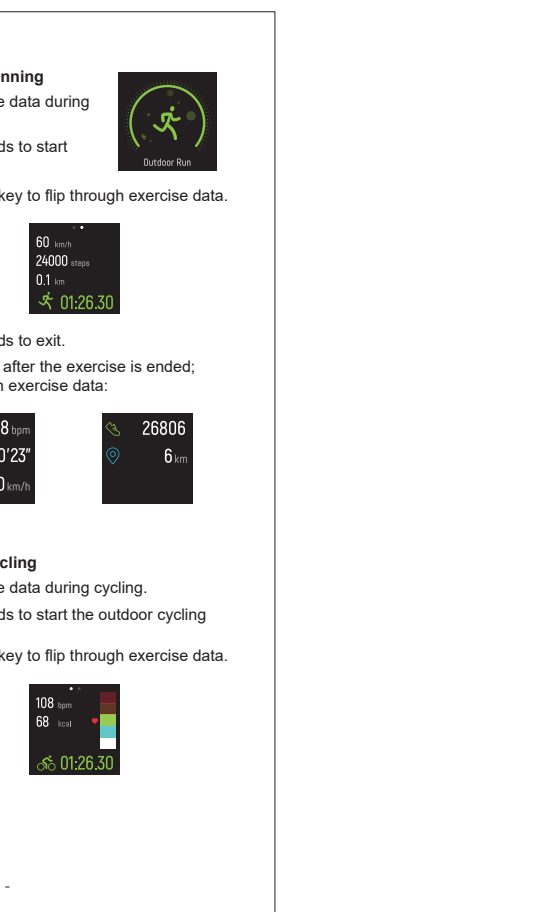
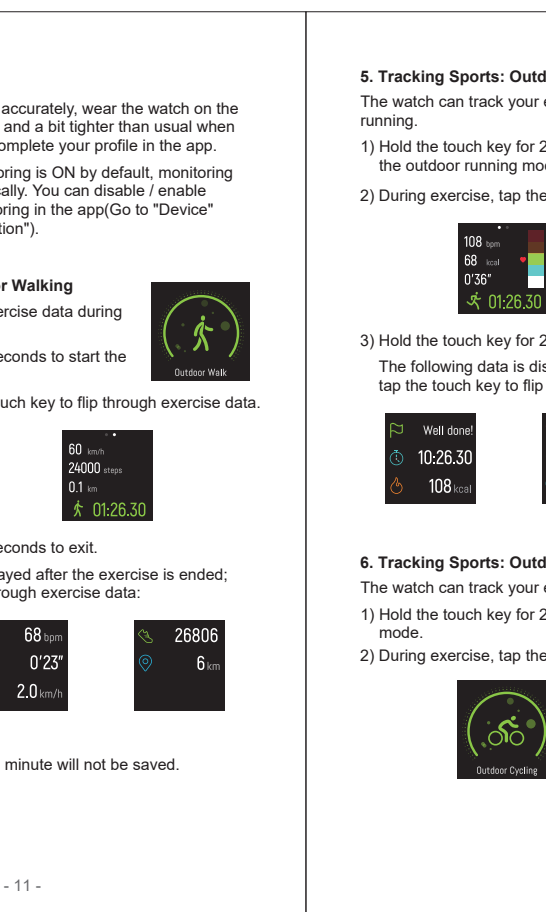
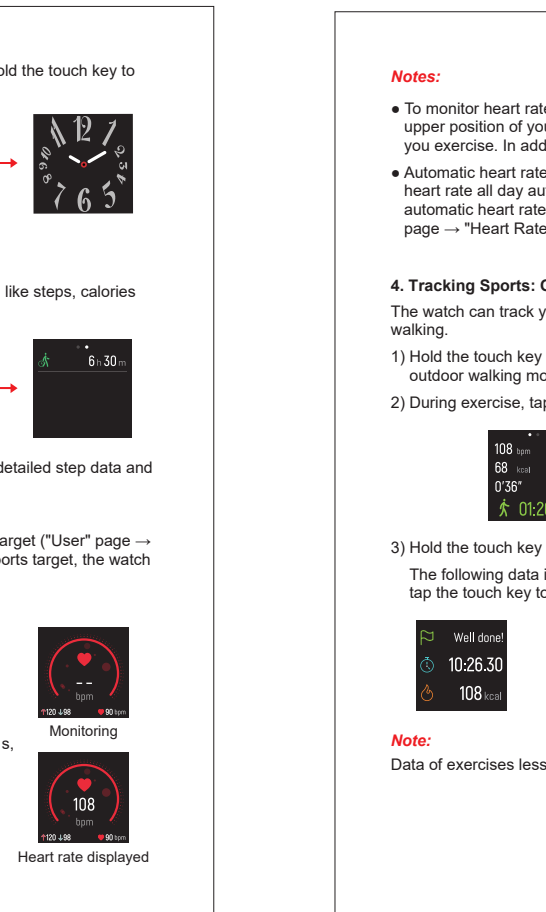
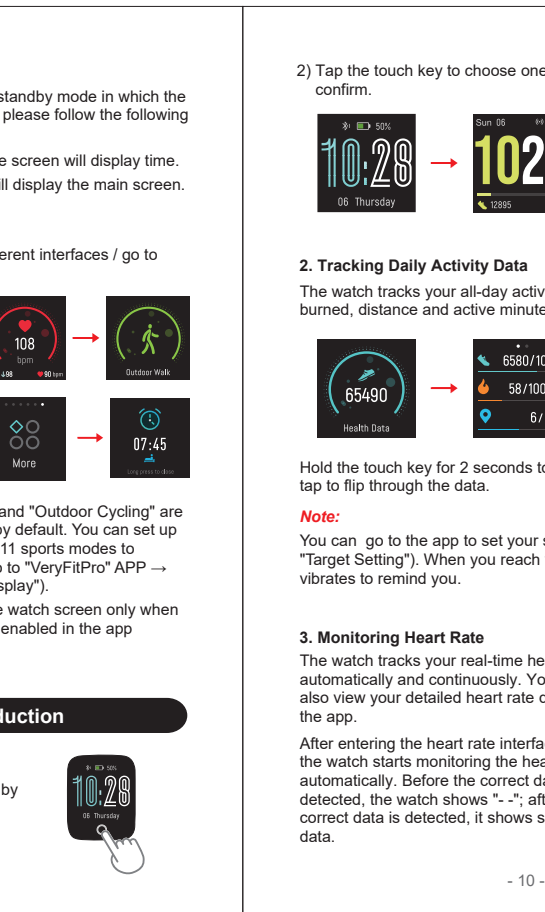
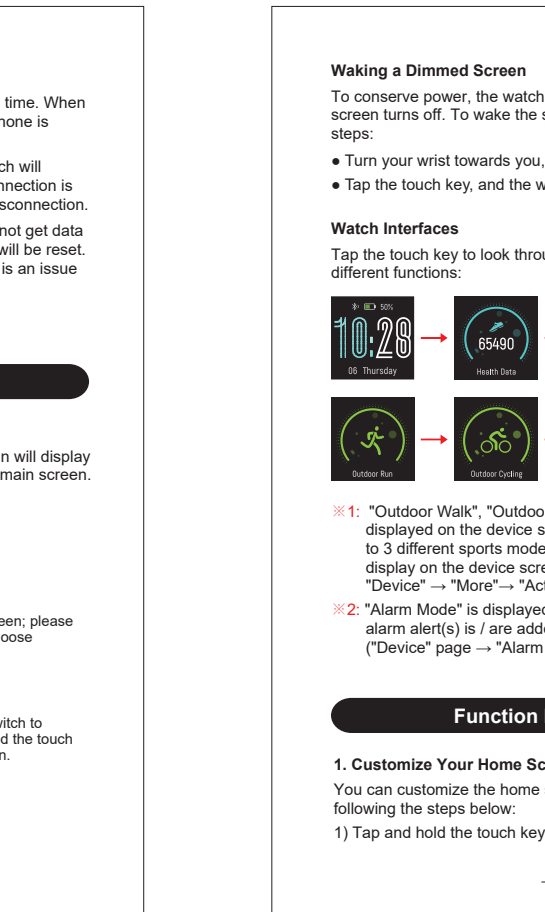
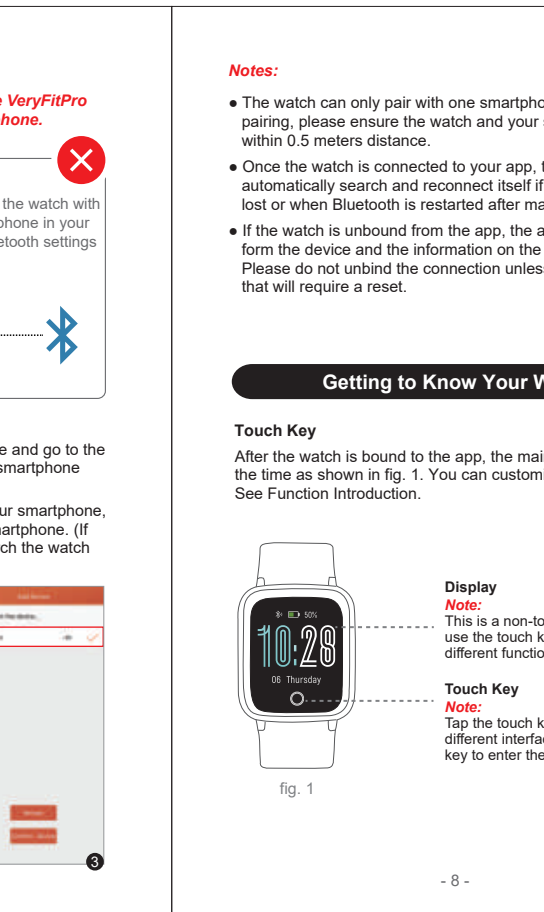
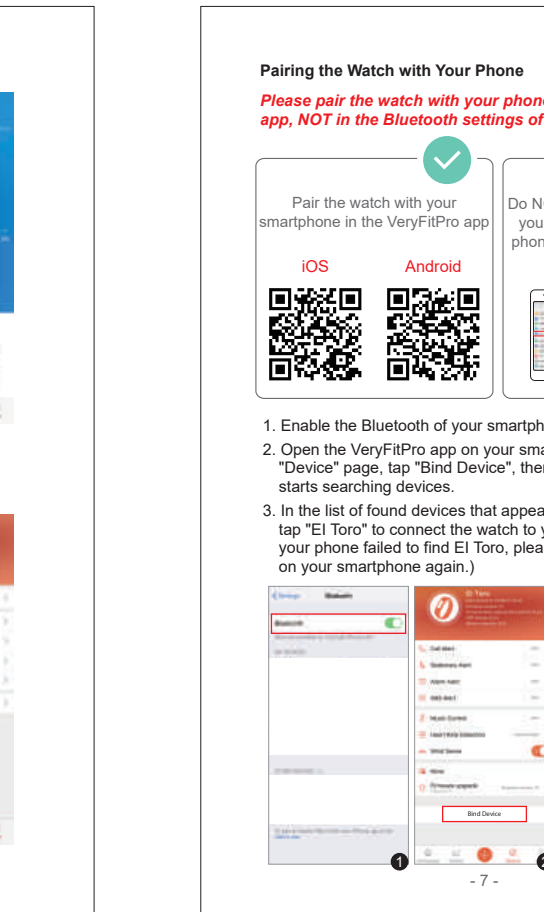
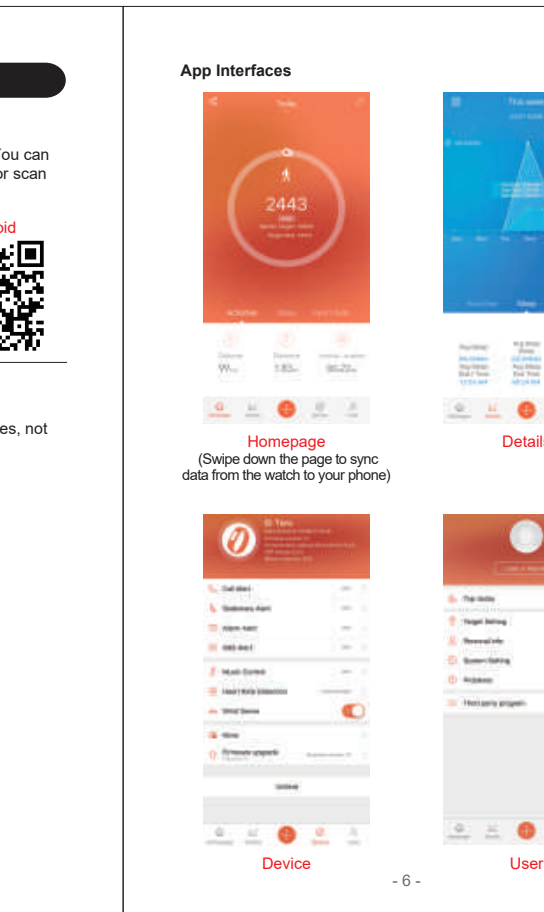
