

# AFAC



## User Manual Smart Bracelet Instructions

Model: SB01

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FCC ID: ZAY4-SB01

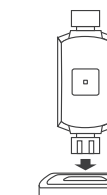


### PREPARATION

Make sure that the power is sufficient before turning on.  
Use USB charging port to charge



First remove the wrist band  
Take out the fuselage



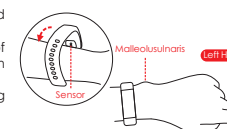
Plug into the USB charging head to charge

For the first time, please take out the bracelet and charge the device with the corresponding charger. When charging, the bracelet will start automatically (charging mode is shown in the figure below: remove the bracelet body from the wristband and plug the charging port into the standard USB port to charge.)

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### WEARING METHOD

- Best wear the wristband behind malleolus Left/Hand
- Adjust the size suitable for the size of wrists via Adjustment Hole; Fasten wrist strap burtons;
- Sensor shall be close to skin avoiding moving.



### POWER ON/OFF

- In the state of the wristband shutdown, the long touch function key over 3 seconds can make the device vibrate.
- When the wristband is in the boot state, it will switch to the shutdown interface. If the touch function key is more than 3 seconds, it can enter the shutdown interface. After the short touch is selected 'Off', it will touch the shutdown again.

### OPERATION

- When the device starts up, to touch function keys for a short time period can lighten screen or switch over display;
- The screen shall be turned off without operation and users can connect the mobile phone APP to revise off-screen time;
- Switch to the heart rate and blood pressure interfaces to be tested automatically and leave the heart rate and blood pressure interfaces to stop tests.

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### INSTALL THE WRISTBAND APP

Scan the following QR code into various large application markets to download and install "Dayband".



Google Play



iOS

Device requirement: iOS 8.0 and above/Android 4.4 and above to support bluetooth 4.0

### DEVICE ATTACHMENT

When being used for the first time, it is necessary to connect APP for alignment. After successful connection, wristband will self-synchronize time, or otherwise, step calculation and sleep data won't be accurate.

Open mobile phone APP  
Click to set up icons

My device (iOS) search equipment (Android)



Pull down scanning equipment  
Pull down scanning equipment

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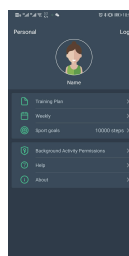
**Bluetooth connection:** after successfully matching, APP will automatically save the wristband bluetooth address. When APP is opened or operated in background, it will automatically search and link with the wristband.  
**Data Synchronization:** manually pull down the synchronization data on the APP home page; the bracelet can store off-line data for 7 days, the more data, the longer the synchronization time is, and the longest time is about 2 minutes.

### APP FUNCTIONS AND SETTING

**Personal information and exercise goals**  
After entering into APP, please first set up personal information.  
Setting --> Personal setting

• Head portrait, gender, age, height and weight can be set up and personal information can enhance accuracy of data.



• Customize personal everyday exercise goals. A reasonable exercise plan is helpful for promoting body quality.



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### MAIN FUNCTIONAL INTERFACE

#### Main interface

When the Bluetooth icon is , it means the wristband is not connected to the cell phone. When the Bluetooth icon is , the connection is successful. When the wristband and APP are paired for the first time, the wristband will synchronize the weather, time, date and week of the mobile phone.  
**Long press 3 seconds to switch the main interface**

#### Temperature monitoring

In the temperature monitoring interface, During the measurement, please wait for several tens of seconds for the data to appear  
**When taking your temperature, wear it for more than 1 minute to be more accurate**

#### Motion Data

Display step count, wristband default step counting mode, the wristband is worn on the wrist. When the user walks and arms swings, the wristband is recorded according to the number of steps.

#### Heart rate monitoring

In the heart rate monitoring interface, During the measurement, please wait for several tens of seconds for the data to appear

#### Blood pressure monitoring

In the Blood pressure monitoring interface, During the measurement, please wait for several tens of seconds for the data to appear

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### Blood oxygen monitoring

The interface is restored for three seconds, and the bracelet is restored to the factory settings.

- When the test, the icon will beat and the back heart rate of the hand ring LED lights will be lit;
- When testing, the sensor should stick to the skin to avoid the influence of external light on the accuracy of the test.
- To keep the test area clean, sweat or stains will affect the test results.

#### Movement patterns

In the motion interface, long press for three seconds to enter the specific motion interface, which includes a number of movements. Click to switch. In the motion interface, hold the button for three seconds to start the motion, hold the button for three seconds to pause, and click to switch the motion mode.

