

RestOn White Noise Wake-Up Light

SSM

User Manual

Please read this manual thoroughly before use and retain it for future reference.
(V1.0)



RestOn Manual



Download App







Instruction Videos

Support@dekalastore.com

If you need any assistance please feel free to contact us

Content

| | | |
|---|--|-----------|
|  | Download and Install the Dekala App | 06 |
|  | APP Reconnecting | 08 |
|  | Time Setting and Display Brightness | 10 |
|  | Alarm Setting | 12 |
|  | Alarm Control & Snooze | 15 |
|  | Sleep Aid | 17 |
|  | Light | 21 |

General Description

- * Multifunctional Smart Home Device: An integrated solution featuring a sunrise simulation alarm clock, high-fidelity speakers, night light, reading light, and sleep-aid white noise machine.
- * Innovative Design: Aesthetically pleasing with textured fabric and soft lighting. The semi-circular top is designed to simulate a natural sunrise, enhancing the wake-up experience.
- * Dual Alarm Functionality: Tailored for varied lifestyle needs with separate alarm settings for weekdays and weekends.
- * Natural Wake-Up System: Gradually brightens light, mimicking the sunrise to gently wake users over a period of 5 to 120 minutes before the alarm.
- * Soothing Sound Effects: Offers a range of natural sounds like birdsong and ocean waves, creating a more pleasant waking experience.
- * Intelligent LED Display: Automatically adjusts brightness for optimal visibility and comfort.

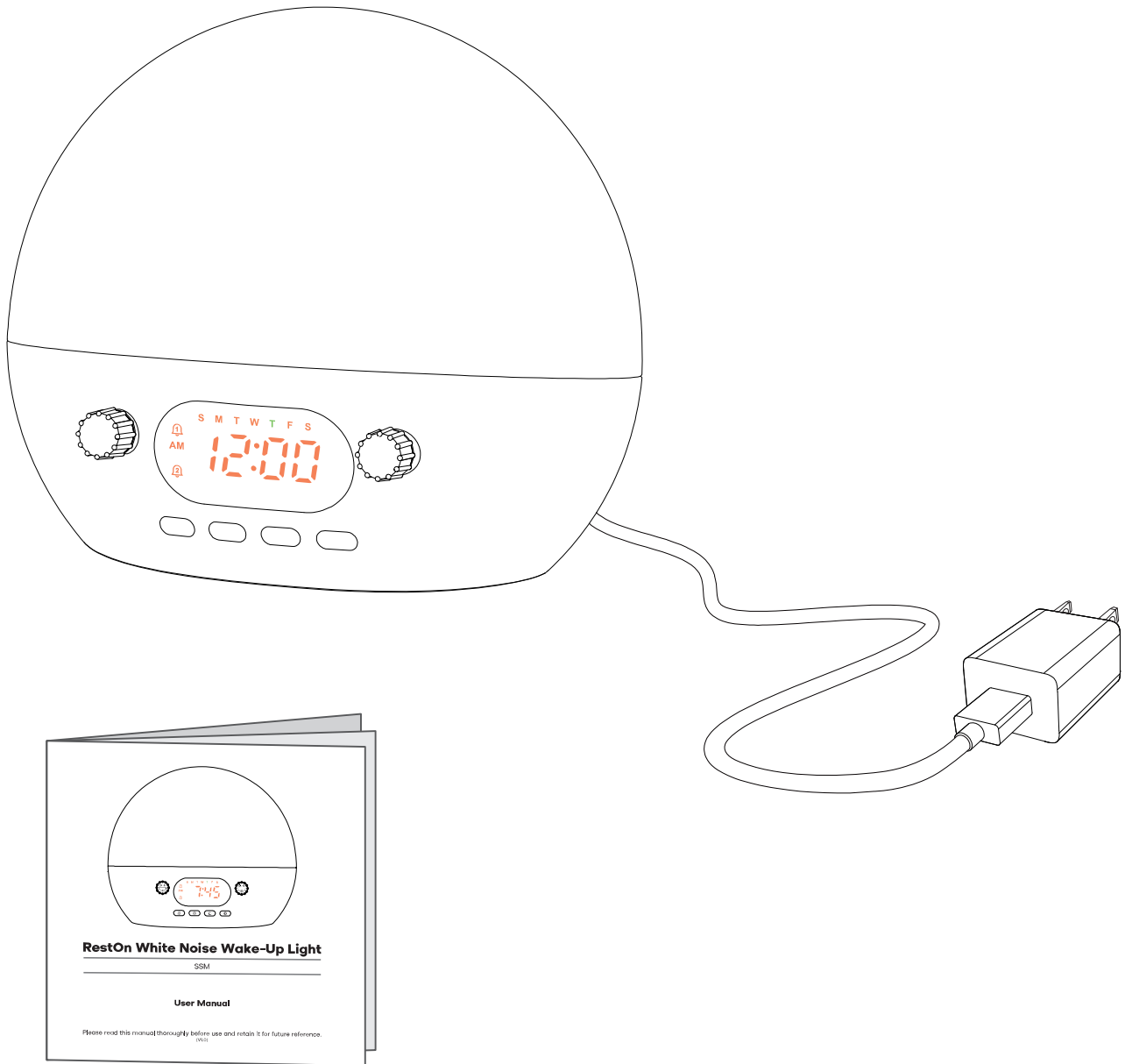
Safety Instructions

- * Domestic Use: Designed exclusively for residential and non-commercial hospitality environments.
- * Placement: Position on a stable, flat, and slip-resistant surface.
- * Moisture Avoidance: Not suitable for damp environments to prevent electric shock and damage.
- * Water Exposure Precaution: Avoid allowing water to enter or splash on the product.
- * Adapter Safety: Keep the power adapter dry and away from moisture.
- * Original Accessory Usage: Use provided accessories to ensure safety and device integrity.
- * Non-Substitute for Sleep: This device is intended to assist with waking and is not a replacement for regular sleep.

Maintenance And Care

- * Routine Cleaning: Wipe with a dry, soft cloth for regular maintenance.
- * Chemical Avoidance: Refrain from using harsh chemicals or abrasive cleaning materials.
- * Storage: Store in a dry, safe environment when not in use for prolonged periods.

What's in the box



Display Icon Indicators

Red icons for each day, Sunday(S) to Saturday(S).
Set today in Time settings; it shows green for easy tracking

Lit: Alarm is set.

Blinking: Alarm is sounding.

Off: Alarm is off

Lit: RestOn is set to the 12-hour format

OFF: RestOn is set to the 24-hour format

Lit: Alarm music is playing.

Blinking: Setting alarm or sleep aid music.

Lit: Wake-up light is on.

Blinking: Adjusting wake-up light settings.

Lit: Sleep Aid is active.

Off: Sleep Aid is deactivate

Lit: Minute setting is being adjusted/displayed

Blinking: Snooze is active.

Lit: Connected to WiFi.

Blinking: Attempting to connect.

Off: Not connected.

Functional Controls Overview

Single press:

During Alarm: Activates the snooze function, pausing the alarm for 9 minutes.

