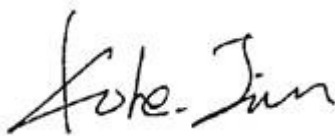


TEST REPORT

Application No.: GZEM2005012531CR
Applicant: Xiamen HongDao Technology CO., LTD
Address of Applicant: Room 909, No 11th building, Ninghaisanli, Jimei District, Xiamen City, Fujian Province, CHINA
Manufacturer: Xiamen Hongmeikang Health Technology Co., Ltd
Address of Manufacturer: No. 37-2, Xinyuan Road, Xinglin, Jimei District, Xiamen
Factory: Xiamen Hongmeikang Health Technology Co., Ltd
Address of Factory: No. 37-2, Xinyuan Road, Xinglin, Jimei District, Xiamen
Equipment Under Test (EUT):
EUT Name: Smart Rowing Machine
Model No.: RM2000, RM1000, RM3000, RM4000, RM5000 ☒
☒ Please refer to section 2 of this report which indicates which model was actually tested and which were electrically identical.
Standard(s): 47 CFR Part 1.1307, Part 1.1310
Date of Receipt: 2020-05-21
Date of Test: 2020-06-03 to 2020-06-05
Date of Issue: 2020-06-15

Test Result:	Pass*
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* In the configuration tested, the EUT complied with the standards specified above.

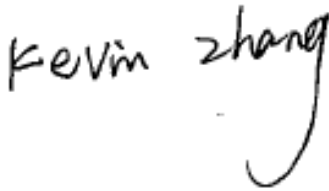



Kobe Jian
EMC Laboratory Manager



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Revision Record				
Version	Chapter	Date	Modifier	Remark
01		2020-06-15		Original

Authorized for issue by:			
Tested By			2020-06-03 to 2020-06-05
	Kevin_Zhang /Project Engineer		Date
Checked By			2020-06-15
	Jerry_Chan /Reviewer		Date



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2 Test Summary

Radio Spectrum Technical Requirement				
Item	Standard	Method	Requirement	Result
RF Exposure	47 CFR Part 1.1307, Part 1.1310	CFR 47 Part 1.1310	CFR 47 Part 1.1310	Pass



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4 General Information

4.1 Details of E.U.T.

Power Supply:	DC 3.0V (2×"AAA" battery)
Cable:	N/A
Antenna Gain	0dBi
Antenna Type	Integrated Antenna
Channel Spacing	2MHz
Modulation Type	GFSK
Number of Channels	40
Operation Frequency	2402MHz to 2480MHz

4.2 Description of Support Units

The EUT has been tested as an independent unit.

4.3 Test Location

All tests were performed at:

SGS-CSTC Standards Technical Services Co., Ltd., Guangzhou Branch EMC Laboratory,
 198 Kezhu Road, Sciencetech Park, Guangzhou Economic & Technology Development District,
 Guangzhou, China 510663

Tel: +86 20 82155555 Fax: +86 20 82075059

No tests were sub-contracted.



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4.4 Test Facility

The test facility is recognized, certified, or accredited by the following organizations:

● **NVLAP (Lab Code: 200611-0)**

SGS-CSTC Standards Technical Services Co., Ltd., Guangzhou EMC Laboratory is accredited by the National Voluntary Laboratory Accreditation Program (NVLAP/NIST). NVLAP Code: 200611-0.

The report must not be used by the client to claim product certification, approval, or endorsement by NVLAP, NIST, or any agency of the Federal Government.

● **ACMA**

SGS-CSTC Standards Technical Services Co., Ltd., EMC Laboratory can also perform testing for the Australian C-Tick mark as a result of our NVLAP accreditation.

● **SGS UK(Certificate No.: 32), SGS-TUV SAARLAND and SGS-FIMKO**

Have approved SGS-CSTC Standards Technical Services Co., Ltd., EMC Laboratory as a supplier of EMC TESTING SERVICES and SAFETY TESTING SERVICES.