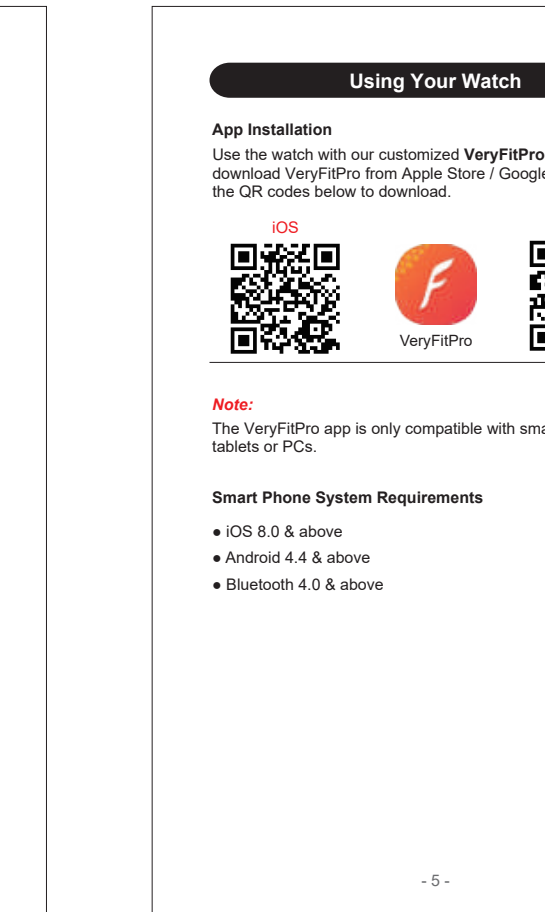
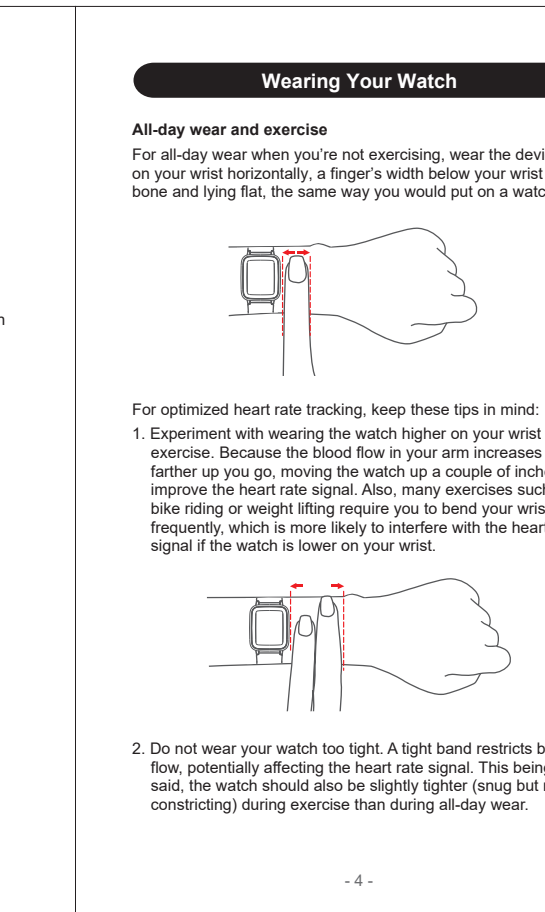
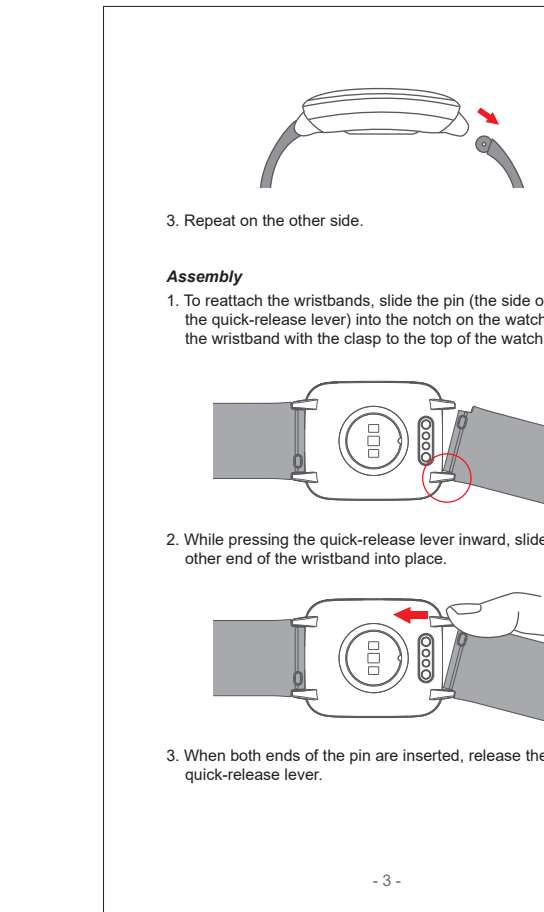
