



Smart Band Instruction manual

Model: M01

Please check the instructions before use.

Getting started guide

1、Packing list

Smart bracelet 1

Operating instruction 1

Charging cable 1

2、Product appearance and description



Touch button

Side button long press
switch machine

Short press to return to
the main interface

3、Function Description

(1) Motion step

Calculate the number of exercise steps, exercise mileage, and calories burned on the day

(2) Training mode

Running, cycling, swimming

(3) Health Check

Detect heart rate, blood oxygen, blood pressure

(Note: The data is for reference only, not for medical use)

(4) Sleep detection

Detect daily sleep quality and do statistics

(Note: The data is for reference only, not for medical use)

(5) Reminder function

Alarm clock, phone, SMS, sedentary, anti-lost, find, facebook, Line WhatsApp and other reminders

(6) Camera control

Support mobile phone remote photography

(8) Hang up the phone

Press bracelet touch key to end the call

4、 Switch instructions


(1).To boot

<1>.Long press the side button to boot

<2>.If the long press fails to turn on, please confirm if the battery has no power.

<3>.If the battery is out of power, please charge it with the matching charging cable before turning it on.

(2).Turn off the machine

Press the side button for a long time to turn off the machine. Or long press the setting interface, enter the secondary interface, switch to Shutdown button. 

5、 APP installation and device binding

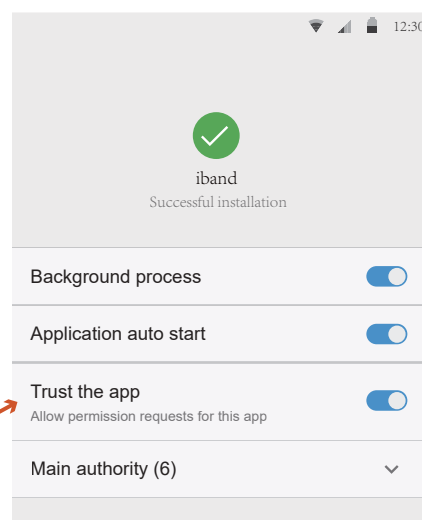
(1).APP installation

Mobile phone configuration requirements: Android system 4.4 and above, iOS 8.0 and above, Bluetooth Version BLE4.0 or higher

Scan the QR code below to download and install the app
(Android and iOS Universal)



APP QR code



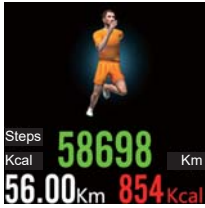
Note: After installation, the upper right interface will pop up. Please click to open the "Run in the background" and "trust the application" switch, Failure to do so may result in some features not working properly.

This option can also be opened manually in phone settings.

This option can also be turned on manually in the phone settings.

(2).Device binding

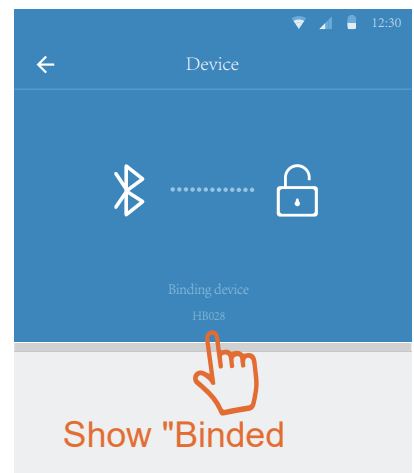
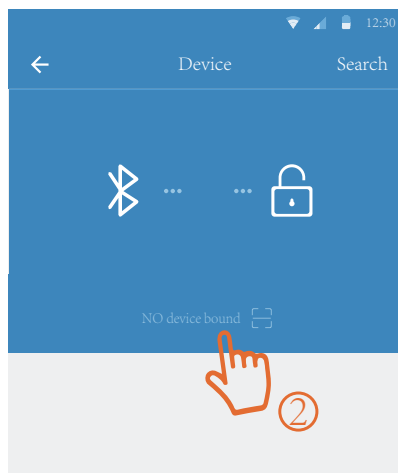
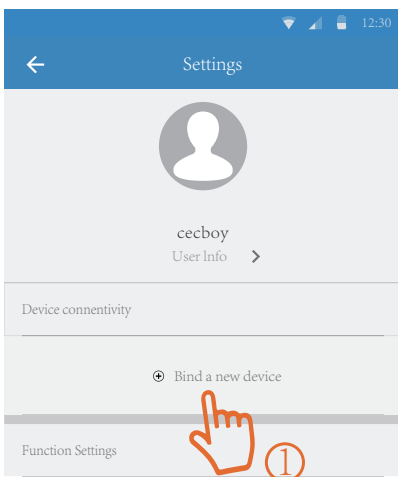
Method 1: 1). Scan the QR code connection binding, as shown in the figure:



