Size: H 5.9" x W 4.7"

Front



INSTRUCTIONS MANUAL



- 1.ON/OFF
- 2.Temperature Control Button
- 3.Low temperature heat therapy
- 4. Medium temperature heat therapy
- 5. High temperature heat therapy
- Vibration massage mode
- 7.Bluetooth light
- 8. Charging indicator light

Operation Guidelines:

- 1. Long Press "ON/OFF button" for 2 seconds, turn on or off
- Short Press "ON/OFF button" to switch 3 modes.

Automatic Mode: Heat Therapy + Massage + Music

Vitality Mode: Massage + Music

Sleeping Mode: Heat Therapy + Music

- 3. Short Press "Temperature Control Button" to change temperature.
- 4. Long press "Temperature Control Button" for 2 seconds to adjust music volume.Volume level: Low-Medium-High-OFF Each long press can switch between different volume levels
- Bluetooth Search Name: EM-004
 Connect via Bluetooth and play music. Volume adjusted through your phone's settings.

Note: Auto shut down after 10 minutes of no activity

Size: H 5.9" x W 4.7"





Important Notice Of Operation:

Please read and follow the instructions carefully before using the product. We are not responsible for the consequences caused by incorrect use or non-compliance with this instruction manual.

- 1. Do not use this product while driving.
- Please do not use this product at excessively high temperature or in extremely damp conditions.
- If you have any pre-existing conditions consult your health care provider before using this item.
- 4. Please avoid using it after drinking alcohol or under the influence.
- When using this product, please do not wear other medical, beauty, health care items and accessories at the used body parts to avoid conflicts and physical injury.
- Please use the power adapter in accordance with national safety standards and pay attention to electrical safety.
- This product is a health product for family, which is not suitable for diagnosis and treatment.
- This product has the heating function. For those who are sensitive to heat, please be cautious when using it.
- 9. Please stop using immediately if you feel uncomfortable during use.
- 10. Do not use the product in the bathroom or other humid environment.
- Do not use the product if you are injured or experiencing any redness and inflammation, or physical abnormality.
- 12. If you need to clean, please wipe with a soft cleaning cloth, and keep the product dry.

FCC Caution:

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

IMPORTANT NOTE:

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- —Reorient or relocate the receiving antenna.
- —Increase the separation between the equipment and receiver.
- —Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- —Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.