

Smart health watch

User's Manual

MV60 pro - V1.8

HEALTH SMART WATCH MANUAL

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Watch appearance



Install APP

Scan the QR code below or enter the "app store", download and install from major Android application markets (App Store/Baidu Assistant) "V Band"



Scan the QR code to download

Install the system



Android 4.4 +



IOS 8.4 +

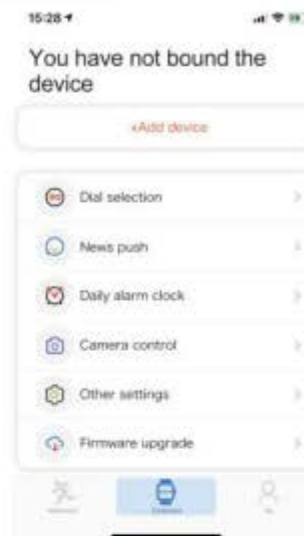
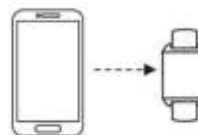


Bluetooth 5.0 +

01

Instructions for first use

- Open the mobile app
- Click the device icon
- Add device iOS/Android
- Scroll down to find the device
- Click to connect



Audio Bluetooth connection

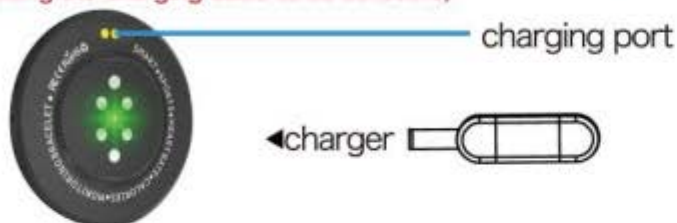
Enter the Bluetooth settings of the mobile phone, find the Audio corresponding to the product's Bluetooth model (such as MVxx-Audio), click Connect, and it shows connected, which means the connection is successful. (To make calls and listen to music, you need to connect audio Bluetooth to use)

Bracelet function

- | | |
|-----------------------|-----------------------------|
| 🕒 Time | 📶 Heart rate |
| 👣 Step count | 🔌 Off (long press shutdown) |
| 📏 Distance | 📞 Call reminder |
| 🔥 Calories | ✉ Information push |
| 🌐 Multi-lingual | 📱 Find phone |
| 🌙 Sleep monitoring | 💧 Blood pressure |
| 📷 Measure temperature | 🎵 Play music |
| ☎ Dial number | |
- 02

Instructions

1. When using the watch for the first time, make sure that the watch is fully charged. The watch will automatically start after charging (please charge in the direction shown below). **(Note: After the charging is completed, pull out the charging cable from the USB charging head to avoid the magnetic charger from being attracted to metal products and causing the charging cable to be defective)**



Align the charging head and fit the magnetic charging port until the charging icon appears on the watch screen **(use a 5V charging head for continuous charging for 2-3 hours)**.

2. Turn on: In the shutdown state, press and hold the power button for 3 seconds to turn on. The watch will automatically turn on when charging.

3. Shut down: When the watch is turned on, long press the power button, the page will pop up the shutdown interface, after selecting , the watch will shut down, or slide down on the main interface, click the settings icon to enter the settings interface, then click system settings, and then click Shut down, the watch will automatically shut down **(you can also restart and reset in this interface)**.



(The Bluetooth ID of different models is different, the picture is for reference only)