● **CNAS (Lab Code: L0167)**

SGS-CSTC Standards Technical Services Co., Ltd., EMC Laboratory has been assessed and in compliance with CNAS-CL01:2018 accreditation criteria for testing laboratories (identical to ISO/IEC 17025:2017 General Requirements) for the Competence of Testing Laboratories.

● **FCC Recognized 2.948 Listed Test Firm(Registration No.: 282399)**

SGS-CSTC Standards Technical Services Co., Ltd., EMC Laboratory has been registered and fully described in a report filed with the (FCC) Federal Communications Commission. The acceptance letter from the FCC is maintained in our files. Registration 282399, May 31, 2002.

● **FCC Recognized Accredited Test Firm(Registration No.: 486818)**

SGS-CSTC Standards Technical Services Co., Ltd., EMC Laboratory has been accredited and fully described in a report filed with the (FCC) Federal Communications Commission. The acceptance letter from the FCC is maintained in our files. Designation Number: CN5016, Test Firm Registration Number: 486818, Jul 13, 2017.

● **Industry Canada (Registration No.: 4620B, CAB identifier: CN0052)**

SGS-CSTC Standards Technical Services Co., Ltd., has been registered by Innovation Science and Economic Development Canada for Wireless Device Testing laboratories to test to Canadian radio equipment requirements. Registration No. 4620B, CAB identifier: CN0052.

● **VCCI (Registration No.: R-12460, C-12584, G-10449 and T-11179)**

The 10m Semi-anechoic chamber and Shielded Room of SGS-CSTC Standards Technical Services Co., Ltd. have been registered in accordance with the Regulations for Voluntary Control Measures with Registration No.: R-12460, C-12584, G-10449 and T-11179 respectively.

● **CBTL (Lab Code: TL129)**

SGS-CSTC Standards Technical Services Co., Ltd., E&E Laboratory has been assessed and fully comply with the requirements of ISO/IEC 17025:2005, the Basic Rules, IECEE 01 and Rules of procedure IECEE 02, and the relevant IECEE CB-Scheme Operational documents.



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4.5 Deviation from Standards

None

4.6 Abnormalities from Standard Conditions

None



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5 Radio Spectrum Technical Requirement

5.1 RF Exposure

5.1.1 Test Requirement:

CFR 47 Part 1.1310

Limit:

According to FCC Part1.1310: The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency (RF) radiation as specified in Part1.1307(b)

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposure				
0.3-3.0	614	1.63	*100	6
3.0-30	1842/f	4.89/f	*900/f ²	6
30-300	61.4	0.163	1.0	6
300-1,500			f/300	6
1,500-100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3-1.34	614	1.63	*100	30
1.34-30	824/f	2.19/f	*180/f ²	30
30-300	27.5	0.073	0.2	30
300-1,500			f/1500	30
1,500-100,000			1.0	30
f = frequency in MHz				
* = Plane-wave equivalent power density				

According to IEEE C95.3:2002 section 5.5.1.1, The power density S at a point on the axis at a distance d from a transmitting antenna is given by the Friis free-space transmission formula

$$S = \frac{PG}{4\pi d^2}$$

S = power density (mW/cm²)

P = the net power delivered to the antenna (mW)

G = gain of the antenna in linear scale

d = distance between observation point and center of the radiator (cm)



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5.1.2 Conclusion

Antenna Gain: 0dBi

Refer to report GZEM200501253102, the max. peak output power is -2.198dBm @2402MHz

Mode	Channel	Max Conducted Peak Output Power (dBm)	Output Power to Antenna (mW)	Power Density at R = 20 cm (mW/cm ²)	Limit
BLE	2402MHz	-2.198	0.603	0.00012	1.0

So the device is exclusion from SAR test.



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6 Photographs

6.1 EUT Constructional Details

Refer to Appendix A - Photographs of EUT Constructional Details for GZEM2005012531CR

--End of Report--



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