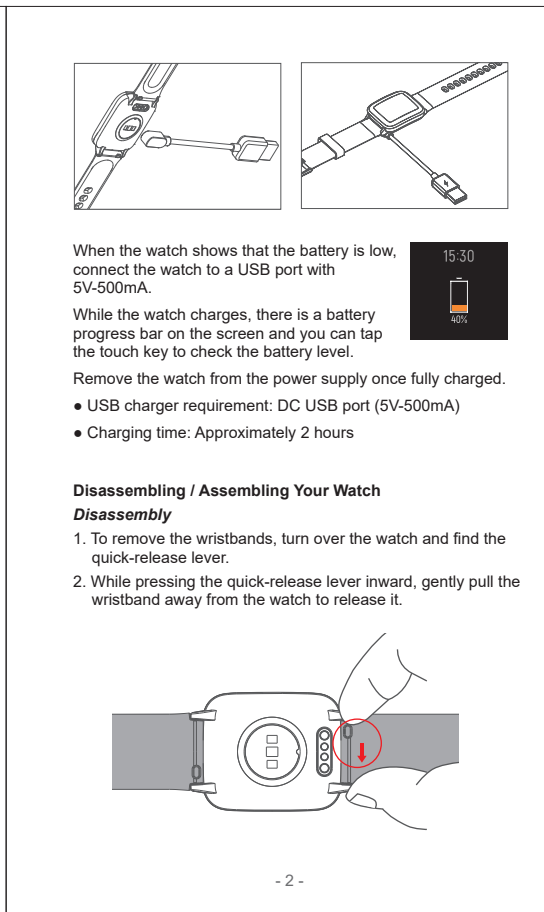
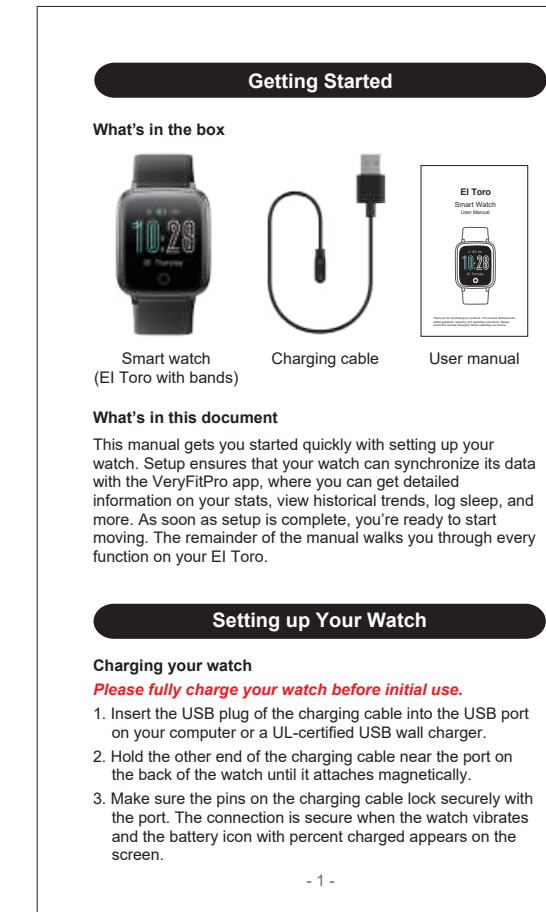