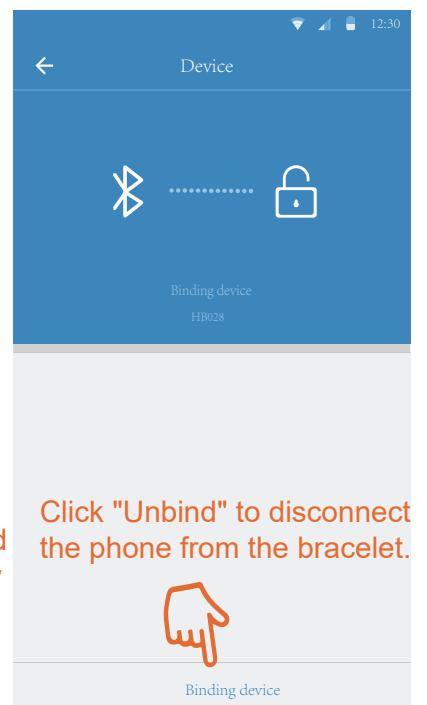
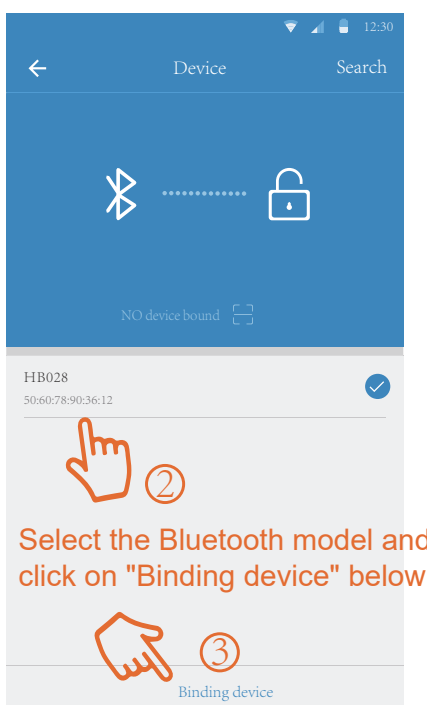
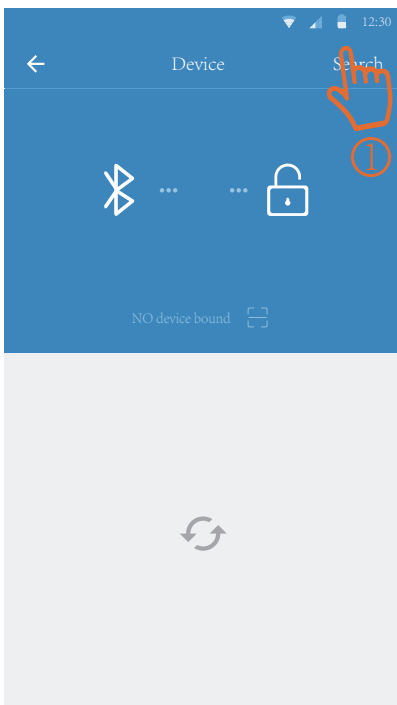
Press and hold the touch button on the step counter interface. Bring out the bracelet Bluetooth connection QR code (The QR code disappears after the bracelet is connected to the phone)

Note: The connection QR code of each device is unique and generated by the system.

2). Click the QR code icon on the device binding interface, and scan the code binding, as shown below:



Method 2: Search for the Bluetooth model to connect, as shown in the figure:



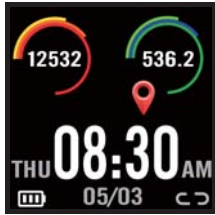
Note: The display status of the Bluetooth icon of the bracelet is as shown in the figure:

 Indicates connected

 Indicates not connected

6、Bracelet function icon and operation instructions

Main interface



In the main interface long press a touch button, Can switch between different main interfaces

Short press the touch button to enter the next interface

Step counter interface



When the device is not connected, Long press the touch button on this interface will display the device QR code.

