# ntroduction

**S60K** 

User Manual

Version1.1

Thank you for choosing our product S60K . S60K is a smart sport watch. It can help you to achieve your sport goals. Content in the package: S60K smart watch x 1 User manual x 1 Charging dock x 1

## Setting Up Your S60K

First, you need to download and install the CO-FIT app on your phone. The CO-FIT app will allow you to set your fitness goals. track your progress, share progress with friends and more.

### Connect to S60K via your mobile phone

CO-FIT APP supports the operating system of IOS 11.0 and Android 5.0 or above, and BT 5.0&3.0. It is available for more than 150 mobile devices. 1. Turn on Bluetooth on the mobile;

2. Download APP: CO-FIT

3. After install the app, register and log in account according to a series of instructions.



CO-FIT Google Play: SMART-TIME PRO

4.Pair the watch with the APP. When pairing, make sure the watch and APP can communicate with each other. First step: Open APP>device>add new device> chooseS60K

5. In the search list, select the S60 with the strongest signal and confirm the pairing by clicking the pairing button on the watch screen as prompted by your phone 🥑. The Bluetooth icon on the watch will be blue in color , indicating that you

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are connected to Bluetooth 5.0. During the pairing process, please click the confirmation button at the watch end in time (as shown in the right figure) luetooth 3.0 connection:

Phone users support Bluetooth 5.0 + 3.0 dual Bluetooth one-key link 
(match according to the system prompts box operation) ndroid users need to ?rst time in the Bluetooth pairing interface i the "call service pairing options" click "to bind" and then follow the interface operation prompts to complete the Bluetooth 5.0+3.0 OK, the audio is output from the watch ((watch icon), as shown in pairing, subsequent links to the phone will be on the watch 3.0 Bluetooth memory, so as to achieve dual Bluetooth one-key link (if not automaticallyconnected to Bluetooth 3.0, please manually search forBluetooth watch model "S60K" on the phone)

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# \*\*\*\*\*Special reminder\*\*\*\*\*

. In the pull-down menu, this icon represents the terminal status of audio output. After successful connectionBy default, it is still the mobile terminal (phone icon), as shown in Figure 1.



Figure 2 Eigure 1 k this icon manually and "Are you sure the voice on the

obile phone is playing from the watch?" will appear, After clickin Figure 2

That is, the mobile phone or watch icon displayed in the pull-down r and the sound is emitted from the device corresponding to the icon. Functions

#### Change watch face :

Long press the screen, swipe to choose, click to con?rm. Download more from APP, Open APP---Device---Watch Face, you can choose Online Dial or Custom Dial with your phone picture.



The S60K watch supports up to 37 sports modes including: Outdoor Run, Indoor Run, Climb, Walk, Cycle, Spinning, Yoga, Basketball, Football, Badminto, Free Training, etc.

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<b>Kunning</b>	Treadmill	Outdoor	<mark>රූරි</mark> Ride		Mountaineering	
		running				
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Yoga	Spinning	Basketball	Football	Badminton	Marathon	



After wearing the watch correctly, open the "step counting" application in the watch application; display the number of steps, calories, distance and other parameters of the day's exercise.

### Play music:

Open the "Music Control" app in the watch app; you can control the music playback of your phone, and support operations such as previous track, play/ pause, next track, and volume adjustment.

### leart rate:

Wearing S60K correctly, not too tight or loose, make sure no green light leak, there is two measuring ways:

· Turn on the heart rate icon on the watch and measuring heart rate by manual. · Set automatic monitoring time interval in app (monitoring once every 15/ 30/ 60/ 120 minutes).

After wearing the watch correctly, open the "SpO2" in the watch: manual blood oxygen measurement is required.

After wearing the watch correctly, open the "stress" in the watch; check how much psychological pressure you are feeling.





Call mode	
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The S60K smart watch supports Bluetooth calls, and users can make, answer, and reject calls directly on the watch.

### Message noti?cation:

You can view the text messages in the mobile phone and the real-time information pushed to the watch.

After wearing the watch correctly, open the "Sleep" in the watch; record the sleep status through out the night.

### Remote camera:

Control the camera on the mobile phone to take pictures remotely. When using it, please click "Device-Take Picture" on the APP to turn on the camera.

Alarm clock: Set the alarms in APP and sync to watch, maximum 5 alarms.



### Exemption Clause . The Heart Rate and Blood Oxygen data output by S60K are not intended to be a medical or diagnostic basis. 2. Self-diagnosis and self-treatment are dangerous. Only quali?ed physicians are allowed to diagnose and treat high blood pressure or any other heart diseases. Please contact your physician for more professional diagnostic opinions. S60K smartwatch data such as heart rate, blood pressure, etc. may not be completely accurate due to factors such as interference with environmental signals, wearing posture, changes in the climate environment, and physical condition. 4. DO NOT carry out drugs and treatment on the basis of the monitoring data provided by S60K, and should follow medical advice when medication and treatment are required, and we are not liable for the inaccuracy of monitoring data and the The S60K smart watch keeps paying attention to your heart rate onsequences of misuse of monitoring data and information. data during your exercise and your daily life. Sometime the Please do not wear this watch while bathing watch may not get a suitable heart rate signal. At this time, the missing heart rate data will appear at the dotted line you wear the watch correctly, adjust it to avoid being too high or too low, neither too tight nor too loose on your wrist. After adjustm ent, turn on real-time heart rate monitoring to get the data. If there is still no heart rate data, check if the heart rate If your mobile cannot pair the watch, click Settings Bluetooth in your mobile and check if there is signal of S60K. If yes, it means there is no problem with the Bluetooth signal. Please check if the watch is paired with other phones, please unbind it. IOS device users should click Setting - Bluetooth - ignore this device and then pair it.



This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure statement

The device has been evaluatec to meel general RF exposure requirement. The device can be used in porlable exposure condition without restriction.