

- 1. Charging port: the red light stays on when charging.
- 2. Switch: OFF to shut down, ON to start
- 3. Indicator light: green light flashes when not connected/green light stays on when connected
- 4. Strap: tie the strap on the thigh with the data collector facing outward

Equipment power: 3 hours charging, 12 hours using, if insufficient power, the red light flashes, please recharge in time.

Power saving mode: if the fitness ring is not connected to Bluetooth or not used within 2 minutes, it will enter hibernation state, you need to turn on the device switch again. Keep the charging port facing the athlete when the fitness ring is turned on.

Smart Fitness Ring App download

For Android & iOS:



Instructions

- 1. After starting the game app, register a dedicated account and log in. After entering the exercise interface, the bluetooth connection screen will be displayed, select ZTYN-JSH-****** to connect, the interface shows that the bluetooth connection is successful, indicating light is steady green.
- 2. If the connection fails during use, it may be due to insufficient power of the device, or the device's bluetooth is not turned on, etc.
- 3. During exercise, if the fitness ring not working or working inaccurately, please face up the charging port of the fitness ring and place it flat for 3 seconds to reset. If you need to pause or exit, you need to hold the fitness ring flat for 6 seconds to pause or return to the main interface.

Common issues

How to unbind/match the fitness ring?

Click the homepage setting button ot to enter the setting interface, click "Unbind" to release the fitness ring, Click "Connect Device" to connect a new fitness ring. If the ring body or data collector needs to be replaced in the equipment, turn on the ring's power switch, click settings, enter any number of channel numbers (10-100), if there are multiple settings. The interval between the two values must be 5 or more. For example, A is 10, and B is 15. After the red and green lights flash alternately on the ring, restart the date collector at this time and wait for the green light to stay on, that is, the code pairing is successful.

If the green light is off or still flashes, you can try to pair again. Can't run the app after installation?

The app requires Android system version 4.4 or higher, Bluetooth 5.0 or higher, and enough memory, if it appears phenomena such as installation failure or freeze, indicating that the phone is not suitable for this app. The phone can't cast screen?

The mobile phone uses wireless projection app for TV or other equipments. if the projected device shows lagging, that is due to external hardware mismatch, please change another projection environment or equipment or both and try again

Can't find the bluetooth device?

It appears that the bluetooth device cannot be found, you can check if the bluetooth function of the mobile phone is turned on, if it is not turned on , you need to manually turn it on.

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- -Reorient or relocate the receiving antenna.
- -Increase the separation between the equipment and receiver.
- -Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- -Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.