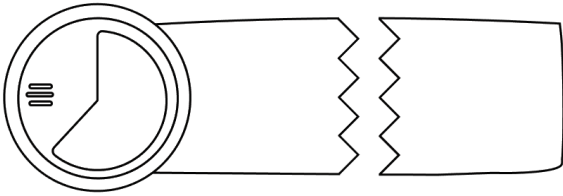




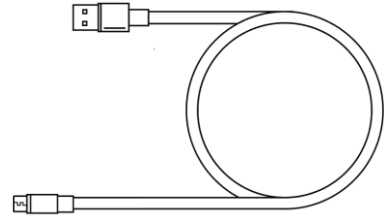
Respio Sleep Coach:

Reveal What is Sabotaging Your Sleep

What's included



Respio sleep tracker



USB power cable (2meters)

App Download

Visit the Apple or Google Play Stores to download the Respio app. Simply search for it by name.

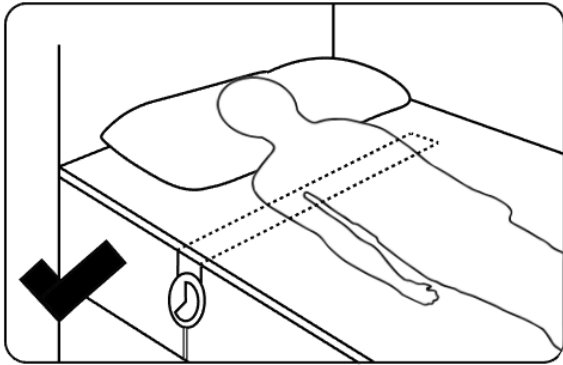


Android

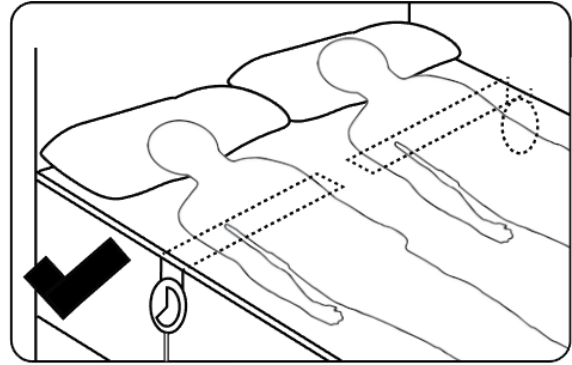
iPhone

How to Install

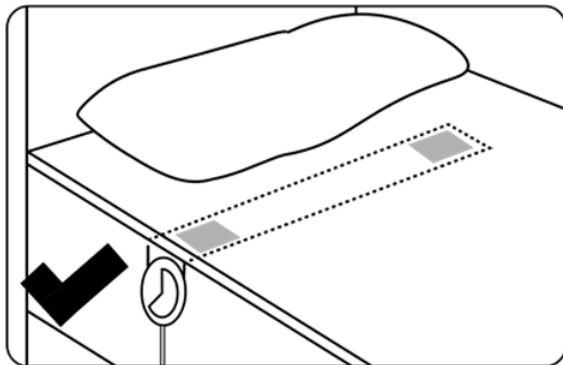
1. Put the sensor strip over the mattress and under the bedsheet.
2. The sensor's location should be between your chest and stomach.



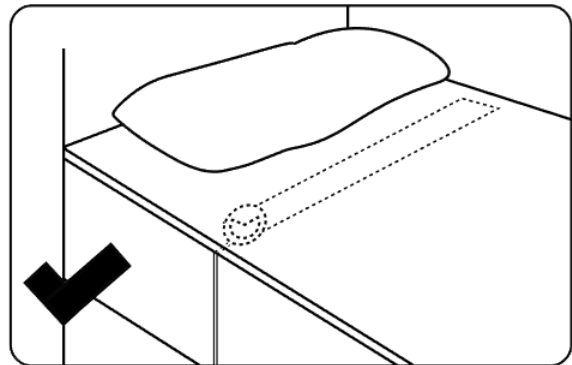
Correct Positioning



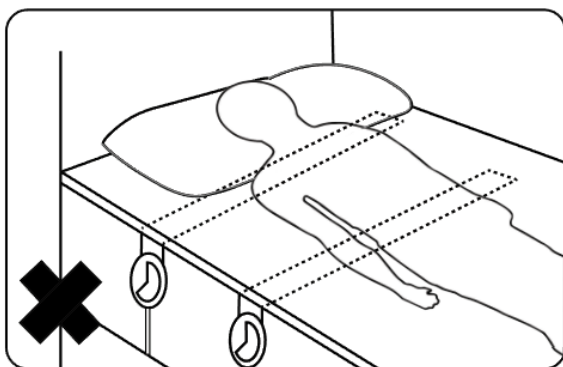
Correct Positioning
(do not overlap each sensor)