Sports interface



Long press the touch button to enter the sub-interface, Short press the touch button to switch between each sub-interface (running, cycling, swimming).

Long press the touch button on each sub-interface to start detection. Long press the touch button again to exit.

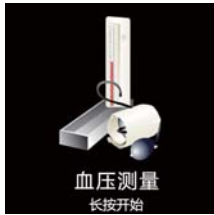
Heart rate interface



Long press the touch button 2S to enter the heart rate test

Press and hold the touch button 2S again to exit the test.

Blood pressure interface



Long press the button 2S to enter the blood pressure test
Press and hold button 2S again to exit the test.

Sleep interface



The sleep time starts to be calculated as 8:00 to the next day of the previous night 8 am

Alarm clock interface



Set the alarm time by APP, arrive
Set time bracelet will vibrate reminder

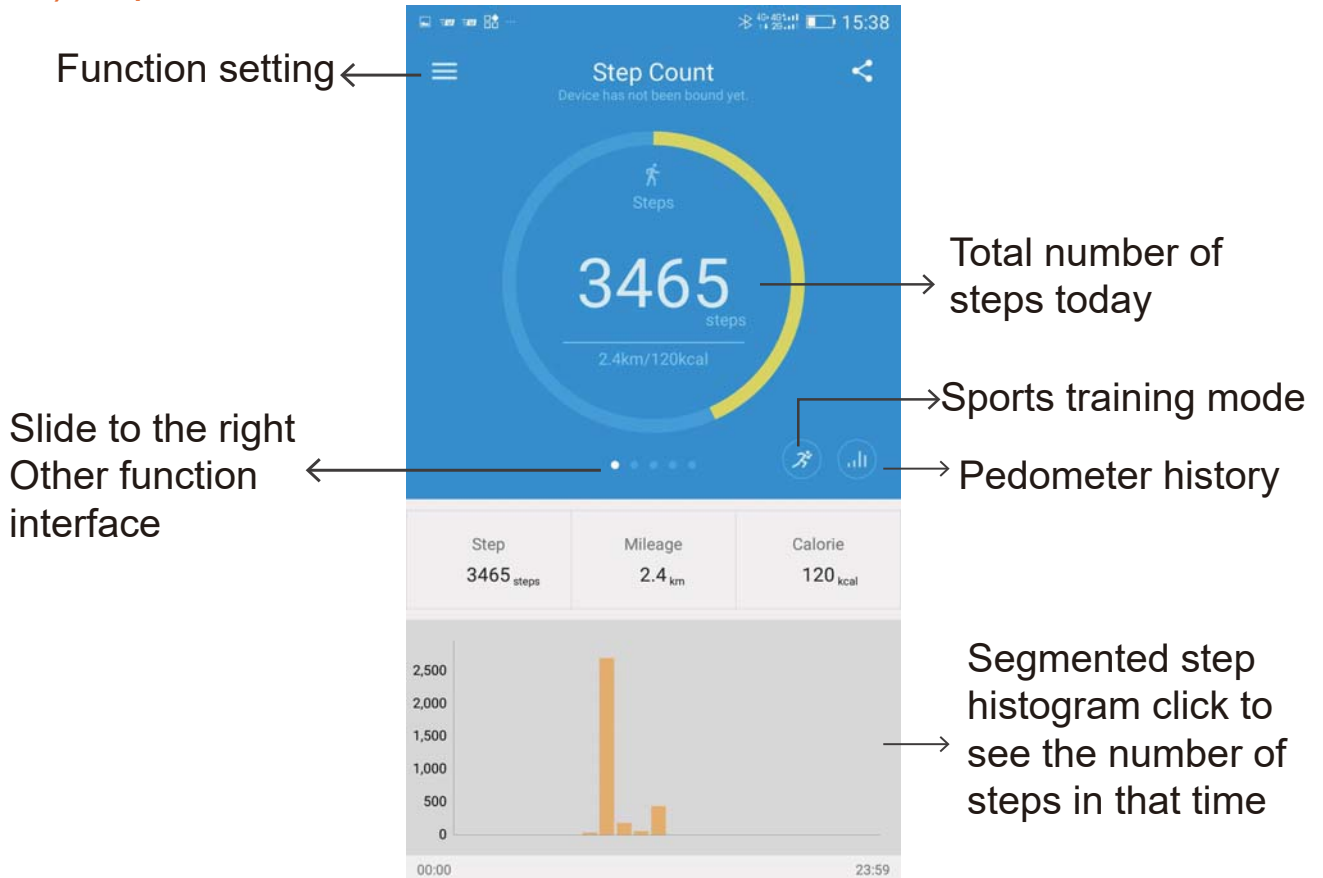
Setting



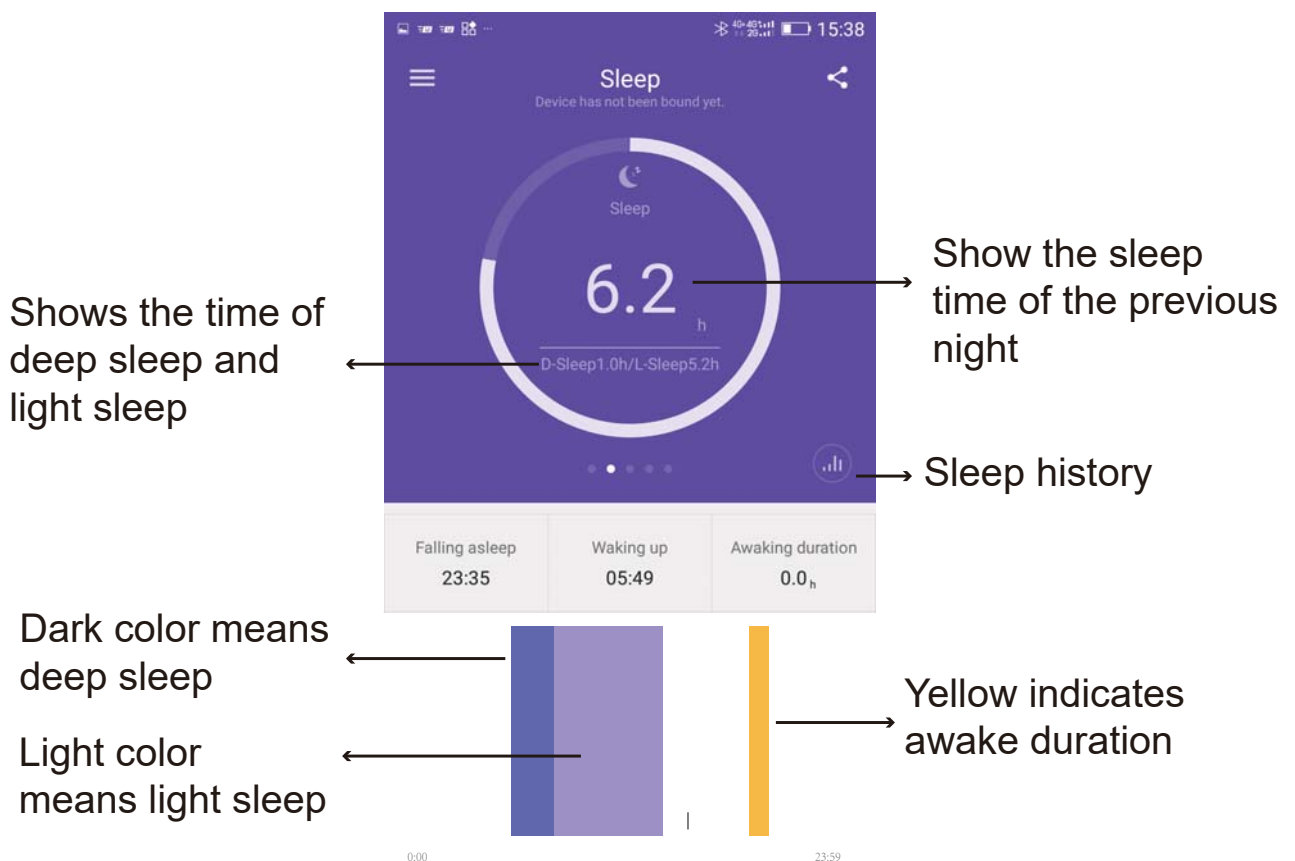
Long press to enter, there are functions such as search, device information, shutdown, etc. Short press the touch key to switch the operation, long press the touch key to achieve this function

7、 APP interface description

1) Step counter interface



2) Sleep interface



3)Heart rate interface

Click the measurement button to measure heart rate

Display the latest heart rate data

Heart rate recording

Avg	Min	Max
66 times/min	55 times/min	84 times/min

15:20:06 09:44:05

4)Blood pressure interface

Blood pressure value

History record

The most recent measurements

Time	SBP	DBP
08:03:16	120 mmHg	73 mmHg

08:02:58 08:03:16

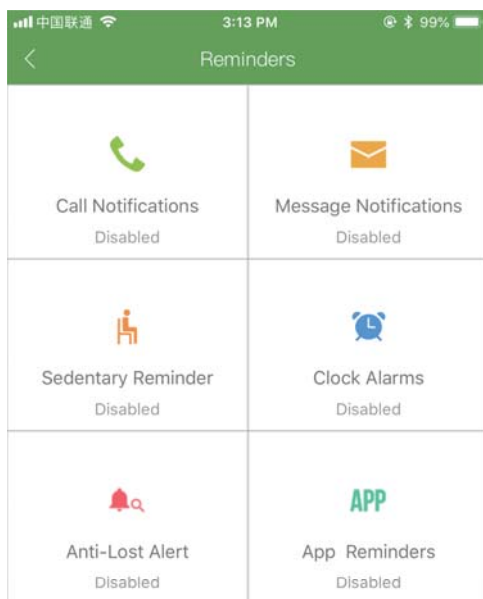
Settings (partial description)

Set the main interface

The screenshot shows the 'Settings' app interface with the following sections and annotations:

- User info:** 'cecboy' with a right-pointing arrow. Annotation: 'Fill in user information'.
- Device connectivity:** 'Bind a new device' with a right-pointing arrow. Annotation: 'Bracelet binding entrance'.
- Function Settings:**
 - 'Remote camera' with a left-pointing arrow. Annotation: 'At a distance achieved bracelet touch control camera phone'.
 - 'Find my watch' with a right-pointing arrow. Annotation: 'Find the location of the bracelet by looking for the vibration of the bracelet on your phone.'
 - 'Reminders' with a right-pointing arrow.
 - 'WeRun' with a right-pointing arrow.
 - 'Smart screen' with a left-pointing arrow. Annotation: 'Open the wrist and flip the bright screen switch and then raise the bracelet to brighten the screen.'
 - 'Heart rate' with a right-pointing arrow. Annotation: 'Time rate and blood oxygen measurement every 30 minutes'.
 - 'Brightness' with a left-pointing arrow. Annotation: 'Brightness adjustment: low, medium, high'.
 - 'Unit setting' with a left-pointing arrow. Annotation: 'Set metric/imperial units'.
 - 'Time format' with a right-pointing arrow. Annotation: 'Set 12 hours / 24 hours'.
 - 'Goal setting' with a left-pointing arrow. Annotation: 'Set step and sleep goals'.
 - 'Clean up data' with a right-pointing arrow. Annotation: 'Clear all activity data of the app'.
 - 'Restore factory defaults' with a left-pointing arrow. Annotation: 'Restart the bracelet operation'.
 - 'about' with a right-pointing arrow.

Set reminder function



Reminder function

The reminder function can be turned on or off. For example, when the "listing reminder" is turned on, the hand ring will be prompted to call in.

8、Instructions for use

- (1).The bracelet theoretically supports the operating system 8.0 system and above and the Android system version 4.4 and above.
- (2).This product is a precision part inside. Do not break this product and hit it with hard objects.Failure to do so may result in surface grinding or hardware damage.
- (3).Please do not throw this product into the fire to avoid an explosion.
- (4).Please be careful when wearing it, if you have sensitive skin or wear the bracelet too tight, you may feel uncomfortable.
- (5).When the bracelet is wet, please dry it before you can charge it, otherwise it will cause malfunction and corrode the charging contact point.
- (6).In a strong static environment, the bracelet may malfunction.For example, if there is no display or abnormal display, do not use it in a high-voltage and high-magnetic environment to avoid static interference.
- (7).Waterproof when the lens and outer casing remain intact, Violent demolition or installation may result in waterproof failure.
- (8).This product is only waterproof for cold water, and hot water may cause white fog in the film.
- (9).The battery life of this product varies depending on the usage environment and usage mode.

Disclaimer:

Warning: This product is not a medical device.The bracelet and its application are not applied to diagnosis, treatment, or prevention of diseases or conditions.If you change your habits such as exercise and sleep, be sure to consult a qualified medical professional first.In order to avoid serious casualties, our company reserves the right to modify and improve any of the functions described in this manual without prior notice. At the same time, the company reserves the right to continuously update the content of the products. The actual contents for everything!

FCC WARNING:

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter