



AVIRONPLAY USER MANUAL

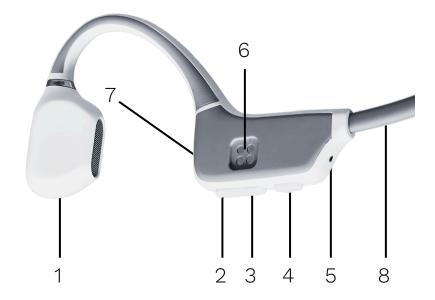
AVIRON ACTIVE END BORING WORKOUTS

We're delighted you've selected the *AvironPlay* air conduction Bluetooth headphones. To ensure you get the most out of your experience, we recommend thoroughly reviewing the instruction manual before diving into your audio adventures.

Table of Contents

Product Overview and Key Features	2
Basic Parameters	2
Care and Maintenance	
Charging	3
Essential Information	4
Operating Instructions	
Bluetooth Pairing (First Time Use)	5
Bluetooth Pairing (Dual-Connection)	5
Power On/Off and Disconnections	6
Wearing the Headphones	7
Media Controls	8
Call Handling on Non-Aviron Device	9
Warranty and Certifications	10

Product Overview and Key Features



- 1. Sound drive unit
- 2. Volume Up: Increase volume or skip to the next track
- 3. Volume Down: Decrease volume or go back to the previous track
- 4. Multi-function Key: Power On/Off or perform different functions
- 5.LED Status Indicator
- 6. Charging Connectors
- 7. Microphone
- 8. Soft-touch Memory Steel Wire

Basic Parameters:

- Weight: 22g (±0.5g)
- Headphone Type: Air Conduction
- Headphone Size: 126 x 108 x 45 mm
- Connectivity: Bluetooth v5.3
- Transmission Distance: Up to 10 meters
- Frequency Range: 20Hz 20kHz
- Playback Duration: Up to 8 hours
- Charging Time: 1.5 hours
- Charging Input: DC 5.0V = 150mA
- Battery Capacity: 155mAh
- Waterproof Rating: IPX5
- Operating temperature: -10°C to 45°C

Care and Maintenance

Battery Alert and Charging Instructions:

- When the battery level of the headphones falls below 10%, the red LED will flash once every 5 seconds. Additionally, a voice prompt saying "low battery" will alert you every 3 minutes. If the battery level reaches zero, the headphones will shut down automatically.
- For charging, only use the supplied magnetic charging dock observing its orientation as shown on the picture below. While charging, the LED indicator will display red. The headphones will power off automatically during charging. Once the charging is complete, the LED will change from red to blue.



Charging dock connection orientation

Essential Information:

- **Initial Charging**: Before using the headphones for the first time, ensure they are fully charged.
- **Pre-charging Precaution**: Prior to charging, ensure the headphone connectors are dry and free of sweat to prevent short circuits.
- **Charging Protocol**: Once charging is complete, disconnect the charger from the headphones and unplug it from the power outlet. Avoid continuous charging for more than 12 hours.
- **Auto Power Off**: If the headphones are on but not connected to any device, they will automatically turn off after 5 minutes to conserve battery.
- **Avoid Liquid Exposure**: Do not submerge the product in any liquids to prevent damage.
- **No Modifications**: Refrain from dismantling, repairing, or modifying the product, as it may result in fire, electronic failure, or irreparable damage.
- **Proper Disposal**: Dispose of the product and its batteries according to local regulations to prevent fire or explosion hazards.
- **Temperature Caution**: Avoid exposing batteries and accessories to high temperatures, as it may compromise performance or safety.
- **Battery Handling**: Avoid disassembling, impacting, compressing, or exposing the battery to fire. If you notice any battery swelling, cease using the product immediately and seek assistance.

Operating Instructions

Bluetooth Pairing (First Time use):

- 1. Begin with the headphones powered off
- 2. Press and hold the multifunction button for 2 seconds. A brief blue light flash will occur, followed by alternating red and blue flashes
- **3.**Open your device's Bluetooth settings. Select "Pair a new device" or "Search" to initiate the pairing process
- **4.**Locate and select "AVIRON PLAY" from the list of available devices. Choose "Pair" to establish the connection
- **5.**Upon successful pairing and connection, the headphones will remain in standby mode until media playback begins



Bluetooth Pairing (Dual Connection):

- 1. Start by turning on both the headphones and the first paired device
- 2. Disconnect the headphones from the first paired device to initiate pairing mode
- 3. The headphones will enter pairing mode automatically
- 4. Activate the search function on the second target device
- 5. Pair the headphones with the second device

After successfully pairing with two different devices, the headphones can maintain a dual connection. This feature enables users to multitask, such as connecting to an Aviron screen and a phone simultaneously. Users can take phone calls without interrupting their workout routines, enhancing overall convenience and productivity.

Power On:

- 1. Begin with the headphones powered off
- **2.**Hold down the multifunction button for 2 seconds. A blue light will flash for 2 seconds, accompanied by a prompt sound.

Power Off:

1.Hold down the multifunction button for 4 seconds. A red light will flash for 2 seconds and it will be accompanied by a prompt sound.

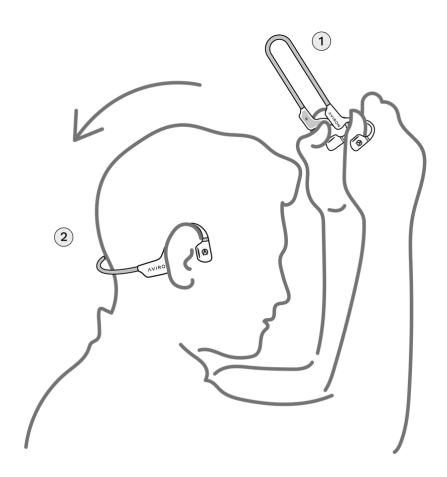
Disconnection and Reconnection:

If the distance between the target device and headphones exceeds the Bluetooth connection range, a warning sound will play on the headphones: 'device disconnected', and the connection will be terminated. Should the connection be re-established within 3 minutes, it will automatically resume without further intervention.

If the connection isn't restored within the specified timeframe, the headphones will enter standby mode. After 5 minutes of inactivity, the headphones will shut down automatically to conserve battery power and enhance user convenience

Wearing the Headphones:

- 1. Hold the headphones with both hands by the earhook curve, and gently adjust the metal arch to fit your head size.
- 2. Place the headphones from the top over the back of your head, at the base of your neck, and then position the earhooks over your ears.



Play/Pause Media:

In standby mode, press the multifunction button once to play or pause media.

When connected to an Aviron ATS monitor, the play/pause button will function only when media is actively playing, like a streaming service or a Coached Program video.

Volume Up or Next Song:

Press the volume up button briefly to increase the volume, or hold it down to skip to the next media item (song, video, episode, etc.).

If you reach maximum volume and press the button again, playback will pause momentarily indicating max volume.

Volume Down or Previous Song:

Press the volume down button briefly to lower the volume, or hold it down to go back to the previous media item (song, video, episode, etc.).

If you reach minimum volume and press the button again, playback will pause momentarily indicating min volume.

Call Handling on Non-Aviron Device

These headphones can be used for communication when paired with a phone. Below are the commands for call handling:

Answer Call:

Press the multifunction button once to answer an incoming call.

End Call:

Press the multifunction button once to end an ongoing call.

Reject Call:

Press and hold the multifunction button for 2 seconds to reject an incoming call.

Warranty

Your headphones are covered by a limited-warranty.

Visit our website for details of the accessory warranty terms and conditions:

www.avironactive.com/support/general/warranty/

Support

If you have any trouble or problems, please visit our website on the support section:

www.avironactive.com/support/general/

Conformity Certifications



FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

IC Warning:

This device contains license-exempt transmitter(s)/receiver(s)/ that comply with Innovation, Science, and Economic Development Canada's license-exempt RSS(s). Operation is subject to the following two conditions:

- 1) this device may not cause interference and
- 2) this device must accept any interference, including interference that may cause undesired operation of the device.

Radiation Exposure: This equipment complies with Canadian radiation exposure limits set forth for an uncontrolled environment; To maintain compliance with IC's RF Exposure guidelines, This device and its antenna(s) must not be co-located or operated in conjunction with any other antenna or transmitter.

Déclaration de l'ISED Canada:

Cet appareil contient des émetteurs/récepteurs exempts de licence conformes aux RSS exempts de licence d'Innovation, Sciences et Développement économique Canada. L'opération est soumise aux deux conditions suivantes:

- 1) cet appareil ne doit pas causer d'interférences et
- 2) cet appareil doit accepter toute interférence, y compris les interférences pouvant provoquer un fonctionnement indésirable de l'appareil.

Exposition aux radiations: Cet équipement est conforme aux limites d'exposition aux radiations du Canada pour un environnement non contrôlé. Pour maintenir la conformité aux directives d'exposition RF d'IC, cet appareil et ses antennes ne doivent pas être co-localisés ou utilisés conjointement avec une autre antenne ou un autre émetteur.

ENDING BORING WORKOUTS



avironactive.com Phone: 877-955-4222

General email: hello@avironactive.com Support email: support@avironactive.com Rev. 20240607