

Smart Life App

WiFi Scale User Manual

Smart WIFI Scale

Thank you for choosing the electronic WIFI scale. Our App allows users to easily connect their device to make health and weight control easy. Measurements are sent wirelessly to your mobile device and can be viewed using the FREE app: **Smart Life**.



Product Information:

- Max Capacity 180kg Division 100g
- Works with the “Smart Life” App and analyzes over 13 body health values.
 - Traditional values: Weight / BMI / Body fat (percentage) / water content (Body water percentage) / Muscle/Calorie (KCAL) / Bone Mass
 - New values: Body Score /Fat-free Body Weight / Visceral fat(grade) / Protein / Body Type / Metabolic Age
 - Curve trends lines for Weight / body fat / BMI
- App supports share to family multiple users
- Auto on & Off
- Low battery and overload indicator

Note: The scale will turn on when a weight of 5kg or more is placed on it.

It is recommended to keep the scale in a working environment of: 0°C-40°C/32°F-104°F;

Relative humidity<85% so that the health values will continuously be updated.

App “Smart Life” Information:

Search and download the free app “**Smart Life**” on Android or iOS.

System requirement for use of the App:

- iOS 8.0 or higher
- Android 4.4 or higher
- Due to the many different device manufacturers, models and software versions, full functionality cannot be guaranteed.

Please read the following instructions carefully before use.

The scales are designed for household use only, not to be used for commercial purposes.

Operation:

1. Open the battery compartment on the underside.
2. Insert batteries, please ensure that the polarity is correct.
3. Close the battery compartment again.

Note: If the message “LO” appears on the display, replace the batteries.

How to measure Body Weight

If you prefer to not connect to WIFI and would just like to use the scale for simple weight measurement, then simply follow the steps below:

1. Press the platform center and remove your foot.
2. 0.0 will be displayed on the screen
3. The scale will switch off and is now ready for use.
4. Step onto weight platform until your weight numbers appear on the screen.

Note: This initialization process must be repeated if the scale is moved.

Always place the scale on a hard and flat surface to have accurate measurement.

If you find a 3kg discrepancy 2 times consecutively, it is possible that the initialization process was not successful. Repeat steps 1-3.

Use with the App


To download the app, search for “ Smart Life” in any app store. OR scan below QR code

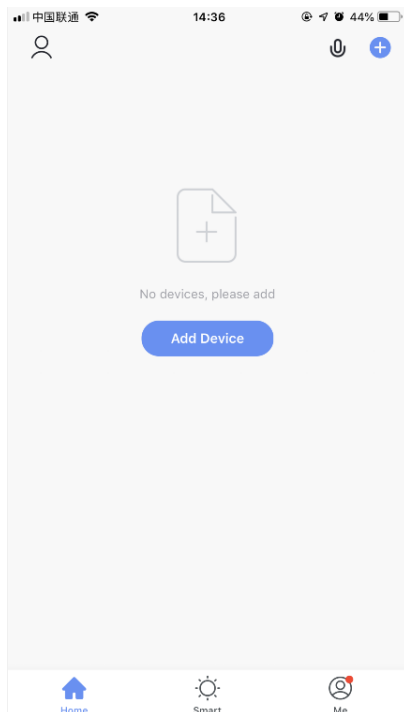



Register your account:

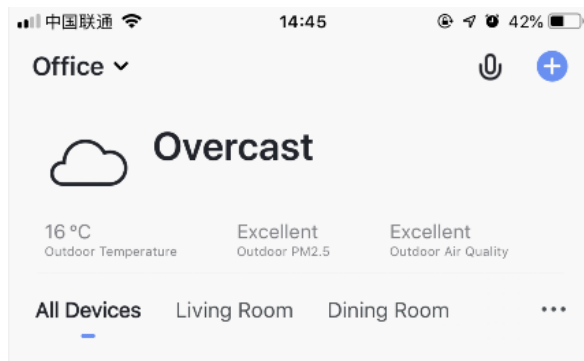
follow the register page accordingly fill in the necessary information required.

Household / Member Management:

1, When logged in, Click right bottom  symbol, enter into “ Home Management” to start “Add home”



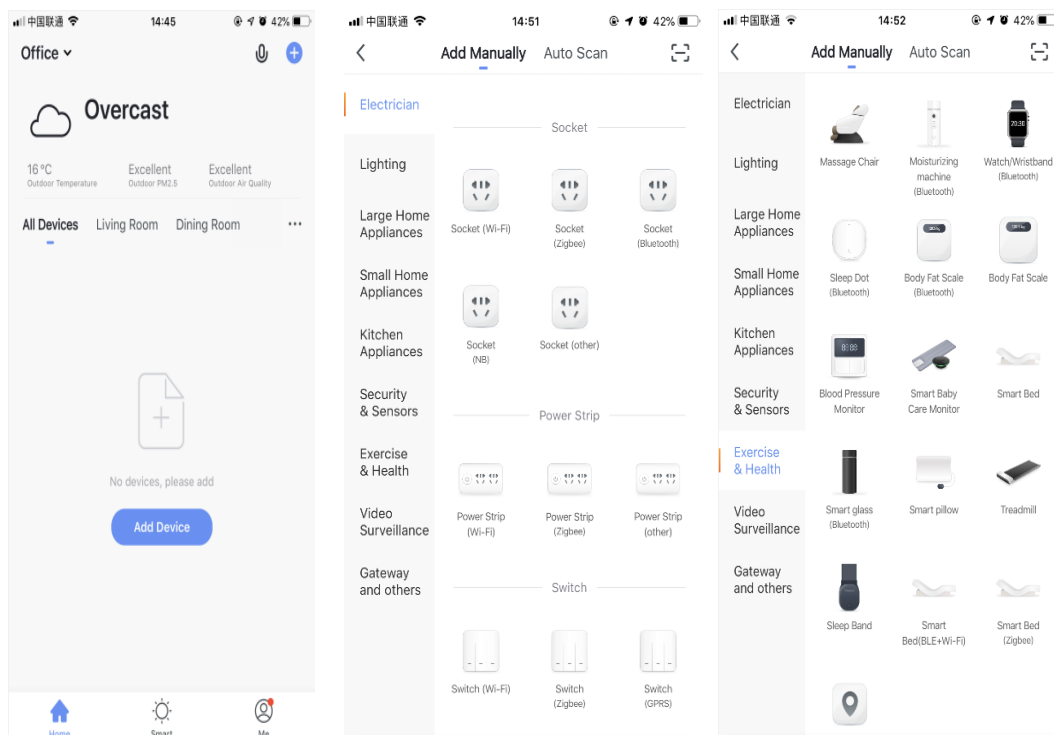
2, Successful setting the home information, Click Top Left  symbol, to choose the one you set. Top Left corner will show the name.



Add Device:

1, In Welcome home page, click “Add Device” or click “+” symbol on the right top corner to enter into device pair page.

2, Choose “Exercise&Health” to find the device category “ **Body Fat Scale**”



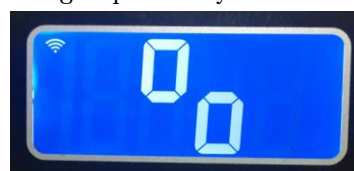
3, Long press the scale base housing Pair button till scale front display showed connection detecting square symbol and wifi signal symbol flashed fastly. Then click app “ **Confirm indicator rapidly blink**” button.

Remark: if the wifi signal symbol flashed slowly, continue press the pair button until this symbol flashed fastly. Slowly flashed wifi symbol may failed wifi connection.

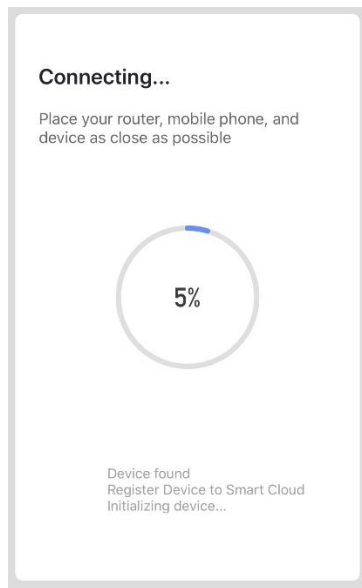
Pairing button



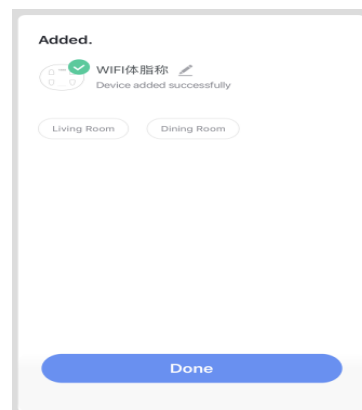
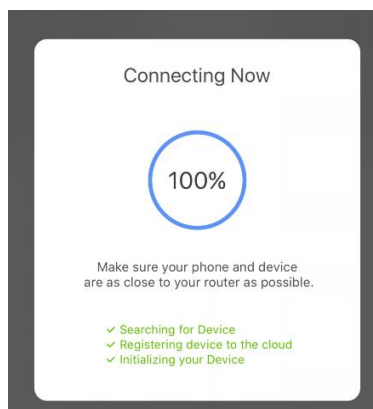
detecting square symbol and wifi symbol



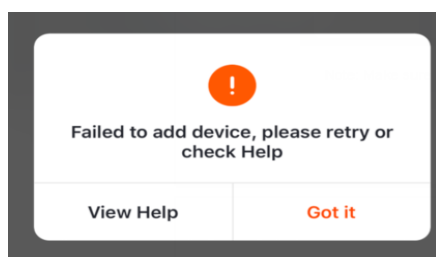
4, Make sure the phone is under WiFi Connection, and fill in the password of WiFi which phone connected. Then Connecting starts.



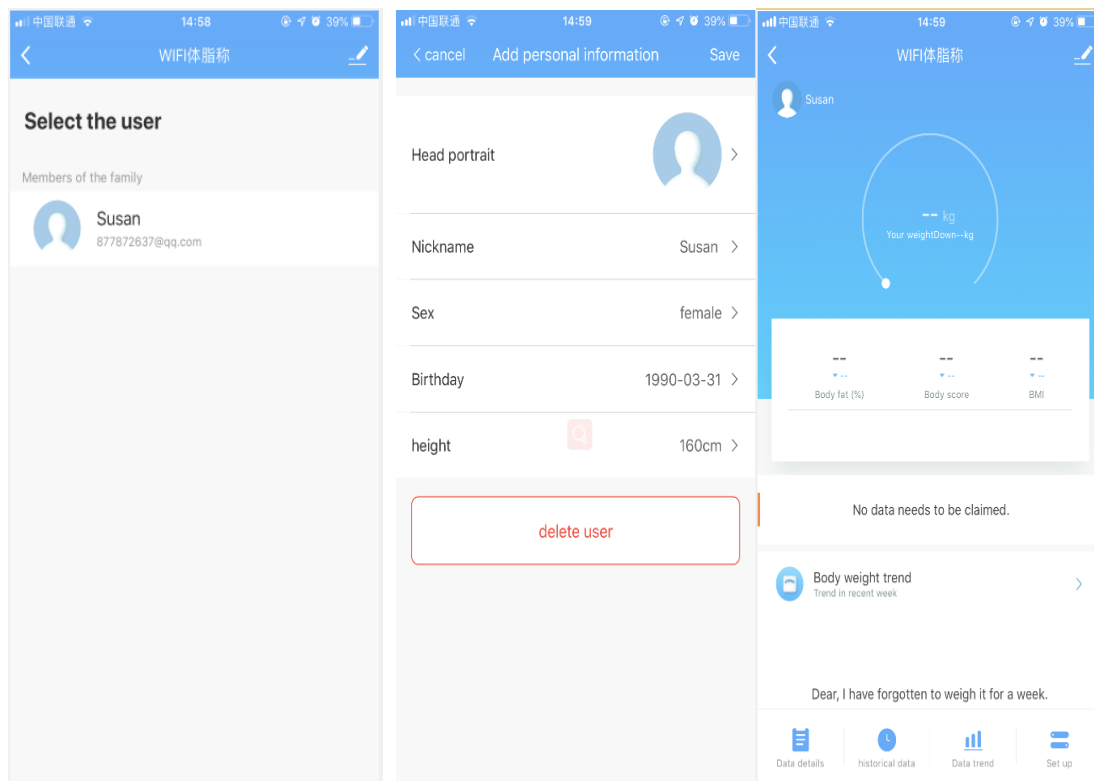
5, Connection 100% after few seconds / minutes. Then auto enter into “Device added successfully” page.



Note: Make sure scale and phone under same WiFi Network to repair. *Pairing may take a few minutes based on the WIFI signal. The App will show the progress. If pairing fails, click “View help” check how to do or “got it” retry again with repeat **Add Device** step 3&4.*



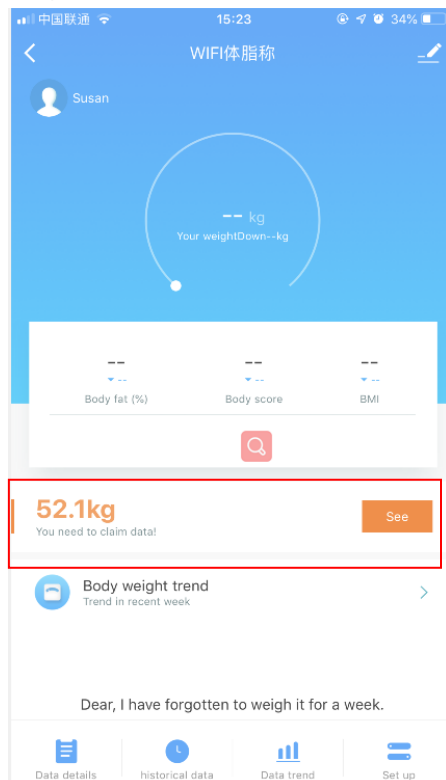
6, After Room Selection and click “Done”, “Select the user” and “Add personal information”, then enter into Smart Scale Main Page.



6.1 , Set up

Click right bottom ” **Set up**” to do Unit switching and Automatic distribution ON or OFF. Recommendation setting to ON.

If you select OFF, the new measurement value will exist in middle part of main page and wait for your View and manually distribute to which user.



6.2, Take Measurements

Stand on the scale with your bare feet and ensure your feet are touching the left and right electrodes located on the scale (if scale have electrodes) until weight numbers is fixed then get off.



The body values will automatically send the results to the phone. When you open the App, you can see your details.

Note: The speed of values transferred are based on the strength of the WIFI signal. And if have not find values in main page, be attention of middle “You need to claim data” - View - Distribution

Smart Scale Main Page Records

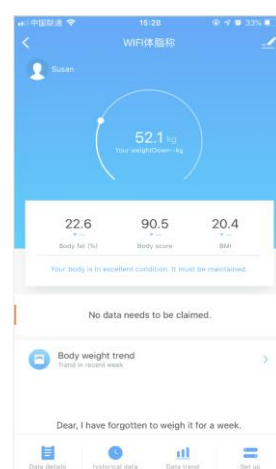
The Main Page will record all your measurements values by date and timing.

Data Details

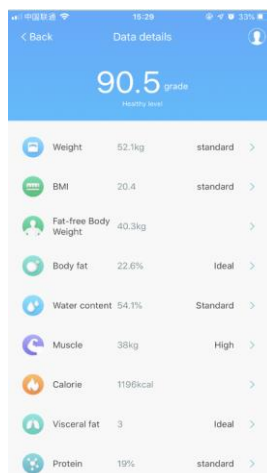
can see over 13 analyze value.

Click right arrow can see each value recommendation.

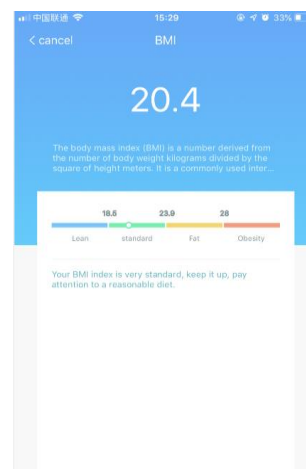
Weight Main page



Analyze value details page



Each value recommendation



Historical data:


Can see recently measurement records list

Time	Weight	Body fat
11/10 14:21	53.7 kg	23.6 %
11/10 14:19	54.6 kg	24.53 %
11/10 14:15	54.6 kg	24.53 %
11/10 14:14	53.7 kg	23.6 %
11/10 14:12	57.5 kg	27.26 %
11/10 14:08	57.5 kg	27.26 %

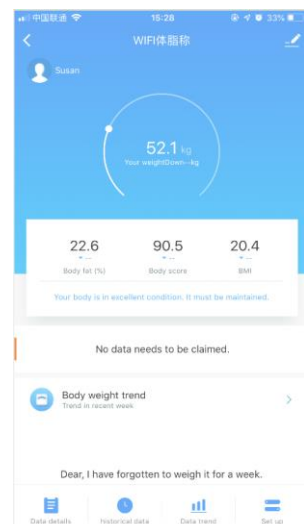
Data trend:

Can see the data trends by week / month / year

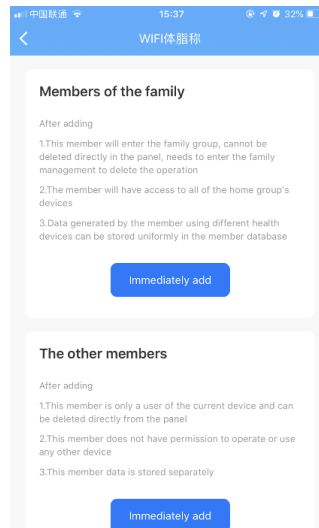
Multi-user on same phone:

1, Click  at scale main page, enter into “Add new users” to set up the sub-user profile, and “save”. then follow **step 6.2** take measurements.

Main user page

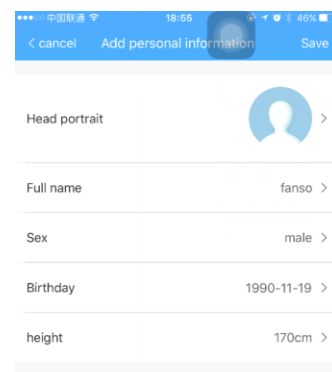


Add new users



The screenshot shows the 'Add new users' screen. It has a title bar 'WIFI体脂秤' and a back arrow. The main content is titled 'Members of the family' and includes instructions: 'After adding', '1.This member will enter the family group, cannot be deleted directly in the panel, needs to enter the family management to delete the operation', '2.The member will have access to all of the home group's devices', and '3.Data generated by the member using different health devices can be stored uniformly in the member database'. There is a blue 'Immediately add' button. Below this, there is a section titled 'The other members' with similar instructions and another 'Immediately add' button.

user profile & save




The screenshot shows the 'user profile & save' screen. It has a title bar with 'cancel', 'Add personal information', and 'Save' buttons. The main content includes a 'Head portrait' field with a camera icon, a 'Full name' field with the value 'fanso', a 'Sex' field with the value 'male', a 'Birthday' field with the value '1990-11-19', and a 'height' field with the value '170cm'. Each field has a right arrow icon.

2, The Body values data will be automatically assigned to each user based on similar weight selection if **step 6.1** setting Automatic distribution to ON.

Note: The speed of values transferred are based on the strength of the WIFI signal. And if have not find values in main page, be attention of middle “You need to claim data” - View - Distribution

Allow other phones can connect my smart scale:

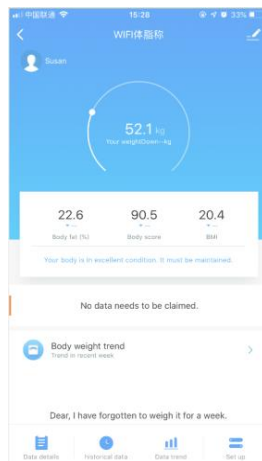
1, Click  at scale main page, enter into Details of device page.

Choose “**Share Device**” –Fill in the phone no. of family member you wanna invite in, will be an notification to the number host.

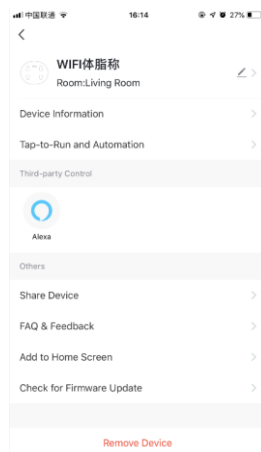
Note: if the invited user have an account already, the Smart Scale device will auto showed in her/ his phone. Then able to use the scale with app.

If the invited user have not register an account already, should be finish register first.

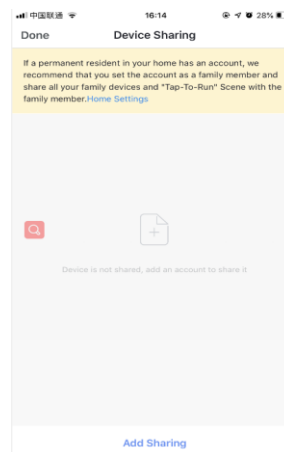
Main user page



Share device page




Add family member



Important : support one main host of smart scale only . Other sub-user only can be invited by shared device (different iphone) or add users (same phone). Can not directly pair the scale with 2nd phone by **add device step 3&4&5**, otherwise the initial host of smart scale will lost connection.

Device Manage

1. If you want to pair another device, delete the current connected device first by click  enter into details of device page, and select “**Remove Device**”.
2. If the router has been changed, repeat steps of **add device step 1 to 5**.

Trouble shooting

1. When the LCD screen displays "LO", you should install a new battery.
2. When the LCD displays "ERR" and stays at “ERR”
 - it indicates that the maximum weight has been exceeded.
3. When the LCD displays Weight but no analyze data in app or displays “ERR2”
 - make sure you are barefoot when standing on the platform
 - make sure your foot is touching the electrodes on the right and left side
 - make sure you enter your profile parameters in full
 - make sure your **WELCOME HOME** page shows the scale is connected
 - make sure the scale under WIFI and the router have not been changed.

*Note 1 : If the above did not solve the issue, enter into the Device Manage Remove device first and then repeat Add device **steps 1-5** to re pair the device.*

*Note 2 : The speed of values transferred are based on the strength of the WIFI signal. And if have not find values in main page, be attention of middle “ **You need to claim data**” - View - **Distribution***

○

Changing the battery

1. Open the battery door on the underside of the scale by releasing the clip and lifting off the door.
2. Remove the used battery and replace with a new one.
3. Replace the battery door.

Battery Safety:

Always:

- Use the batteries recommended
- Make sure the battery compartment is secure
- Fit batteries correctly, observing the plus and minus marks on the battery and compartment.
- Store unused batteries in their packaging and keep away from metal objects which could cause a short circuit
- Remove dead batteries from the scales.
- Remove batteries from the scales if they will not be used for a prolonged period.
- Keep loose batteries away from young children.
- Seek medical advice if a battery has been swallowed.

Never:

- Dispose of batteries in a fire
- Attempt to recharge ordinary batteries

Use and care:

- Ensure your scales is on a flat, even and firm surface. Avoid carpet or soft surfaces.
- Always weigh yourself with the same scale placed on the same surface. Uneven floors may affect the reading.
- The surface of the scale will be slippery if wet. Keep dry!
- Weigh yourself without clothing and footwear, before meals and always at the same time of day for most accurate results.
- For better accuracy, it is not advised to take the measurement within 2 hours of waking up.
- Keep the scale in a dry place to protect the electronic components.
- Clean after use with a lightly damp cloth. Do not use solvents or immerse the product in water.
- Avoid overloading the scale; otherwise, permanent damage may occur.
- Do not disassemble the scale, other than to replace the battery.
- Do not store the scale in an upright position when not in use as this will drain the battery.
- Avoid excessive impact or vibration to the unit, such as dropping the scale onto the floor, or objects onto the scales.
- A user who has any metal material inserted into his/her body may get differences in measurements of body fat reading.
- Pacemaker users are advised against using this device.

- The precision of the data detected by the scale can be altered in the following cases:
 - high alcohol levels
 - high levels of caffeine or drugs
 - after an intense sports activity
 - during an illness
 - during pregnancy
 - after heavy meals
 - in presence of dehydration problems
 - your personal data (height, age, gender) have not been input correctly
 - if you have wet or dry feet
 - persons with swollen leg

In the course of continuous product optimisation, we reserve the right to regularly update the Smart Life App. May lead user manual handling steps slight different than real App.

The included images serve only as a reference.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Warning Statements:

This equipment complies with FCC radiation exposure limits set forth for an

uncontrolled environment. This equipment shall be installed and operated with minimum distance 20cm between the radiator & body.