Set interface

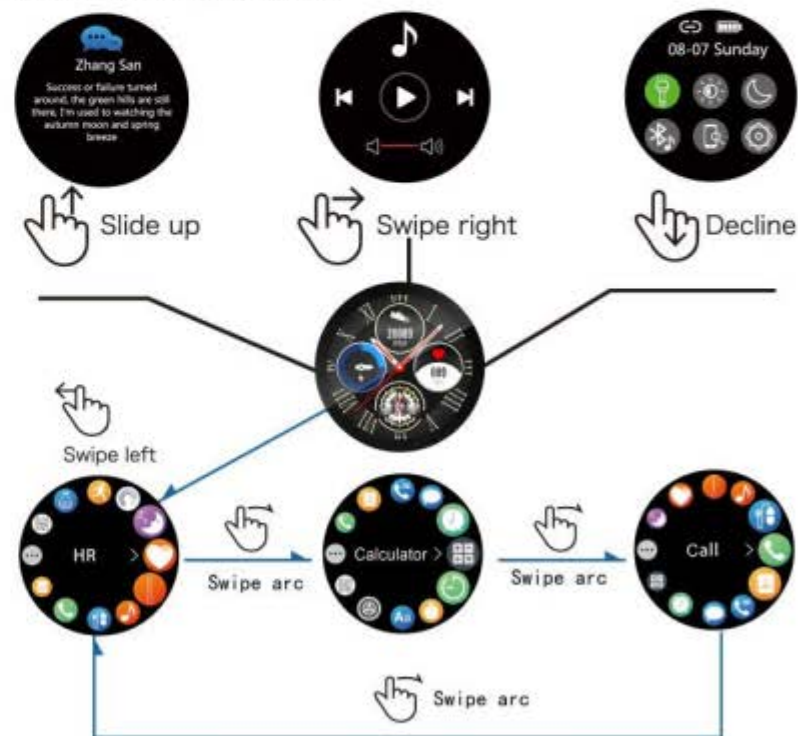
As shown in the figure below, slide down to enter the shortcut interface, you can turn on the flashlight, adjust the brightness, do not disturb mode, turn on and off the audio Bluetooth, find the phone, enter the settings and other functions.


1. Click the brightness adjustment icon, click + to increase brightness, and click - to decrease brightness.

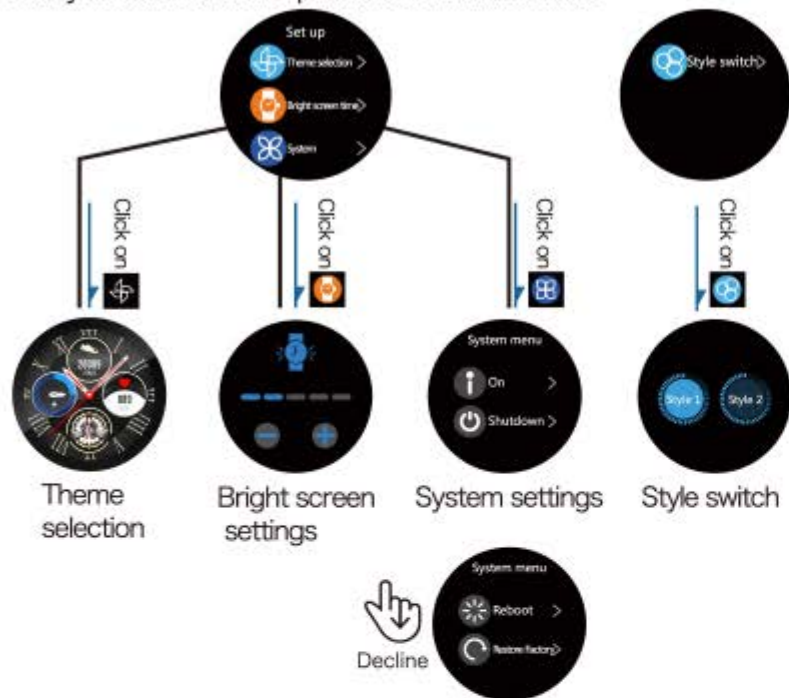


2. Click to enter the do not disturb mode, choose to turn on and off do not disturb, please set the do not disturb time period on the APP.

3. Swipe right to enter the music playing interface, slide up to enter the message interface, slide down to enter the shortcut interface, and slide left to enter the function list interface as shown in the figure below.



4. Click to  enter the setting interface, you can choose the theme, the screen bright time, system settings, style switching, and you can enter the phone search interface.



Step counter interface



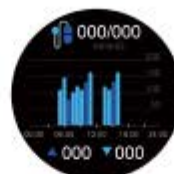
As shown on the left, it is the step counter interface of the bracelet. This interface mainly displays the total number of steps counted on the day, and can also display the total number of calories burned on the day. This content can also be viewed in the mobile APP after connecting the bracelet.

Heart rate interface



As shown on the left, it is the heart rate measurement interface. The content can also be viewed in the mobile APP after connecting the bracelet. When measuring, the value will jump and change in real time, and the watch will automatically stop measuring after 60 seconds.

Blood pressure interface



As shown on the left, it is the blood pressure measurement interface. This content can also be viewed in the mobile phone APP after connecting the bracelet, the same as the heart rate measurement method. **(Please keep still during the measurement. Do not press the button to switch the interface during measurement. The measurement will stop when the interface is switched.)**

body temperature



As shown in the picture on the left, it is the body temperature test interface. Click the body temperature icon to start measuring the current body temperature. After the measurement is successful, the body temperature measurement result will be displayed. The body temperature unit can be switched in the APP. **(The temperature data is for reference only)**

Note: When performing a body temperature test, the bottom of the watch must be close to the skin, and the body temperature sensor must be in full contact with the skin, otherwise the data will be inaccurate. When the body surface temperature is higher than 37.3°, the watch body temperature interface will display an orange warning. When the body surface temperature exceeds 38.5°, the watch body temperature interface will display red and vibrate to remind. When the body surface temperature is lower than 32°, the watch body temperature interface will not display a value (display "LO"), when the body surface temperature is higher than 43°, the watch body temperature interface will not display a value (display "HI")

Music interface



As shown on the left, it is the music control interface after connecting the phone, the watch can control the player of the phone. When the phone is playing music, after clicking in, you can use the watch to control the phone music to play/pause, the previous song, the next song Operation.

Information push



After the bracelet is connected to the mobile phone, the bracelet receives mobile phone text messages, call WeChat and other three-way instant messaging and prompts. (You need to turn on the corresponding prompt switch in "Settings" -> "Notification Configuration" on the mobile phone APP when the bracelet is connected to the mobile phone.)

Blood oxygen



As shown in the picture on the left, it is the interface for measuring blood oxygen. This content can also be viewed in the mobile phone APP after connecting the bracelet, the same as the heart rate measurement method.

Note: Please keep still during the measurement. Do not press the button to switch the interface during measurement. The measurement will stop when the interface is switched.

Sleep interface



As shown on the left, it is the sleep status interface, which mainly displays the total sleep time last night. The content can also be viewed in the mobile phone APP after connecting the bracelet. No settings are required. After 21:00 at night, if sleep is detected, it will automatically enter sleep mode.

Call interface



As shown in the picture on the left, it is the call interface: after connecting the mobile phone, you can quickly search for contacts according to the address book and recent call list, or you can dial directly. (Need to connect audio Bluetooth)

Contact interface



As shown on the left, it is the contact interface. The contacts on the watch are synchronized from the mobile phone. After adding, modifying, and deleting contacts on the mobile phone, they will be synchronized to the watch. (Need to synchronize manually through APP)

07

Call records



As shown on the left, it is the call log interface. After connecting the mobile phone, you can view the incoming, outgoing or missed call records according to the call log. (Need to connect to Bluetooth)

Language setting interface



As shown on the left is the language setting interface. Under the language interface, other national languages can be set, or it can be set to follow the phone system language. Supported languages: Chinese (Simplified and Traditional), Japanese, English, French, German, Italian, Spanish, Russian, Portuguese, Polish, Malaysian Thai Indonesian, Vietnamese, Hebrew, Turkish, Korean

Calculator interface



The calculator interface is shown on the left.