Rotating Knob:

With Music Playing: Adjusts the music volume.

Single press: Toggles the alarm on or off.

Long Press: Enters alarm setting mode.

During Alarm: Single press to stop the alarm.



Single press:

Normal Mode: Toggles light on or off.

During Alarm: Activates the snooze function, pausing the alarm for 9 minutes.

Rotating Knob:

With Light On: Adjusts the brightness of the light.

Long Press (With Light Off): Resets the WiFi connection.

Single press: Activates or deactivates the sleep aid feature.

Long Press: Accesses sleep aid settings.

Single press: Cycles through time display brightness levels: Off, Night, Day, Auto.

Long Press: Enters system time setting mode.

Quick Operation Guide

Alarm :  / 

*ON/OFF Alarm:

Press  / .

*Snooze/Stop Alarm:

Press  during alarm to snooze.

Press  /  to stop the alarm.

*Settings :


Long press  / .

***Adjusting Alarm Settings:** Rotate  to set time, sound, repeat cycle, and sunrise duration.




Confirm settings with a press  / .

Sleep Aid :  

*Activate/Deactivate Sleep Aid:


Press  to start or end the sleep aid.

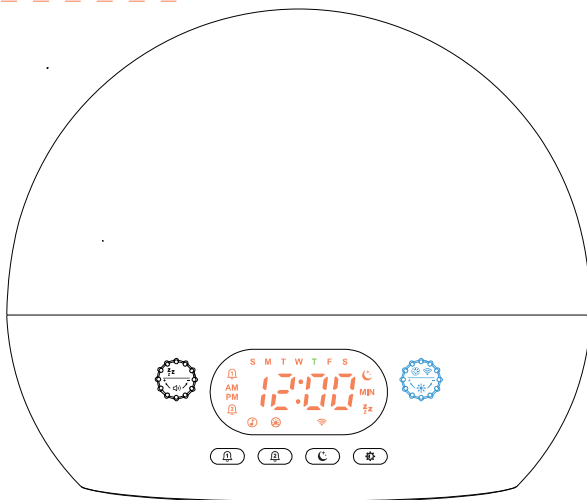
*Settings :

Long press . Rotate  for duration and sound settings, pressing  to confirm.

Light : 




***On/Off:** Press  to toggle the light.

***Brightness:** With the light on, rotate  to adjust brightness levels.




Setting :  

*Time Setting:

Long Press , Rotate  to set 12/24 Hours, Hour, Minute, and Weekday, pressing  to confirm.

*Display Brightness:

Press  to toggle display brightness (OFF, Night, Day and Auto)

Download and Install the Dekala App

- * Search: Find the **Dekala app** in the **App Store** or **Google Play**. Alternatively, scan the QR code provided in the manual.
- * Installation: Download and install the app onto your mobile device.
- * Registration or Login: Open the app and either register for a new account or log into an existing one.



Dekala App

WiFi Connectivity and QR Code Setup

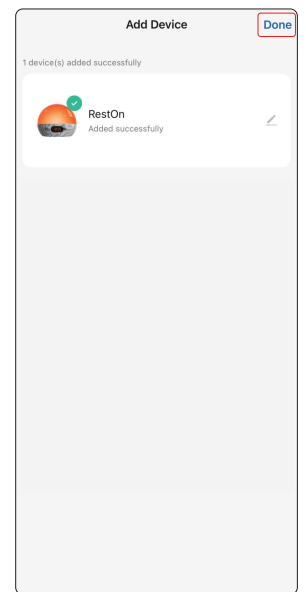
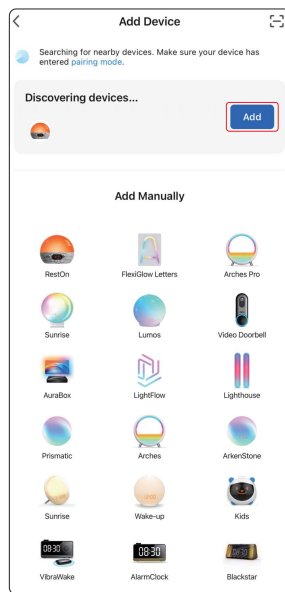
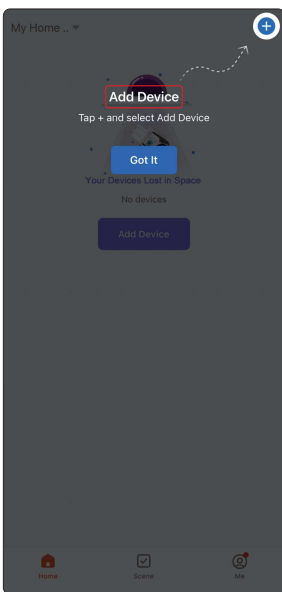
- * 2.4GHz WiFi Requirement: RestOn is exclusively compatible with 2.4GHz WiFi networks. It is important for users to specifically check and configure their home routers to ensure they are set to the 2.4GHz band.
- * Router Configuration: Users should verify their router settings to confirm that the 2.4GHz network is active and accessible. Many modern routers offer both 2.4GHz and 5GHz bands; ensure the 2.4GHz band is not hidden or disabled.
- * QR Code for Easy Setup: For assistance in configuring your WiFi settings, scan the QR code provided in the manual. This can help in setting up or adjusting your router to use the 2.4GHz network band.



Split WiFi into dual band 2.4GHz

Connecting the RestOn to the App

- * WiFi Network: Connect your mobile device to a 2.4GHz WiFi network. Ensure the RestOn, mobile device, and router are in proximity.
- * Power On the RestOn: Plug in the RestOn and wait for the WiFi indicator light to start blinking, indicating it's ready for connection.
- * Add Device: Open the Dekala app and tap on "Add Device" to start the connection process.
- * WiFi Selection: In the app, select the 2.4GHz WiFi network and enter your password. Upon successful device addition, click "Done."

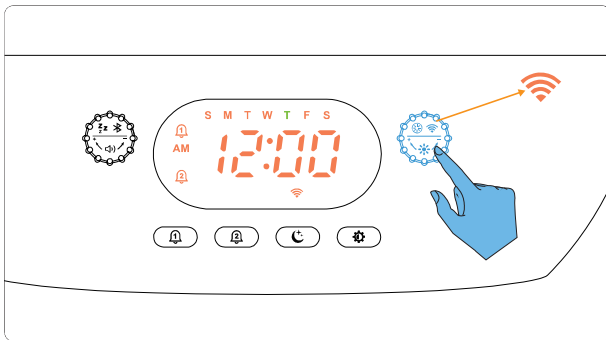


APP Reconnecting

There are two ways you can achieve reconnection:

Way 1:

