

### 1. Download APP software

Please scan the QR or go to the APP store to download it.



**Tech+Fitness**  
**(ios&Android)**

### 2. Install the battery

Open the back cover, make sure the battery installed correctly, then open the back cover.

Note: use the 1.5V, #7 battery, and +,- polarity.



### 3. ON/OFF

ON: One cycle on the stepper can be auto start.

OFF: Not used after three minutes of use, it can be closed.

### 4. Connection

Make sure that the bluetooth of the phone or ipad is on normally, place the device close to the phone or ipad, enter the app and search for the device in the admin and select the connection.



### 5. WARRANTY CARD

#### Customer Information

First Name  Last Name

Address

City  State  Zip

Phone Number  -  -

E-mail

#### Product Information

Model #  Serial #

Purchase Date     Where you purchased

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## 6. Data sync

After each exercise, open the APP and upload the data to the icloud automatically.



## 7. STATUS INDICATION

For your better experience, we will continue to upgrade the sensor, please keep the phone or iPad connected to the device properly, and ensure the power is not less than 50%.



loading...

## 8. FCC WARNING

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

MODIFICATION: Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the device.

## 9. STATEMENT

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

# Techplus

## Sever GAME INSTRUCTIONS



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