


材质: 内页普通80g书写纸,
成品尺寸:100×140mm

Fully Automatic Upper Arm Blood Pressure Monitor Model Number: BE21/BE21T USER'S MANUAL		CONTENTS	
 1. Introduction and Model No. (p.1) 2. Important Information on Blood Pressure and Measurement (p.1) 3. Components of the Blood Pressure Monitor (p.1) 4. Using the Monitor for the First Time (p.2) 5. Measurement Precautions (p.2) 6. Operation and Measurement (p.3) 7. Memory Functions (p.3) 8. Error Indications (p.4) 9. Technical Information (p.4) 10. FAQ (p.5)		1. Introduction and Model No. This device is a fully automatic upper arm blood pressure measuring device in which to measure systolic and diastolic blood pressure as well as the pulse rate and to store the measurement data in memory. This device is used for measuring blood pressure in persons aged over 17 years old, but not for the measurement of children, pregnant women and blood pressure monitoring. The device can be used to measure the blood pressure of infants under 10 years old, or adults. Caution: This device is not used for persons under 18 years old who are 50 kg or less. Warning: Please read this instruction manual carefully and then use it as a user's manual. 1. Attention: Only persons professional in qualified to interpret blood pressure measurement results. 2. Important: Blood pressure measurement is affected by many factors such as measurement posture, cuff size, and measurement time. Therefore, please read this manual carefully. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 4. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 5. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 6. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 7. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.	
1.2 Warning and Precautions Read the information on the user manual, instruction book or manual before using the device. The device is not intended for use on children under 17 years old, pregnant women and blood pressure monitoring. The device can be used to measure the blood pressure of infants under 10 years old, or adults. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.		2. Important Information on Blood Pressure and Its Measurement There are six points to be aware of when measuring blood pressure: 1. Time: Blood pressure is highest in the morning and lowest in the evening. 2. Posture: Blood pressure is higher when standing than when sitting or lying down. 3. Activity: Blood pressure is higher when engaged in physical activity than when at rest. 4. Stress: Blood pressure is higher when stressed than when relaxed. 5. Time of day: Blood pressure is higher during the day than at night. 6. Individual differences: Blood pressure varies from person to person. 1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.	
1.3 How to Use the Monitor for the First Time 1. Check the battery level: Press the [POWER] button to turn the monitor on. The battery level is displayed on the screen. 2. Check the cuff size: The cuff size is displayed on the screen. The cuff size must be appropriate for the user's arm. 3. Check the cuff position: The cuff must be wrapped around the upper arm, about 2-3 cm above the elbow. 4. Check the cuff tightness: The cuff must be tight enough to compress the artery, but not so tight as to cause discomfort. 5. Check the cuff air: The cuff must be inflated to the correct pressure. 6. Check the cuff deflation: The cuff must be deflated slowly and evenly. 7. Check the cuff pressure: The cuff pressure is displayed on the screen.		3. Components of your Blood Pressure Monitor 1. Display Panel: Shows the blood pressure, pulse rate, and other information. 2. Power Button: Turns the monitor on and off. 3. Start/Stop Button: Starts and stops the measurement. 4. Memory Button: Stores the measurement data in memory. 5. Volume Button: Adjusts the volume of the display. 6. Cuff: Inflates and deflates the cuff. 7. Wristband: Holds the cuff in place.	
1.4 Using your Monitor for the First Time 1. Check the battery level: Press the [POWER] button to turn the monitor on. The battery level is displayed on the screen. 2. Check the cuff size: The cuff size is displayed on the screen. The cuff size must be appropriate for the user's arm. 3. Check the cuff position: The cuff must be wrapped around the upper arm, about 2-3 cm above the elbow. 4. Check the cuff tightness: The cuff must be tight enough to compress the artery, but not so tight as to cause discomfort. 5. Check the cuff air: The cuff must be inflated to the correct pressure. 6. Check the cuff deflation: The cuff must be deflated slowly and evenly. 7. Check the cuff pressure: The cuff pressure is displayed on the screen.		4. Measurement Procedure 1. Preparation: Rest for 5 minutes before measuring. 2. Inflation: Press the [START/STOP] button to start the measurement. 3. Measurement: The device will inflate the cuff and measure the blood pressure. 4. Deflation: The device will deflate the cuff and display the result. 5. Memory: Press the [MEMORY] button to store the result. 6. Display: The result is displayed on the screen. 7. Power: Press the [POWER] button to turn the monitor off.	

420mm

400mm

5.2. Measure Procedure 1. Preparation: Rest for 5 minutes before measuring. 2. Inflation: Press the [START/STOP] button to start the measurement. 3. Measurement: The device will inflate the cuff and measure the blood pressure. 4. Deflation: The device will deflate the cuff and display the result. 5. Memory: Press the [MEMORY] button to store the result. 6. Display: The result is displayed on the screen. 7. Power: Press the [POWER] button to turn the monitor off.		1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.		1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.	
5.3. Error Indications 1. Low Battery: The battery level is low. Charge the battery. 2. Cuff Size Error: The cuff size is not appropriate. Use a different size cuff. 3. Cuff Position Error: The cuff is not wrapped around the arm correctly. Reposition the cuff. 4. Cuff Tightness Error: The cuff is not tight enough or too tight. Adjust the tightness. 5. Cuff Air Error: The cuff is not inflated to the correct pressure. Check the cuff air. 6. Cuff Deflation Error: The cuff is not deflating slowly and evenly. Check the cuff deflation. 7. Cuff Pressure Error: The cuff pressure is not displayed. Check the cuff pressure.		1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.		1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.	
5.4. Cleaning and Maintenance 1. Cleaning: Wipe the device with a soft, damp cloth. 2. Maintenance: Check the device regularly for any signs of wear or damage. 3. Storage: Store the device in a cool, dry place. 4. Disposal: Dispose of the device properly. 5. Warranty: The device is covered by a 2-year warranty.		1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.		1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.	
5.5. EMC Declaration This device is in compliance with the EMC Directive 2004/108/EC. 1. Electromagnetic Interference (EMI): The device does not emit electromagnetic interference. 2. Electromagnetic Compatibility (EMC): The device is immune to electromagnetic interference. 3. Electromagnetic Compatibility (EMC): The device is immune to electromagnetic interference.		1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.		1. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 2. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use. 3. Caution: Do not use the device for long-term blood pressure measurement. The device is designed for short-term use.	

FCC Statement:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device

must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.