

Smart Life App
WiFi + BLE Scale User Manual

Smart WIFI + BLE Scale

Thank you for choosing the electronic WIFI + BLE scale. Our App allows users to easily connect their device to make health and weight control easy. Measurements are sent wirelessly to your mobile device and can be viewed using the FREE app: **Smart Life**.



WIFI + BLE Advantage:

- Faster Pair device
- No need carry phone enter into app to receipt measurements data will be automatically uploaded and displayed to your smartphone.
- Both WiFi and Bluetooth can auto switch,maximum guarantee of data transmission.

Product Information:

- Max Capacity 180kg Division 100g
- Works with the “Smart Life” App and analyzes over **18** body health values.
Weight / BMI / Body Fat Rate% / Muscle Mass (kg) / Fat Mass (kg) / Body Fat Index / Obesity Level / Ideal Weight (kg) / Weight Control(kg) / Visceral Fat Index / Weight without Fat(kg) /Body water% / Bone Mass (kg)/ Protein Rate / BMR(kcal) / Metabolic Age / Body Type / Score
- Curve trends lines for history tracking.
- App supports share to family multiple users
- Auto on & Off
- Low battery and overload indicator

*Remark: The scale will turn on when a weight of **7** kg or more is placed on it.*

It is recommended to keep the scale in a working environment of: 0℃-40℃/32℉-104℉; Relative humidity<85% so that the health values will continuously be updated.

App “Smart Life” Information:

Search and download the free app “**Smart Life**” on Android or iOS.

System requirement for use of the App:

- iOS 8.0 or higher + Bluetooth 4.0 or higher
- Android 4.4 or higher + Bluetooth 4.0 or higher

Due to the many different device manufacturers, models and software versions, full functionality cannot be guaranteed.

Please read the following instructions carefully before use.

The scales are designed for household use only, not to be used for commercial purposes.

Operation:

- 1.1 the battery compartment on the underside.
- 1.2 Insert batteries; please ensure that the polarity is correct.
- 1.3 Close the battery compartment again.

Remark: If the message “Lo” appears on the display, replace the batteries.

How to measure Body Weight

If you prefer not to connect to WIFI/Bluetooth and would just like to use the scale for simple weight measurement, then simply follow the steps below:

- 2.1 Press the platform center and remove your foot.
- 2.2 0.0 will be displayed on the screen.
- 2.3 The scale will switch off and is now ready for use.
- 2.4 Step onto weight platform until your weight numbers appear on the screen.

Remark: This initialization process must be repeated if the scale is moved.

Always place the scale on a hard and flat surface to have accurate measurement.

If you find a 3kg discrepancy 2 times consecutively, it is possible that the initialization process was not successful. Repeat steps 2.1-2.3

Use with the App


To download the app, search for “Smart Life” in any app store. OR scan below QR code.

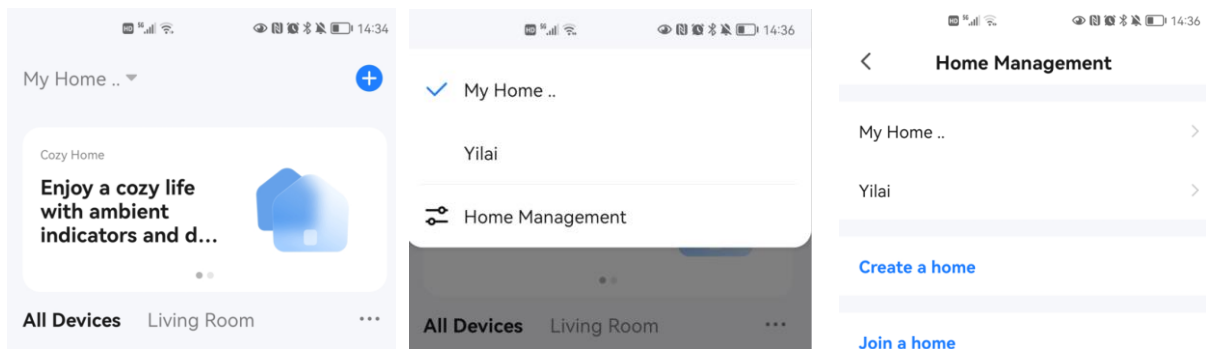



Register your account:

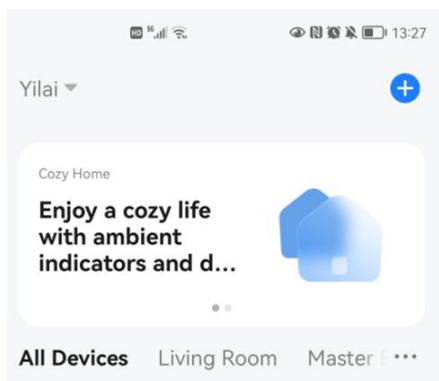
Follow the register page accordingly fill in the necessary information required.

Household / Member Management:

- 3.1 When logged in, Click Top Left  symbol, then enters into “**Home Management**” to start “**Add family**”.



3.2 Successful setting the family information, Click Top Left  symbol again, to choose the one you set. Top Left corner will show the named.

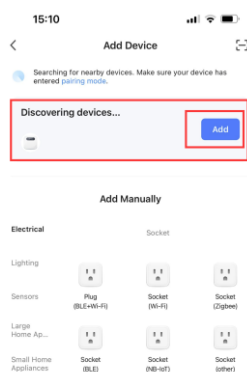


How to Add Device and Setting:

4.1 Put scale on a hard and flat floor, foot short press the middle central of weighting platform to active the scale until display showed weight numbers, then remove the foot, display turned to 0.0 .

4.2 In home page, click top right “” enter into **Add Device** page.

4.3 App screen will auto show the device able to be Chose.
Click Add to pair device.



Remark: Make sure during pair device procedure, the scale display is on . If you still can not discovering devices, go to trouble shooting 5.3

Setting the units:

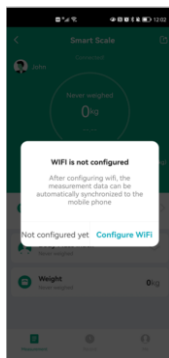
4.4 Once success add device, App enter into the unit setting mode.

Weight Unit : kg / lb / st & Height Unit: cm / inch could be selected.

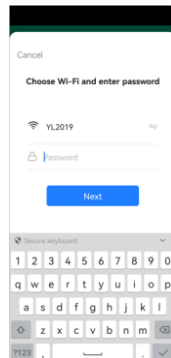
Configure WiFi:

4.5 Configure Wifi. Selected the WiFi ID which is the same as phone used and fill in WiFi password to go Next until Wi-Fi distribution network success DONE.

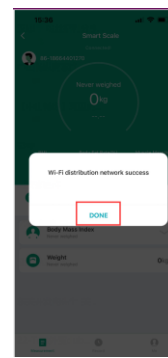
Configure Wifi



Choose Wifi



Wifi Success Configured




Remark: when configure WIFI, make sure the scale display is on. If failed, please move the scale and phone closer to the router and repeat the configure steps. Configure time and speed depends on wifi signal weak or strong.

Start to use scale

4.6 Stand on the scale with your bare feet and ensure your feet are touching the left and right electrodes located on the scale (if scale has electrodes) then display shows:



The body values will automatically send the results to the phone. When you open the App, you can see your details.

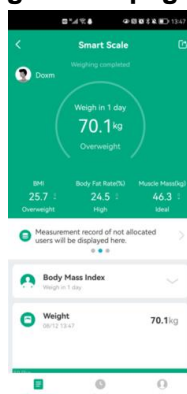
Remark: Please only get off the scale after showed , otherwise scale have not finish analyzing may lead missing measured values.

Smart Scale Main Page Records

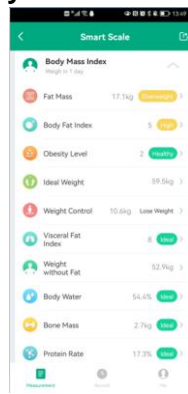


The **Measurement** Page [Measurement](#) will record your measurements values by date and timing. Can see 18 analyze values and click right arrow can see each value recommendation.

