

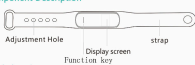
Fitness Tracker

User Guide



Quick instructions for use

Component Description



Band charging

For the first time, please take the wristband out and charge the equipment with the corresponding charger. When charging, the wristband will open automatically (charge mode as follows). Join the USB-charging cable with band at match point backside and USB port for charging.



Wearing method

1. Best to wear the wristband behind the Ulnar Styloid;
2. Adjust the size suitable for your wrist via adjustment hole;
3. Sensor shall be close to skin avoiding moving.



On/Off

1. In the shutdown state, long touch the function key over 3 seconds to start up the device with vibration;
2. In the state of power-on, long touch the function key over 3 seconds to enter into shutdown interface and choose Off; device will be powered off with vibration.

Operation

1. Shortly touch the function key can light up the screen or switch display page under the latest power-on.
2. No operation in 5 seconds will turn off screen by default. User can connect the phone App to modify the off-screen time.

Find phone interface

When connected, click on the "Find Phone" option and the phone will send a vibration reminder or ringtone reminder.



Factory Reset

Long Press 3 seconds, all data of the smart band is cleared.



Shutdown interface

In the Shutdown interface, long press more than 3 seconds can Vibration shutdown.



3. Wear the wristband to connect the App, calibrate the heart rate.
4. Wristband will automatically start testing when it is switched to the heart rate or blood pressure interface, and will stop testing when leave the interface.

Install App on Phone

Scan the following QR code or enter the application market to download and install "TOTI Smart Life YKWX".



System requirements: IOS: 8.0 and above. Android: 4.4 and above. phone support for Bluetooth 4.0.

Matters needing attention

- Please avoid strong impact, extreme heat and exposure to the wristband.
- Please do not disassemble, repair or transform the machine on its own.
- The machine is charged with 5050MA, and it is strictly forbidden to use over-voltage load power.
- The use of the environment is 0 degree -45 degrees, and it is forbidden to wear the wristband in the water; the wristband can be used only for the charging operation with a soft cloth, otherwise it will cause corrosion of charging contact point, charging fault.
- Do not touch the chemical substances such as gasoline, clean solvent, propargol, alcohol or insect repellent.
- Please do not use this product in high pressure and high magnetic environment.
- If you have sensitive skin or you tighten the wristband, you may feel discomfort.
- Please dry the sweat drops on the wrist in time. The strap has long contact with sweat, sweat, allergies or pollution ingredients, which may cause skin allergy itching.
- If it is often used, it is recommended to clean the wristband every week.
- Wipe with wet cloth and remove oil or dust with mild soap.
- It is not appropriate to wear a hot bath with a wristband.
- After swimming, please wipe the wristband in time so as to keep dry.

How to connect

Connect the APP at first to calibrate the wristband, automatic sync time, otherwise steps and sleep data will be incorrect.

1. Open mobile phone APP
2. Click to set up icons
3. My device (IOS) / search equipment (Android)
4. Pull down scanning equipment
5. Click device attachment

Bluetooth connect: After pair finished, APP will remember Bluetooth's address automatically. Once APP is opened or operated in background, it will search and connect wristband automatically. Data synchronization: manually pull down the synchronization data on the APP homepage. The bracelet can store off-line data for 10days. The more data, the longer of synchronization time, the longest is about 2 minutes. After the synchronization is completed, there will be a "sync to wristband successfully" prompt.

Common problems

- Why does the test of heart rate wait for 8 seconds?**
To test your heart rate, you need to take a long time signal to accurately calculate your heart rate.
- What should I do if the Bluetooth connection is not connected/connection/ retry failed or connection reconnection is very slow?**
Confirm that your device is IOS8.0 or Android 4.4 and above support Bluetooth 4.0.
1. Due to the signal interference of the Bluetooth
 2. Wireless connection, the connection time may vary. If it is not connected for a long time, please make sure that the operation is performed without magnetic field or without interference from multi-Bluetooth equipment.
 3. Turn off Bluetooth and turn it on again.
 4. Close the mobile background app or restart the phone
 5. Do not connect other Bluetooth devices or functions to your phone at the same time.
 6. Whether the APP is running normally in the background, if it is not in the background, it may not be connected.
- Can't search the wristband?**
Since the wristband is not searched by phone in Bluetooth broadcast, make sure the wristband is in power and activated and is not connected to any other phones. Then, put the wristband close to the phone, if it is still invalid, turn off the phone, and after about 20 seconds, restart the phone Bluetooth.

Main APP Features and Settings

Personal Information and Activity goal

Please set personal information first after entering the APP. Settings—Personal Settings. Set up head portrait: gender, age, height and weight and personal information, can improve accuracy of data. Customize your personal Activity goal, and a reasonable exercise planning will help improve your physical fitness.

Notifications

- This feature will be workable under: 1. Notifications enabled in Settings. 2. The wristband and phone App connecting successfully. The wristband will vibrate reminder once get message.
- ☎ Calling
 - ✉ Short message
 - QQ
 - We-Chat
 - Alarm clock
 - Sitting

Incoming Call: Vibrate and name or number will be displayed. (Display name only if it's in your contacts, if not, it will display number)

Message: Vibrate reminder with name from Contacts or number if unknown.

QQ: Vibrate and QQ icon reminder.

Wechat: Vibrate and Wechat icon reminder.

Alarm Clock: Up to 3 alarms with user-friendly vibration. Support offline clock alarming.

Sedentary: One hour default interval. Notified with vibration after sitting more than interval.

A long sit reminder: the default reminder interval is one hour; if the connection is open, if the user fails to move in an hour, the bracelet will vibrate to remind the user to exercise.

Sleep Monitoring

When you fall asleep, the bracelet will automatically determine the sleep monitoring mode, automatically monitor your sleep / light sleep / awake time, calculate your sleep quality. Sleep data only support APP side to check. Note: Sleep data will only be available when you wear a bracelet to sleep.

Main functional interface

Main interface
Without Bluetooth icon, it means the wristband is not connected to the cell phone. When the Bluetooth icon is on, the connection is successful. When the wristband and APP are paired for the first time, the wristband will synchronize the weather, time, date and week of the mobile phone.

Steps interface

Display step, wristband default step mode. Wear the bracelet on the wrist, when the user walks and the arm swings, the number of times the bracelet follows the swing is recorded as the walking step data.

FCC STATEMENT

FCC ID: 2APND-FUNNYC
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference to a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not approved by the party responsible for compliance could void the user's authority to operate the equipment.

data after disconnection?

Before the data is synchronized, the data is kept on the wristband host (seven days of data can be retained). When the Bluetooth connection of the wristband and the wristband is successful, the wristband data will be automatically uploaded to the mobile terminal. Please synchronize the data to the mobile terminal in time.

Note: If the caller and SMS alerts are opened, you must keep the Bluetooth connection, and the alarm is offline.

Basic parameters

Type	Smart heart rate blood pressure bracelet	Battery Type	Li-polymer
Display screen	0.96 inch TFT	Material	TPU
Weight	38g	Battery capacity	90mAh
Length	255mm	Battery voltage	3.7V
Waterproof level	IP67	Packing list	1x USB, 1x instructions, 1x USB Clip, 1x Charger

55mm

55mm

70mm

FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

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