

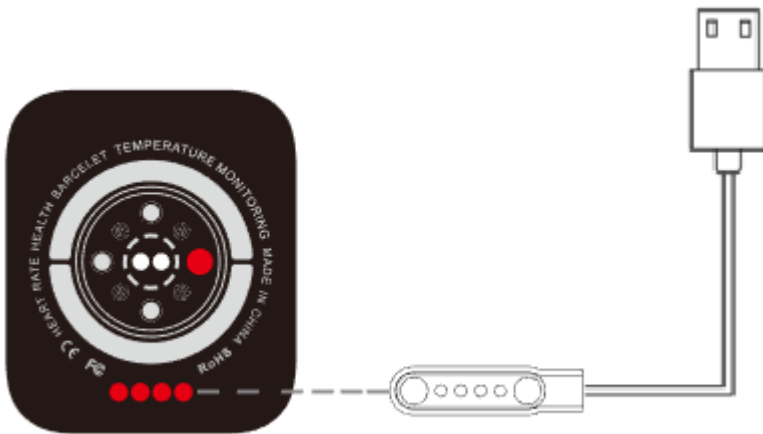
# User manual



## Notice for Use

- When measuring, the sensor close to the skin and avoid moving ;
- Product measurement results are only used for reference instead of medical purposes and basis;
- Please fully charge before using. The charging time needs about 2 hours ;
- Please use the standard accessories for charging to avoid charging accidents ;
- Please do not charge under the condition of humidity or being stained with water ;

## Charging diagram



Align the two contacts of the charger to the charging position on the back of the watch; connect the other end to the standard USB interface to charge.

## APP Installation & Connection

Scan the QR code or enter the APP Store and search for "Vband" in the App Store to download and install the APP.



V Band

Note: Android supports 5.0 and above, IOS supports 8.0 and above; Bluetooth hardware 4.0 and above .

## Device connection

For the first use, To bind the watch, click selection of binding device and find out the device to be connected. If there are several devices nearby, select MAC address of own watch to bind, If the watch binds with mobile successfully, there will be bluetooth icon on top of watch.(Note: Before using the Bluetooth function, please confirm whether the system Bluetooth synchronization switch is turned on)

- For audio connection, you need to turn on the Bluetooth switch of the watch, and then turn on the phone to search for Watch6-Audio to connect.
- Android phones use all notification permissions such as reading contact information and giving the app background running in the phone settings.
- Tips: For IOS devices, please press pair the Bluetooth for the first time connecting.
- To connect a Bluetooth headset, you need to set the watch to headset mode first, and then click Search.(Note: The Bluetooth headset must enter the pairing mode to connect successfully)

## Watch function description

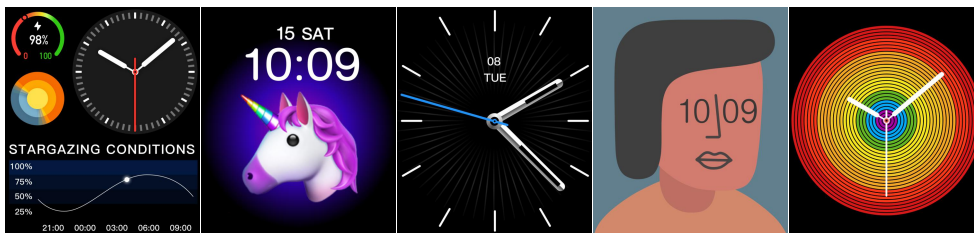
Upper button: Rotate the button to switch between the dial and the menu. Press any key on any interface to return to the dial.

Lower button: long press for 3 seconds to switch on and off, short press on the dial page to turn off the screen and brighten the screen.● Swipe up to enter a message notification.

- Swipe down to enter the shortcut menu.

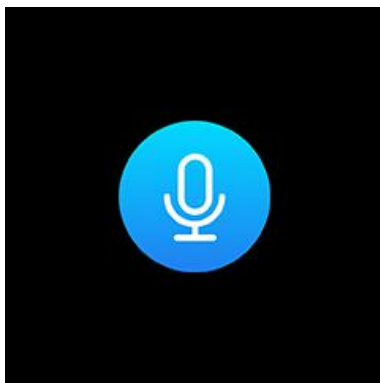
- Swipe left to enter the menu interface.
- Slide the dial interface to the right to enter the audio interface.
- On the dial interface, swipe the watch to the right to split the screen to display frequently used functions..