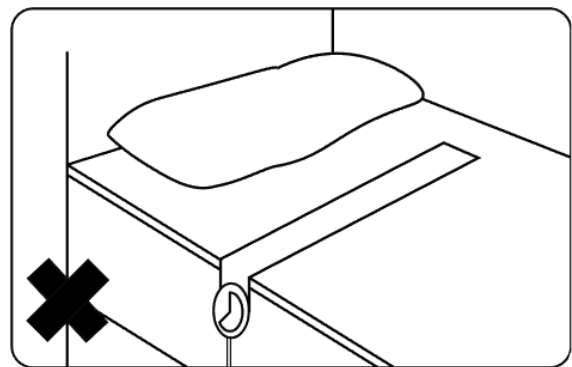
Correct Positioning
(between the mattress and the sheet)



Correct Positioning
(In case of large size bed)

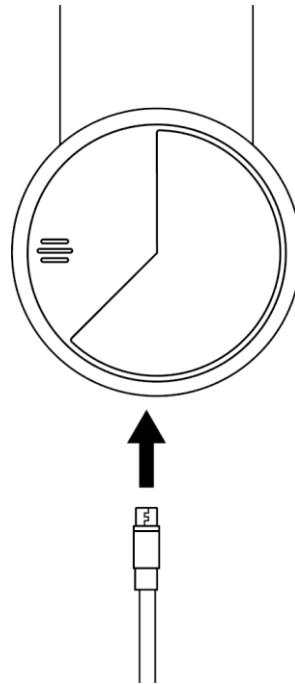


Incorrect Positioning
(too high up or low down)



Incorrect Positioning
(directly on top of the sheet)

3. Connect white power supply cable.



4. The sensor is connected to your smartphone wirelessly via Bluetooth 4.0.

The Bluetooth connection is made automatically using our app without any pin number for pairing. You don't have to find Respio sensor on Bluetooth Settings.

The sensor is rolled up when you take the sensor out of the box. Take the sensor out of the box, unroll it and wait for about 3 hours to let it unroll completely.

How to Setup the App

1. When you install Respio sensor and power it, the power indicator on the device will light up. This light is weak and you may not see it in a bright place.
2. Download the app on your smartphone and install it.
3. Launch the app, and log in using your Google ID or e-mail.
4. After logging in, enter some information about your body. The analysis will be more accurate if you provide accurate information.
5. Touch Sleep Start button to measure your sleep.
6. The power indicator will turn off when you start the measurement with Respio sensor.
7. Charge your smartphone while measuring your sleep.

Permissions (Android)

Respio needs following three permissions. If you deny these three permissions, Respio will not run properly.

1. Permissions to record audio

We use your smartphone's audio recording to detect snoring.

2. Permission to access photos, media, files on your device

We store the measured data in your smartphone's file. To store data in there, we need this permission.

3. Permission to access your device's location

To use BLE, we need this permission.

Permissions (iPhone)

1. Microphone access

We use your smartphone's audio recording to detect snoring.

2. Bluetooth

Respio app needs to connect to your sensor by Bluetooth.

System Requirement

- Android smartphone (version 5.0 "Lollipop" or higher) or Apple iPhone (version 10.0 or higher)
- Over 1GB of free space (May require more space depending on the amount of snoring)
- USB power charger (not included)
- Sensor was tested on spring, memory foam, and latex mattresses. It does not work accurately on hammocks, or sofa.

Caution

- The sensor is very delicate. Do not fold the sensor completely like a sheet of paper.
- The sensor may be damaged if you put a great stress on it, such as jumping on the bed with your sensor on it.
- Do not let the sensor touch water. There will not be a risk of electric shock but the sensor will be damaged.

Notice

This product is not a medical device. The measurement should not be taken as a medical opinion, and the results from this device should not be applied or used for medical practices. The measurement result of this device may differ from measurements taken by medical devices.

Regulation Information

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution:

Any changes or modifications to the equipment not expressly approved by the party responsible for compliance could void user's authority to operate the equipment. This appliance and its antenna must not be co-located or operation in conjunction with any other antenna or transmitter.

A minimum separation distance of 20 cm must be maintained between the antenna and the person for this appliance to satisfy the RF exposure requirement.



RESPIO

<http://www.vitealth.net/>