Smart Watch

Model Name: Model 3, X1, X2, X3, X4, X5, X6, X7, X8, X9, X10, GTA

Instructions

Please check the manual before use

Precautions before use:

1. The company reserves the right to modify the contents of this manual without any notice without prior notice. Some functions are different in specific software versions, which is normal.

2. Please charge the product for more than 2 hours before use.

3. Before using the product, please download and connect the APP on your mobile phone. Connect to the APP to synchronize viewing time and set personal information. For details, please refer to the instructions of the subsequent synchronization software.

4.This product supports IP67 waterproof, but it is not suitable for corrosive liquids such as hot water, tea, etc. and diving more than 3

meters. The above behavior may cause water ingress into the product, which is destructive use and does not enjoy product warranty and free maintenance service.

一 : product description

It is recommended to use mobile phone models (the version is too low may have connection problems):

Android phone: Support operating system version 5.0 and above;

IPhone: Support operating system version 9.0 and above;

二 : APP download and APP connection watch

1.**Scan the QR code below to download the APP software connected to the phone.**

Use the browser to scan the QR code below or the corresponding QR code download on the watch side (currently WeChat scan download is not supported). During the download and installation process, please give this software the corresponding permissions to ensure that the

Bluetooth connection is normal. The APP software name is: **Qwear.**

(**Qwear** Download QR code)   **Qwear** application

pay attention:

1. 1. Apple phone, if it is in standby or hibernation (black screen state) for a long time (2 hours or more), Qwear will be cleared by the IOS system of the phone itself. At this time, the APP application is disconnected from the watch, and the APP application function will not be available. use. Open the app again, it will automatically reconnect to the watch.

2. After installing the APP software on the Android phone, you need to open the background application startup permission in the phone's settings, and different models of phones will have differences. Take Huawei mobile phone as an example, the steps are as follows:

Settings-Application-Application startup management-Qwear, find the APP application, change the automatic management to manual management, open all permissions (allow self-start, allow associated start, allow background activities). Remarks: The purpose of this

operation is to ensure that the APP application can maintain the Bluetooth connection with the watch when the mobile phone is in standby (the mobile phone has no bright screen), and is not cleaned up by the Android system. And will not use data in the background, nor does it affect the power usage of the phone.

2. APP application and watch connection method:

1. Open the APP, switch to the device page after the Android phone is successfully logged in, click "Bind device" (Figure 1), enter the "Add your device" page, click to select the device product icon you purchased (Figure 2), Enter the scan code connection page (Figure 3).

2. Click on the watch to open the pairing QR code, and use the APP scanning interface to scan the pairing QR code on the watch to pair. It takes about 30 seconds to scan the code successfully, and the Bluetooth connection is successful. After the watch is paired successfully, permission application will pop up automatically, please select one by one to allow.
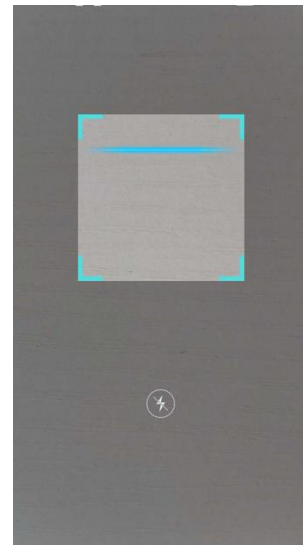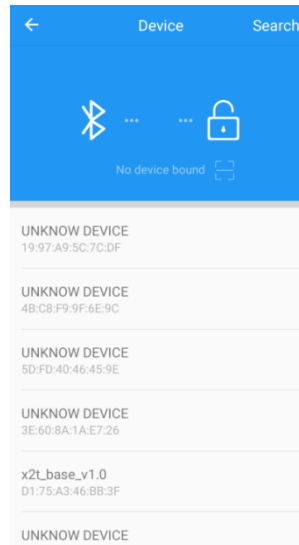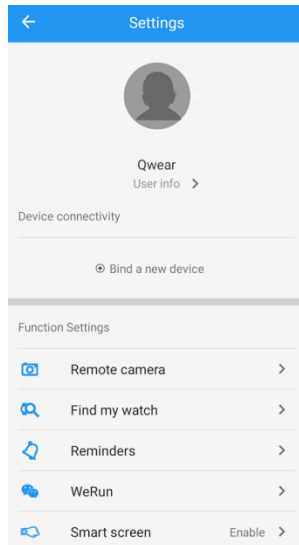
3. After the successful login of the Apple mobile phone, the connection steps are the same as above. The difference is: after the scan is successful, the Bluetooth pairing request of the watch and the mobile phone will be prompted. Please allow Bluetooth pairing. Then complete the pairing connection between the mobile APP application and the watch.

4. When the scan is unsuccessful, you can click the manual connection function to find the corresponding watch model, and you can complete the connection.

3. APP application function setting function (only available after successful connection)

3.1 Notification reminder

Click to open the notification reminder menu, enter the notification switch setting page, you can open the message reminder of the program

that needs to be pushed separately.

