

Fitness Tracker HR

Quick Start




User Guide:

1. Download and install the App **Runmifit** .

2. After installing the App, agree to the App to obtain the permission of the mobile phone; otherwise,some functions cannot be used.

3. Connect the tracker to App. It will automatically synchronize the time to your tracker.

Let's start!



Take out the charger, touch the bottom of the bracelet to the charger and charge for 5 minutes or press and hold the button for 3 seconds to activate the bracelet.

No need for a specific charger, you can use any USB charging port to charge your smart bracelet.


- Any phone or tablet USB Power Adapter

- USB port on PC or power bank

- Wall charger or power strip with USB port


Note: Charge the fitness tracker on PC USB port may take longer time.

Download the App



Search "**Runmifit**" in the App Store or Google Play.

Or scan the QR code to download.



Download on the App Store

GET IT ON Google Play

Requires iOS 9.0 Android 4.4 and newer version.

The fitness tracker works with Runmifit App only, not support third-party fitness App.

Pair with Phone

Enable the Bluetooth before pairing.

Pair must be made in the App, not the phone settings.

For pairing, please make sure to place the tracker near your phone, find the " Add device " in the App then it will enter the Bluetooth searching page to find the correct tracker, tap the name of your tracker and select "Pair".

You have not connected the device

Device connect

Notification

Device settings

Goal settings

XS10-00AE

XS10-00AE

SS-84CE

XS10-737C

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li

li

Tip: To avoid signal interference, remove other Bluetooth devices near the fitness tracker.

Main Questions

Note: You need to connect it in the App, not Bluetooth of setting, but still need to turn on Bluetooth. If you have bound in Bluetooth, please unbind it, then search and bind again in the App.

1. Why can't I search the tracker?

First, you need to check if the battery is fully charged. Second, put the tracker close to the phone and try to connect again. If it's still a failure, please try to turn on the Bluetooth again.

2. Note: When connecting the tracker to iOS, please click "pair" from Bluetooth that the tracker will connect to the phone normally.

3. Why can't I connect to my phone sometimes?

Due to signal interference problems in the Bluetooth, the connection time may be different each time. If it is not connected for a long time, please make sure the fitness tracker is away from the magnetic field. Bluetooth service may be abnormal when your phone is restarted, that will make the connection is unavailable. Usually, restart the phone Bluetooth can be connected normally.


Need help

You can click the "Need help" on the "Mine" page of the app, send us your question or suggestion, and leave your email address, and we will contact you as soon as possible.

Unbind with Phone

If you want to unbind the fitness tracker or pair with another phone, unbind in the App first

S90 - 3D91



Settings

Bluetooth

Notification

Device settings

Watch face

Goal settings

Heart rate timed detection

ON

>

>

>

>

ON

Bluetooth

Not discoverable as "PHONE X NAME"

SET DEVICE

XS10-00AE

XS10-00AE

SS-84CE

XS10-737C

Connected

Not Connected

Not Connected

Not Connected

OTHER DEVICE

then go to phone Bluetooth settings, forget this device

Use introduction




Touch area function:

1. Tap to switch pages.


2. Press and hold for 3 seconds to start the exercise on the exercise interface; tap during exercise to pause the exercise, and press and hold for 3 seconds to end the exercise.

3. In the off state, long press for 3 seconds to turn on the watch.




56789

STEP



136

Kcal




12.56

KM

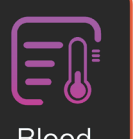
Steps, distance, calories

Record your complete exercise data for a day



Testing

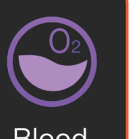
.....



Blood pressure

Testing

.....



Blood oxygen

Testing

.....

24 hours to detect changes in heart rate.

Measure blood pressure and blood oxygen status anytime, anywhere.

Description: This product is not a medical device, all the data and results measured are for reference only, not as a medical basis.



Run




More


Contains 16 sports modes such as walking, running, cycling, mountaineering, etc., which can be customized and added on the APP.

Including stopwatch, find mobile phone, Bluetooth name, shut down, restore factory settings.


Pay Attention!



The smart bracelet provides IP68 daily waterproof protection, such as hand washing and rain.



Do not use it to swim or dive in the water.



Do not use in hot places such as sauna, steam, hot spring.

Notification

You can allow Notification, Incoming call, SMS, Sedentary reminder, and Alarms in Runmifit App.

Use reminder and notification features that require you to authorize Runmifit. The reminder and notification function can not be used even if turn on the function, please uninstall the APP, re-download and install, and agree to all the authorizations for Runmifit.

Notification

Switch on notification to enable tracker to send notification

Notification

SMS

Incoming call

QQ

Facebook

Wechat

ON

ON

ON

ON

ON

ON

FAQ

1. Why the fitness tracker could not be charged?

Make sure the charger is plugged into a power source that is energized.USB is a single-face device,and you may notice there is only one face with metalpieces; if you plugged in a reversed way, the fitness tracker would not receive power

2. How do I set time?

When the tracker is out of power, there may be an error in the tracker time. After the battery is fully charged, please connect your phone, it will automatically synchronize the time to your tracker.

3. Why the call notification was turn on, the tracker does not vibrate when my phone receives the call?

Please confirm the Bluetooth is turned on and linked with the tracker, then check if the Runmifit is working.

Tip: One-click cleaning of memory and some housekeeping the software may clean up the process or intercept, please add the Runmifit to the whitelist.

4. Why is the message reminder function turned on, but the tracker does not vibrate? (e.g., Wechat, Line)

The APP must meet the following conditions:

1)The phone is lock screen, but the App still working.

2)The PC client and Mobile client can't be online at the same time.

3)The tracker is always connected to the phone, Bluetooth is always turn on.

4)Agree to "notification permission" for your phone.

Tip: When your mobile phone receives the message and alert it in banners, it is mean that the setting has been successful, the tracker will vibrate and receive the reminder.

5. Why does the fitness tracker stop tracki

When measuring the Heart rate, keep the person at rest, keep the bottom of the bracelet close to the arm. Do not shake the arm during the measurement.

6. Is the step count data inaccurate?

The three-axis accelerometer is used in the wristband, and each acceleration of the human body is converted into steps, and the error is about 2%, that's normal for deviation.

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement.