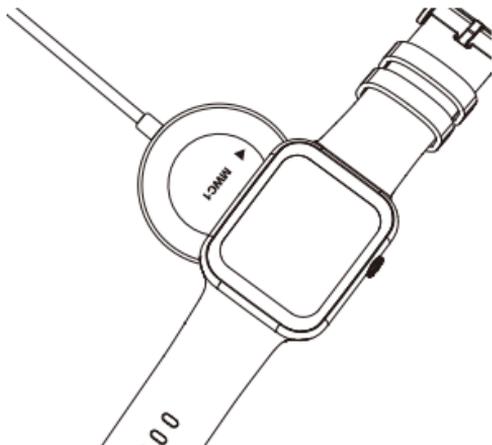
Do not use it when taking a bath or sauna. Water vapor may enter into the smartwatch and damage surrounding parts. These issues are not covered in the warranty.



**All the above test data are for reference only and can not be used as any medical diagnoses.**

## Charging instructions

1. Please charge the smartwatch with wireless charging stand.
2. Support PC USB and standard 5V charger.
3. Fully charged in 3-4 hours.



1. Please follow the direction indicated on the charging stand for charging.
2. It is normal that the temperature of the charging stand and the watch may rise to 50-60 degrees Celsius while charging.

## Operation Guide

1. Power on / off: Long Press  to power on/off. Short press to return standby.

Tips: When the watch crashes, connect the charging cable for charging, and then press  1-2s to trigger the reset function.

2. Change Dial style: Long Press the dial and slide left or right to select different dials.

### Touch Description:

1. Swipe right to get into the main menu.
2. Choose one of the functions, and swipe right to get back to the main menu.
3. Swipe left to get to the function interface, and swipe left again for the next function.



## GT FIT Pro

Scan the QR code to download the app.



<https://app.uteasy.com/gffit/download/index.html>

### **Connect the watch**

Download the "GT FIT Pro" App in your phone.

You can directly search for "GT FIT Pro" in the APP store to download it, or you can scan the QR Code above to jump to the download link.

## Bluetooth Connection Instructions

1. Open the location of both your mobile and the "GT FIT Pro" app.
2. Open GT FIT Pro app → device → add device → search Bluetooth to connect.

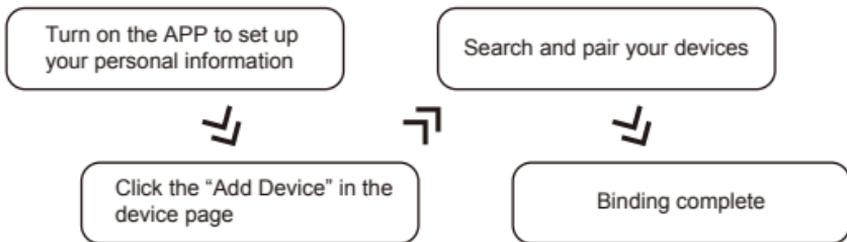
Tips: Please do not connect directly with Bluetooth on the phone. Be sure to search and connect through "GT FIT Pro" App, or it will cause the occupation of the bluetooth of the smartwatch. And the Bluetooth will not be searchable on GT FIT Pro. If the above situations happened, please go back to the "GT FIT Pro" App.



☹️ is gray, which means the watch is not connected or occupied.



✅ is green, which means the watch has been connected and occupied.



Swipe down the watch - click "Settings" - click "About" to display the MAC address of the watch. After binding successfully, the watch will automatically connect with your phone and the APP data page can be pulled down to refresh the data synchronously.

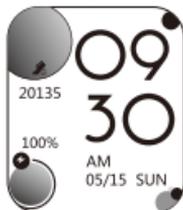
# Smart Watch Operation Guide



First screen up  
information notification



First screen right  
slide menu interface



Slide active data left  
on the first screen



Slide down the shortcut  
page on the first screen

## FAQ

Q1. After the phone is matched with the smartwatch, why does the voice of the mobile phone send out from the watch?

- Please turn off the sound setting. The sound will not be sent from the watch.

Q2. Unsuitable usage scenarios?

- Hot water shower, hot spring, sauna (steam room), platform diving, and other activities under high water pressure, temperature, humidity, and high-speed water flow. It's also not applicable for diving activities at a depth of more than 1.5m. After using in seawater, please rinse with fresh water and dry it.

Q3. Why cannot the watch receive any message?

- Android phone:
  1. Confirm to turn on the message push on your phone;
  2. Open the "GT FIT Pro" App, and turn on the "SMS reminder" and "APP reminder".
- iOS Phones:
  1. Confirm to turn on the message push on your phone;
  2. First make sure the confirmation message display normally on your phone. And then open the "GT FIT Pro" App, and turn on the "SMS reminder" and "APP reminder".

#### Q4. About battery.

- Normal use: Equipped with 300mAh battery, the smartwatch can be used for up to 5-7 days. And the standby time is up to 20-25 days. The actual battery life depends on personal usage habits.  
Usage scenario: Bluetooth calls for 15mins/week, music playing for 15mins/week, constant heart rate, scientific sleep at night, average exercise for 60mins/week, message notification (50 messages, 6 calls, 3 alarm clocks/day), and 200 times of lighting up your screen.
- Heavy use: The smartwatch can heavily used for up to 3-4days. The actual battery life depends on personal usage habits.  
Usage scenario: Bluetooth call for 30mins/week, music playing for 30mins/week, constant heart rate, scientific sleep at night, opening pressure, emotion, fatigue, body temperature, and other 24-hour continuous monitoring, with an average of 120mins of exercise/week, opening message notification (50 messages, 6 calls, 3 alarm clocks/day) and lighting up screen for 20mins/day.

## FCC WARNING

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance

could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help. The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction

FCC ID: 2AZUR-S1