Stopwatch interface



Tap



Countdown interface



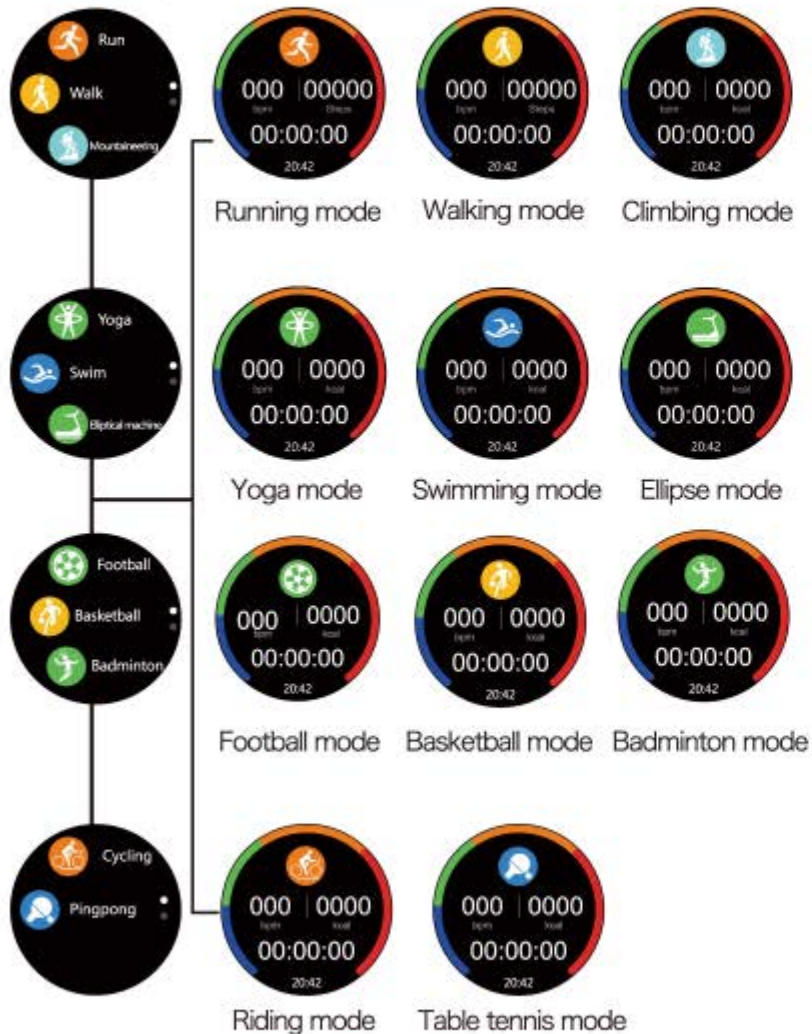
Tap



08

Motion interface

As shown in the figure below, it is the sport mode interface. Tap to enter the exercise item interface. You can choose walking, running, mountain climbing, swimming, yoga, elliptical machine, football, badminton, basketball, cycling, table tennis, eleven items movement.



After sale

When purchasing this product, if it is a quality problem within the warranty period, our company implements a three-guarantee policy. If you need to replace the accessories for human damage, you need to charge the corresponding accessories.

Specifications

- Size: 258*47*13.3mm
- Usage time: 7-10day
- Screen size: 1.28 inch full circle screen
- Resolution: 240*240dpi
- Waterproof level: IP67
- Bluetooth: IS2806
- Battery: 180mAh
- Compatibility: IOS8.4+Android4.4

Packing list

- 1 x Wristband
- 1 x Charging Cable
- 1 x Manual

General questions

1. Can't find the bracelet during pairing?

Please make sure that your mobile phone has turned on Bluetooth, and when the mobile phone is in the "support range" pairing, please make sure that the distance between the bracelet and the mobile phone is within 0,5 meters, and the Bluetooth communication range is within 10 meters after pairing! Please check whether the bracelet has power, if the problem persists after charging, please contact us,

2. What happens occasionally when Bluetooth fails to connect?

The Bluetooth service of some mobile phones occasionally encounters abnormality when restarting, resulting in such a situation; usually, switch the Bluetooth of the mobile phone or restart the mobile phone to establish the connection normally.

3. How to restore factory settings?

The bracelet has been connected to the phone, enter "my-band management" in the application and select "restore factory settings"!

4. How to update the firmware of the bracelet?

Connect the bracelet to the mobile phone, enter "Bracelet Management" in the application and select "Firmware Upgrade" to upgrade!

5. The sound of the horn becomes smaller after swimming and washing hands?

Because after swimming and washing hands, there are water droplets at the sound hole of the shell that will affect the sound. The sound will return to normal after shaking the water with the sound hole downward.

Precautions

1. Try to avoid external collisions during wearing.
2. Wipe with a clean soft cloth when cleaning.
3. Avoid contact with chemicals and detergents.
4. Smart watches are not recommended to soak in water, let alone contact with hot water above 60 degrees

FCC Caution

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

WARRANTY CARD

user name:

User phone:

machine type:

Purchase date:

Warranty period:

Warranty with this card

V1.8