## Features



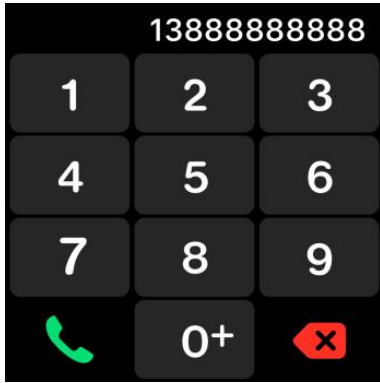
### Change main interface

On main interface, Itouch the screen to select the main interface.



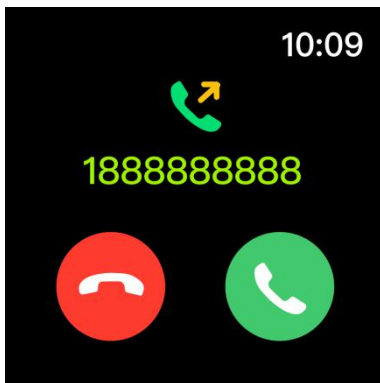
### Intelligent voice

Connect the mobile phone Bluetooth, you can voice control the mobile phone.



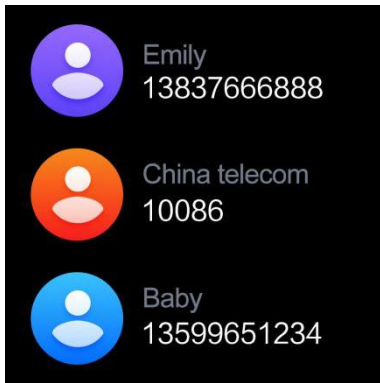
**Bluetooth display**

Enter the number on the dial interface of the watch or mobile phone to enter the dial. The watch and mobile phone will be synchronized in real time.



**Bluetooth call**

This watch supports Bluetooth call.



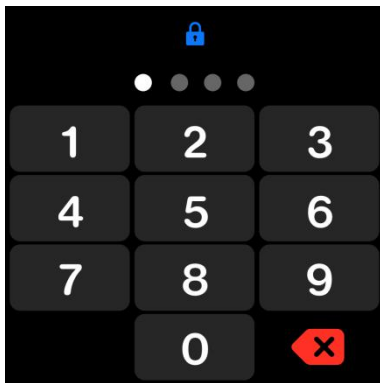
**Address book**

Click the sync address book on the APP side, and the watch can import 1000 items.



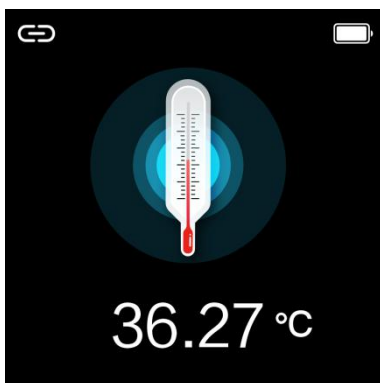
**Sports record**

Display the current number of exercise steps, exercise mileage and calorie consumption.



**Smart lock screen**

Set a password in the settings to protect privacy.



**Temperature**

Measure the current body temperature and display the measurement results.



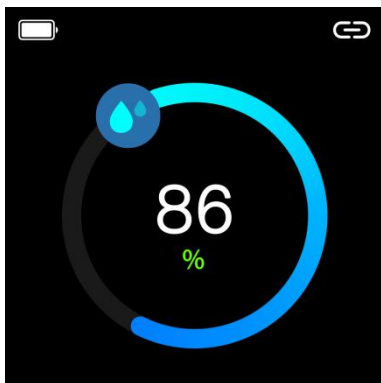
**Heart rate**

Measure the current heart rate value and display the measurement result.



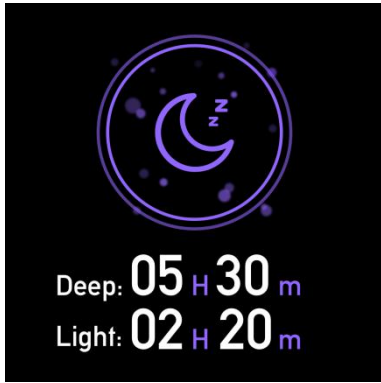
**blood pressure**

Measure the current blood pressure value and display the measurement result.



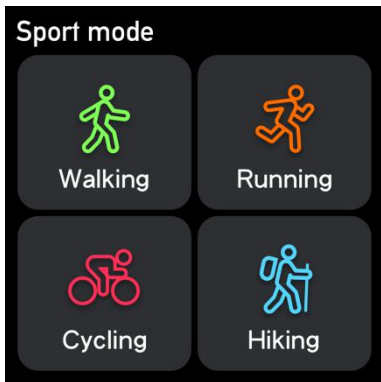
**Blood oxygen**

Measure the current blood oxygen value and display the measurement result.



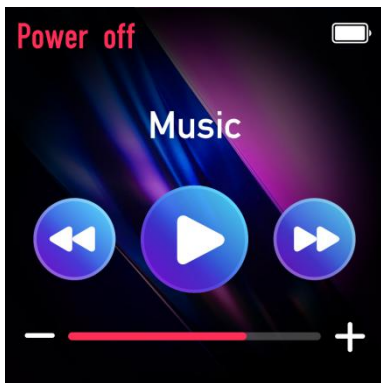
**Sleep**

It can record and display the total length of sleep, and the length of deep sleep and light sleep. For more detailed information analysis and data recording, you can log in to the APP to view. **Note: Sleep data starts to detect sleep from 9pm.**



**Sport mode**

The sport mode menu supports a total of six sport modes: walking, running, yoga, elliptical machine, mountaineering, and swimming. The sport time and calories are recorded on each mode interface. Click to enter and right to exit.

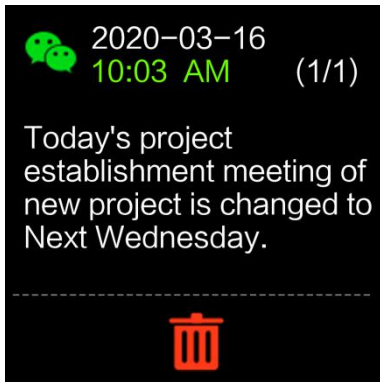


**Bluetooth music**

After connecting the mobile phone Bluetooth, click to control the previous song,

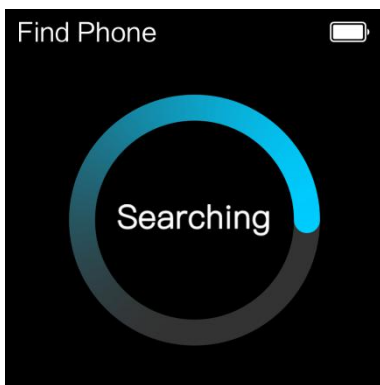


next song, play, pause and other operations of the phone.



**Message notification**

Open the reminder on the APP. When there is QQ, WeChat, call, SMS and other information on the mobile phone, the watch vibrates and displays the content of the message.



**Find phone**

When the bracelet is connected to the APP, click to enter to find the phone, and the phone ringtone will ring later.

### **Set up**

Volume adjustment, screen brightness, factory reset, shutdown, version number.

### **More features**

Weather, calculator, alarm clock, stopwatch, remote photography, sedentary reminder, drinking water reminder, charging reminder, etc.

## **[APP operation introduction]**

1. User registration: Users can be registered by mobile phone number and email address, which is convenient for users to save and share the records of sports and health information. For unregistered temporary users, they cannot record and save related information.
2. Connect the watch: In Add Device, search for the device, click and bind this device.  
Note: If you cannot find the name of the watch device, please check whether the bracelet is powered on and turned on; if the bracelet is turned on, but you cannot find the device, it means that the bracelet is connected to other mobile phones, then you should first If you are using an Apple mobile phone, you need to find the device name in the Bluetooth settings and click Ignore this device to connect to the new mobile phone normally.
3. Step counting function: In the step menu in the APP, the steps, calories and mileage are recorded, and the percentage of completion can be displayed according to the set target steps, which can be distinguished from jogging, jogging and fast running. Click to enter You can view the daily history of each week and month.
4. Sleep function: display the daily, weekly, and monthly sleep data in the form of a graph, and calculate the daily sleep quality and sleep duration, as well as query historical records.
5. Training function: It can facilitate real-time training, record exercise steps, time, calories, mileage and movement track, and query historical training records.

6. Detection function: The detection menu in the APP includes body temperature, heart rate, blood oxygen, and blood pressure detection. At the same time, the bracelet end sends a test request, which will be displayed synchronously in the APP and also saved when viewing historical records.
7. About the software: If the APP or bracelet firmware is updated, the APP will automatically send an upgrade reminder, or you can manually upgrade through the menu.

### **Precautions for use**

- No soaking, diving, diving, bathing;
- This product is an electronic monitoring product, not for medical reference, the data is for reference only.
- **Please use factory reset with caution. Restoring factory settings will result in the loss of all APP content settings and historical data of the bracelet.**

## **FCC Statement**

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device,

pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may

cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off

and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

important announcement  
Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.