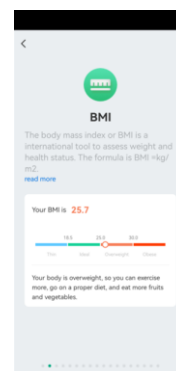
Weight Main page





Analyze value details page



Each value recommendation



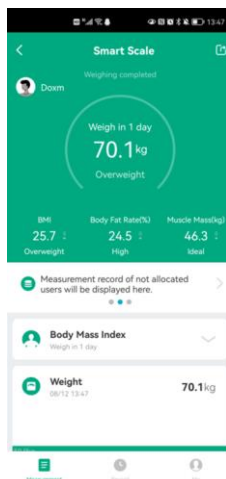
The **Record** Page  can see the data details and trends by week / month / year.

The **Me** Page  can edit user account and add new users.

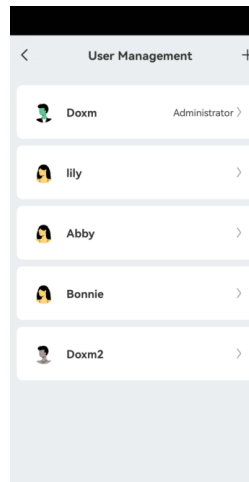
Multi-user on same phone:

Click Bottom right **“Me”** page, click **“User Management”** and then click right up button **“+”** to add new users and set up the sub-user profile.

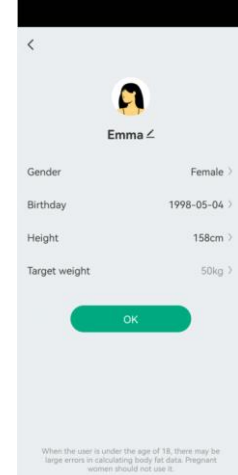
Main user page



Add new users



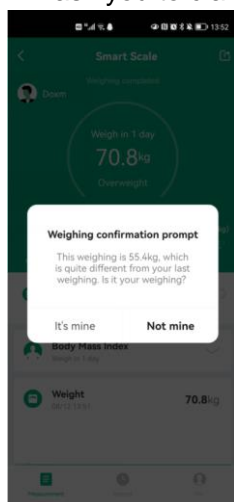
User profile & save



Claim datas

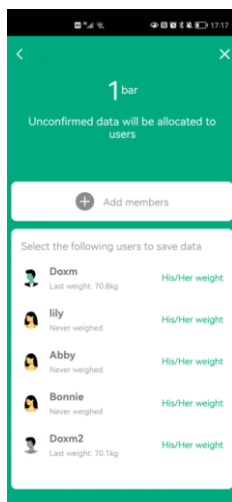
The new measurement value claimed automatically based on weight within ± 2 kg to the last measurement.

While if the measured weight is more than ± 2 kg difference than your last measurement, the APP will ask you to claim the data.



-Choose **“It’s mine”**, all values results will show according to the chosen measured weight.

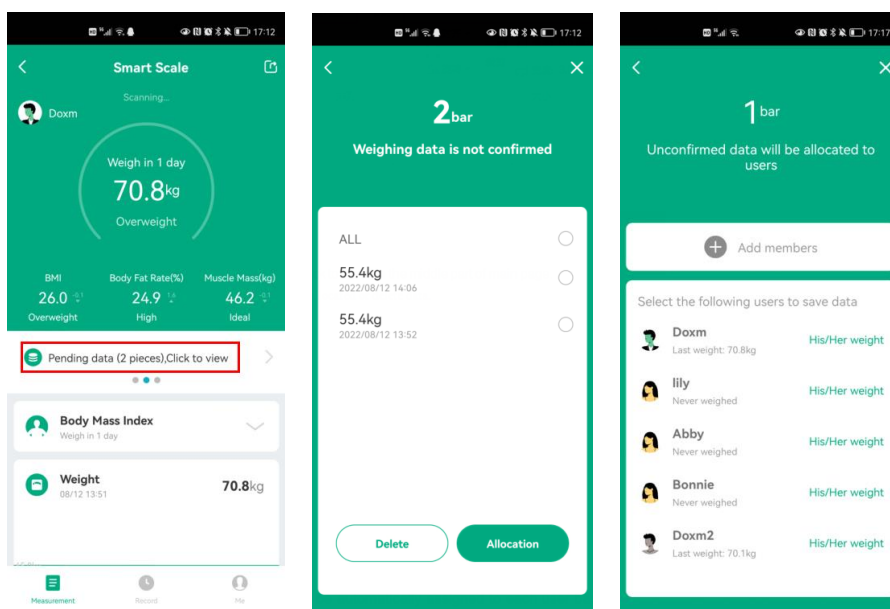
-Choose **“Not mine”**, you need to allocate to the correct person and click **“His/Her weight”**.