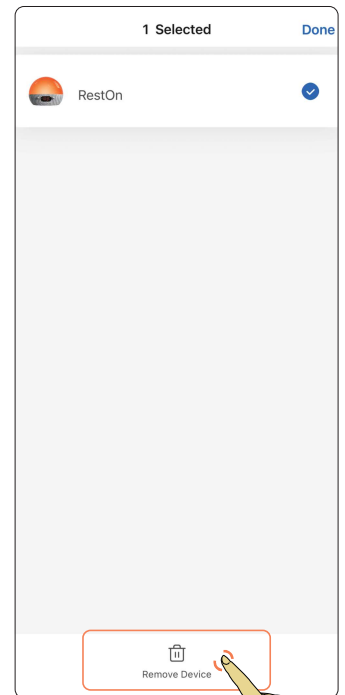
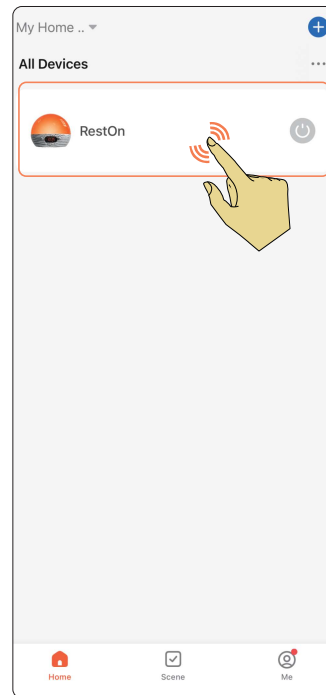
- (1) Long press "WiFi Button " to reset WiFi.
- (2) Refer to above instruction to connect Dekala RestOn to App



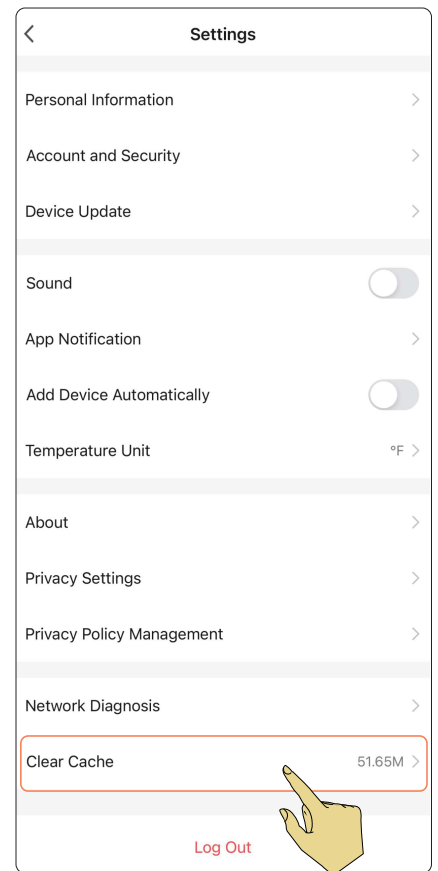
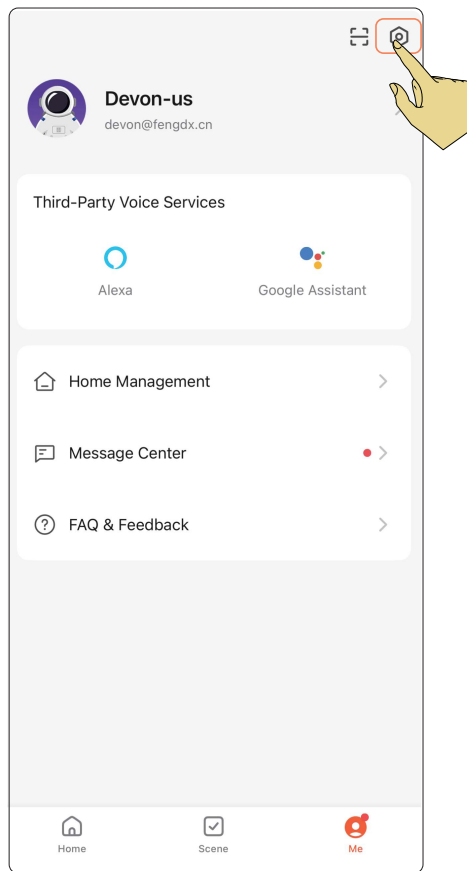
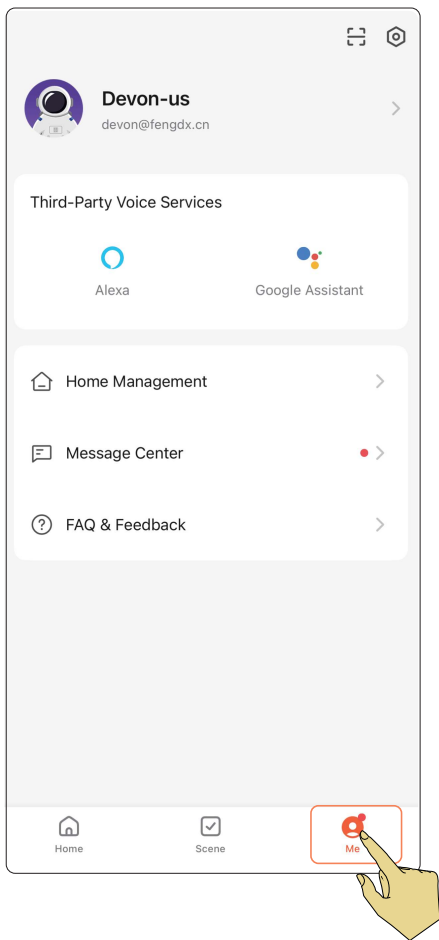
1. Long press to reset WiFi

Way 2 :

- (1) Long press product icon on App to remove Device.
- (2) Refer to above instruction to connect Dekala RestOn to App



① **when you need to reset.**
You just need to clear the cache.



Time Setting and Display Brightness

RestOn's advanced timekeeping allows for personalized alarm settings based on the day of the week, perfectly tailoring to your routine. The display brightness, with options like Off, Dim, Bright, and Auto-Adjust, adapts to ambient light, ensuring optimal visibility without discomfort in any lighting condition.


General Setting Principles

For all features of RestOn, the following basic principles apply:

- * Accessing Settings: Long press the function key to enter the settings mode for a specific feature.
- * Selecting Options: Use the knob to navigate and choose the desired options.
- * Confirming Selection: Press the function key again to confirm your choice and proceed to the next parameter.
- * Repeat Process: Continue steps 2 and 3 to select and confirm all necessary parameters.


Required Keys


* **Required Keys:** Settings Key  and Regular Key .


*  **Settings Key:** Long press to access settings, press to confirm parameters.

*   **Regular Key:** Rotate to select parameter values.

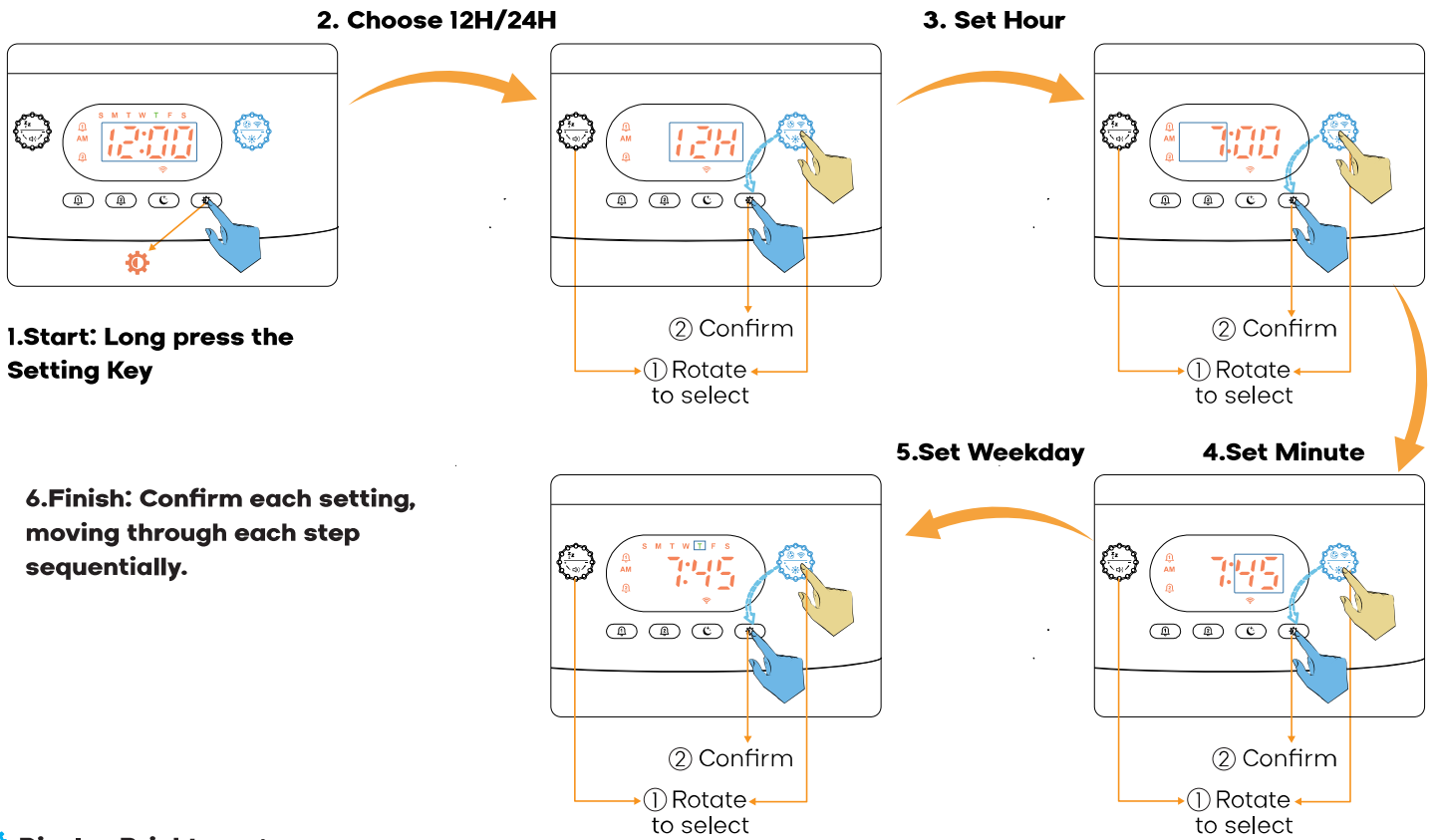
Setting Steps:

| Step 1 | Step 2 | Step 3 | Step 4 | Step 5 |
|---|-----------------------|----------|------------|-------------|
| Long Press "  " (Access Settings) | Set 12H/24H Format | Set Hour | Set Minute | Set Weekday |


 **Note:** Represents each day of the week from Sunday(S) to Saturday(S) (S, M, T, W, T, F, S), with the icon for the current day highlighted in green.

 **Note:** Please do not enter the time setting mode when the time display is off.

⚙️ Time Setting Process Diagram:

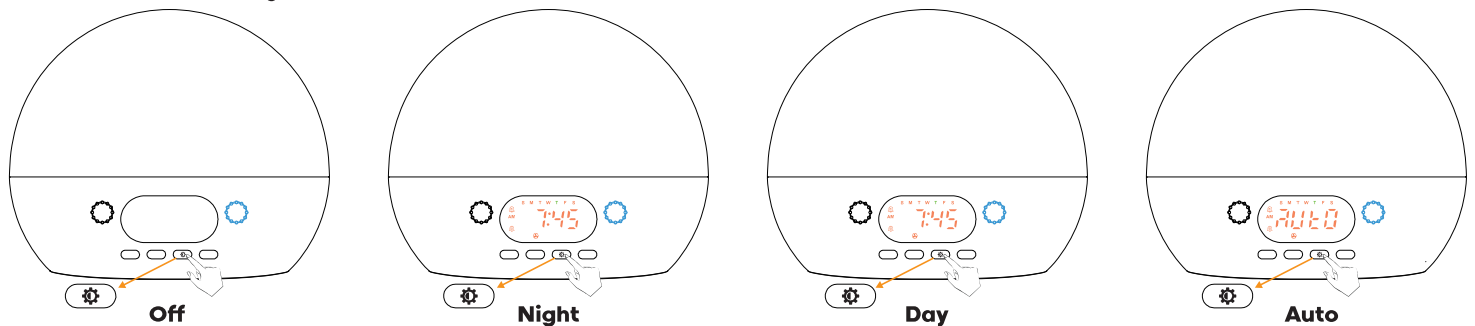


⚙️ Display Brightness:

* **Operation Guide:** Press the Settings Button  to toggle display brightness.

* **Brightness Levels:** Four levels available - Off, Night, Day, and Auto.



☀️ Note: OFF for no display, Night for a dim setting suitable for dark environments, Day for a bright display ideal in well-lit conditions, The 'AUTO' brightness setting automatically reduces the screen to 10% from 22:00 to 06:00, and returns to 100% brightness after 06:00.





Alarm Setting





RestOn's Alarm Clock is designed to offer a personalized wake-up experience with various customizable settings. Users can set the alarm time, choose the repeat cycle, select alarm sound, adjust volume, and determine the wake-up light activation time relative to the alarm.

