

SmartSportswatch  
**UserManual**



## Getting Started

Welcome to your new Smart Sports Watch. This manual is designed to help you quickly get started using your Smart Watch and learning its features. To begin, ensure you have all of the components that should be included in your package:

**1x Smart Sports Watch**

**2x Detachable Watch Bands**

**1x User Manual**

**1x Clip-on Magnetic Charger**

## Setting Up Your Smart Sports Watch

### ***Charge Your Watch***

Before you can begin using your Smart Sports Watch it must be fully charged. Your watch comes with a clip-on magnetic charger that you attach to the left side of your watch to initiate charging.

First, plug the clip-on charger into a USB port. Next, make certain that the two magnetic pins inside the charger are aligned with the two gold contact points on the back of your watch. Clamp the charger onto the side of the watch and wait for the battery to fill.

Once the Smart Sports Watch is fully charged, attach the two detachable watch bands and hold down the upper right "Function Button" located on the right side of the watch face to turn it on or off.



### ***Download the FitPro App***

To access all of the Van Heusen Smart Sports Watch's features, you will need to download and install the FitPro App on your smartphone or other mobile device.

*System requirements to use the app are:*  
Android Operating System 4.0 or above; Apple iOS 9.0 or above. The device should also have support for Bluetooth 4.0.



To download the FitPro App:

- Scan the FitPro QR code from within your SmartSports Watch (swipe up, then tap QR Code icon).
- Or, download it from the Apple App Store (if you have an iPhone).
- Or, download it from Google Play (if you have an Android phone).

Once you've downloaded the FitPro App, use the following instructions to get started.

## **Bind Your Smart Sports Watch to a Mobile Phone**

1. After installing the FitPro App, on your phone, open the app and allow it to access photos, media, and files.
2. Next, open the app and select "Set" from the icons on the bottom of the screen; this will take you to the screen that allows you to pair/bind your watch to your device.
3. Tap "Bind device to experience more features." You will be prompted to allow the app to access location data. Select "Allow" and the app will scan for available Smart Watches to bind to.

Bind devices to experience more features >

4. Once pairing/binding is complete your watch will show accurate date and time and you will be able to adjust watch settings from within the FitPro App.

### ***Setup WellAudio***

After binding your watch to your device, a pop-up message will prompt you to take further steps to set up "WellAudio" through your device's Bluetooth settings. WellAudio is required to listen to music and make and answer phone calls using your SmartWatch.

The ability to pair to WellAudio will be available under your Bluetooth Settings for the first 5 minutes after you've paired your SmartWatch to your mobile device. If you don't see WellAudio listed as an available option in the Bluetooth list, go to your SmartWatch and turn on "Dual-Mode". Next, turn your Bluetooth Off and then On again and you should see WellAudio listed.

Directions for accessing "Dual-Mode" on your watch can be found in this user manual called "**Using the Smart Sports Watch**"



## Using the FitPro App

The FitPro App has four icons in the bottom menu: Home, Set, Motion, and Mine.



**Mine:** To begin tracking your fitness data, tap this icon. On the “Mine” screen, select “User Profile” to enter your personalized settings. Next, tap “Login” and then, “Register” in the upper left corner of the next screen to create an account. This will allow you to track your fitness progress and store your data.

**Motion:** After creating your account, you will tap this icon to begin tracking your fitness progress.

**Set:** Tap this icon to access various settings for your Smart Sports Watch.

**Home:** Once you've selected your personalized settings, the "Home" screen will show you a snapshot of your fitness analytics.

## Using the SmartSports Watch

### ***FunctionButtons***

Your SmartSports Watch has two “FunctionButtons” on the right side of the watch face. To “wake up” the watch push the top or bottom FunctionButton. While the watch is active, push the

bottom FunctionButton to access the Smart Watch’s functions and settings menu. Hold down the top FunctionButton for 2 seconds to turn the watch On or Off.

### ***Health and Activity Measurements***

Your SmartSports Watch is designed to measure heart rate, blood oxygen levels, stress levels, and

movement. To receive accurate activity readings make certain that the sensors on the back of the watch are in complete contact with your skin (adjust wristband for a snug fit, not too tight, not too loose).

### *Change Watch Face*



Change your Smart Sports Watch's face by holding down on the screen until the face changes. Repeat until you use the face that you prefer. You can also change the watch face by swiping right, or in the Fit Pro App under "Set" => "Dial Settings."

