Da Fit

User Manual 1.1.0

1 | Warning ▶▶▶▶

Please consult your doctor before starting a new exercise program. Although the smart watch can monitor your health data, it can't be used for any medical purpose. It is designed to help people live healthier lives. Please remember to consult your doctor before starting any exercise and diet plan.

2 | Device requirements ▶▶▶▶

This product supports devices with iOS 9.0, Android 5.0 and above, and Bluetooth 4.0. Android 6.0 and above devices need to open the GPS permission to use.

3 | Charging ▶▶▶▶

In order to ensure good charging contact, please keep the metal contact free of dirt, oxidation and impurities. if the device is idle for a long time, please remember to recharge at least once a month.

a. Please align the magnetic absorption line with the metal sheet of the bottom shell, and the magnet will automatically charge the positive and negative electrodes.
b. Please ensure that the charging contact is free of dirt and impurities. If there is, please wipe it clean to avoid affecting the charging.
c. Plug the USB into the 5V500MA charging stand, and it can be fully charged in 2-3 hours.

4.1 Power on: Charge or press the smart watch side button for 3 seconds.

4.2 Install APP: Scan QR code through mobile phone, or search "**Da Fit**" APP in App Store, Google Play to download and install.

4.3 Connection of mobile APP to smartwatch:

Open "**Da Fit**" APP, set personal information, and allow APP to obtain the mobile phone permission, turn on **GPS** positioning service according to the APP connection wizard, turn on the Bluetooth of the phone, and search for "**Smart Watch**" in the APP to complete the connection.

4.3.1 Apple Device: When the watch is connected to the App, the system will pop up a prompt of "Bluetooth Pairing Request". Select "Pair", then select "Allow" to allow the App to display iPhone notifications, and turn on the App's notification switch to allow the watch to receive push notification alerts from iOS.

Bluetooth Pairing Request

"Smart Watch" would like to pair with your iPhone.

Cancel   Pair 👆

Allow Smart Watch to display your iPhone notifications?

When this accessory is connected, all the notifications you receive will appear on its display.
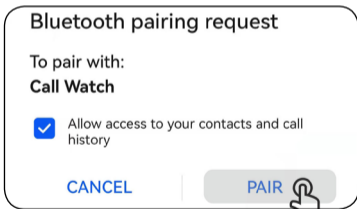
Don't Allow   Allow 👆

4.3.2 Connection of Android Device:

After the APP is successfully connected to some Android phones, the Bluetooth pairing request window "**Call Watch**" of the system will automatically pop up. Select "**Pairing**".(You need to set the App running permission in "Background Operation Protection Guide" in the interface "Personal Center" of the App, or enable the App background operation permission in Mobile Manager and Settings, enable Self-start, set the high power consumption protection, white list, etc., and disable the power saving mode of the mobile phone, otherwise the APP will be cleared by the system and disconnected from the smart watch.)

Bluetooth pairing request

To pair with:
Call Watch

☑ Allow access to your contacts and call history

CANCEL   PAIR

4.3.3 Pairing for Bluetooth Call

1. Enable the call function on the call interface;

2. The watch starts Bluetooth broadcast and waits for the mobile phone to be connected;

3. Search for "**Call Watch**" in the Bluetooth function of the mobile

4. Pairing successful

Note: After successfully connecting the "**Call Watch**" in the Bluetooth setting of the mobile phone, you can make and receive calls through the smart watch.

4.3.4 Contact Settings:

Add the contact information in "**Quick Communication**" of the APP interface and synchronize it to the contact function of the watch for display. You can call your contact numbers on the watch.

4.3.5 Unbind:

Unbind Android device: Click Unbind on the app device to unbind the smart watch and the app.

Unbind Apple device: Click on the device in the app to unbind the smart watch and the app; Enter the phone settings-Bluetooth, click the exclamation mark behind the name Smart Watch, and click Ignore this device in the pop-up dialog box.The phone will be completely disconnected from the watch.

4.3.6 Unpair Bluetooth Call: Tap the paired Call Watch device in the phone's Bluetooth setting, click Unpair to unbind.

5 Precautions

5.1. In theory, the smart watch supports operating system iOS9.0, Android5.0 or above and Bluetooth 4.0 devices, but not all mobile device models. Please refer to the actual conditions for details.

5.2. The product is charged with 5V500MA. It is strictly forbidden to use the overvoltage load power supply to avoid hardware damage.

5.3. The smart watch battery is built-in and cannot be removed. Please do not try to replace the battery.

5.4. The operating environment of the wristband is 0°C to 45°C ;Charging temperature: 0°C to 40°C .

5.5. Please note when wearing: if you are sensitive skin or wearing the Smart Watch too tightly, you may feel uncomfortable.

5.6. Please wipe the smart watch dry before charging. Otherwise, it will lead to failure or corrosion of charging contact point.

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

To assure continued compliance, any changes or modifications not expressly approved by the party.

Responsible for compliance could void the user's authority to operate this equipment. (Example- use only shielded interface cables when connecting to computer or peripheral devices).

This equipment complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) This device must accept any interference received, including interference that may cause undesired operation.

RF warning statement:

The device has been evaluated to meet general RF exposure requirement.

CE Maintenance

1.Risk of explosion if battery is replaced by an incorrect type. Dispose of used batteries accordingto the instructions.

2.EUT Operating temperature range: 0° C to 45° C .

3.The device complies with RF specifications when the device used at 0mm from your your body.

4.The Lithium-ion Polymer Battery 502030:3.7V,250mAh.

Charging temperature limit:0° C to 40° C

Declaration of Conformity

Hereby, SHENZHEN LOOKCARE INDUSTRY CO., LTD declares that this Smart Watch product is in compliance with the essential requirements and other relevant provisions of Directive 2014/53/EU.

Bluetooh Frequency Range:

2402 – 2480MHz, Maximum E.I.P.R.: – 0.23dbm(Max.)

This product is allowed to be used in all EU member states.

CE

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