Required Keys

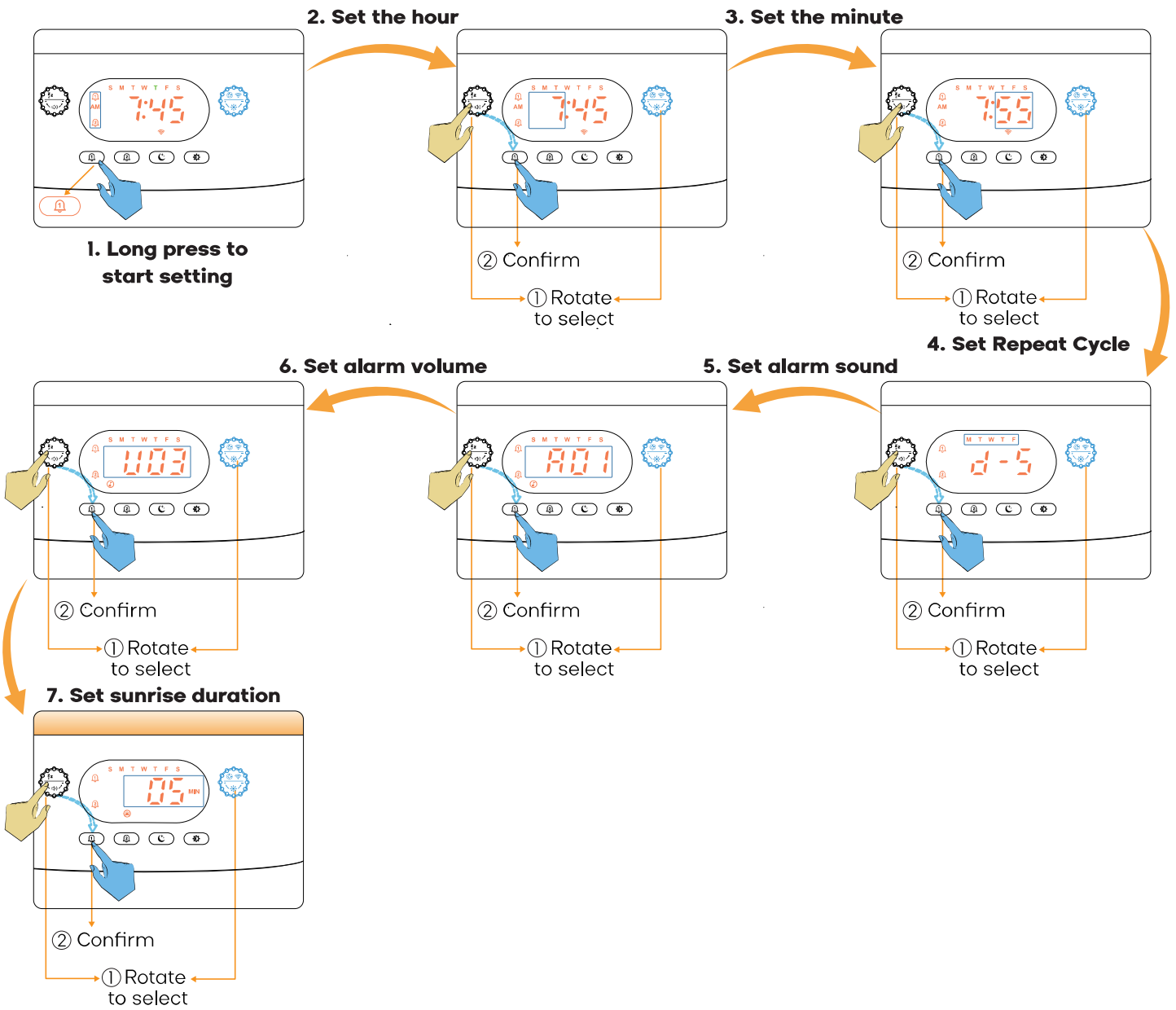
*  /  **Alarm Key:** For setting and activating alarms.

*  /  **Keys:** Rotate to select alarm parameters.

Setting Steps:

| Step 1 | Step 2 | Step 3 | Step 4 | Step 5 | Step 6 |
|---|--|--|------------------------------------|-------------------------------|--|
| Access Alarm Setting | Set Alarm Time | Select Repeat Cycle | Choose Alarm Music | Adjust Alarm Volume | Sunrise Duration |
| Long press "  /  " |  /  Rotate for time adjusting | Choose between Weekday, Weekend, or Daily. | Select from 'Off', 'A01' to 'A07'. | Set the desired volume level. | Choose immediate lighting with the alarm, a 5-120 minute pre-alarm activation, or no pre-activation. |

Alarm Setting Process Diagram:



**Note:****When setting alarm sound:**

| | | | | | | | | |
|------|----------------|--------|-------|---------|---------|-----------|-------------|---------|
| Icon | | | | | | | | |
| | No alarm sound | Forest | Ocean | Morning | Melodic | Music Box | Wind Chimes | Beeping |

When setting sunrise duration:

| | | | |
|------|------------------|--|---------------------------------------|
| Icon | | | |
| | No sunrise light | Light and sound go on at the same time | 5-120 minutes prior to the alarm time |




When setting Repeat Cycle:

| | | | |
|--------------|----------|---------|---------|
| Icon | | | |
| Repeat Cycle | Everyday | Weekday | Weekend |

Alarm Control & Snooze

RestOn's alarm system includes various states such as "On," "Ringing," "Stopped," "Off," and "Snooze," each providing intuitive control options for convenient alarm management.


Required Keys:


- *  /  **Alarm Key:** Toggles the alarm between "On," "Stopped," or "Off" states.
- *  **Snooze Key:** Activates the "Snooze" mode.

Operation Steps:



***On and Off :** When Not Ringing, Single click the  /  to switch between "On" and "Off" states.


***Ringing:** Alarm is active with music and sunrise light. Alarm icon blinks.


***Snooze :** During Ringing, Single click the  to enter "Snooze" mode, pausing the music while maintaining the light, lasting for 9 minutes.

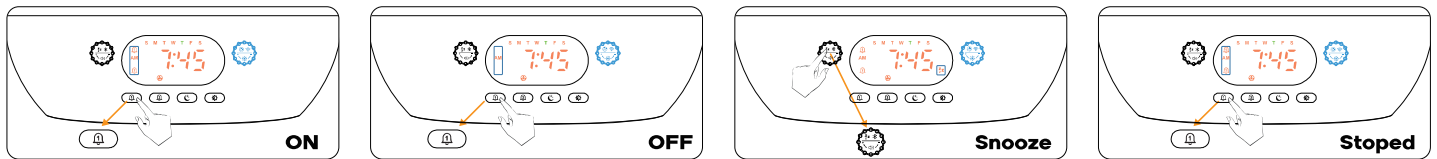
 **Note:** A maximum of 5 snoozes are allowed. A sixth snooze will switch the alarm to "Stopped" but remains "On" for the next cycle.

Stopped:

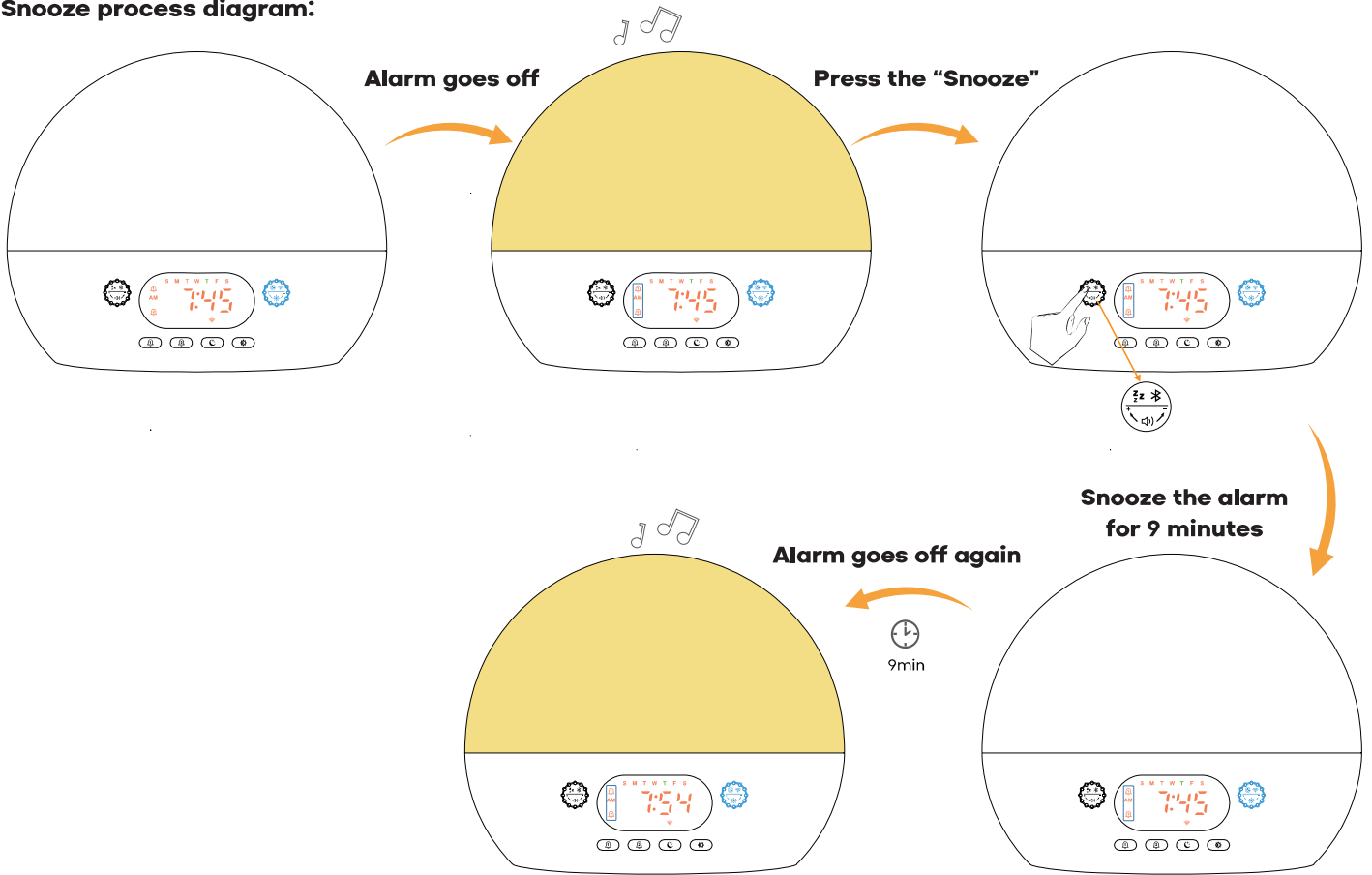
***During Ringing:** Single click the  /  to stop the music and light, switching the alarm to "Stopped" but still "On" for the next cycle.

***During Snooze:** Click the  again to end snooze, stopping the music and light, and switching the alarm to "Stopped" but still "On" for the next cycle.

 **Note:** If the alarm is not turned off or snoozed, it will automatically stop ringing after 30 minutes, but the alarm will still "On" for the next schedule.




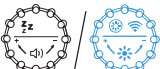
zz Snooze process diagram:




Sleep Aid

RestOn's Sleep Aid function is designed to provide a relaxing pre-sleep environment. Users can customize the duration, select soothing music, adjust volume levels, and choose sunset lighting settings to create an ideal atmosphere for falling asleep.

Required Keys


- *  **Sleep Aid Key:** For accessing and setting sleep aid features.
- *  **Keys:** Rotate to adjust sleep aid parameters.

Sleep Aid Control


Activation/Deactivation: To start or end the Sleep Aid, single press the  .

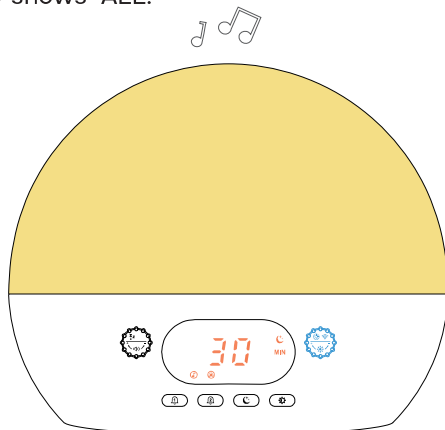
Operation Based on Duration:

Timed Mode:

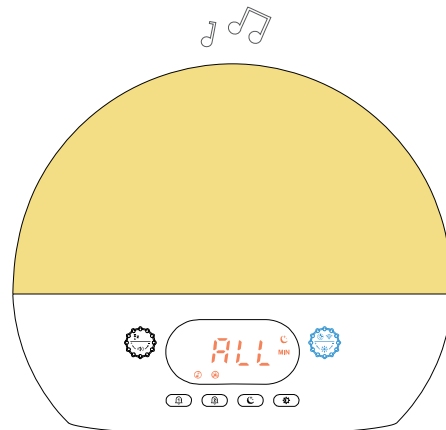
When set to a specific duration (5-120 minutes), the  illuminates, music plays at gradually decreasing volume, and the sunset light dims from a preset brightness. The time display alternates, showing the remaining duration.

Continuous Mode:


If set to "continuous mode," the  illuminates remains lit, and the device operates until manually stopped. The time display shows "ALL."



