



Transformational
Technology™

User Guide

WARNING!



READ WARNINGS BEFORE USE

Use with eyes closed.

Do not use if you are
bothered by flashing lights
or you have epilepsy.

A very small portion of the population may experience epileptic seizures when exposed to flashing lights or patterns which are commonly present in the daily environment.

These persons may experience seizures when watching some television or movie content, or while using this product.

Persons who have not had previous seizures may nonetheless have an undetected epileptic condition. Prior to using this product, consult with your physician if you experience any of the following symptoms when viewing flashing lights:

Altered vision
Muscle twitching
Other involuntary movement
Loss of awareness of your surroundings
Mental confusion
Convulsions

WARNING!



READ WARNINGS BEFORE USE

1. Only use the NuYu® while seated or lying down.
2. Never use the NuYu® while driving or operating any other equipment of device.
3. The NuYu® should not be used by any person with any form of epilepsy or photosensitivity, or by anyone who is disturbed by flashing lights.
4. If you feel uncomfortable while using the NuYu®, STOP USING IT IMMEDIATELY.
5. Do not use the NuYu® if you have a pacemaker, suffer a heart disorder, or are taking stimulants, tranquilizers, psychotropic medications, alcohol or recreational drugs.
6. Individuals who have never had seizure may have a small chance of being photosensitive, and NuYu® may cause a seizure. For more seizure information see the Medical Disclaimer at the end of this booklet.
7. The NuYu® is intended for entertainment and non-medical use only. No medical claims are expressed or implied. This is not a medical device and should not be used for any medical condition. It is not attend to affect any function of the human body.

What's included

Unpack this box carefully. You will find the following included items:

The NuYu® Visor
The NuYu® cloth travel pouch
Right and left earbuds for the NuYu™ System
Micro USB to USB cable
User Guide

How NuYu® works

Using Bluetooth technology, the NuYu® visor imports NuYu® programs from the NuYu™ website library via the NuYu® app. Programs vary widely and are associated with the individual goals of the NuYu® user.

Each program combines a combination of customized audio content and a synchronized matrix of flashing light patterns using the two pairs of LEDs in front of your eyes, on the inside surface of the visor.

The flashing lights must be viewed with closed eyes. Sufficient light will come through your eyelids to create the desired response: changing undesirable behavior, exercising and opening your mind, and entertaining you with visual and auditory worlds that are the creation of your own imagination.

Getting started, cont.

Step 1: Charge the NuYu battery.

The NuYu® is powered by a rechargeable internal lithium ion battery. Before using your NuYu® for the first time, charge the battery overnight using the included Micro USB to USB cable. Red LED will be on while charging. Green LED will be on when fully charged. Do not charge the device for more than 10 hours.

Disconnect the charging cable when not in use.



Micro USB port
for charging

[User Guide continues on opposite side]



Transformational
Technology™

Designed in California, USA

For information, please contact
www.mindtech.com/contact-2

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registered trademarks of Mindtech, Inc.

Information in this User Guide is subject to change
without notice.

Serial Number:

Made in China

Getting started, cont.

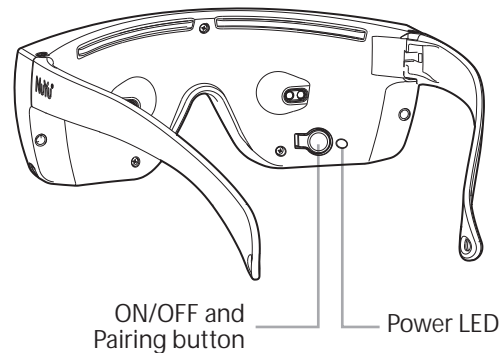
Step 2: Download the NuYu App.

Download the NuYu® app to your phone or tablet from either the Apple APP Store or the Google Play Store.



Step 3: Pair the NuYu® with your smartphone or tablet.

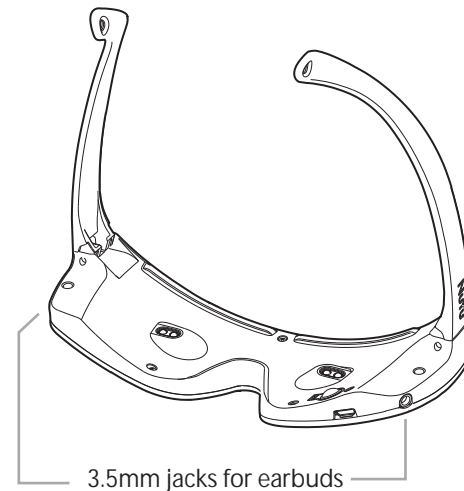
Follow the instructions for your smartphone or tablet to complete pairing. Press and hold the small button on the inside face of the NuYu® visor for 5 seconds to initiate pairing.



Getting started, cont.

Step 4: Plug in the NuYu headphones.

The NuYu® earbuds are designed to be used with the NuYu® visor, delivering audio imaging associated with the downloaded NuYu® content (however, both of the 3.5mm jacks on the NuYu® are full stereo, so you can use your favorite headphones if you prefer).



Getting started, cont.

Step 5: Select a location for use.

Find a place you can sit or lie down where you will not be disturbed.

Step 6: Open the NuYu® App and listen to sample programs and download programs of your choice.

(Please note that when you listen to a sample of a program, the lights will not operate.)

Step 7: Play the selected program. Keep your eyes closed when you are using the NuYu® visor.

Put on your earbuds. Press the play button in the app to begin playing a program. Use the app to adjust the volume to a desirable level.

There is a 10-second delay after you press PLAY to give you a moment to adjust the volume level on the your smartphone app before you put on the visor.

Step 8: Put on your NuYu® visor and close your eyes.

For safety, KEEP YOUR EYES CLOSED WHENEVER YOU WEAR THE NUYU VISOR. It was designed to work with your eyes closed.

When you are done using the NuYu® visor, remove it and press the button for 5 seconds to turn it off.

About the NuYu® programs

The NuYu® merges principles of behavioral psychology and neuro-physiological research with powerful light and sound technology.

The audio portion of each program is combined with an appropriate light matrix to maximize your experience and help you to achieve your personal goals. Programs can found in NuYu® App in three categories:

Self-Improvement Pure Light and Sound Meditation and Relaxation

Self-Improvement Programs

These are programs designed to help you to change habits and behaviors. The NuYu® uses *Four Part Induction* and *Dual Induction*.

Four Part Induction
Four Part Induction has four distinct sections. The first few minutes (Part 1) are devoted to relaxation and increasing your receptivity to suggestions. Parts 2 - 4 follow a progression in tense and authority as follows:

About the NuYu® programs, cont.

(Four Part Induction. cont.)

Part 2 Future Authority: "You will change from the inside out..."

Part 3 Future Acceptance: "I will change from the inside out..."

Part 4 Present Authority: "You are changed from the inside out..."

Dual Induction

Dual Induction is the alternating of Present Authority and Acceptance suggestions as they overlap and move from ear to ear in a seemingly random pattern.

Pure Light and Sound

These programs use extremely complex sound-scapes combined with equally complex light patterns designed to exercise and open your mind, as well as to entertain you with visual and auditory worlds that are the pure creation of your own imagination.

Meditation and Relaxation

These programs are combinations of sounds of nature, music, bells or pure tones to create a deep sense of inner peace and harmony. You should try a variety to find those that are most harmonious with your inner self.

Limited Warranty

Mindtech, Inc., warrants to the original owner/user that this Mindtech NuYu® will be free from defects in material or workmanship for twelve (12) months from the date of original purchase.

Limitations and Exclusions

Mindtech's obligations under this warranty and the sole remedy for its breach are limited to repair (at its facility) of any of the parts of the Mindtech system which prove to be defective, or, in its sole discretion, replacement of such parts. All returns of defective parts may be made only after obtaining a Return Authorization Number (RMA) after contacting www.mindtech.com/contact-2. Authorized returns must be shipped prepaid.

The warranty provided herein shall be void and of no effect in the event that the product has been subjected to misuse, neglect, accident or improper maintenance.

The warranty provided herein is for repair and replacement only. Mindtech, Inc. shall not be liable for any loss, cost, damage, or expense of any kind arising out of breach of the warranty.

Further, Mindtech, Inc. shall not be liable for any incidental, consequential, exemplary, special or punitive damages arising out of a breach of this warranty. In no even will Mindtech, Inc. be liable for any amount greater than the purchase price of a defective product.

MINDTECH, INC. SPECIFICALLY DISCLAIMS ALL OTHER EXPRESS OR IMPLIED WARRANTIES. No person or entity is authorized to bind Mindtech, Inc. to any other warranty, obligation or liability.

NOTICE

– ANDROID USERS –

The NuYu Visor works with all iPhones. However, it may not work with some Android smartphones due to a limitation in the ability of these phones to transmit all the Bluetooth data to the NuYu visor.

If your NuYu Visor does not work with your Android smartphone, please email us at:

inquiries@mindtech.com

and we will send you a prepaid return label for you to return your Visor. After we receive your visor we will issue you a full refund.

– HEADPHONE USERS –

The NuYu Visor is compatible with the earbuds supplied or with your own headphones. If you prefer to use headphones other than the earbuds supplied, simply plug them into one of the headphone jacks on the side of the NuYu Visor.

**Mindtech, Inc.
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FCC WARNING

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference in radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and the receiver.

Connect the equipment to an outlet or circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

FCC ID: 2ATI3-M01