#### Information interface

In the message interface, long press three seconds to view the message, click page flip, view the message to exit or long press three seconds to exit.

#### More functional interface

In more features interface, long press three seconds to enter the lower menu interface for more functions.

#### Find phone interface

When connected, click on the "Find Phone" option and the phone will send a vibration reminder or ringtone reminder.

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### Restore setting interface

The interface is restored for three seconds, and the bracelet is restored to the factory settings.

#### About the wristband interface

On the wristband interface, the four digits and the version number of the Bluetooth address are displayed.

#### Shutdown interface

In the Shutdown interface, long press more than three seconds to shake the phone off.

### PROMOTING FUNCTION

For promoting function, a promoting switch shall be switched on in APP-end Setting Center, mobile phone and wristband shall be kept to be connected successfully and there will be vibrating reminders when there are messages.

 Calling  message  Alarm clock  Sitting

**Call reminding:** when the caller calls, the ring will shake and the name or number of the caller is displayed. (If the caller's name has been saved in the phone address book, the name is displayed), otherwise the display number)

**SMS reminder:** when a text message arrives, the bracelet will vibrate and display the SMS icon reminder; the address message of the address book contact person displays the name, and the short message number of the stranger.

**Intelligent alarm clock:** it can set up three alarm clocks, and will synchronize to the bracelet after setting up. The intelligent alarm clock is a silent alarm clock. When the alarm is on, the bracelet will cause moderate vibration, and support the offline alarm clock reminder.

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### PARAMETER

Model	SB01
Screen ruler	support
Resolution	0.96 inch TFT
Battery type	128 x 96
Charging time	Lithium Polymer
Wrist band ruler	1.5-2 hours
Bluetooth	245mm x 16mm x 11.5mm
Waterproof	Bluetooth 4.0
Packing	IP67
Battery Capacity	Bracelet+instructions
System Compatibility	90 mAh
Data Sync Platform	Up to 20 days
Weight (watch strap included)	Android 4.4 / iOS 8.0 or higher
Strap Material	Dayband
Body Material	18mm
Cover Material	24.8g
Charger Interface	TPU
Touch	316L steel
	PC technology lens
	Standard USB port charging
	Single Point

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### Software Functions

Details	description
Time display	support
Step counting	support
Calories	support
distance	support
Sport mode	Support (running, cycling, skipping, badminton, table tennis)
Raise your hand to bright screen	support
Sleep monitoring	support
Running track	APP support
incoming call	support
message notification	support
Sedentary reminder	support
Alarm reminder	support
Do Not Disturb	support
Find your bracelet	support
Dial switching	4 dials
bright adjustment	4 levels of brightness adjustment
Touch and hold	support
the weather	support
Dial in Chinese and English	support
Heart rate	support
Continuous heart rate	support
blood pressure	support
Whole point measurement	support
Apple health	support
WeChat Campaign	support
Wearing choice	support
Bluetooth name	support
Wearing choice	support
UI interface language	English, German, French, Italian, Spanish, Chinese
Information push language	English, German, French, Italian, Spanish, Chinese
APP support language	Chinese, Traditional Chinese, English, German, Korean, Spanish, Japanese, French, Russian, Arabic, Italy, Portugal
APP name	Dayband
charging method	USB charging
O/A upgrade	support

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### NOTE

- Please avoid strong impact, extreme heat and exposure to the wristband.
- Please do not disassemble, repair or transform the machine on its own. The use of the environment is 0 degrees ~45 degrees, and it is forbidden to throw it into the fire so as not to cause an explosion.
- Please wipe the water, the wristband can be used only for the charging operation with a soft cloth, otherwise it will cause corrosion of the charging contact point, charging fault.
- Do not touch the chemical substances such as gasoline, clean solvent, propanol, alcohol or insect repellent.
- Please do not use this product in high pressure and high magnetic environment.
- If you have sensitive skin skin or tighten the wristband, you may feel discomfort.
- Please dry the sweat drips on the wrist in time. The strap has long contact with soap, sweat, allergies or pollution ingredients, which may cause skin allergy itching.
- If it is often used, it is recommended to clean the wristband every week. Wipe with wet cloth and remove oil or dust with mild soap.
- It is not appropriate to wear a hot bath with a wristband.
- After swimming, please wipe the wristband in time so as to keep dry.
- When you do the pulse rate testing, please kindly wait at least 10 seconds to see the stable result.

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This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation

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This device has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This device generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this device does cause harmful interference to radio or television reception, which can be determined by turning the device off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the device and receiver.
- Connect the device into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment

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