

FITNESS ACTIVITY TRACKER

USER'S MANUAL

TRACK STEPS,
DISTANCE,
CALORIES &
QUALITY OF
SLEEP



VIVITAR®

FOR ITEMS:SS69-BTT-TA, FT-69-CR, FT-69-GR, FT-69-RB, FT-69-WH

1.

INTRODUCTION

In order to use your Vivitar Bluetooth Fitness Activity Tracker. You can use your device to track steps, distance and calories. In order to get the best results, please read this manual first before using your device.

FEATURES

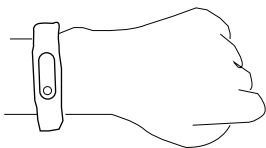
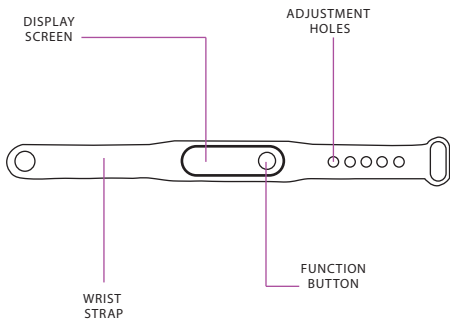
- Tracks steps, distance, calories burnt and sleep
- Lightweight, comfortable and adjustable band
- Bright OLED display
- Set alarms and reminders
- Receive incoming call and message alerts
- Built-in rechargeable battery

PACKAGE CONTENTS

- Fitness activity tracker
- User's manual with warranty information

2.

A QUICK LOOK

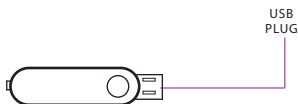


When wearing your wrist band, make sure that the band is tight enough so that the sensor is making contact with your skin, but not so tight that it is uncomfortable.

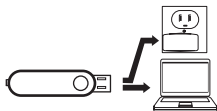
3.

CHARGING

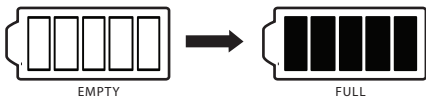
To charge your activity tracker, follow the steps below:



1. Take the wrist band off of your tracker so that you can access the USB plug.




2. Slide the USB plug into a USB port on your computer, or a suitable USB charging adapter.



3. Once fully charged, the battery status indicator on the wrist band's display screen will go from empty to full.



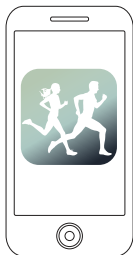
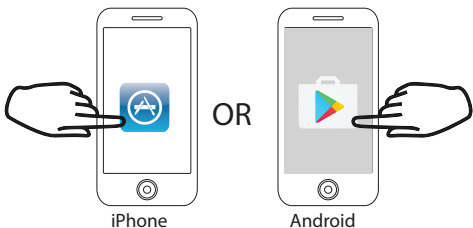
WARNING

- When connecting to USB port, make sure plug is inserted correctly.
- If  charging icon does not appear, be sure plug has not been inserted upside down.

4.

APP INSTALLATION

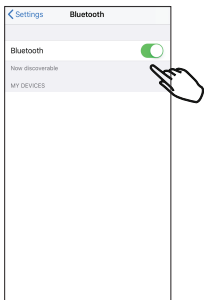
In order to use your activity tracker, you will first need to download the Vivitar iLive App, which is available on the Google Play Store and on the iPhone App Store.



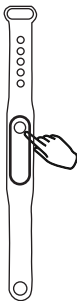
5.

BLUETOOTH SETUP

To use your activity tracker with your smartphone, you will first need to setup a Bluetooth connection between both devices. To do so, follow the steps below:



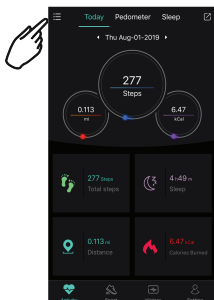
1. Go to your phone's Bluetooth settings menu. Make sure that Bluetooth is turned ON.



