智能手环 使用说明书 User Guide



Smart Band User Guide



部件介绍 80/8 正确佩戴 手环以尺骨茎突后佩戴最佳

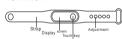
相据调节孔调好适合手腕的大小;扣上腕带扣。 传感器要紧贴皮肤、避免移动



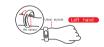
初次使用确保于环电量正常,若低电不能正常开机,请连接充 电器对设备进行充电,手环会自动开机。 充电方式:将于环主体从脑带中取出;将手环主体带USB的一端插 入中級USB接口或務助申源、直流充申即可进行充申。



Component Description



How to Wear Best to wear the band after unlar styloid and to adjust via



How to Charge Please pull the host out from wristband. One side of charging line inserted into the host corresponding interface and the other side is connected to the corresponding USB interface can be charged.

给手环充电

初次使用确保手环由量正常,其任由不能正常开机,请连接在 由翼对设备进行存由 王联会自动开机 存由方式: 将手环主体从除带中取出:

充电线一端插入主体的充电接口,另一端连接到相应的USB接口即可 进行充电。





开/关机 ②在设备关机状态下、长按触摄功能键3秒以上可使设备震动开机。 ②在设备开机状态下、长按触模功能键3秒以上可进入关机界面、短 按选择OFFE . S炒来提作自动类机

TETE WAY

On/Off

01-01

10:50

◎设备开面状态下,短按触摸功能键可点亮屏幕; ◎手环默认时仲页面,短按触模功能键可切换直看不同页面,无操作 默认五秒炮屏

On Off
In the shutdown state, long touch the Touch key over 3s to
start up the devise with vibration.
In the state of powr-on, long touch the function key over
3s to enter into shut down interface and choose OFF, system
will be powered off if no operation in 5 seconds.

Operation

Shortly touch the function key can light up the screen or awitch display page under the state of power-on.

No operation in 5s will turn off screen by default.

System will automaticity start measuring heart are when it is awitched to heart rate interface and will turn off screen 5 seconds after earlist if diplaying.

Off On

Shutdown interface

〇切神到心里、自压用而自动开始测试、测试结束5秒如屏(若手环

threat v 在手机上安装手环 APP

扫描以下二维码或进入APP Store 下载并安装"优活手环





系统要求: Android 5.0及以上: iOS8.0及以上: 支持當牙4.0。

首次使用,需连接APP进行校准,连接成功后手环会自动同步时间 否则计步和筛据数据不准 打开手机APP 点击设置图标

我的设备





))) o (((点击设备连接 O配对成功员 APP会自动保存主环道牙物处 APP打开成在原台运行 都会自动搜索并连接重环:

Scan the following QR code or enter the application market to download and install "Yoho Sports"





System requirements: Android 5.0 and above, iOS 8 and above, shone supports for Bluetooth 4.0.

Connect the APP at first use to calibrate the band, automatis sync time, otherwise steps and sleep data will be incorrect.





Warn tips for Android users: Allow Yoho Sports to run in backstage when uses Notifications and add it to trust one in your privilege management.

◎安卓手机请确保在安装时或手机系统设置中赋予APP后台运行的

个人资料 进入APP后请先设定个人信息

设置→个人设置,可设置性别-年龄-身高-体重。

你也可以设置你的每日运动和睡眠目标,监控每日的完成情况。 请你你久必得醒的时间 你也可以在消息得醒由关闭此功能

治泉標碟

连接状态下,如果开启了朱电提醒功能,当来电时,手吓上会震动, 并显示来电的姓名或号码。(需赋予APP读取通讯录权限)

短信报酬: 循讯录解系人的原信显示性名。原生人的原信显示显视。

直接状态下,如果开启了此功能,则当有微信、QQ等消息时,于环 会震动提醒。(需點予APP获取系统通知的权限)

震动提醒: 开启运功能、制当有来电、信息或其他提醒时、手环会震动、若关闭。

到手环只会有屏幕提醒而不靠动,以免打梭。

Vibrate when there are Wechat QQ or other notifications

Vibrate and display icon when lack of activity per period set

Switch On/Off to enable/disable vibration function on band for

Personal Information
Please set personal information firs after entering APP.
Settings+-Personal Settings.
Editing you gender, age, height and weight.
Set the activity goal and sleeping goal as you can monitor the completion. You can set the period for lack of activity remind, or you can turn off it in notification menu. Up to 3 alarms with user-friendly vibration. Support offline Clock alarming.