3.2 Call reminder switch

The notification reminder menu is equipped with a call reminder switch. Click on to accept the notification after the phone calls. The watch can hang up the call and exit the call mode. When the phone answers the call, the watch will also exit the call interface and vibration prompt

3.3 Alarm reminder

Click Alarm Reminder to enter the alarm setting page, click Add Alarm in the upper right corner, and add up to 5 alarms. After setting, the watch will be set synchronously.

3.4 Sedentary reminder

Click the sedentary reminder to enter the sedentary setting page. After opening, you can set the reminder start and end time, sedentary time, and sedentary threshold (steps).

3.5 Drink water reminder

Click Drinking Water Reminder to enter the Drinking Water Reminder Settings page. After opening, you can set the reminder start, end time and time interval.

3.6 Do Not Disturb Mode Switch

After Do Not Disturb mode is turned on, the watch cannot synchronize phone information.

3.7 Lifting the wrist to brighten the screen

Click the button to turn on or off the function of lifting wrist and bright screen.

3.8 Heart rate monitoring

Click the heart rate monitoring progress heart rate monitoring setting page, after opening, you can set the monitoring start, end time and time interval. The watch will automatically monitor the heart rate according to the set time and synchronize the data in the heart rate bar of the APP application.

3.9 Remote camera

Click the remote control to take a picture, start the camera of the mobile phone, you can remotely take pictures of the mobile phone; (some mobile phones need to open the camera function of the mobile phone first).

3.10 Find device

Click the search device function, the watch will pop up the search interface and vibration reminder.

3.11 Firmware update

You can upgrade the firmware of the watch, and there will be a prompt when there is new firmware. Note: Before upgrading, please make sure the power of the watch is above 30%. During the upgrade, please keep the watch close to the phone.

3.12 Unbind

You can unpair the watch from the mobile app.

Note: IOS system, you need to enter: Settings-Bluetooth, ignore Bluetooth pairing, you can completely remove the binding.

三： main functions of smart watches

3.1Basic operation

3.1.1Turn on: When the watch is off, long press the button on the side of the watch , Turn on after 3 seconds, in standby mode, short press the side button to wake up the watch.

3.1.2 Shutdown: When the watch is on screen, Press and hold the side button for 3 seconds to shut down.

3.1.3 The watch page switching operation is as follows:

1. Slide the dial interface from top to bottom to enter the status bar interface

2. Slide the dial interface from right to left to enter the menu bar interface

3. Swipe the dial interface from left to right to enter the notification viewing interface

Dial operation interface   **Status bar interface**

3.1.4 Pull down the status bar, pull down from the dial interface to enter the status bar, the interface displays brightness, do not disturb mode, battery power, Bluetooth connection status

2.2 Dial switch

On the dial interface Press and hold the screen for 3 seconds , Enter the dial switching interface, slide the screen up and down to switch the dial, and single-click to select the dial.

2.3 steps

The device is enabled by default with the pedometer function, which displays the pedometer data in real time. When the watch and APP are successfully paired, the sports data will be automatically synchronized (or manually refreshed) and the watch data will be uploaded to the APP, including parameters such as step count, distance, and calories.

2.4 Training

2.4.1 Training modes include: walking, running, cycling, indoor running, and hiking.

2.4.2 Click the corresponding sport icon, you can enter the corresponding sport mode, you can set the target of the sport,

including: distance, time, calories consumption, etc. After setting, click OK below the display to save, that is to enter the sport interface.

Note: Sports data saving rules: data is only saved when the exercise time is greater than 5 minutes or the number of exercise steps is greater than 200 steps; it can be saved if any one of the conditions is met.

2.4.3 A single record shows the following content: sports type icon, exercise start time, exercise data, click on a single entry to enter the corresponding exercise record, and display specific exercise data. The types of sports are different and the data is different. For details, please refer to the actual product display.

2.4.4 Goal completion: When the preset goal is reached, the watch pops up a "goal completion" prompt page. But it does not affect the continued movement, nor does it affect the data of the movement.

2.5 Heart rate (health)

2.5.1 The heart rate data is empty and displays "--Bpm". Stay on the heart rate page for more than 2 seconds to start testing the heart rate. After the heart rate value is tested, the value is displayed directly. The heart rate is continuously measured. Swipe to the right to exit the page and return to the previous level, and stop the measurement.

2.6 Sleep monitoring

The default sleep monitoring time of the watch is from 21:00 to 9:00 the next morning. After the pairing is successful, the sleep data will be automatically synchronized in real time (or manually) to the APP.

Remarks: The watch side will automatically recognize and judge the sleep state. If you just wake up, because the watch is still detecting the sleep state, the sleep value displayed on the watch side may be different from the actual value; the watch will display the whole night after completing the sleep detection The sleep result is consistent with the actual sleep value (due to different sleep states, there may be errors with the actual sleep data).

2.7 Music

2.7.1 When not connected, click on the music icon will pop up a prompt of unconnected icon, no operation within 2 seconds to automatically exit;

2.7.2 When the watch is paired with the APP successfully, you can enter the music playback page to control the mobile phone to play music; due to compatibility issues with different playback software, some music playback software needs to be opened before it can be controlled.

