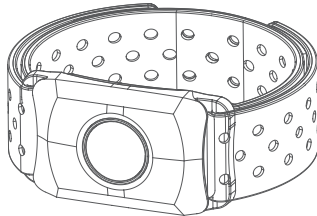


Armband heart rate monitor

# User Manual

Model: CL838



## Product Introduction

Thank you for choosing our heart rate armband, this product transmits the real-time heart rate data through Bluetooth or ANT+ to heart rate receiving device, sports and health App, helping you to manage your exercise intensity scientifically. This user manual will help you to use the product better, please keep it for reference.

## Remind

You **MUST** to charge the device prior to the first use.

This is not a medical device and is intended for training and recreational use only. Consult a physician prior to determine appropriate heart rate zones.

## Key features:

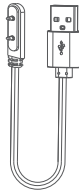
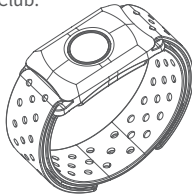
- Heart Rate, Steps Count, Calories Burned
- Bluetooth 5.0, ANT+
- Rechargeable lithium battery
- Stores 2 days heart rate data and 7 days fitness data
- Vibration Reminder
- LED indicator

## Compatible APPs:

X-fitness, Wahoo, Zwift, Runtastic Pro, Nike Run Club.

## Product Accessories

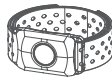
1. Heart rate monitor
2. USB docking charger
3. User Manual



ANT+ & BLE Heart rate armband

## User Manual

Model: CL838



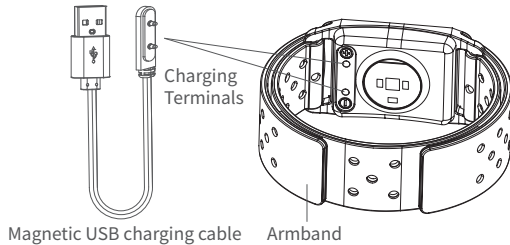
## Charging

plug in the USB charging cable and connect the charger to charge the device.

**Low battery (20%):** RED LED flashes smoothly with vibration

**Charging:** Red and Green LED flashes alternately

**Full battery:** Green LED stays on



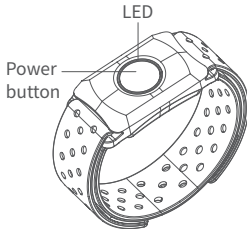
## Turn on

Press the **Power Button** to turn on.

**LED indicators:** The **purple LED** flash slowly, indicating the device is work well but not pair the bluetooth

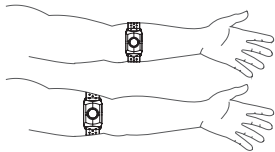
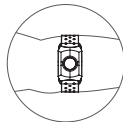
The **blue LED** flash slowly, indicating the device is work well and paired the bluetooth.

**Turn off:** Press and hold the power button for 3 seconds, the **red LED** flash fast then turn off, the device is powered off.



## Wearing

Wear the device on the upper portion of the forearm. Sensor should be on the inside or top of forearm. It should be worn snug enough not to move on your arm, but NOT so tight that it restricts arm circulation.



## **Connection**

Bluetooth 5.0 & ANT+ can be work at the same time for the device, If you need to connect mobile phone and sports watch, please make sure that the device you connect supports Bluetooth 5.0 or ANT+

**Note:** When Bluetooth connecting, the purple LED light flashes steadily; Bluetooth Connection successful, the blue LED light will be stable

### **Initial set up with fitness APP:**

Turn on the Bluetooth function of the mobile phone, select the compatible app, and the detailed connection method is subject to the corresponding app setting instructions.

### **Initial set up with smart Bluetooth devices (Sports watches, fitness equipment & Gym team training system):**

The detailed connection method is subject to the corresponding equipment setting instructions

### **View Heart Rate Data**

View the collected heart rate data through heart rate receiving device or related app;

## Basic Parameters

Dimension: L51.0xW29.0xH12.0 mm

Weight: 17.2g

Battery Type: Rechargeable Lithium battery

Battery Life: 60 hours for continuous heart rate monitoring

Working temperature: -10°C to 50°C / 14°F to 122°F

Transmission: ANT+, BLE

Water resistance: IP67

## Disclaimer

- The information contained in this manual just for reference. The product described above may be subject to alteration owing to the manufacturer's continuing research and development plans, without making an announcement in advance.
- We shall not bare any legal responsibility for any direct or indirect, accidental or special damages, losses and expenses arising from or in connection with this manual or the contained product.

### **EU-Declaration Of Conformity**

Hereby, We, declares that Armband heart rate monitor (CL838) is in compliance with the essential requirements and other relevant provisions of Directive RED 2014/53/EU. A copy of the signed and dated Declaration of Conformity is available.

### **FCC Statement**

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

**WARNING:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.



If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio / TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.



Version: V1.0