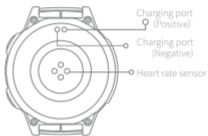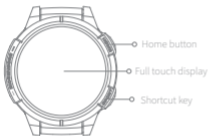# Mibro Watch GS

mibro

Please read this manual carefully before using the product and keep it properly
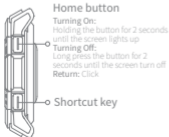
Product description

Packing list: Mibro Watch GS (including strap) X 1, Quick GuideX1,
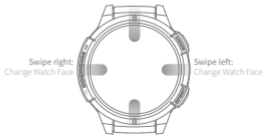User manual X 1, Magnetic charging X 1.

Product overview

Home button

Full touch display

Shortcut key

Charging port (Positive)

Charging port (Negative)

Heart rate sensor

Buttons and touch

Home button

Turning On:
Holding the button for 2 seconds until the screen lights up
Turning Off:
Long press the button for 2 seconds until the screen turn off
Return: Click

Shortcut key

Swipe down: Call out the control center

Swipe right: Change Watch Face

Swipe left: Change Watch Face

Swipe up: Information interface

Turn on and Install App

1. For the first use, Please press and hold the home button of the watch for 2 seconds to turn it on.
2. Scan the QR code on the right side with your phone, download the "Mibro Fit" App, or search for the "Mibro Fit" App in the Android App Store/iOS App Store, download and install.

Please scan the QR code to download the "Mibro Fit" App

Tips:
1. For better use experience, please update the App to the latest version according to the prompt.
2. The system requires Android 5.0 or iOS 10.0 or above.

Connect the watch

Swipe down the main page to swift to the control center, click the QR code, and use the QR code scan function in the App to scan the QR code to connect to the watch to complete the pairing. Or use the connection management function in the App to search for the device, and select "XPAW008" and click to complete the pairing.

Android Device Open Permissions

- ☑ Enable self-starting permission
- ☑ Backstage power consumption protection
- ☑ Clean up backstage protection
- ☑ Turn on message notification

Tips:
1. Do not pair directly through Bluetooth in the phone settings.
2. After the iOS system device connects the App for the first time, it will receive the prompt of Bluetooth pairing request. You need to click "Pairing" to connect, so that the watch can receive the notification and reminder of calls and SMS pushed from the iOS system.
3. After the Android device connects the App for the first time, it will receive a prompt to open the application permission. Please open the permission according to the prompt, otherwise the connection will be unstable with a small probability.

Operating Instructions

1. Key definition

Home Button:

1). Press and hold for 2 seconds to turn on and off.

2). On the dial page, short press to enter the menu and return to the dial.

3). When the screen is off, press briefly to light up the screen.

4). Other pages short press to return to dial page.

Shortcut key:

Short press to enter the customized shortcut function.

2. Dial page touch gesture

1). Change the Watch Face: Slide left / right on the main page to change the default watch face, and the system presets 5 default watch faces.

2). Watch face editing: Press the screen at the main page length to edit the default watch face. Select one watch face to slide up to delete, and select the "+" sign to add others as the default watch face. One of them is "album dial", which can customize multiple album photos in the "Mibro Fit" App. After selection, you can switch the album content on the single point screen of the main watch face.

3). Shortcut menu: slide down on the main page to return.

4). Message notification: slide on the main page, slide or right slide back.

5). When a message is sent to the watch, the information details will pop up. Right slide or press the home button to return to the main page.