2. Press and hold the power button on your activity tracker for approximately 4-5 seconds to power it on.



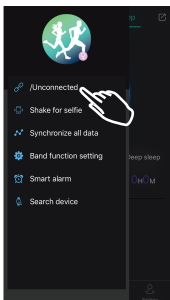
3. Open the Vivitar iLive software application on your phone.



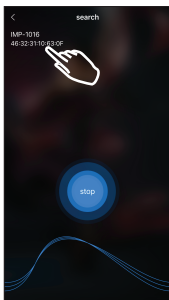
4. Open the application's setup menu by pressing the ☰ icon in the upper left hand corner of the screen.

6.

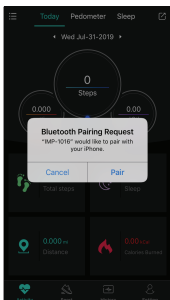
BLUETOOTH SETUP



5. Press the “/Unconnected” setting option to make a connection with an available Bluetooth device.



6. The application will search for your activity tracker. Click on the device listed as IMP-1016 once it becomes available.

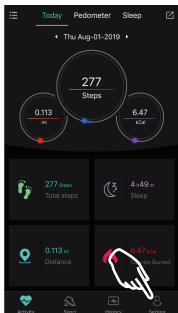


7. A Bluetooth Pairing Request will appear on your screen. Press “Pair” to connect your activity tracker with your smartphone.

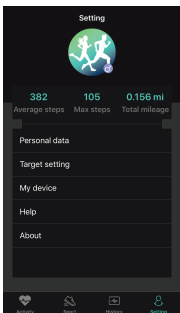
7.

USER SETUP

In order to get the best possible results when using the Vivitar iLive app, enter your personal data before using. To do so, follow the steps below.



1. Press the "Setting" icon in the lower right hand corner of the screen.



2. In the user settings menu you can explore the following settings:

Personal Data: Input your Name, Gender, Height, Weight, Birth Date.

Target Settings: Input daily step, calorie and mileage goals.

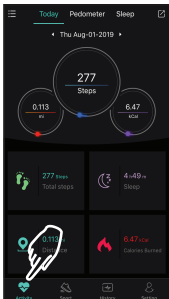
My Device: View System information.

Help: Having problems using your tracker? View the available help files.

About: See what version of your app you have installed.

8.

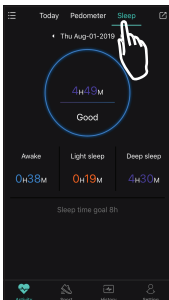
ACTIVITY



When you open the iLive software application, the main activity panel will appear, showing your steps, miles, calories and sleep for the day.



For a deeper look at how many steps you have traveled, press "Pedometer" in the activity panel.

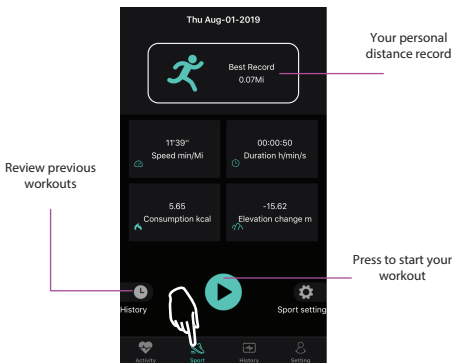


For more details on your sleeping habits, press "Sleep" in the activity panel.

9.

SPORT

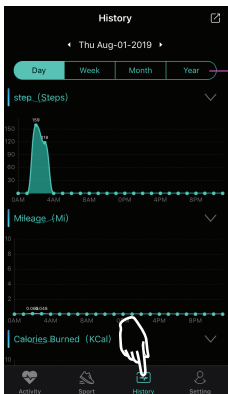
For a more competitive experience, go to the Sport Panel, where you can track individual runs, and challenge yourself to achieve new personal bests.



10.

HISTORY

If you would like to review your progress over time, go to the history panel, where you can review your steps, mileage, and calories burnt by day, week, month or year.

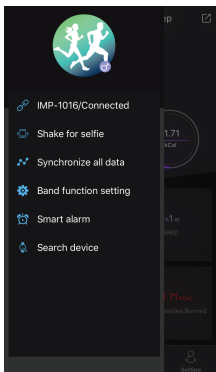


Review your progress by day, month or year.

11.

APP SETTINGS

For additional settings, go the application's setup menu by pressing the ☰ icon in the upper left hand corner of the screen.



Press here to share your results over e-mail or text.

Connection: View if your smartphone is paired with your activity tracker. Press here to connect.

Shake for Selfie: Press here and your phone's camera screen will open. Shake your activity band to snap a photo.

Synchronize All Data: If you have been using your activity tracker away from your phone, press this option to make sure that all new data is recorded to your app.

Band Function Setting: Allows you to setup a series of reminders to drink water, and to stay active. Your activity band will vibrate to help you remember your goals. Other general settings can be accessed here.

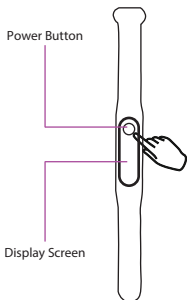
Smart Alarm: Set up to 5 different alarms so that your activity tracker will vibrate at different times during the day,

Search Device: If you misplace your tracker, press here and it will begin to vibrate immediately.

12.

ACTIVITY TRACKER

Press and hold the power button for approximately 4-5 seconds to power on your activity tracker. Once powered on tap the power button repeatedly to toggle through the different modes. Hold the power button down to access a mode. See below for an explanation of each mode.



Steps: A footprint icon appears on the screen. Displays the amount of steps you have taken.

Distance: Two map marker icons appear on the screen. Displays the amount of miles you have traveled.

Calories: A fire icon appears on the screen. Displays the amount of calories you have burned.

Phone Recovery: A phone and magnifying glass icon appears on the screen. Your phone will send out an audio alert, helping you find it if it has been lost.

Mail: An envelope icon appears on the screen. Your activity band will display incoming call and text message alerts. Note that the performance of this function may vary depending on your phone's settings as well as the types of messaging software you are using.

Battery: A power icon appears in the screen, displaying how much power is remaining before you need to charge your activity tracker.

Reset: A MAC Address will appear on your screen. You can reset the steps, distance and calorie counts back to zero.

Power: A power icon appears on your screen. Power off your activity tracker.

13.

FCC STATEMENT

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**Keep manual and all relevant information
for future reference.**

14.

WARRANTY CARD

This warranty covers the original consumer purchaser only and is not transferable.

This warranty covers products that fail to function properly UNDER NORMAL USAGE, due to defects in material or workmanship. Your product will be repaired or replaced at no charge for parts or labor for a period of one year.

What Is Not Covered by Warranty:

Damages or malfunctions not resulting from defects in material or workmanship and damages or malfunctions from other than normal use, including but limited to, repair by unauthorized parties, tampering, modification or accident.

To Obtain Warranty Service and Troubleshooting Information:

Call 1-800-592-9541 or Visit our website at www.vivitar.com.

To receive Warranty service along with the name and address of an authorized product service center, the original consumer purchaser must contact us for problem determination and service procedures. Proof of purchase in the form of a bill of sale or receipted invoice, evidencing that the Product is within the applicable Warranty period(s), MUST be presented in order to obtain the requested service. It is your responsibility to properly package and send any defective products along with a dated copy of proof of purchase, a written explanation of the problem, and a valid return address to the authorized service center at your expense. Do not include any other items or accessories with the defective product. Any products received by the authorized service center that are not covered by warranty will be returned unrepai red.

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