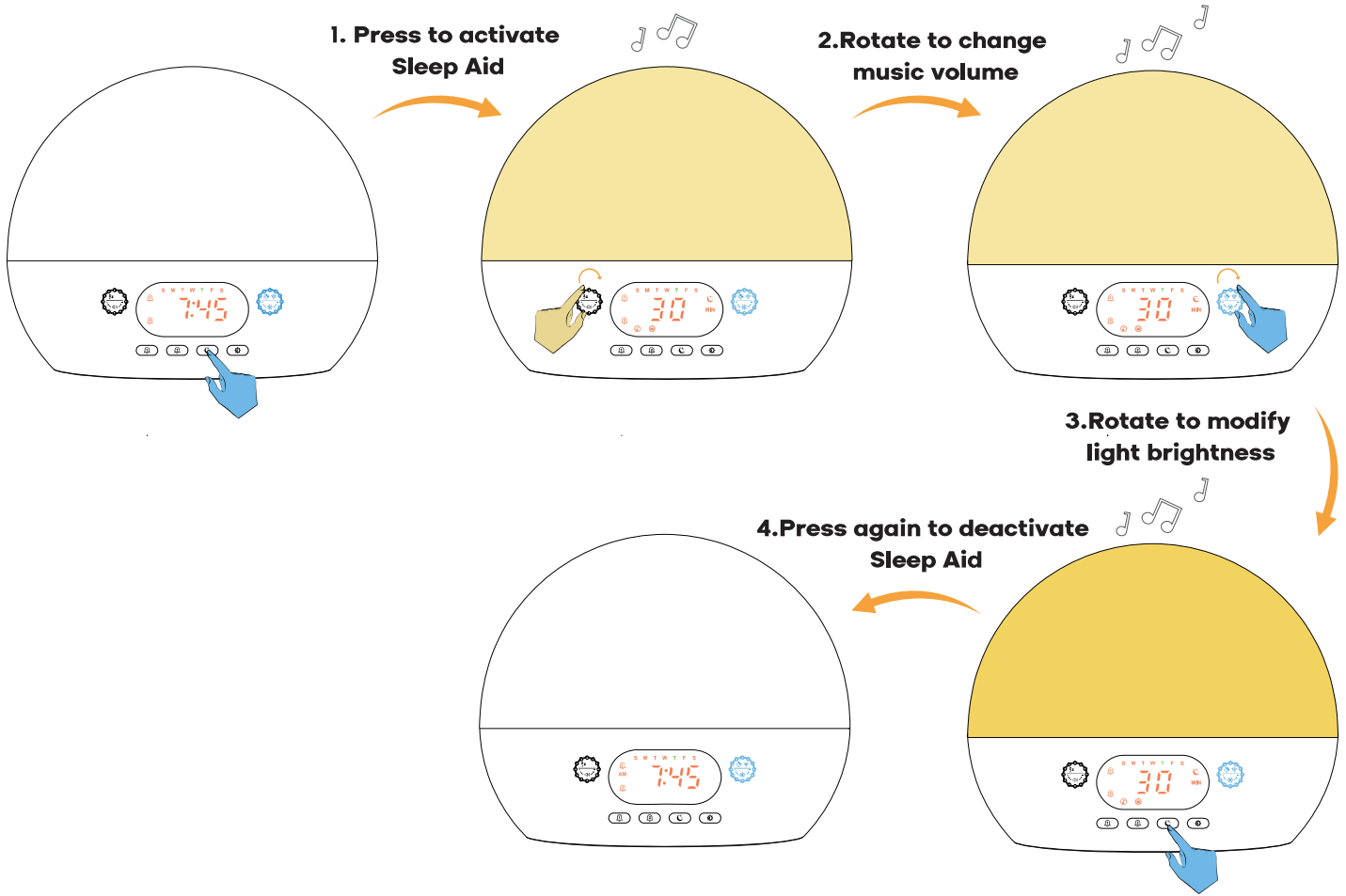
Timed Mode






Continuous Mode

 **Note:** Users can manually adjust the music volume and sunset light brightness during Sleep Aid. RestOn will maintain these user-set levels, no longer automatically decreasing music volume or sunset light brightness.

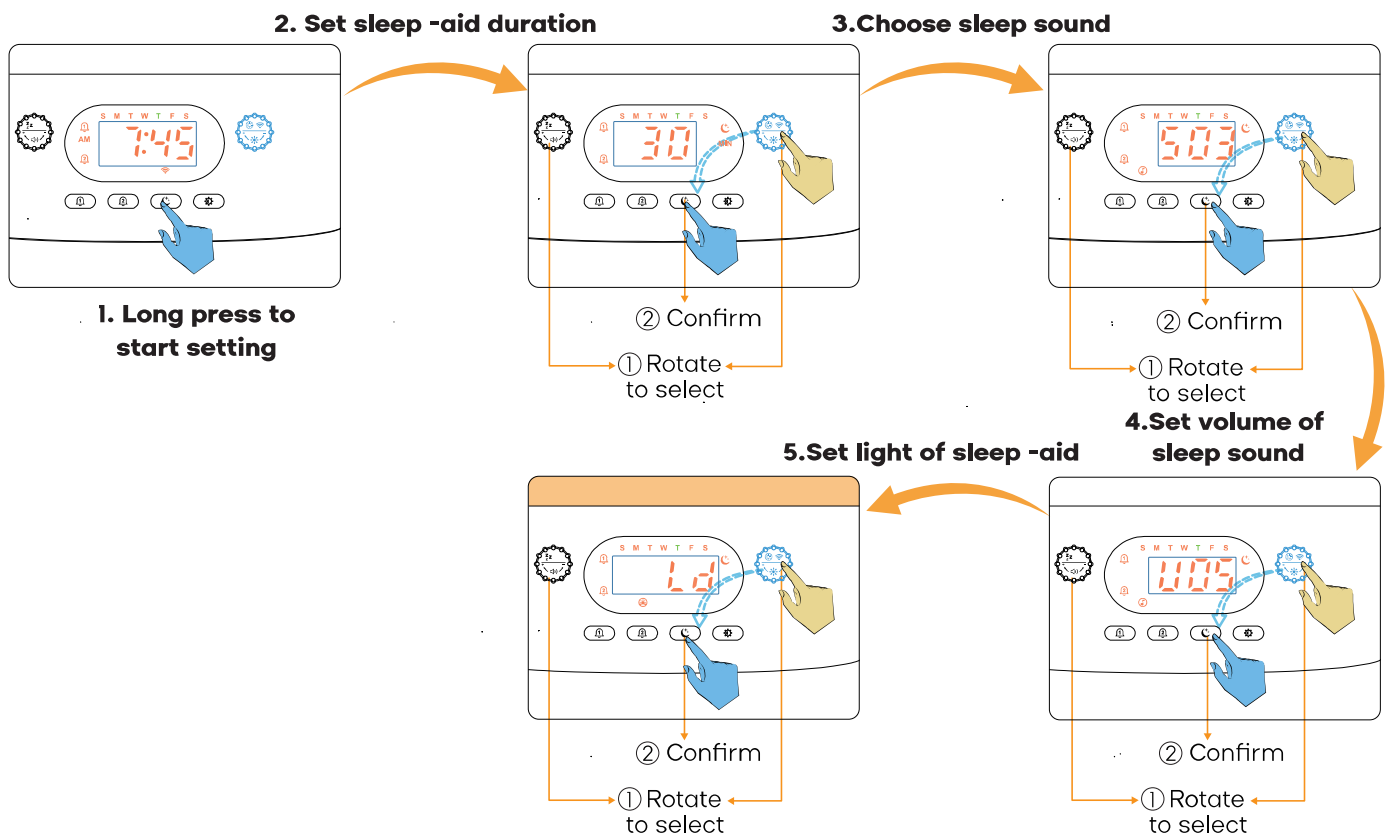
Sleep Aid Control Diagram:



Setting Steps:



- 1. Enter Sleep Aid Mode:** Long press the .
- 2. Set Duration:**  /  to choose between 5-120 minutes or continuous mode until manually turned off.
- 3. Select Sleep Aid Music:** Choose from 'Off', 'S01' to 'S11'.
- 4. Adjust Volume:** Set the volume from levels 'U01' to 'U10'.
- 5. Choose Sleep Aid Light:** Select lighting options - Off, Mid-level Dimming, Brightest Dimming, or Brightest Constant.

