Smart Watch

使用说明书

User Guide

Thank you for choosing our smartwatch. You can read this manual to fully understand the use of the device. This device is mainly connected to the mobile phone through Bluetooth for adaptation, providing a variety of practical functions and services to facilitate your operation of the mobile phone, and has developed many Human movement and healthy function. The company reserves the right to modify the contents of this manual without any prior notice.

Instructions

Touch: Swipe left for quick function browsing; swipe right to enter the dial interface, swipe down to enter the control center interface, swipe up to enter the message interface.

Keep

key function, switch key Press and hold for 3 seconds to turn on/ off, short press to turn on/ off the screen, and short press to return to the standby interface on the second or third level interface) Long press for more than 10 seconds is a forced shutdown.

dial switch: After longpressing for on the standby interface, touch to switch the dial.

strap replacement The buckle on the back of the watch is pushed back, and the strap can be easily removed and replaced.

Charging Description

When charging, the watch is reversed, and the charging magnetic attraction is aligned with the contact point. It supports computer USB or mobile phone 5V standard charger, and it is fully charged in 2 hours.

Please note that the two contacts of the charging cable cannot touch conductive objects at the same time, which will cause a short circuit and burn.

Connection between watch and mobile phone

First, the mobile phone needs to download the APP "QWatch Pro" to the mobile phone and install it. There are two ways:

1. IOS/Android mobile phone users.

Scan the QR code below through the mobile browser, or scan it with WeChat, after opening the interface, select Android/iOS in the interface, and open the download using the mobile browser:

The QR code below is for QWatch Pro download

Android/iOS

2. Search "QWatch Pro" in Google Play on Android phones, and download "QWatch Pro" in App Store on Apple phones ;

After the download is complete, there will be various permission reminders during the installation process. Click to agree to all of them. Only when the watch and the mobile phone are connected to Bluetooth 4.0 can all functions be used by steadily.

Bluetooth connection method 5.1 connections: After the installation is complete, open "QWatch Pro" and turn on the mobile phone bluetooth, QWatch Pro will have a notification prompt, click OK, Connection method. Click Add Device on the device interface of the APP, search for the Bluetooth address of the watch and click connect, some Android phones need to turn on the GPS of the mobile phone to search for the Bluetooth name of the watch.

Bluetooth 5.0 connection method: open the mobile phone settings and click on the mobile phone Bluetooth Name: offXX Click to confirm the connection, the watch can play music, Bluetooth connect and hang up the phone, view the phone book and other functions

How to identify a successful Bluetooth connection When the watch pulls down the control center, and the bluetooth icon is displayed in the upper left corner, it means that the bluetooth connection is successful. When the Bluetooth icon is not displayed in the upper left corner, it means that the Bluetooth is not connected.

Simple solutions to common problems: Since the Bluetooth protocols of various mobile phone brands are not unified, sometimes the connection between the mobile phone and the watch is unstable. You can turn off the Bluetooth of the mobile phone and reconnect it again, or restore the watch to the factory settings.

How to set up message notifications:

Go to Settings → Application Management on your phone, find "QWatch Pro" → Permission Management, and open them all. Then enter the notification management → find "QWatch Pro" and open all permissions.

Open "QWatch Pro" device interface → message notification → enable notification access, enter the APP that selects the synchronization information notification, such as QQ WeChat, and select open.

Note: If the computer version of WeChat is online at the same time, the mobile phone will not be able to receive message notification. Some mobile phones also need to add "QWatch Pro" to the power saving whitelist to avoid being turned off by the mobile phone when the battery is low.

What should I do if I can't receive a notification?

First of all, the notification function of the watch is only to synchronize the notification function of the menu bar of the mobile phone, such as incoming call information, QQ WeChat incoming message reminder. if your mobile phone fails to receive the notification, the watch will not receive the notification, you need to set the notification function on the phone, find the corresponding APP, and enable the notification button to open

Main function introductions

dial

Heart rate monitoring

Wear the wrist to maintain the correct measurement posture, enter the heart rate monitoring interface, the watch will automatically start the measurement, and the date will be displayed after 20 seconds; (the continuous heart rate measurement setting can be enabled on the APP side, and the heart rate will be automatically monitored every day during the set time period)

Heart rate monitoring

Wear the wrist to maintain the correct measurement posture, enter the blood oxygen monitoring interface, the watch will automatically start the measurement, and the value will be measured after 30 seconds.

sports records

The watch can choose multiple sports modes for exercise: such as walking, running, cycling, biking, spinning, skipping rope, rowing machine, elliptical machine, yoga, basketball, volleyball, badminton, aerobics, canoeing, roller skating, tennis, football , golf, table tennis, dance, rock climbing, other sports modes, After the exercise is completed, you can enter the connected APP to view the exercise record

sports record: The data after the exercise is completed will be saved in the exercise record by itself, and only the most recent 10 exercise records will be displayed. (Exercise duration is less than 1 minute, data will not be saved)

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sleep information: After connecting to Bluetooth, the watch can display the weather of the day;

Sleep monitoring time: Every night from 10:00 to 8:00 the next morning, your sleep duration and sleep quality will be recorded to help you better adjust your work and rest time and improve sleep quality

Breathing training: Breathing training is a quick way to relax yourself, relieve stress, and replenish your body with oxygen quickly. A total of 3 speed options are provided: soothing, slightly faster, slightly slower, breathing time can be selected: 1~5 minutes

Step count information: You can view the number of steps taken, calorie consumption and distance walked for the day. At 12:00 every night, the data of the day will be saved and reset to 0;

camera control

When the watch is connected to the APP, open the APP, tap the watch to take a photo, and the APP will enter the camera interface, tap the watch to take a photo or shake it to take a photo, and the photo will be stored in the mobile phone album;

find phone

Click on the APP to find the device, and the watch will vibrate to remind; click on the watch to find the mobile phone, and the mobile phone connected to the APP will vibrate/ringtone;

information

You can query real-time news such as QQ/WeChat. This function needs to be used after connecting to the "QWatch Pro"+APP on the mobile phone;

music control

When the watch is connected to the APP, open the mobile phone music player, and the watch can control and play the music on the mobile phone;

timing

You can select the needful time for timing

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weather

After connecting to Bluetooth, the watch can display the weather of the day;

Note: You need to go to the phone system settings to turn on the "Location" permission to synchronize the weather display

stopwatch

Turn on the function to time and record a single time

calculator Consistent with the use of ordinary calculators on mobile phones

Setting:

Screen off timing

In the APP device interface, click Move to find the watch screen time. Customers can adjust the watch screen off time according to their needs.

Raise your wrist to brighten the screen It can be turned off/on on the watch; normally lift the wrist when wearing the hand, when the wrist lift is turned on, the watch screen will automatically light up, when the wrist lift is turned off, the watch screen will not automatically light up; you need to press the switch button to turn on the screen ;

brightness: You can adjust the brightness of the watch screen according to your needs.

When it is turned on, the watch will not receive any notification reminders (except the alarm clock) within the do not disturb time range, and the vibration will be turned off automatically.

Customers can adjust the vibration intensity according to their needs.

night brightness mode: After it is turned on, within the nighttime brightness range, the watch brightness will automatically drop to 1st gear

component settings: In the shortcut function interface, long press the screen on any interface, or select the component editing function in the settings to enter the editing interface, and click the icons "+" and "-" to delete or add components.

time format: 12 or 24 hour clock can be set.

date format: Date display mode can be set.

Reset:

Click to restore factory settings, all data on the watch will be cleared to zero, please click prudently!

language switch: Language can be switched on the watch;

About: You can view the watch model, software version and MAC address;

shutdown: Click OK on the shutdown function interface to shut down the watch; shutting down the watch will not clear the watch data

Connect your phone: Use a third-party tool to scan the code to download the APP; click Add Device on the device interface of the APP, search for the Bluetooth address of the watch, and click Connect.

Warranty Descriptions

1. When this product is in normal use, if there are product quality problems caused by manufacturing, materials, design, etc., it will be guaranteed for half a year from the date of purchase.

Man-made damage will be repaired according to the material quotation

2. No free warranty is provided due to the failure caused by the user, as follows:

1) Failure caused by unauthorized disassembly, modification of the watch, etc.

2) Failure caused by accidental falling during use.

3) All reasonable damage or due to the fault of a third party, misuse (such as water in the host machine, external force cracking, scratches on peripheral components)

3. When asking for free warranty, please indicate the date and time of purchase before warranty is available.

4. When the user repairs the product, please take the product to the company or the company's distribution point.

5. All functions of this product are based on physical objects.

FC

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could

void the user's authority to operate the equipment.