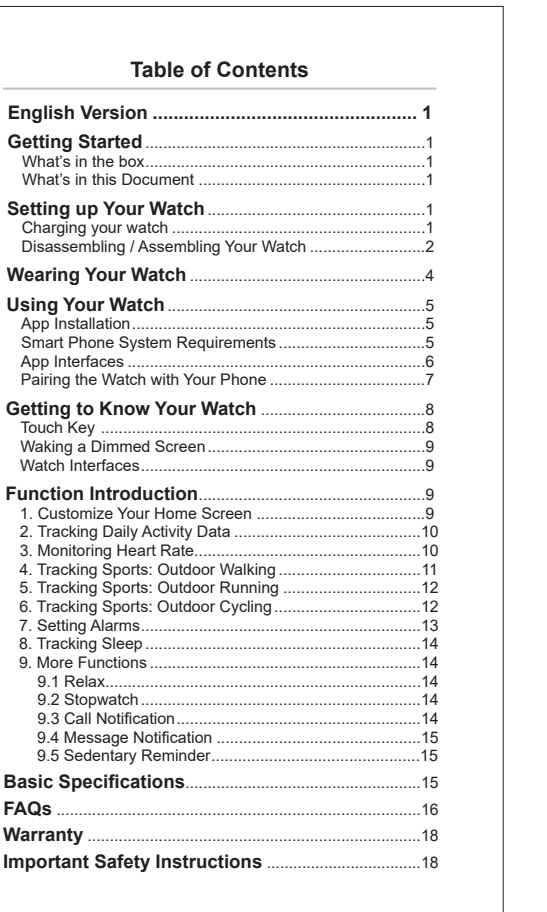
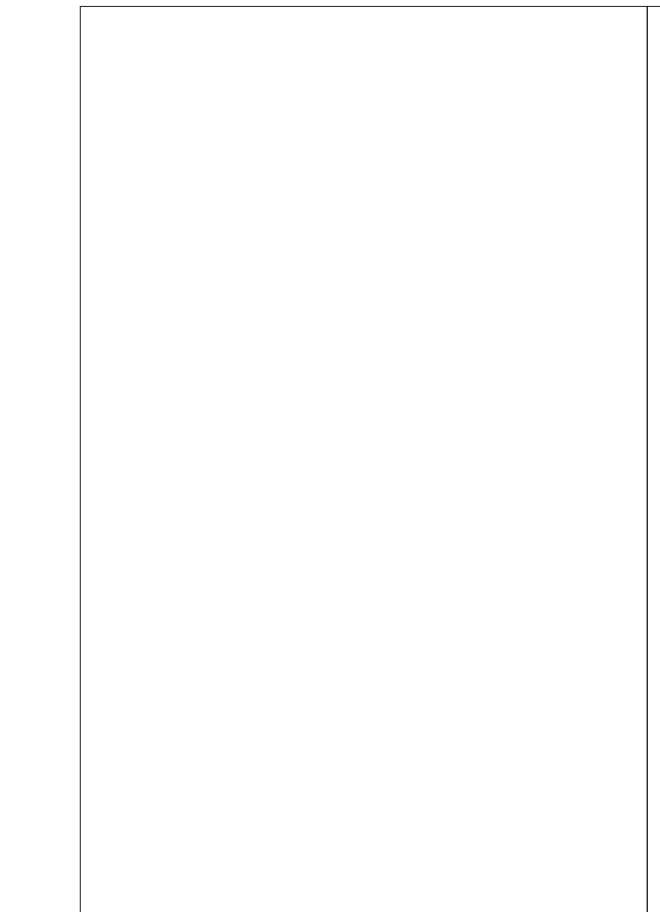
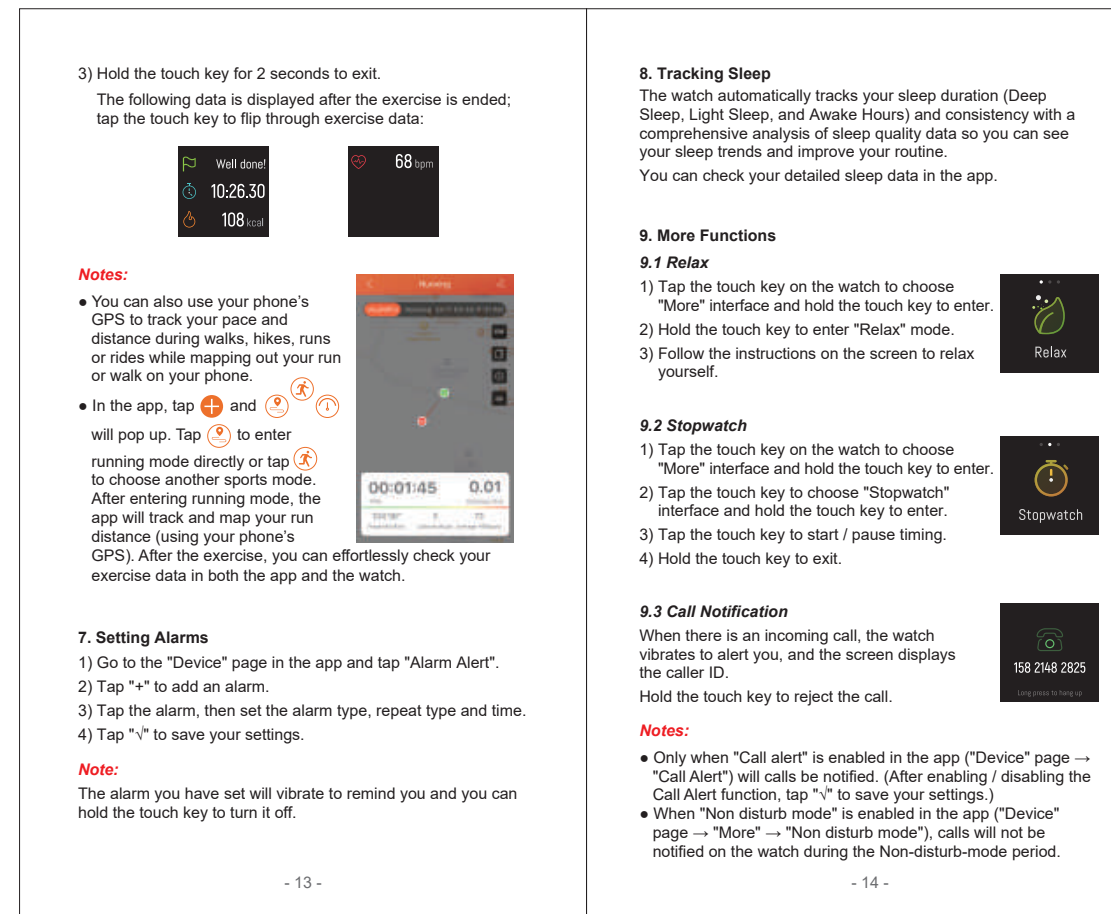


品名:	El Toro说明书	规格:	85g哑粉纸 四色 双面印刷
版本:	2020-08-11 V1		24P 骑马钉
制作:	王润婷		成品尺寸: 75x120mm
料号:	SM-SH-El Toro-V1		



NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in residential installations. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

of the heart rate readings to be inaccurate under certain circumstances, including the user's physical characteristics, fit of the device, and type and intensity of activity.

- The smart watch relies on sensors that track your movements and other metrics. The data and information provided by these devices are intended to be a close estimation of your activity and metrics tracked, but may not be completely accurate, including step, sleep, distance, heart rate, and calorie data.
- If you have eczema, allergies or asthma, you may be more likely to experience skin irritation or allergies from a wearable device.
- Whether you have the conditions above or not, if you start to experience any discomfort or skin irritation on your wrist, remove your device. If symptoms persist longer than 2-3 days of not using your device, contact your doctor.
- If you sweat for more than two hours while wearing your watch, be sure to clean and dry your band and your wrist to avoid skin irritation.
- Prolonged rubbing and pressure may irritate the skin, so give your wrist a break by removing the band for an hour after extended wear.

Maintenance

- Regularly clean your wrist and the smart watch, especially after sweating during exercise or being exposed to substances such as soap or detergent which may adhere to the internal side of the watch.
- Do not wash the watch with household cleanser. Please use soapless detergent, rinse thoroughly and wipe with a soft towel or napkin.
- While the watch is water resistant, wearing a wet band is not good for your skin.
- If your bands get wet—such as example after sweating or showering—clean and dry them thoroughly before putting them back on your wrist.
- Do not wear your skin as dry before you put your bands back on.
- Do not bring your device into contact with any sharp objects, as this could cause scratches and other damage.
- For light-colored arm bands, repeatedly direct contact with dark-colored clothing, as color transfer can occur.

Battery Warnings

A lithium-ion battery is used in this device. If these guidelines are not followed, batteries may experience a shortened life span or may cause fire, chemical burn, electrolyte leakage, and/or injury.

- Do NOT disassemble, modify, remove, puncture or damage the device or batteries.
- Do NOT expose your device to liquid, moisture, humidity or rain while charging; do not charge your device when it is wet, as this may result in electrical shock and injury.
- Keep your device clean and dry. Do not use abrasive cleaners to clean your device.
- Do NOT expose the device or batteries to fire, explosion, or other hazards.

Health Warnings

- If you have a pacemaker or other internal electronic device, consult your physician before using a heart rate monitor.
- The optical wrist heart rate monitor emits green light and flashes occasionally. Consult your physician if you have epilepsy or are sensitive to flashing lights.
- Always consult your physician before beginning or modifying strenuous, cardiac, or freestyle.
- This product is NOT a toy - never allow children or pets to play with this product. Always store the product out of the reach of children. The device, themselves or the many small parts they contain may cause choking if ingested.
- Never try to abuse, crush, open, repair or disassemble this device. Doing so will void the warranty and can result in a safety hazard.
- If any parts of your product require replacement for any reason, including normal wear and tear or breakage, please contact us.

Failure to connect to smartphone

The watch will disconnect from your smartphone in the following cases:

1. Smartphone Bluetooth is off or exceeds the Bluetooth connection range (the maximum Bluetooth connection range is 10 meters and can easily be reduced by walls, furniture, etc.).
2. The VeryFitPro app is closed on the phone. (This can occur automatically under certain circumstances.)

To reconnect the watch to your smartphone, please **always** take the following steps:

1. Go to your smartphone system Settings, find the VeryFitPro app and enable the Location and all Notifications.
2. Clear all running / background processes on your smartphone. Go to the VeryFitPro app and swipe down "Homepage", then the watch will reconnect to your smartphone and update data. You can also restart your smartphone and Bluetooth, then rebind the watch in the app.

Failure to find the watch when pairing

1. Make sure your smartphone's Bluetooth is enabled and your smartphone's system meets the requirements of Android 4.4 or higher, iOS 8.0 or higher, and Bluetooth 4.0 or higher.
2. Make sure the distance between your smartphone and the watch does not exceed 0.5 meters and that Bluetooth communication is also within range (10 meters max).
3. Make sure your watch has enough battery life. If there is still a problem after being fully charged, please contact us.

Occasional failure to connect with Bluetooth

Reboot your smartphone or restart your smartphone's Bluetooth.

Failure to receive SMS / calls notifications

Call / SMS notification function works when the watch connects to your smartphone via the app. Please kindly refer to the following tips:

1. Go to your smartphone Settings, find VeryFitPro app and enable the Location and all Notifications.
2. Enable your phone's Bluetooth and go to the VeryFitPro app to bind the watch.
3. Enable the Call / SMS Alert function, and tap "i" to save your settings.
4. Check if the "Non disturb mode" function is enabled in the app, you will not receive message on the watch during the Non-disturb-mode period.

Model No. El Toro
 Sync: Bluetooth 4.2
 Screen: 1.3" TFT LCD
 Battery Capacity: 210mAh
 Working Voltage: 3.8V
 Working Temperature: -10°C to 40°C
 Weight: 1.09oz (31g)
 Waterproof Rating: IP68
 Water-Proof Time: about 10 days

8. Tracking Sleep

The watch automatically tracks your sleep duration (Deep Sleep, Light Sleep, and Awake Hours) and consistency with a comprehensive analysis of sleep quality data so you can see your sleep trends and improve your sleep.

You can check your detailed sleep data in the app.

Notes:

- You can also use your phone's GPS to track your pace and distance during walks, hikes, runs or rides while mapping out your run or walk on your phone.

8.1 Relax

- 1) Tap the touch key on the watch to choose "Relax" interface and hold the touch key to enter.
- 2) Hold the touch key to enter "Relax" mode.
- 3) Follow the instructions on the screen to relax yourself.

8.2 Stopwatch

- 1) Tap the touch key on the watch to choose "Stopwatch" interface and hold the touch key to enter.
- 2) Tap the touch key to enter "Stopwatch" mode.
- 3) Tap the touch key to start / pause timing.
- 4) Hold the touch key to exit.

8.3 Call Notification

When there is an incoming call, the watch vibrates to alert you, and the screen displays the caller ID.

Hold the touch key to reject the call.

Notes:

- Only when "Call alert" is enabled in the app ("Device" page --> "Call Alert") will calls be notified. (After enabling / disabling the Call Alert function, tap "i" to save your settings.)
- When "Non disturb mode" is enabled in the app ("Device" page --> "More" --> "Non disturb mode"), calls will not be notified on the watch during the Non-disturb-mode period.

9. More Functions

- 1) Tap the touch key on the watch to choose "Relax" interface and hold the touch key to enter.
- 2) Tap the touch key to enter "Relax" mode.
- 3) Follow the instructions on the screen to relax yourself.

9.1 Relax

- 1) Tap the touch key on the watch to choose "Relax" interface and hold the touch key to enter.
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- 3) Follow the instructions on the screen to relax yourself.

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- 3) Tap the touch key to start / pause timing.
- 4) Hold the touch key to exit.

9.3 Call Notification

When there is an incoming call, the watch vibrates to alert you, and the screen displays the caller ID.

Hold the touch key to reject the call.

Notes:

- Only when "Call alert" is enabled in the app ("Device" page --> "Call Alert") will calls be notified. (After enabling / disabling the Call Alert function, tap "i" to save your settings.)
- When "Non disturb mode" is enabled in the app ("Device" page --> "More" --> "Non disturb mode"), calls will not be notified on the watch during the Non-disturb-mode period.

5. Tracking Sports: Outdoor Running

The watch can track your exercise data during running.

- 1) Hold the touch key for 2 seconds to start the outdoor running mode.
- 2) During exercise, tap the touch key to flip through exercise data.
- 3) Hold the touch key for 2 seconds to exit.

The following data is displayed after the exercise is ended; tap the touch key to flip through exercise data:

6. Tracking Sports: Outdoor Cycling

The watch can track your exercise data during cycling.

- 1) Hold the touch key for 2 seconds to start the outdoor cycling mode.
- 2) During exercise, tap the touch key to flip through exercise data.