Offline data allocated

Scale is able to stored off line data, press “Pending data (...piece), click to view” in the middle part of main page.

Select the weight and the user to allocated or delete data.



Device Manage

If you want to delete the current connected device, enter into “Me” page, click  and select “Remove Device”.


Trouble shooting

5.1 When the LED screen displays "Lo", you should install a new battery.

5.2 When the LED displays "Err"


- it indicates that the maximum weight has been exceeded.

5.3 When the LED displays” Err2”


- Make sure you are barefoot when standing on the platform.
- Make sure your foot is touching the electrodes on the right and left side.
- Make sure during scale display showed  won't get off the scale.
- Make sure you enter your profile parameters in full correctly.
- Make sure your **Measurement** page shows the scale is connected.
- Make sure the scale under WIFI and the router have not been changed.

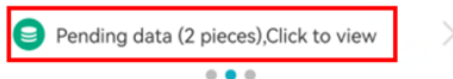
Remark : If the above did not solve the issue, enter into the Device Manage Remove device first and then repeat Add device steps 4.1-4.5 to repair the device.

5.3 I can not see a device available to be added

- Make sure during pair device procedure, the scale display is on all the time.
- Make sure the scale display wifi symbol is blinking. If it is stationary, please long press the scale backside unit button for 5S until display showed **SUC.** 

5.4 Why I can not see my measurement results on App?

- Make sure during scale display showed  won't get off the scale.
- Make sure Phone Bluetooth is turned on .
- Make sure the scale under WIFI and the router have not been changed.
- Move the scale closer to router.
- Go to main page middle column to check pending data which is waiting for claimed.



- Change to new battery.

Remark : If the above did not solve the issue, enter into the Device Manage Remove device first and then repeat Add device steps 4.1-4.5 to repair the device.

Changing the battery

- Open the battery door on the underside of the scale by releasing the clip and lifting off the door.
- Remove the used battery and replace with a new one.
- 3. Replace the battery door.

Battery Safety:

Always:

- Use the batteries recommended
- Make sure the battery compartment is secure
- Fit batteries correctly, observing the plus and minus marks on the battery and

compartment.

- Store unused batteries in their packaging and keep away from metal objects which could cause a short circuit
- Remove dead batteries from the scales.
- Remove batteries from the scales if they will not be used for a prolonged period.
- Keep loose batteries away from young children.
- Seek medical advice if a battery has been swallowed.

Never:

- Dispose of batteries in a fire
- Attempt to recharge ordinary batteries

Use and care:

- Ensure your scales is on a flat, even and firm surface. Avoid carpet or soft surfaces.
- Always weigh yourself with the same scale placed on the same surface. Uneven floors may affect the reading.
- The surface of the scale will be slippery if wet. Keep dry!
- Weigh yourself without clothing and footwear, before meals and always at the same time of day for most accurate results.
- For better accuracy, it is not advised to take the measurement within 2 hours of waking up.
- Keep the scale in a dry place to protect the electronic components.
- Clean after use with a lightly damp cloth. Do not use solvents or immerse the product in water.
- Avoid overloading the scale; otherwise, permanent damage may occur.
- Do not disassemble the scale, other than to replace the battery.
- Do not store the scale in an upright position when not in use as this will drain the battery.
- Avoid excessive impact or vibration to the unit, such as dropping the scale onto the floor, or objects onto the scales.
- A user who has any metal material inserted into his/her body may get differences in measurements of body fat reading.
- Pacemaker users are advised against using this device.
- The precision of the data detected by the scale can be altered in the following cases:
 - high alcohol levels
 - high levels of caffeine or drugs
 - after an intense sports activity
 - during an illness
 - during pregnancy
 - after heavy meals
 - in presence of dehydration problems
 - your personal data (height, age, gender) have not been input correctly
 - if you have wet or dry feet
 - persons with swollen leg

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.