

# Smart bracelet H07

User Manual

## 1、Preface

Thanks for purchasing H107 fitness tracker w/ heart rate monitor.

For better use the product please read this manual carefully.

You can use this product with or without App.

To use App, you need to install the *PowerBand* App to your cell phone.

We reserve the rights of any changes on the content without notification in advance.

## 2、Maintenance

Please use soft cloth to wipe the bracelet.

Don't use chemical reagent like thinner or benzene to wipe the bracelet.

Please use high quality charger to charge this bracelet.

### Charging:

**Please charge as the following instruction. If charge with wrong way it may harm the product.**



**Correct**



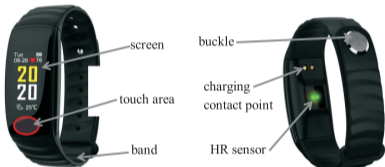
**Wrong**

## Note:

1: To update the weather situation please connect GPS on your cell phone.

2: For ios, the set of QQ/wechat/call alert is not in the App. The setting is via cell phone: setting-notification- open/close the alert.

## 3. Product



### 3.1 Product Introduction

- **0.96 inch color screen:** display time, battery power, bluetooth connection (for details please refer to App)
- **Touch Button:** single touch to switch interface.
- **Charging point:** specified charger
- **Light sensor:** used for test heart rate and blood pressure.

### 3.2 Battery

The battery is charged 30% when shipped. When battery power is low, the fitness tracker will turn off automatically and turn on when charging.

**Note:**

**Please don't leave the battery without charging for long time. Or, it may harm the battery.**

### 4.App Download

**For IOS:**

Search *Power Band* in App store to download.

**For Android**

Search *Power Band* (in Anzhi net) and download.

2 Scan the following QR code to download



(Android)



(IOS)



Android(international)


## 5. Product and App Operation



### 5.1 Connect the smart band to APP

Enter the *PowerBand* app then click *Device*, the App will scan the smart band automatically. Find *PowerBand* and connect it.

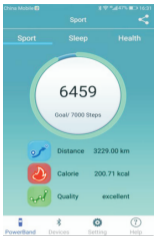


### 5.2 Smart Band Function

- 1) When the smart band is connected to App there will be the icon  on the main interface of the smart band. Then time, month, week and weather will update automatically.
- 2) Heart Rate Interface: when enter this interface, the smart band will test your heart rate automatically.

- 3) **Blood Pressure Interface:** when enter this interface, the smart band will test your blood pressure automatically.
- 4) **Step counter interface:** this interface shows the quantity of steps.
- 5) **Long press the touch area to enter multi-sports interface** (single touch to switch among running, biking, climbing and back  interface; long press to enter/exit each mode); long press at the *back*  interface to get back to the step counter interface.
- 6) **Distance interface:** it shows the distance of sporting.
- 7) **Calorie interface:** it shows the calorie burned.
- 8) **Sleep monitor interface:** to monitor your sleep quality you need to wear the smart band before 21:00pm; and you can check your sleep quality on App.
- 9) **Information interface:** long press to enter or exit; it remains 3 latest records of information.
- 10) **Off interface:** long press to turn off or turn on the smart band.
- 11) **5.3 APP Function**

1. Enter App and click *powerband*, you can switch among sports, sleep and fitness interface.



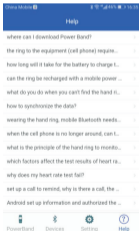
- 1) sports: scroll to update the data of steps, calorie, quality.
  - 2) click *steps* to enter historical data.
  - 3) switch to *sleep*: scroll to update the data of sleep quality: time of deep sleep, light sleep and times of being awake. Click *sleep* to enter historical data.
  - 4) switch to fitness: click to test heart rate, blood pressure, blood oxygen and fatigue.
2. Enter App and click *setting*:



- 1) **Personal information:** gender, age, height, weight, sport target.
- 2) **Intelligent anti-lost:** when the smart band disconnected with app, the smart band will vibrate.
- 3) **Find the smart band:** if turn on this function, when connected with App, the smart band will vibrate and display *I'm here*.
- 4) **Alarm and reminder:** enter to set alarm, incoming call, SMS, QQ, wechat, facebook, skype, twitter, whatsapp.
- 5) **Remote photo taking:** shake the smart band to take photos.
- 6) **Configure:** usage authority setting.
- 7) **Heart rate monitoring time interval:** 0-60 minutes interval can be set. Also the heart rate alarm can be set.



- 8) Waken the interface: turn over the wrist to waken the interface. You are suggested to turn off this function to save battery power.
  - 9) Screen sleep: you can set the time of interface sleep.
  - 10) Factory default setting: enter to clear all data.
  - 11) About: it shows the version of App.
3. FAQ: you can check the FAQ to get some help when needed.



## FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- o Reorient or relocate the receiving antenna.
- o Increase the separation between the equipment and receiver.
- o Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- o Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.