# Instruction Manual

Please read the instructions before use:
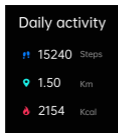
●The company reserves the right to modify the content of this notice without notice. According to normal circumstances, some functions are different in specific software versions.

●The product should be charged for more than 2 hours before use, but avoid prolonged charging in an unmanned environment.

●Please attach the magnetic charging cable to the charging port of the bracelet automatically.

●Please use the input voltage: 5V/1A or 5V/2A charging head, with the original charging cable provided by the manufacturer.

●Before using the product, please download the login application to the mobile phone, which can use the wristband time to set personal information.

APP download login

● APP download method "OnWear":

1. Apple mobile phones can be downloaded in the App Store;

2. Android phones can be downloaded in Google play store and app treasure;

3. Or scan the QR code in the watch to download (compatible: IOS10.0 above /Android5.0 above);

●Install the APP, please register and log in according to the interface prompts, you need to turn on the Bluetooth;

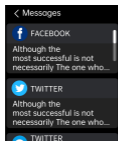●In the device interface, select the Bluetooth name LW31 for binding, and the watch can be used normally.

# How to Operate

1、Slide the dial interface from top to bottom to enter the shortcut interface;

2、Slide the dial interface from bottom to top to enter the information list interface;

3、Slide the dial interface from left to right to enter the menu style interface;

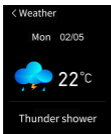4、Slide the dial interface from right to left to enter interfaces such as step counting, heart rate and sleep.

| Daily activity | | |
|---|---|---|
| 15240 | Steps | |
| 1.50 | Km | |
| 2154 | Kcal | |

**Sports Data**

Click the data icon to enter sports data interface and check the corresponding date for the day: steps, distance and calorie.

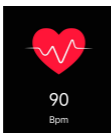| < Messages |
|---|
| FACEBOOK |
| Although the most successful is not necessarily The one who... |
| TWITTER |
| Although the most successful is not necessarily The one who... |
| TWITTER |

**Messaages**

After the watch is connected to the mobile APP, the newly pop-up information on the mobile phone will be pushed to the watch side synchronously. The watch will store multiple pieces of information.
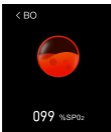
**Weather**

After the watch is connected to the mobile app, the weather will be automatically synchronized to the watch.
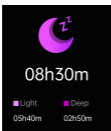


**Heart Rate**

After a successful switch, it starts to measure after the bottom green light is on; it takes about 30~60s to measure and the measuring value is based on PPG technology.
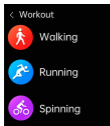


**Blood oxygen**

After the switch is successful, the red indicator light at the bottom lights up, and it will start measuring. It takes about 30 to 60 seconds, and the measured value is based on PPG technology.
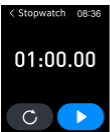


**Sleep Monitoring**

The interface shows your sleep conditions for the day. Data is updated per day and meanwhile synchronized to APP.
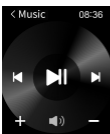
Walking

Running

Spinning

**Sports Mode**
Enter Sports Mode to enjoy various exercise modes: hiking, running, climbing, cycling, basketball, yoga and elliptical machine;
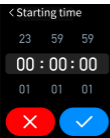
01:00.00

**Stopwatch**
Time: click the triangle icon to start and click again to pause (the left icon means resetting);

**Music**
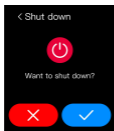Play Music: After a successful connection, open music player to control;

23   59   59
00 : 00 : 00
01   01   01

**Timer**
Timer function-After selecting the corresponding time, start the timer, and the timer will end the vibration reminder.

**Dial switch**
The dial can be selected, and the dial can be switched by long pressing the dial, and it supports push dial (the watch has multiple dials built in).
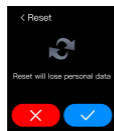
**On/Off**
Long press "On/Off" key for 3s to power on. The bracelet will automatically power on when it is charging. Click the "Off" icon to power off.

**System Information**
Check the bracelet's information such as Bluetooth name, Mac address, firmware version and UI version.

**Restore Factory Settings**
All personal data will be removed if you confirm to restore factory settings.

Product parameter

Please read this manual first to ensure safe and correct use

●The data of this product is for health management reference only. Please do not use it as medical data. If abnormal physical data is found, the hospital shall prevail.

●The waterproof rating of the watch is IP68. You can use it normally in daily life situations such as hand washing or rain. Please do not put the watch in hot water, do not perform operations such as underwater pressing or deep diving, and do not expose the watch to corrosion Sexual liquid to prevent damage to the watch.

Waterproof rating: IP68
Sensor: 3-axis G-sensor
Battery capacity: 260mAh
Synchronization method: Bluetooth
Resolution: 240*280
Display screen: 1.69TFT
Working time: about 5-7 days
Working temperature: -10℃ ~ 50℃
Packing list: host, charging cable
Compatible system: IOS 10.0 above, Android 5.0 above

# Warranty card

## Client information

| | |
|---|---|
| Model Number | |
| Purchaser | |
| Seller | |
| Client's Address | |
| Seller's Address | |

## Description

| Maintenance Date | Issues | Diagnosis | Remarks |
|---|---|---|---|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

**FCC STATEMENT :**

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.
**Warning:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
    Reorient or relocate the receiving antenna.
    Increase the separation between the equipment and receiver.
    Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
    Consult the dealer or an experienced radio/TV technician for help.

**RF warning statement:**
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.