# 5 FCC §2.1093, §1.1310(d) (3) & ISEDC RSS-102 - RF Exposure

## 5.1 Applicable Standards

As per FCC §1.1310(d) (3), At operating frequencies above 6 GHz, the MPE limits listed in Table 1 in paragraph (e)(1) of this section shall be used in all cases to evaluate the environmental impact of human exposure to RF radiation as specified in §1.1307(b) of this part.

TABLE 1 TO §1.1310(E)(1)—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm²)	Averaging time (minutes)				
(i) Limits for Occupational/Controlled Exposure								
0.3-3.0	614	1.63	*(100)	≤6				
3.0-30	1842/f	4.89/f	*(900/f <sup>2</sup> )	<6				
30-300	61.4	0.163	1.0	<6				
300-1,500			f/300	<6				
1,500-100,000			5	<6				
(ii) Limits for General Population/Uncontrolled Exposure								
0.3-1.34	614	1.63	*(100)	<30				
1.34-30	824/f	2.19/f	*(180/f <sup>2</sup> )	<30				
30-300	27.5	0.073	0.2	<30				
300-1,500			f/1500	<30				
1,500-100,000			1.0	<30				

f = frequency in MHz. \* = Plane-wave equivalent power density.

According to ISED RSS-102 Issue 5 Section 3, devices operating above 6 GHz regardless of the separation distance shall undergo an RF exposure evaluation.

Table 4: RF Field Strength Limits for Devices Used by the General Public (Uncontrolled Environment)							
Frequency Range (MHz)	Electric Field (V/m rms)	Magnetic Field (A/m rms)	Power Density (W/m²)	Reference Period (minutes)			
0.003-10	83	90	-	Instantaneous*			
0.1-10	-	0.73/ f	-	6**			
1.1-10	87/ f <sup>0.5</sup>	-	-	6**			
10-20	27.46	0.0728	-2	6			
20-48	58.07/ f <sup>0.25</sup>	$0.1540/f^{0.25}$	$8.944/f^{0.5}$	6			
48-300	22.06	0.05852	1.291	6			
300-6000	$3.142 f^{0.3417}$	$0.008335 f^{0.3417}$	$0.02619 f^{0.6834}$	6			
6000-15000	61.4	0.163	10	6			
15000-150000	61.4	0.163	10	616000/ f <sup>1.2</sup>			
150000-300000	$0.158 f^{0.5}$	4.21 x 10 <sup>-4</sup> f <sup>0.5</sup>	6.67 x 10 <sup>-5</sup> f	$616000/f^{1.2}$			

**Note:** *f* is frequency in MHz.

### 5.2 MPE Prediction

Predication of MPE limit at a given distance, Equation from OET Bulletin 65, Edition 97-01

$$S = PG/4\pi R^2$$

Where: S = power density

P = power input to antenna

G = power gain of the antenna in the direction of interest relative to an isotropic radiator

R = distance to the center of radiation of the antenna

<sup>\*</sup> Based on nerve stimulation (NS).

<sup>\*</sup> Based on specific absorption rate (SAR).

#### 5.3 MPE Results for the FCC and IC

Maximum peak output power at antenna input terminal (dBm): -38.715

Maximum peak output power at antenna input terminal (mW): 0.0001

Prediction distance (cm): 0.5

Prediction frequency (MHz): 6490

Maximum Antenna Gain, typical (dBi): 4.4

Maximum Antenna Gain (numeric): 2.754

Power density of prediction frequency at 0.5 cm (mW/cm<sup>2</sup>): 0.0001

FCC MPE limit for uncontrolled exposure at prediction frequency (mW/cm<sup>2</sup>): 1.0

Power density of prediction frequency at 0.5 cm (W/m<sup>2</sup>): 0.0012

IC MPE limit for uncontrolled exposure at prediction frequency (W/m<sup>2</sup>): 10

The device is compliant with the FCC requirement MPE limit for uncontrolled exposure. The maximum power density at the distance of 0.5 cm is 0.0001 mW/cm<sup>2</sup>. Limit is 1.0 mW/cm<sup>2</sup>.

The device is compliant with the IC requirement MPE limit for uncontrolled exposure. The maximum power density at the distance of 0.5 cm is  $0.0012 \text{ W/m}^2$ . Limit is  $10 \text{ W/m}^2$ .

#### Worst Case Colocation MPE Calculation: BLE and UWB:

	Radio	Max Average Conducted Power (dBm)	Evaluated Distance (cm)	Worst-Case Exposure Level	Limit	Worst- Case Ratios	Sum of Ratios	Limit
Worst Case								
FCC	BLE	-18.74	0.5	0.0004W/kg	1.6 W/kg	0.03%	0.04%	100%
	UWB	-38.715	0.5	$0.0001 \mathrm{mW/cm}^2$	1.0 mW/cm <sup>2</sup>	0.01%		
IC	BLE	-18.74	0.5	0.0004W/kg	1.6 W/kg	0.03%	0.042%	100%
	UWB	-38.715	0.5	$0.0012 W/m^2$	$10 \text{ W/m}^2$	0.012%		

Note: The BLE calculation for Colocation evaluation was determined using the standalone SAR value estimation defined in section 4.3.2.b.1 of KDB 447498 D01 General RF Exposure Guidance v06.