

# FCC Maximum Permissible RF Exposure (MPE) Estimation Report

In accordance with the requirements of  
FCC 47 CFR Part 2(2.1091), ANSI/IEEE C95.1-1992 and  
KDB 447498 D01

**Product Name:** tablet  
**Trademark:** MYXfitness  
**Model Name:** MYX215A  
**Family Model:** N/A  
**Report No.:** S19110100301005  
**FCC ID:** 2AUR9-MYX215A

**Prepared for**

Myx Fitness, LLC

19 W Elm Street, Greenwich, CT 06830 USA.

**Prepared by**

Shenzhen NTEK Testing Technology Co., Ltd.

1/F, Building E, Fenda Science Park, Sanwei Community, Xixiang Street, Bao'an District,  
Shenzhen 518126 P.R.China.

Tel.: +86-755-6115 9388 Fax.: +86-755-6115 6599

Website: <http://www.ntek.org.cn>

TEST RESULT CERTIFICATION

Applicant's name : Myx Fitness, LLC
Address : 19 W Elm Street, Greenwich, CT 06830 USA.
Manufacturer's Name : Shenzhen ELINK Technology Co.,Ltd
Address : 4F, A building, Qiaohongsheng creative industry park ,Yintian
indistrict,Xixiang Road, Baoan district, Shenzhen, China.

Product description

Product name : tablet
Trademark : MYXfitness
Model and/or type reference : MYX215A
Family Model : N/A

Standards : FCC 47 CFR Part 1(1.1310)
FCC 47 CFR Part 2(2.1091)
ANSI/IEEE C95.1-1992
KDB 447498 D01

This device described above has been tested by Shenzhen NTEK. Testing has shown that this device is capable of compliance with MPE specified in FCC 47 CFR Part 2(2.1091) and ANSI/IEEE C95.1-1992. The test results in this report apply only to the tested sample of the stated device/equipment. Other similar device/equipment will not necessarily produce the same results due to production tolerance and measurement uncertainties.

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Date of Test

Date (s) of performance of tests : 05 Nov. 2019 ~ 03 Dec. 2019
Date of Issue : 03 Dec. 2019
Test Result : Pass

Prepared By : Cheng Jiawen
(Test Engineer) (Cheng Jiawen)

Approved By : Sam Chen
(Lab Manager) (Sam Chen)

※ ※ **Revision History** ※ ※

REV.	DESCRIPTION	ISSUED DATE	REMARK
Rev.1.0	Initial Test Report Release	Dec 04, 2019	Cheng Jiawen

## TABLE OF CONTENTS

1	General Information .....	5
1.1	RF Exposure Requirements.....	5
1.1.1	RF Exposure Limits .....	5
1.1.2	Additional Description.....	6
1.2	EUT Description .....	7
1.3	Test specification(s).....	7
1.4	Ambient Condition .....	7
2	RF Output Power .....	8
3	RF Exposure Evaluation .....	10
3.1	Operation in BT .....	10
3.2	Operation in WLAN 2.4G .....	10
3.3	Operation in WLAN 5G .....	10

# 1 General Information

## 1.1 RF Exposure Requirements

### 1.1.1 RF Exposure Limits

**Table - Limits For Maximum Permissible Exposure (MPE)**

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm <sup>2</sup> )	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposure				
0.3-3.0	614	1.63	*100	6
3.0-30	1842/f	4.89/f	*900/f <sup>2</sup>	6
30-300	61.4	0.163	1.0	6
300-1,500			f/300	6
1,500-100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3-1.34	614	1.63	*100	30
1.34-30	824/f	2.19/f	*180/f <sup>2</sup>	30
30-300	27.5	0.073	0.2	30
300-1,500			f/1500	30
1,500-100,000			1.0	30
f = frequency in MHz * = Plane-wave equivalent power density				

A rough estimation of the expected exposure in power flux density on a given point can be made with the following equation:

$$S = \frac{P_t * G_t}{4 * \pi * R^2}$$

Where:

S = Power density (mW/cm<sup>2</sup>)

P<sub>t</sub> = Conducted output power (dBm)

G<sub>t</sub> = numeric gain of the antenna in the direction of interest relative to an isotropic radiator (dBi)

R = distance to the centre of radiation of the antenna (cm)

EIRP = P<sub>t</sub> \* G<sub>t</sub>

The antenna of the product, under normal use condition is at least 20 cm away from the body of the user. Warning statement to the user for keeping at least 20cm separation distance and the prohibition of operating to a person has been printed on the user's manual. Therefore, the S of the device is calculated with R=20cm, and if it is below the limit S, then we can conclude the device complies with the rules.

### 1.1.2 Additional Description

An estimation of MPE in this application for product is used to ensure if it complies to the rules of the standard in the regulation list above.

Maximum permissible exposure (MPE) refers to the RF energy that is acceptable for human exposure. It is broken down into two categories, Occupational/controlled and General population/uncontrolled.

Occupational/controlled limits apply in situations in which persons are exposed as a consequence of their employment provided those persons are fully aware of the potential for exposure and can exercise control over their exposure. Limits for occupational/controlled exposure also apply in situations when an individual is transient through a location where occupational/controlled limits apply provided he or she is made aware of the potential for exposure.

General population/uncontrolled exposures apply in situations in which the general public may be exposed, or in which persons that are exposed as a consequence of their employment may not be fully aware of the potential for exposure or cannot exercise control over their exposure.

We analysis if it comply with the limits for General population/uncontrolled exposure. The FCC's MPE limits for field strength and power density are given in 47CFR 1.1310(Table below).These limits are generally based on recommended exposure guidelines published by the National Council on Radiation Protection and Measurements (NCRP), and also partly based on guidelines recommended by the American National Standards Institute (ANSI) in Section 4.1 of ANSI/IEEE C95.1.

## 1.2 EUT Description

Device Information			
Product Name	tablet		
Trade Name	MYXfitness		
Model Name	MYX215A		
Family Model	N/A		
FCC ID	2AUR9-MYX215A		
Device Phase	Identical Prototype		
Exposure Category	General population / Uncontrolled environment		
Antenna Type	Metal Antenna		
Antenna Gain	4.12dBi dBi for WLAN2.4G and 3.86 dBi WLAN5G		
Device Operating Configurations			
Supporting Mode(s)	WLAN 2.4G/5.2G/5.8G		
Test Modulation	WLAN(DSSS/OFDM)		
Operating Frequency Range(s)	Band	Tx (MHz)	Rx (MHz)
	BT	2402-2480	
	WLAN 2.4G	2412-2462	
	WLAN 5.2G	5180-5240	
	WLAN 5.8G	5745-5825	

## 1.3 Test specification(s)

FCC 47 CFR Part 1(1.1310)
FCC 47 CFR Part 2(2.1091)
ANSI/IEEE C95.1-1992
KDB 447498 D01 General RF Exposure Guidance

## 1.4 Ambient Condition

Ambient temperature	20°C – 24°C
Relative Humidity	30% – 70%

## 2 RF Output Power

### BR+EDR

Condition	Mode	Frequency (MHz)	Antenna	Power (dBm)	Limit (dBm)	Verdict
NVNT	1-DH5	2402	Ant 1	6.568	30	Pass
NVNT	1-DH5	2441	Ant 1	6.545	30	Pass
NVNT	1-DH5	2480	Ant 1	6.116	30	Pass
NVNT	2-DH5	2402	Ant 1	6.09	20.97	Pass
NVNT	2-DH5	2441	Ant 1	6.117	20.97	Pass
NVNT	2-DH5	2480	Ant 1	5.735	20.97	Pass
NVNT	3-DH5	2402	Ant 1	6.168	20.97	Pass
NVNT	3-DH5	2441	Ant 1	6.174	20.97	Pass
NVNT	3-DH5	2480	Ant 1	5.756	20.97	Pass

### BLE

Condition	Mode	Frequency (MHz)	Antenna	Conducted Power (dBm)	Limit (dBm)	Verdict
NVNT	BLE	2402	Ant 1	9.33	30	Pass
NVNT	BLE	2440	Ant 1	9.953	30	Pass
NVNT	BLE	2480	Ant 1	9.922	30	Pass

### 2.4Gwifi

Condition	Mode	Frequency (MHz)	Antenna	Conducted Power (dBm)	Limit (dBm)	Verdict
NVNT	802.11b	2412	Ant 1	13.46	30	Pass
NVNT	802.11b	2437	Ant 1	13.01	30	Pass
NVNT	802.11b	2462	Ant 1	13.24	30	Pass
NVNT	802.11g	2412	Ant 1	12.21	30	Pass
NVNT	802.11g	2437	Ant 1	11.78	30	Pass
NVNT	802.11g	2462	Ant 1	12.08	30	Pass
NVNT	802.11n(HT20)	2412	Ant 1	12.39	30	Pass
NVNT	802.11n(HT20)	2437	Ant 1	11.94	30	Pass
NVNT	802.11n(HT20)	2462	Ant 1	12.18	30	Pass
NVNT	802.11n(HT40)	2422	Ant 1	12.16	30	Pass
NVNT	802.11n(HT40)	2437	Ant 1	11.95	30	Pass
NVNT	802.11n(HT40)	2452	Ant 1	11.99	30	Pass



5.2G wifi

Condition	Mode	Frequency (MHz)	Antenna	Conducted Power (dBm)	Duty Factor (dB)	Total Power (dBm)	Limit (dBm)	Verdict
NVNT	802.11a	5180	Ant 1	9.14	0	9.14	24	Pass
NVNT	802.11a	5200	Ant 1	9.37	0	9.37	24	Pass
NVNT	802.11a	5240	Ant 1	9.71	0	9.71	24	Pass
NVNT	802.11ac20	5180	Ant 1	5.72	0	5.72	24	Pass
NVNT	802.11ac20	5200	Ant 1	5.95	0	5.95	24	Pass
NVNT	802.11ac20	5240	Ant 1	6.28	0	6.28	24	Pass
NVNT	802.11ac40	5190	Ant 1	9.78	0	9.78	24	Pass
NVNT	802.11ac40	5230	Ant 1	9.37	0	9.37	24	Pass
NVNT	802.11n(HT20)	5180	Ant 1	12.47	0	12.47	24	Pass
NVNT	802.11n(HT20)	5200	Ant 1	12.02	0	12.02	24	Pass
NVNT	802.11n(HT20)	5240	Ant 1	9.33	0	11.33	24	Pass
NVNT	802.11n(HT40)	5190	Ant 1	11.56	0	11.56	24	Pass
NVNT	802.11n(HT40)	5230	Ant 1	12.11	0	12.11	24	Pass

5.8G wifi

Condition	Mode	Frequency (MHz)	Antenna	Conducted Power (dBm)	Duty Factor (dB)	Total Power (dBm)	Limit (dBm)	Verdict
NVNT	802.11a	5745	Ant 1	9.85	0	9.85	30	Pass
NVNT	802.11a	5785	Ant 1	9.92	0	9.92	30	Pass
NVNT	802.11a	5825	Ant 1	11.43	0	11.43	30	Pass
NVNT	802.11ac20	5745	Ant 1	7.53	0	7.53	30	Pass
NVNT	802.11ac20	5785	Ant 1	7.54	0	7.54	30	Pass
NVNT	802.11ac20	5825	Ant 1	6.96	0	6.96	30	Pass
NVNT	802.11ac40	5755	Ant 1	10.66	0	10.66	30	Pass
NVNT	802.11ac40	5795	Ant 1	10.43	0	10.43	30	Pass
NVNT	802.11n(HT20)	5745	Ant 1	11.37	0	11.37	30	Pass
NVNT	802.11n(HT20)	5785	Ant 1	9.72	0	9.72	30	Pass
NVNT	802.11n(HT20)	5825	Ant 1	9.53	0	9.53	30	Pass
NVNT	802.11n(HT40)	5755	Ant 1	12.88	0	12.88	30	Pass
NVNT	802.11n(HT40)	5795	Ant 1	12.70	0	12.70	30	Pass

### 3 RF Exposure Evaluation

#### 3.1 Operation in BT

BDR+EDR

Antenna	Maximum output power (dBm)	Gain (dBi)	EIRP (dBm)	EIRP (mW)	R(cm)	S (mW/cm <sup>2</sup> )	MPE Limit (mW/cm <sup>2</sup> )	Conclusion
Ant 1	6.568	4.12	10.688	11.72	20	0.00233	1	Pass

BLE

Antenna	Maximum output power (dBm)	Gain (dBi)	EIRP (dBm)	EIRP (mW)	R(cm)	S (mW/cm <sup>2</sup> )	MPE Limit (mW/cm <sup>2</sup> )	Conclusion
Ant 1	9.953	4.12	14.073	25.54	20	0.00508	1	Pass

#### 3.2 Operation in WLAN 2.4G

Antenna	Maximum output power (dBm)	Gain (dBi)	EIRP (dBm)	EIRP (mW)	R(cm)	S (mW/cm <sup>2</sup> )	MPE Limit (mW/cm <sup>2</sup> )	Conclusion
Ant 1	13.46	4.12	17.58	57.28	20	0.01140	1	Pass

#### 3.3 Operation in WLAN 5G

Antenna	Maximum output power (dBm)	Gain (dBi)	EIRP (dBm)	EIRP (mW)	R(cm)	S (mW/cm <sup>2</sup> )	MPE Limit (mW/cm <sup>2</sup> )	Conclusion
Ant 1	12.88	3.86	16.74	47.21	20	0.00939	1	Pass

This product does not support the requirements under multiple sources.

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