2.7.3 Can only control music playback, pause, previous song, next song, cannot display music name and control sound size.

2.8 Timing

Click the timing icon-enter the timing interface-click the start button-start timing-click the pause button below the display to pause

the timing, click the button at the bottom right to resume the timing, select the resume button to clear the timing data.

2.9 Settings

2.9.1 Click Settings to enter the setting interface, the setting interface has about the machine, search phone, and shutdown function.

2.9.2 About: display watch model, device address, software version

2.9.3 Discover mobile phones: Click Find Mobile Menu to start searching for mobile phones

2.9.4 Shutdown: click the shutdown setting to shut down

3.0 Weather

Enter the weather interface, the date and Wednesday are displayed at the top, the weather icon is displayed at the bottom left, the minimum and maximum indoor temperatures are displayed at the right, and the current weather is displayed at the bottom.

3.1 Pairing QR code

Only the watch can only be connected to one mobile phone at the same time. If the connection icon in the drag-and-drop menu shows blue, it cannot be scanned and connected. The device is already bound and must be unzipped: after being tied, it can be connected to another mobile phone.

3.2 Remote shooting

Click the remote control to shoot, start the camera of the mobile phone,

you can remotely take pictures of the mobile phone; (some mobile phones need to open the camera function of the mobile phone first).

3.3 Browse the phone

After successfully pairing with the APP, click on the watch to find the phone, click on the watch to find the phone page, phone vibration plus ringtone prompt.

3.4 Alarm clock (can only be set from the app)

Click the alarm clock to enter the alarm clock function, the product can only set the alarm clock from the app, up to 5, and you can see the period and status of setting the alarm clock on the watch. Only 2 alarms are displayed on one page, you can view other alarms by flipping up.

3.5 Notification (Information)

(Replace 9 messages, there is a clear button, click clear to delete all messages, more than 9 messages will automatically cover the original, after successfully paired with the phone, you need to open the APP information synchronization function, the information received by the phone will be synchronized to the watch On. Messages, automatically cleared after viewing the message)

The watch has Bluetooth to synchronize the information of the mobile phone to the watch, which can be easily viewed and cannot be answered. The voice message can only display the incoming message, and cannot listen to the voice message on the watch.

Four: matters needing attention

4.1 It is recommended to install only one connection app on the mobile phone to ensure that the connection and use are normal. There are multiple such connected APP applications on the mobile phone at the same time, which may affect each other, thereby interfering with the normal connection between the watch and the mobile phone.

Note: Some Android phones will prompt that they cannot be installed. Please open the "location source" in the phone settings security, so that you can install normally.

4.2 When the mobile phone prompts you to apply for permission, please click "Allow" to avoid that the APP application for mobile phone permission is not open, resulting in you not receiving notifications, scanning QR codes, remote cameras and other functions. This application permission is only used for the Bluetooth connection between the APP application and the watch, and will not affect the traffic of the mobile phone or other information of the mobile phone.

4.3 Some models of Android smartphones will close the mobile APP by mistake when cleaning the application. At this time, it is necessary to

keep the mobile APP running in the background. Android phone setting background operation method: open the phone settings-application management-Qwear-permissions management-background management-choose to run in the background. (Different phones may have different settings due to different versions and models)

4.4 The heart rate test requires the watch to be worn tightly. If it is too tight or too loose, the test may be inaccurate. (Too tight will affect the blood flow, too loose will affect the heart rate sensor monitoring.)

4.5 It is forbidden for the product to collide with hard objects to avoid breaking the screen glass.

4.6 Please use the charger of 5V, 1A, this product does not support fast charging. It is forbidden to charge in the presence of water (sweat) to prevent short circuit and damage to the product.

4.7 This product is an electronic monitoring product and is not used for medical equipment monitoring. The data is for daily reference only.

Five: common faults and troubleshooting methods

If the following problems occur during the use of the mobile phone, please refer to the following solutions. If there is still a problem, please contact the dealer or designated maintenance personnel.

5.1 The watch will not turn on

5.1.1 The time for pressing the power button may be too short. Please

hold down the power button for more than 3 seconds.

5.1.2 The battery power may be too low, please charge in time.

5.1.3 The battery may be in low battery protection, the normal charger does not respond to charging, please try to use a charger with an output power of 5V/1V to activate it.

5.2 The watch will shut down by itself

The battery may be too low, please charge.

5.3 The watch is used for a short time

5.3.1 The battery may not be fully charged, please maintain sufficient charging time (at least two hours to fully charge)

5.3.2 Whether the charger or data cable is working properly, you can try to replace the charger and data cable.

5.3.3 If the charging cable interface is well connected, you can try again.

5.4 Bluetooth is not connected or cannot be connected

5.4.1 Please restart the watch once;

5.4.2 Please turn off the Bluetooth of the mobile phone, turn it on again, and reconnect it once;

5.5 Sleep data is not accurate enough

Sleep monitoring is to simulate a person's natural state of falling asleep and getting up, and needs to be worn normally; if it is worn too late or when it is fallen asleep, errors may occur. There is no sleep data

during daytime sleep, and the default sleep monitoring is from 9pm to 9am.

FCC Warning.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.