Band Display Setting Choose display interfaces when button is pushed. Notifications

Abnormal Disconnection Vibrate and display icon if the band is disconnected abnormally.(Not disconnected by use or system)

Find Band Click "Find band", band will vibrate when connected with phone.

Shake to Take Selfie Vibrate reminder with name from Contacts or number if unknown



设置易齐开启久坐提醒功能,依可在个人资料中设置提醒时间回路

使用提醒功能时需要设置为允许"优活手环"后台运行;建议

连接状态下,可进行三个同种的设置,设置后,会同步给手环;

支持撤徙调钟,在同步成功后,即使APP未连接,手环也会按设定

您可在此选项中设置手环端功能按键切换的画面,打开的页面会在按

非用户主动(手动断开或者退出APP)的断开连接,则手环端会提示

注接状态下、进入摇摇拍照界面、摇一摇手环、做计时3秒后自动拍

下功能按键后依次切换,而关闭的功能则不会在切换中出现。

连接状态下,点击"寻找手环"选项,手环会发出震动。

照请允许APP访问积册以保存自的的照片。

若在设定时间内长时间坐着,则手环会提醒。

在程期管理中添加"优活手环"为信任。

201001/ATEG

时间提醒。

寻找手环

王环思示i0響



敦牙图标显示,表示与手机连接成功,常牙未连接,图标不出取:5 于机同步后,于环会自动校准时间。

信献王廷、汉曼等于运动地数、可查看当前实际地数

根据行用地数,供商运动影察。

卡路里 根据行走步数,估算消耗的卡路里

心率、血压

切换到心率、血压界面后等待数秒后,显示当前心率、血压的测试结 果、此功能需要手环支持心塞、自压伤感费。

入脚时,于环会自动进入脚院监测模式;自动检测您整换深脚/发脚/

造研次数 计预尔内辐射图像 辐射数据新时日支持APP均由图

注音:個數平环入關才会有關解析提

常见问题

Steps Interface Wear band to record step Check out real-time steps

Distance Interface

Calories interface

Heart rate and blood pressure interface Heart rate and blood pressure interface Band or blood pressure will start measuring heart rate as soon as it is switched to heart rate or blood pressure interface. Heart rate and blood pressure interface need the band to have heart rate and blood pressure sensor.

Android users: Make sure band connect with phone. Then, open privilege and allow it to access Incoming Call, Message and Contacts at Settings in running backstage. If any security APP installed, add Yoho Sports to trust. instained, aud rond sports to trust.
iOS users: No notification even connected, please reboot the phone and connect again. Then click Pair after Bluetooth Pairing Request.

安卓平机: 确认平机与干环是许薪的、连上后在平机设置里打开对应 的权限,允许"优活于环"APP访问来电,知信,通讯录,并保持"优活于

环"在后台运行;如果手机安装有安全软件,要将"优活手环"添加为信

任、苹果手机:着连上后没有提醒,建议重启手机重新连接,再次连接

王琛时 《经第三机模》(要写题对读字) 占未(影对)后才会的得

1 体级的效体对本容易能

2.同步数据时请连接手环。

3.使用自带的充电线充电。

4.不要把手环长时间暴露在水分较高,温度极高或极低的地方。

5.手环出现死机面启现象,请注意检查手机内存信息清除再试,

或退出APP重新打开。 部件介绍

"主机 "腕带 "充电线 "包装盒及说明书

购物颁知: 本产品为USB直接充电,不自带充电器

Basic Parameters			
Product type	Smart Band	Battery type	Lithium polyme
Vibration moto	Support	Connectivity	BLE 4.0
Tmeprature	-10°C-50°C	Sensor	Low power acceleromete
Phone System	IOS 8 and above/Android 5.0 and above		

1.Don't wear the band when shower or swimming.

Please connect band when sync data.
 Use the built-in charging line for charging.
 Don't exposure the band in higher moisture or extremely high

or low temperature.

5. When band crashes, check phone's memory sufficient and service close or not and then restart your phone and try again

*Host *Wristband *Charging line *Packaging and instructions

Shopping notes This product is directly charged for USB and does not bring a charger.

FCC Warning Statement Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC ID: 2AURG-VIVIMP2027