Sleep Aid Process Diagram:
















 Note:





When setting sleep-aid duration:

| | | |
|------|---|---|
| Icon |  |  |
| MIN | Play 5-120 minutes | Play until you stop it |

When setting Choose sleep sound:

| | | | | | | |
|---|--|--|--|---|--|---|
| Icon |  |  |  |  |  |  |
|  | No sleep sound | Rain | Bonfire | Night Whispers | Yoga | Relaxing |
|  |  |  |  |  |  | |
| White Noise | Hairdryer | Vacuum | GentleFan | PowerFan | Shhh | |

When setting light of sleep -aid:

| | | | |
|---|---|---|---|
| Icon |  |  |  |
|  | No sunset light | Fading light, starting at level 40 | Always on light, starting at level 50 |

Light

RestOn offers a dimmable amber lighting effect suitable for different settings, including sunrise simulation, reading light, and night light modes.

Key Required for this Function:  Regular Button

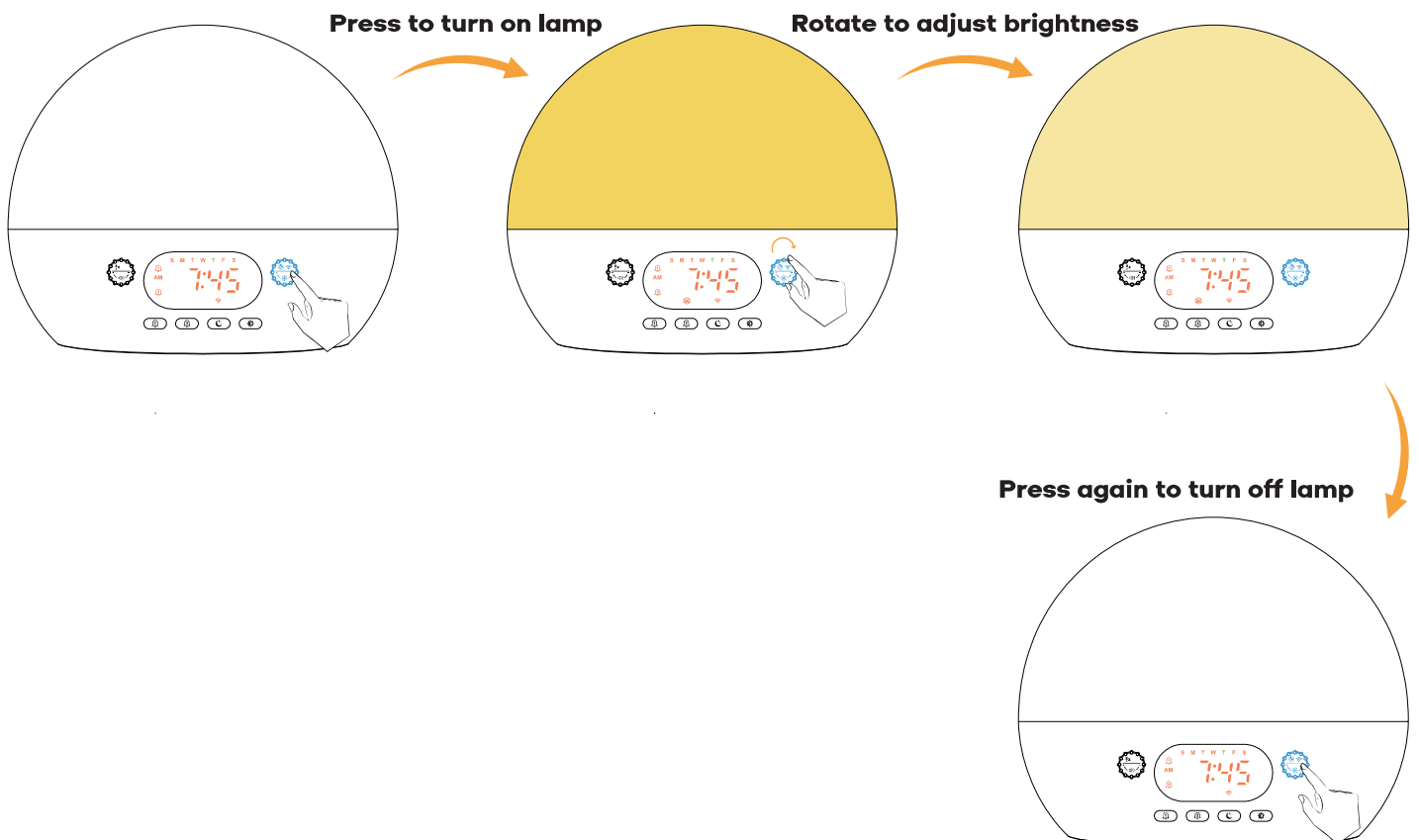
Light Button Operation:

***Turn On Light:** Press  to activate the light.

***Adjust Brightness:** Rotate  to switch between different brightness levels.

***Turn Off Light:** Press  again to deactivate the light.

Ambient lamp process iagram:



Specifications

| | |
|---------------------|---|
| Name | RestOn White Noise Wake-Up Light |
| Model | SSM |
| Product Dimensions | 200×168.8×106.7mm / 7.83×6.65×4.2 in |
| Weight | 515g / 1.14lb |
| Color | White and Grey |
| Material | ABS + PC + Fabric |
| Connection Mode | Wi-Fi (2.4G) |
| Control Mode | Button control, App control, voice control (connect to third-party smart speaker) |
| Input | Adapter 10W (5V \equiv 2A), TYPE-C input |
| Power | 10W (MAX) |
| Speaker | Dual 3W Stereo Speakers |
| Working Environment | Temperature: 0°C-45°C Humidity: 0% ~ 80% RH |
| Storage Environment | Temperature: -20°C-65°C Humidity: 0% ~ 90% RH |
| Packing List | White Noise Wake-Up Light×1, User Guide×1, Adapter×1 |
| Certification |      |

FCC Statement

This equipment has undergone testing and has been found to comply with the limits for a Class B digital device, as outlined in part 15 of the FCC Rules.

These limits are established to ensure reasonable protection against harmful interference in residential installations. This equipment generates and utilizes radio frequency energy and, if not installed and used in accordance with the provided instructions, may cause interference to radio communications.

Please note that there is no guarantee that interference will not occur in a specific installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, we encourage the user to attempt the following measures to mitigate the interference:

Reorient or relocate the receiving antenna.

Increase the distance between the equipment and the receiver.

Plug the equipment into an outlet on a different circuit than the one to which the receiver is connected.

Seek assistance from the dealer or an experienced radio/TV technician for further guidance.

Modifications or changes made to the equipment that have not been expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Rest assured that this device complies with Part 15 of the FCC Rules, ensuring adherence to regulatory standards.

Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Warning Statements:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

This equipment shall be installed and operated with minimum distance 20cm between the radiator & body.