Features

Sports	**Running*5:** Outdoor running,Treadmill,Walking,Hiking,Trailrunning. **Cycling*2:** Indoor cycling,Outdoor running. **Swimming*2:** Swimming,Open water swimming. **Outdoor*8:** Trekking,Triathlon,Roller skating,Rock climbing,Skateboard,Parkour,Flying kites,Frisbee. **Indoor*12:** Rope skipping,Strength training,Elliptical machine,Sit-ups,Push ups,Free training,Stepping machine,Walking machine,Aerobics,Yoga,Pilates,Rowing machine. **Dancing*7:** Dance,Square dance,Hip hop,Belly Dance,Jazz,Latin dance,Ballet. **Ball*22:** Basketball,Football,Badminton,Pingpong,Tennis,Rugby,Billiards,Bowling,Volleyball,Shuttlecock,Handball,Baseball,Softball,Cricket,Beach Soccer,Beach Volleyball,Gateball,Hockey,Squash,Water Polo,Sepaktakraw,Dodgeball. **Aquatics*5:** Sailboat,Dragon Boat,Canoeing,Rowing,Motorboat. **Fight*7:** Taekwondo,Boxing,Free fight,Taiji boxing,Karate,Fencing,Kendo.
Data	Record the daily exercise data, including the number of steps, distance, calories, activity times.
Heart rate	Detect heart rate anytime and anywhere, make scientific chart analysis, and record the latest 7 heart rate data.
Blood oxygen	Blood oxygen was detected anytime and anywhere, and scientific chart analysis was made to record the blood oxygen data of the last 7 times.
Sleep	Intelligent monitoring of your sleep quality, scientific analysis of sleep time, record 7 days of sleep data.
Pressure	Monitor the change of your stress value in a day and form an analysis icon.

◎ Breath training	Different frequency and time can be set for respiratory adjustment training.
♫ Music	The watch is connected to the mobile phone, you can control the music playing of the mobile phone.
⏱ Timer	Watch quick timer.
⏰ Alarm	Watch alarm clock setting function.
🔍 Search your phone	After connecting the phone, you can find the phone through the watch.
⏱ Stopwatch	Start the stopwatch function.
☀ Weather	After connecting the mobile phone, you can synchronize the weather in the App.
🖩 Calculator	Watch mini calculator.
🧭 Compass	Watch compass function.
📅 Calendar	Watch calendar function.
支 Alipay	Note: Only the domestic version of China supports Alipay.
⚙ Setting	Screen display setting, system menu switching, vibration mode, do not disturb mode, connecting mobile phone, language setting, power saving mode, factory recovery, restart, shutdown and other settings.

Charging

Please align the metal port surface of the magnetic charging cable and be close to the charging contacts of the watch. The magnetic charging cable will automatically be attached to the charging contacts of the watch to start charging, and the charging instructions will be displayed on the watch screen.

Note:

1. Do not charge in a humid environment.

2. Make sure that the metal port surface on the watch body and the magnetic charging cable are not dirty or corroded.

3. Please clean the metal port surface on the back of the watch and the magnetic charging cable with a clean flannel regularly. Make sure that the contacts of the watch and the magnetic charging cable are in full contact to ensure normal charging.

4. This product is not equipped with a power adapter. In order to ensure the safety of your family and property, you can use a computer USB port or choose a power adapter with an output not exceeding 5V ⎓ 1A when charging. Please purchase power adapters through formal channels, and avoid using low-quality, fake power adapters to avoid bursting or fire.

Bluetooth data transmission

When connected to a mobile phone, the watch will synchronize some data to the mobile phone via Bluetooth, including weather, notification messages, sports health data, etc. After disconnected or Bluetooth is turned off, the data will not be synchronized.

Precautions

1. The measurement results of this product are for reference only, not for any medical purpose or basis. Please follow the doctor's instructions and never make self-diagnosis and treatment based on the measurement results.

2. The waterproof grade of this product is 5ATM, but it is not against sea water,deep diving and long time soaking in water. At the same time, it doesn't prevent hot water, because steam will affect the watch.

3. The company reserves the right to modify the contents of this manual without any notice. Some functions are different in the corresponding software version, which is normal.

Specifications

Name: Mibro Watch GS

Input: 5V⎓ 1A

Model: XPAW008

Size: φ47 x 11.4mm

BT Frequency: 2400-2483.5MHz

Battery capacity: 460mAh

Nominal voltage: 3.8V

Charging cut-off voltage: 4.35V

FCC ID: 2AXCI-XPAW008

Equipment requirements: Android 5.0 or iOS 10.0 and above

Client: Zhenshi Information Technology (Shanghai) Co., Ltd.

Address: Room 4015, Building 2, No. 588, Zixing Road, Minhang District, Shanghai

FCC CE RoHS

FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception,

which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different

    from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.