### ***Quick Access Swipe Menu***

By swiping the watch face you can quickly access the following apps:

- **Swipe Up** – Phonebook, Dual-Mode, Music, Call, QR Code, Menu Style
- **Swipe Left or Right** – Change watch face
- **Swipe Down** – Messages and Notifications
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## Function and Settings Menu

To access your watch's functions and settings menu, use the bottom Function Button on the right side of the watch face. Once the menu screen is visible, swipe up or down to view available apps and functions.



### ***Steps Tracking***

Your SmartSportsWatch will record the number of steps you've taken during the day along with the distance covered and estimated calories burned.



### ***BPM-HeartRate-BloodOxygen***

This is a three-in-one function. After entering this app, the sensors on the

back of your watch will take a reading for 60 seconds and present you with your current heart rate, blood pressure and blood oxygen levels.

### ***Temperature***

This function provides a reading of your current body temperature.

### ***Phonebook***

This is a list of contacts that can be managed within the FitPro App under "Set" => "Frequent Contacts."



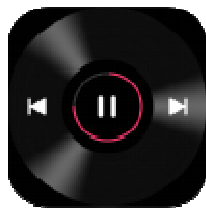
### ***Dialer***

Provides a digital dial pad so you can place calls from your Smart Watch.



### ***Sports Modes***

All sports modes allow you to record and view calories burned during an activity, and also track duration and time elapsed. Modes include: *Running, Sit-ups, Jumping Jack, Basketball, Badminton, Bike Riding, Tennis, and Volleyball.*



### ***Music***

If you use a service like Spotify, this function allows you to play music from your Smart Watch. You must have Well Audio active and paired to your mobile device to use this app.



### **Camera**

This function first needs to be activated from within the Fit Pro App. Within the app, go to "Set" => "Remote Shutter." You will need to allow Fit Pro to take pictures and record video. Afterwards, you can use your Smart Watch to take a photo by shaking or turning your wrist and waiting 3 seconds for the photo to be taken.



### **Sleep Mode**

This function helps you monitor the quality of your sleep. It can show you the total amount of time that you slept, as well as show how much of that time was divided between deep sleep and light sleep. Your Smart Watch automatically enters Sleep Mode after 10:00 PM.

### ***Stopwatch***

Digital stopwatch that lets you measure the duration of an activity.

### ***FindPhone***

Select this function to locate a lost phone that your watch is paired to.

### ***Dual-Mode***

This function allows you to make calls and listen to music from your phone. See the “Set Up Well Audio” portion of this user manual for how to use it.



### ***Reset***

This function erases all personal data from your Smart Sports Watch and resets it to the factory setting.



### ***Messages and Notifications***

This function allows you to read messages from your Smart Sports Watch. What notifications you receive

can be set within the FitPro App by visiting the “Set” icon and tapping “Message Push.”

### ***Menu Style***

Set the visible style of the functions menu between “List Style” or “Four Palace”.



### ***QR Code***

Access the QR Code for downloading the FitPro App to your mobile device.

### ***More...***

View technical details about your Smart Watch or power it down with the Power Off button.

## **Technical Specifications**

<b>Equipment Type</b>	Smart Wristband	Type of battery	Lithium polymer
<b>Vibration motor</b>	Stand By	Synchronously	Bluetooth 4.0
<b>Operating Temperature</b>	-10°C~50°C	Sensor	Low power acceleration sensor
<b>System Requirements</b>	IOS9 or above / Android5.0 or above		

## Exemption Clause



**IMPORTANT!** BPM-HeartRate-Blood Oxygen app measurements are not intended for medical use, including self-diagnosis or consultation with a doctor, and are only designed for general fitness and wellness purposes.

**This is not a medical diagnostic device.**

## Precautions and Trouble Shooting

1. Do not expose your Smart Sports Watch to water or wear while bathing or swimming.
2. Do not expose your Smart Sports Watch to extreme high or low temperatures.

3. Please make you certain that your Smartwatch is paired with a mobile device that has the FitPro App installed and properly synchronized data.
4. Please only use the USB charger included with your watch to charge the battery.
5. If your watch appears to not be synchronizing or working properly, try powering it off and then on again. If that fails to solve the problem, make sure you have enough memory available on your mobile device, or try uninstalling and reinstalling the FitPro App.

#### FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement.