

FOREO

UFO™ 3 LED

DEEP HYDRATION FACIAL DEVICE

With Near-Infrared LED

[insert image]

FULL USER MANUAL

GETTING STARTED

Congratulations on taking the first step toward out-of-this-world skincare by acquiring UFO™ 3 LED. Before you begin to enjoy all the benefits of sophisticated spa technology in the comfort of your home, please take a few moments to carefully read the instructions in this manual.

Please **READ ALL INSTRUCTIONS BEFORE USE** and utilize this product only for its intended use as described in this manual.

WARNING: NO MODIFICATION OF THIS EQUIPMENT IS ALLOWED.

UFO™ 3 LED OVERVIEW

Deeply hydrates with a heated mask, while treating signs of aging on the skin with concentrated NIR+red LED light therapy - for an instantly radiant, healthy-looking complexion. Clinically proven to increase skin moisture levels by 126% in just 2 mins.

GETTING TO KNOW YOUR UFO™ 3 LED

[insert diagram of device front, back, and mask - then a picture of app]

FEATURES

FULL-SPECTRUM LED LIGHT

Helps skin look visibly rejuvenated for a naturally refined complexion

T-SONIC™ PULSATIONS

Gentle pulsations deliver a soothing facial massage to boost skin's radiance.

ULTRA-HYGIENIC SILICONE

Bacteria-resistant and super soft.

NIR + RED LED LIGHT

Improves signs of aging while gently warming to soften skin, so mask ingredients can infuse into the deepest layers.

ATTACHMENT RING

Secures UFO™ Activated Mask in place.

UNIVERSAL BUTTON

Turns device on / off, puts device in Bluetooth pairing mode & allows you to switch between different treatments.

CHARGING PORT

Up to 60 mins of use per full charge.

[\[insert diagrams along bottom\]](#)

UFO™ ACTIVATED MASKS

Luxuriously soft masks exclusively formulated for use with UFO™ devices.

FOREO APP

Allows you to access pre-set guided mask treatments, and more settings.

USB CHARGING CABLE

Charge anytime, anywhere with USB cable.

SLEEK & STYLISH STAND

Protects and displays your UFO™ 3 LED, while helping it to dry quickly.

UNLOCK YOUR DEVICE

Before first use, download the FOREO For You mobile app to unlock and register your device. Follow these simple steps;

1. Download the FOREO For You app on your mobile phone.
2. Log in to your account or sign up for a new one.
3. Add device (on the top of your screen).
4. Choose device series.
5. Press and hold the universal button to connect your device to the mobile app.
6. Secure mask on device by clipping the attachment ring in place, with FOREO logo facing up.
7. Fill in the purchase information.

And your device is ready to use!

HOW TO USE: [layout should be similar to final version of UFO 2 online manual here]

UFO™ ACTIVATED MASKS

[[how to use section images****](#)]

Image 1: Remove the attachment ring from UFO™ 3 LED.

Image 2: Remove UFO™ Activated Mask from the sachet.

Image 3: Secure mask on device by clipping the attachment ring in place, with FOREO logo facing up.

Image 4: Enjoy your deep facial hydration treatment!

Start with clean, dry skin. We recommend cleansing with LUNA™ first for best results.

1. Turn on UFO™ 3 LED by pressing the universal button. Press the universal button again to access your preferred treatment.

[Insert an image of instructions from slide 7 of UFO 3 Product Announcement PPT, on the side of this how to use section. Please adjust to UFO 3 LED so that 1 time (press) triggers NIR & RED LED + HEAT + T-SONIC™]

2. With a mask secured to your device, gently glide UFO™ 3 LED across your skin, distributing the mask essence evenly.

3. Using the UFO™ 3 LED device, massage the formula into your skin with a circular motion. Move the device in a clockwise circle around the face, starting on the chin, then moving up to the right cheek and the forehead. Continue down the left cheek to the chin and neck. Repeat this movement until the treatment ends.

4. Gently pat any remaining essence into your skin. We recommend following with FOREO SUPERCHARGED™ moisturizer.

* For the eye mask, gently glide around the entire eye contour, alternating between the left and right eye until the treatment ends.

Once the device is on, press the universal button:

1 time for RED LED + HEAT + T-SONIC™

2 times for ORANGE LED + HEAT + T-SONIC™

3 times for YELLOW LED + T-SONIC™

4 times for GREEN LED + T-SONIC™

5 times for PURPLE LED + T-SONIC™

6 times for BLUE LED + COOLING + T-SONIC™

7 times for CYAN LED + COOLING + T-SONIC™

8 times for WHITE LED + T-SONIC™

FOREO SHEET MASKS

1. Gently unfold your FOREO sheet mask and place it on your face, adjusting around the eyes and mouth.

2. Using the UFO™ 3 LED device, massage the formula into your skin with a circular motion. Move the device in a clockwise circle around the face, starting on the chin, then moving up to the right cheek and the forehead. Continue down the left cheek to the chin. Repeat this movement until the treatment ends.

3. Leave the FOREO sheet mask on for another 10 minutes, or dispose of it as you prefer. Gently pat any remaining essence into your skin. We recommend following with FOREO SUPERCHARGED™ moisturizer.

FOREO FOR YOU MOBILE APP

[app section images****]

FOREO For You mobile app offers instructions on how to use and take care of your UFO™ 3 LED, control settings, access guided treatments, and find your device in case you've misplaced it.

TREATMENTS

Choose between 14 pre-programmed mask treatments that correspond with each UFO mask. Treatments last for 90 seconds or 2 minutes, depending on the mask you choose. All you need to do is relax and enjoy while the App guides you through the treatment explaining the benefits of each technology.

If one UFO™ 3 LED treatment wasn't enough, press the universal button again within 30 seconds after the end of the treatment to start it over again!

SETTINGS

Your device's default mode allows you to access 8 customized treatments at the push of a button. However, you can switch to 'mask mode' if you prefer, by clicking the menu button in the top right corner of the screen.

DEFAULT MODE

UFO™ 3 mini's default mode allows you to customize the 8 treatments set to your device for offline use. For each LED color, you can choose to:

- Add heating NIR + Red Thermo-Therapy, cooling Cryo-Therapy or no temperature.
- Adjust the T-Sonic™ massage intensity.
- Adjust the Auto-Off Time to make your treatment duration longer or shorter.

MASK MODE

Mask mode allows you to save 7 pre-programmed mask treatments and 1 customized treatment to your device for offline use.

- Make My Day and Call It a Night pre-programmed mask treatments are pre-set to the

first two slots.

- The third slot is reserved for your customized treatment.
- Add any other UFO™ or FOREO pre-programmed mask treatment by pressing the plus button.

The treatments can be accessed offline by pressing the universal button. For example, if you want to access the treatment you have saved on the 5th slot, turn the device on and press the universal button 5 times (all 5 indicator slots will light up), and the pre-programmed treatment will start immediately.

SMART CONTROL

Try out all UFO™ 3 LED features, using your phone as a remote control - including full spectrum LED, T-Sonic™ pulsations, cooling or warming!

CLEANING UFO™ 3 LED

Always clean UFO™ 3 LED thoroughly after use. Wash the device and plastic ring with soap and then rinse with warm water. Pat dry with a lint-free cloth or towel. After use, we recommend spraying the device with FOREO's Silicone Cleaning Spray and rinsing it with warm water for optimal results, then placing the device on the stand to dry.

NOTE: Never use cleaning products containing alcohol, petrol, or acetone, as they may irritate the skin and damage the silicone.

FOREO MASKS

[layout, copy and images should be exactly the same as UFO 2 online manual]

Daily Duo Collection

[add mask images]

Make my Day

- Hydrating & Anti-Pollution
- Hyaluronic Acid + Red Algae
- Ideal for dryness and dehydration

Call It a Night

- Revitalizing & Nourishing
- Ginseng + Olive Oil
- Ideal for fine lines and dryness

Advanced Collection 2.0

[\[add mask images\]](#)

H2Overdose

- Ultra Hydrating
- Hyaluronic Acid + Snow Mushroom + Ceramide + Vitamin E + Vitamin B5
- Ideal for dryness and dehydration

Glow Addict

- Advanced Brightening
- Pearl Extract + Niacinamide + Vitamin E + Vitamin C + Jojoba Oil
- Ideal for dullness and loss of radiance

Shimmer Freak

- Illuminating Eye Perfector
- Caffeine + Rose Water + Niacinamide + Vitamin B5 + Cranberry Extract
- Ideal for dark circles and puffiness

Matte Maniac

- Extra Purifying
- Charcoal + Witch Hazel + Centella Asiatica + Snow Lotus + Chrysanthemum
- Ideal for blemishes and enlarged pores

Youth Junkie

- Intensive Renewal
- Collagen + Peptides + Olive Oil + Shea Butter + Jojoba Oil
- Ideal for wrinkles and dryness

Farm To Face Collection

[\[add mask images\]](#)

Acai Berry

- Smoothing
- Shea Butter + Jojoba Seed Oil + Green Tea + Tripeptide + Gotu Kola

- Ideal for diminished elasticity and dull skin

Manuka Honey

- Revitalizing
- Allantoin + Betaine + 17 Amino Acids + Panthenol
- Ideal for dryness and aging skin

Cannabis Seed Oil

- Calming
- Chamomile + Vitamin C + Vitamin E + Allantoin
- Ideal for acne, redness, and sensitive skin

Bulgarian Rose

- Hydrating
- Jojoba Seed Oil + Hyaluronic Acid + Vitamin E + Olive Oil + Silk Amino Acids
- Ideal for dehydration and dullness

Green Tea

- Purifying
- Ulmus Extract + Evening Primrose Oil + Pine Needles Extract + Kudzu Root
- Ideal for oiliness and blemishes

Coconut Oil

- Nourishing
- Baobab Seed Oil + Jojoba Seed Oil + Sweet Almond Oil + Olive Oil + Shea Butter + Squalane + Ceramides + Rosehip Oil
- Ideal for dryness and dehydration

IMPORTANT

FOR OPTIMUM SAFETY:

Your UFO™ 3 LED device is intended to be used in conjunction with UFO™ Activated Masks or FOREO masks only. At no time should the device be placed directly onto the skin/face with power on.

- If you have a skin condition or any medical concerns, please consult a dermatologist before use.
- Using UFO™ 3 LED should be comfortable if you experience discomfort, discontinue use immediately and consult a physician.
- Exercise particular care when using UFO™ 3 LED around the under-eye regions and do not bring

the device into contact with the eyelids or eyes themselves.

- For reasons of hygiene, we do not recommend sharing your UFO™ 3 LED with anyone else.
 - Avoid leaving your UFO™ 3 LED in direct sunlight, and never expose it to extreme heat or boiling water.
 - UFO™ 3 LED has a heated surface. Those sensitive to heat must use caution and care when using this device.
 - Close supervision is necessary when this device is used by, on, or near children, as well as those with reduced physical and mental abilities.
 - Discontinue use if this product appears damaged in any way. This product contains no serviceable parts.
 - Use this device only for its intended use as described in this manual. If you do not find the answer to your specific question, or if you have any other questions regarding the device's operation, please visit www.foreo.com
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TROUBLESHOOTING

Precautions to be taken in the event of changes in the performance of UFO™ 3 LED.

If UFO™ 3 LED is not activated when pressing the universal button:

- Battery is empty. Charge your UFO™ 3 LED via USB charger until the light emits a steady glow. A full charge will last up to 60 mins.

If UFO™ 3 LED cannot be switched off and/or interface buttons do not respond:

- Microprocessor is temporarily malfunctioning. Press and hold the button to restart the device.

If UFO™ 3 LED won't sync to the FOREO app:

- Ensure that your device is fully charged and that your Bluetooth is turned on.
 - Switch your Bluetooth off and then on again to try reconnecting.
 - Close the FOREO app and then reopen it to restart the process.
 - Delete and reinstall the application - perhaps the application simply needs to be updated.
 - After deleting and reinstalling the application, make sure to restart your phone.
 - Delete your phone's cookies and cache memory.
 - Ensure that your mobile's operating system has been updated to the latest version.
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WARRANTY TERMS & CONDITIONS

REGISTER WARRANTY

To activate your 2-Year Limited Warranty, register by downloading the FOREO For You app and following the instructions provided.

2-YEAR LIMITED WARRANTY

FOREO warrants this device for a period of TWO (2) YEARS (except in countries where national law requires a longer minimum guarantee) after the original date of purchase against defects due to faulty workmanship or materials arising from Normal Use of the device. The warranty covers working parts that affect the function of the device. It does NOT cover cosmetic deterioration caused by fair wear and tear, or damage caused by accident, misuse or neglect. Any attempt to open or take apart the device (or its accessories) will void the warranty.

If you discover a defect and notify FOREO during the warranty period, FOREO will, at its discretion, replace the device free of charge. Claims under warranty must be supported by reasonable evidence that the date of the claim is within the warranty period. To validate your warranty, please keep your original purchase receipt together with these warranty conditions for the duration of the warranty period.

To claim your warranty, you must log in to your account at www.foreo.com and then select the option to make a warranty claim. Shipping costs are non-refundable. This undertaking is in addition to your statutory rights as a consumer and does not affect those rights in any way.

DISPOSAL INFORMATION

Disposal of old electronic equipment (applicable in the EU and other European countries with separate waste collection systems).

[\[insert all symbols here\]](#)



The crossed-out dustbin symbol indicates that this device should not be treated as household waste, but rather be brought to the appropriate collection point for recycling of electrical and electronic equipment. By ensuring this device is disposed of correctly, you will help prevent the potential negative consequences for the environment and human health which could be caused by inappropriate waste handling of the product. The recycling of materials will also help conserve

natural resources.

For more information about the recycling of your device, please contact your local household waste disposal service or your place of purchase.

SPECIFICATIONS

MATERIALS: Body-safe silicone & PC + ABS, Aluminium Alloy

COLOR: Fuchsia

SIZE: 72.5 mm x 32 mm

WEIGHT: 96 g

BATTERY: 520 mah 3.7 V

TEMPERATURE: 45 Degrees Celsius

USAGE: up to 60 minutes of use per charge

STANDBY: 90 days

FREQUENCY: 180 Hz

MAX NOISE LEVEL: <50 dB

INTERFACE: 1-button

Disclaimer: Users of this device do so at their own risk. Neither FOREO nor its retailers assume any responsibility or liability for any injuries or damages, physical or otherwise, resulting directly or indirectly from the use of this device. Furthermore, FOREO reserves the right to revise this publication and to make changes from time to time in the contents thereof without obligation to notify any person of such revision or changes.

CAUTION: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s).

Operation is subject to the following two conditions:

- (1) This device may not cause interference.

(2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'appareil contient des émetteurs/récepteurs exempts de licence qui sont conformes aux CNR exempts de licence d'Innovation, Sciences et Développement économique Canada. L'exploitation est soumise aux deux conditions suivantes :

- (1) l'appareil ne doit pas produire de brouillage,
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Model may be changed for improvements without notice.

FAQs

UFO™ 3 LED BASICS

1. WHAT SHOULD I DO AFTER I RECEIVE MY UFO™ 3 LED DEVICE?

Congratulations on discovering smarter skincare! First things first - download the FOREO For You app for free, to unlock and register your device. (For more information, please refer to the section below titled 'THE APP').

2. HOW DO I START MY FIRST TREATMENT?

First, clean and dry your face and neck carefully - we recommend cleansing with LUNA™ first for best results. Next, attach a UFO™ Activated Mask to your UFO™ 3 LED device, or place a FOREO sheet mask on your face. Then press the universal button on your device to turn it on, and select your preferred treatment by pressing the universal button again, or via the app. For more information, please refer to the How To Use guide above.

3. HOW DO I TURN MY UFO™ 3 LED DEVICE ON / OFF?

Press the universal button on your UFO™ 3 LED device to turn it on. To turn your device off, press and hold the universal button for 3 seconds. After completing a pre-programmed mask treatment, the device will turn off automatically.

4. WHAT COMES WITH MY UFO™ 3 LED?

UFO™ 3 LED, USB Charging Cable, Device Stand, Quick Start Guide, User Manual.

THE UFO™ 3 LED DEVICE

5. HOW OFTEN CAN I USE MY UFO™ 3 LED DEVICE?

UFO™ 3 LED mask treatments have been developed for twice-a-day use, morning and evening. However, depending on your skin's needs and your personal preferences, you can use it more or less.

6. HOW LONG DOES EACH TREATMENT TAKE?

Pre-programmed mask treatments last 90 seconds or 2 minutes depending on the mask you choose. For customized treatments, you can set your treatment time preferences.

7. IS EACH UFO™ 3 LED PRE-PROGRAMMED MASK TREATMENT THE SAME?

No. Each UFO™ Activated Mask and FOREO Sheet Mask pairs with a unique treatment for optimal results.

8. IS MY UFO™ 3 LED DEVICE SAFE TO USE ON SENSITIVE SKIN?

UFO™ 3 devices are safe to use and suitable for all skin types. Furthermore, depending on your skin's specific needs, you can choose from a range of different FOREO masks that cater to different skincare desires.

9. CAN I USE MY UFO™ 3 LED DEVICE AROUND THE EYE AREA?

Yes, UFO™ 3 devices are safe to be used under the eyes. We recommend gently gliding the device around the eye area, being careful to apply minimal pressure.

10. CAN I USE MY UFO™ 3 LED DEVICE AFTER HAVING PLASTIC SURGERY, BOTOX, OR DERMAL FILLERS?

UFO™ 3 devices offer a gentle facial treatment, suitable for all skin types. However, you should consult your doctor before use if you have had any recent medical procedures.

11. CAN I USE MY FOREO LUNA™ WITH MY UFO™ 3 LED?

Yes! UFO™ 3 LED & LUNA™ work better together - the LUNA™ facial cleansing brush gently exfoliates dead skin cells, unclogs pores, and removes up to 99% of dirt and oil, giving you the perfect canvas for a UFO™ 3 LED mask treatment.

12. WHAT IS THE DIFFERENCE BETWEEN UFO™ 3, UFO™ 3 LED, UFO™ 3 mini and UFO™ 3 go?

All UFO™ 3 devices offer nourishing mask treatments that deeply hydrate your skin. However, UFO™ 3 has an additional Cryo-Therapy feature, which instantly cools to shrink the appearance of pores and provide a firmer-looking complexion. Additionally, UFO™ 3 features Advanced Temperature Control, and can therefore be used with most sheet masks* - unlike the other devices, which must be used with FOREO masks.

UFO™ 3 LED features an additional anti-aging combination of NIR + red LED. These lights cover the entire

treatment area of the device, to give you quick and strong anti-aging benefits. UFO™ 3 go is a more compact, travel-friendly version of UFO™ 3 mini.

**NOTE: Heat and cold affect different skincare products in different ways, and can compromise the ingredients in the formulas. (For optimal safety, we strongly recommend researching the effects of temperature on any non-FOREO mask before enhancing it with UFO™ 3.)*

THE APP

13. WHY DO I NEED TO DOWNLOAD THE FOREO APP BEFORE USING MY UFO™ 3 LED DEVICE?

All app-enabled FOREO products need to be activated and unlocked via the FOREO For You app the first time they are turned on. This helps protect against fake/copied FOREO products and makes it easier to register the warranty and protects your investment.

14. HOW DO I PAIR MY UFO™ 3 LED DEVICE WITH THE FOREO APP?

Download the FOREO For You app to your smartphone or tablet and turn on Bluetooth. Press the universal button on your device once to turn it on. A blinking white light indicates your device is in pairing mode. Follow the instructions in the app to register and pair your UFO™ 3 LED device.

15. DOES MY UFO™ 3 LED DEVICE WORK WITHOUT THE APP?

Yes, you can manually access 8 customized treatments on your device, without the app. Press the universal button 1 or up to 8 times depending on the treatment you wish to select.

16. CAN I CUSTOMIZE MY MASK TREATMENT?

All UFO™ Activated Masks and FOREO Sheet Masks come with pre-programmed treatments. However, if you do not wish to use the pre-programmed treatments, you have 8 customized treatments with 8 different LED wavelengths set to your device for offline use - which you can personalize further via the app, if desired.

TROUBLESHOOTING & MAINTENANCE

17. WHAT DOES IT MEAN WHEN MY UFO™ 3 LED DEVICE IS CONTINUOUSLY BLINKING?

A blinking light around the device indicates that your UFO™ 3 LED device is in Bluetooth pairing mode or that the device needs to be charged. Follow the instructions in the app to sync your device.

18. HOW DO I CHARGE MY UFO™ 3 LED DEVICE?

UFO™ 3 LED devices are USB-rechargeable, with a full charge lasting up to 40 minutes.

19. HOW DO I CLEAN MY UFO™ 3 LED DEVICE?

Wash the device and plastic ring with soap and then rinse with warm water. Pat dry with a lint-free cloth or towel. After use, we recommend spraying the device with FOREO's Silicone

Cleaning Spray and rinsing it with warm water for optimal results, then placing the device on the stand to dry. Never use cleaning products containing alcohol, petrol, or acetone, as they may irritate the skin and damage the silicone.

FOREO MASKS

20. CAN I REUSE FOREO MASKS?

Each UFO™ Activated Mask and FOREO Sheet Mask is intended for single use only. However, if one treatment wasn't enough, press the universal button again within 30 seconds after the end of the treatment to start it over again.

21. DO I NEED TO WASH THE MASK ESSENCE OFF AFTER USING MY UFO™ 3 LED DEVICE?

No, Hyper-Infusion Technology is specifically engineered to help mask essence absorb deeper into the skin, faster. After the treatment, if there is any remaining essence, simply massage it into your skin.

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