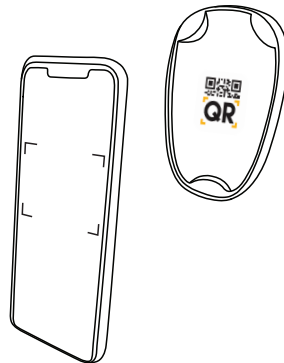


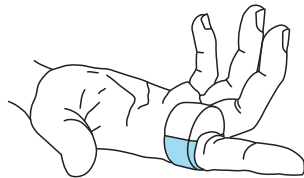
Download dhyana from App Store or Play Store



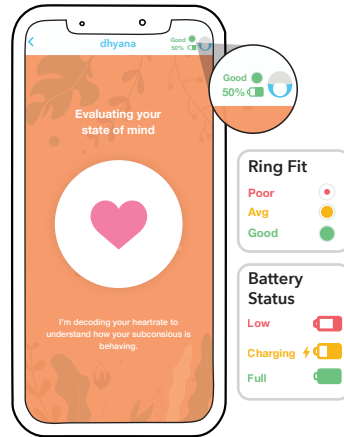
To pair the ring with dhyana app, scan the **QR code** inside the carry case



Wear dhyana on your finger as shown.



For better ring fit signal, try on different fingers and ensure a snug fit with no gap between your finger and the sensor.



Colour indications of the Dock



Solid White - Dock is connected to power supply

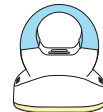


Breathing Blue - Device is charging

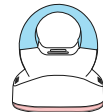


Solid Blue - Device is fully charged

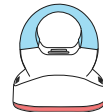
Colour indications of the Dock



Breathing Yellow - Ring is misplaced on the charging dock



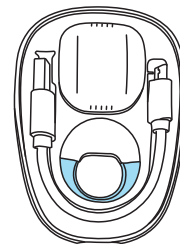
Breathing Red - Device has overheated, unplug power supply



Solid Red - Hardware error, kindly contact us immediately.

NOTE: RED/YELLOW LIGHT FOR A FEW SECONDS DURING CHARGING IS NORMAL

Place the Dock and Dhyana in the carry case, as below.



Thank You for choosing **dhyana**
-Team Avantari

For more information
Visit dhyana website:
www.smartdhyana.com.

For optimal operation of device please read all the instructions carefully.

Do's:

- a. Use the product only as specified or the inbuilt protection of product could be compromised.
- b. We recommend charging the device by plugging it to a PC or a Laptop instead of a wall socket.
- c. Remove the device from the dock after full charge (the Dock glows solid blue when the ring charges 100%).
- d. Store the device in a cool and dry place. Do not expose it to temperatures more than 55 C.

Don'ts:

- a. Do not try to disassemble the device.
- b. Do not use the product around explosive gases and vapours or in a damp environment.
- c. Do not use the device if it overheats. Contact customer care on support@smartdhyana.com

Operating Temperature : -20 °C - 50 °C

**BEFORE DISPOSING THE PRODUCT
CONTACT US AT
support@smartdhyana.com.**

Disclaimer:

The manufacturer does not give warranty, represent or undertake that he will be able to repair or replace any product under the warranty without risk to and / or loss of information and / or data stored on the product. In no event, shall the manufacturer be liable for losses caused by the user's fault, loss of data or loss of profits or benefits.
To obtain warranty service, contact Avantari by using the information given at the back of the booklet. Proof of purchase may be required to verify eligibility.

IMPORTANT RESTRICTIONS FOR SERVICE :

The manufacturer will provide warranty service through one or more of the following options :
a. Carry-in service. You may return your Product to the manufacturer's location offering carry-in service.
b. Mail-in service. If the manufacturer determines that your Product is eligible for mail-in service, the manufacturer may request you to ship your product to the manufacturer's location.

c. Do-it-yourself (DIY) service. DIY service allows you to service your own Product. If DIY service is available in the circumstances, the manufacturer will guide you in accordance with the circumstance.

WARRANTY PERIOD : 6 Months

The 6 month limited warranty is a voluntary manufacturer's warranty. It provides rights separate to rights provided by consumer law, including but not limited to those relating to non-conforming goods.
Under this warranty, you will be able to direct your claims to manufacturer even in situations where you purchased the product from a third party. If a defect arises during the warranty period, Avantari at its discretion will :

- a. Repair the product at no charge using new parts or parts that are equivalent to new in performance- and reliability, or
- b. Exchange the product with a product of equivalent functionality formed from new and/or previously used parts that are equivalent to new in performance and reliability or with your consent,

a product that is at least functionally equivalent to the product it replaces, or
c. Refund the original purchase price.

However this warranty excludes normal depletion of consumable parts such as batteries unless failure has occurred due to a defect in materials or workmanship and, damage resulting from abuse, accident, modifications, unauthorized repairs or other causes that are not defects in materials and workmanship.

For the purpose of recycling to facilitate effective utilization of resources, please return the product to the nearest dismanteler or recycler.

Medical device interference:

dhyana and the charging dock contain components and radios that emit electromagnetic fields. **dhyana**, the charging dock and the case also contain magnets. These electromagnetic fields and magnets may interfere with pacemakers, defibrillators, or other medical devices. Maintain a safe distance of separation between your medical device, ring & case. Consult your physician and medical device manufacturer for information specific to your medical

device. Stop using the device if you suspect they are interfering with your pacemaker, defibrillator, or any other medical device.

Skin irritation:

Prolonged wear of device may lead to skin irritations with some people if not properly cleaned. Clean the device regularly with a soft lint-free cloth. Don't let it get moistured in any openings, or use aerosol sprays, solvents, or abrasives.

Important handling information:

Discoloration of the device, dock and the case after regular use is normal. Dirt, debris, and exposure to moisture may cause discoloration. Before cleaning disconnect the USB cable the dock. Clean the device, dock and the case with a soft, dry, lint-free cloth. Do not use liquids or cleaning products.

Safety and handling instructions

Important Safety Information:

Handle dhyana, the charging dock & the case with care. They contain sensitive electronic components, including batteries, & can be damaged or cause injury if dropped, burned,

punctured, crushed, dismantle, or if excessive heat or liquid. Don't use device if damaged.

Power Off:

To turn off **dhyana**, put it in the case and close it.

Batteries:

Don't attempt to replace dhyana battery yourself—it may get damaged, which could cause overheating and harm.

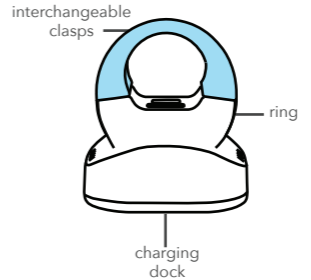
Dhyana Wireless charging dock:

Avoid prolonged skin contact with the charging dock when it is plugged to the power source, the dock may heat up at certain times and may cause discomfort or harm. Take special care if you have a physical condition that affects your ability to feel heat against your body.

Choking hazard:

dhyana, the charging dock and the case may present a choking hazard or cause other injury to small children. Keep it away from children.

dhyana



GETTING STARTED

Regulatory & Safety Notices

Notice to the User: The FCC ID can also be viewed on **dhyana app**.
To view the content:
[More> About > Regulatory & Safety Notices](#)

USA: Federal Communications Commission (FCC) statement
Model : AVDH18JA01
Contains FCC ID : RYYEYSHCN
FCC ID : 2AUGNAVVDH18JA01

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
1. This device may not cause harmful interference and
2. This device must accept any interference, including interference that may cause undesired operation of the device

FCC Warning

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and reciever
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.