TS12M User Manual

1. Quick Start

1.1 Power on and off

Power on: Long press the side button

Shut down: long press the side button on the standby interface

1.2 Function interface

1.2.1 Switch watch face

On the standby interface, long press the screen and the preview interface appears, swipe the screen left or right to switch the watch face, click OK to set successfully

1.3 Recharge

Connect one end of the charging cable to the watch, and the other end of the charger to a standard power socket.

After plugging in the charger, the battery strength icon on the top right of the screen starts to scroll to indicate that charging has started. When the battery is full, the charging icon will stop scrolling, and the battery symbol on the screen will show full.

After charging is complete, first disconnect the charger from the power socket, and then disconnect the watch from the charger.

When the watch is turned on, it can be charged by connecting the PC data cable/DC power supply. When it is fully charged, the charging interface will prompt "Charge complete". When the watch is turned off, it can be charged by connecting the PC data cable/DC power supply. When the watch is fully charged, the battery strength icon on the charging interface will stop. Scroll, press POWER button to start normally;

The battery icon in the standby dial and the drop-down menu is in the charging state, and the battery strength icon will scroll until it is fully charged.

1.4 Paired models

Android phones: support the original operating system version 4.4 and above

Apple mobile phone: support the original operating system 7.0 and above, that is, products after 5S

Second, connect to Bluetooth

2.1 Divided download

①Download through the application market:

Android terminal: app market search such as app treasure, 360 and Google store, and download it

IOS end: App Store search and transfer to download

②Scan and download through the QR code on the watch

Android: Scan the QR code on the bracelet via QQ, WeChat or other applications, and the link will jump to the download interface to download;

IOS: Scan the QR code on the bracelet through QQ, WeChat or other applications, and you can choose to jump to the download interface through the QQ browser or the local Safari browser link to download. (Subsequently link directly to APPSTORE

Android phone APK name: Divide iPhone APP name: Divide

➢ 2.2 Bluetooth connection

➢ Turn on Bluetooth and the notebook in the watch settings to be searched, turn on Bluetooth on the mobile phone, connect to Bluetooth 3.0, then go to the more interface of the apk, click Add Device, and select the name of the bracelet device (the bracelet Bluetooth name is TS12M) , Click Connect to connect successfully.

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➢ After the Bluetooth connection is successful, the bracelet time is synchronized with the time of the mobile phone, and the APK terminal clicks to find the watch, and the watch

bright screen vibrates and displays a prompt that the phone is searching.

☆ Bluetooth automatic reconnection:

1. There is no reminder when the bracelet is out of the Bluetooth connection range. When the bracelet reaches the Bluetooth connection range, open the APK and the Bluetooth will automatically reconnect

2. Close the application background or restart the phone or click the one-key cleanup that comes with the phone, and enter the split bracelet again. If the Bluetooth connection is within the effective range, the Bluetooth will automatically reconnect.
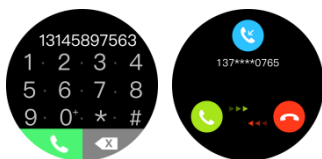
At this time, the color of the Bluetooth icon in the status bar of the watch is displayed as a blue-green gradient, and the watch and the mobile phone can search for the device successfully.

3. Telephone

3.1 Make a call

3.1.1 Dial Pad

Click the dial menu, touch the screen to enter the number, click the dial icon in the lower left corner, you can choose local dialing or Bluetooth dialing, click on the dial pad should enter the watch call record

3.2 Call record

View the call history, select the contact you want to call

3.3 Answer or reject a call

When the incoming call interface is displayed:

Slide " " to answer the call

Slide " " to reject the call

3.4 Menu during Bluetooth call

The following operations can be performed on the call interface:

Click " " to turn on mute

Click " " to hang up

Click " " to open the dial pad

Swipe the screen up and down to adjust the volume

3.5 Phone book

After successfully pairing with the mobile phone Bluetooth, you can synchronize the phone contacts on the mobile phone;

3.6 SMS

After successfully pairing with the Bluetooth of the Android mobile phone, the mobile phone text messages can be synchronized;

Apple mobile phones do not support the synchronization SMS function;

Four, Bluetooth

Watch to search mobile phone Bluetooth: click on the Bluetooth search device on the watch side, select the Bluetooth name of the mobile phone you want to pair with, click on pairing, and click on both the phone side/watch side to agree to pairing successfully;

Five, notice

Bluetooth pairing is successful, the watch and mobile phone can search each other successfully, and the watch can receive new messages qq, WeChat, incoming calls, text messages, etc. from the mobile phone at this time

Six, health

6.1 Pedometer

When the watch is turned on, slide down on the homepage of the pedometer, change the status to on, the watch will count steps; if the status is changed to off, the watch will not count steps

When the watch is turned on, slide down on the homepage of the pedometer, you can view historical steps, set target steps, user height, gender, and weight information

The Bluetooth connection between the watch and the mobile phone is successful. After the watch generates data, click Sync Data on the mobile phone APK to synchronize the steps of the watch; if you need to re-count the steps (operation steps: watch settings→restore factory settings→automatically restart when the watch is turned off) .

6.2 Heart rate, blood pressure, blood oxygen, and ECG measurement

Put the watch on your wrist correctly, click on the interface to start the test, you can check the heart rate, blood pressure, blood oxygen, and ECG function

6.3 Sleep monitoring

☆ Sleep is turned on automatically, and sleep time is 21:00 at night to 9:00 in the morning;
☆ After the Bluetooth connection between the watch and the mobile phone is successful, click Sync Data on the APK of the mobile phone to synchronize the sleep data of the watch;
6.4 Drink water reminder
After turning on this function, you will be reminded to drink water every hour from 9 am to 9 pm every day.
6.5 Sedentary reminder
Select the sedentary time (at 30-minute intervals, the minimum is 0m←→300m is the maximum). After the setting is successful, the watch will vibrate and ring when the sedentary time reaches.
Seven, remote
7.1 Anti-lost
After the Bluetooth pairing of the watch and the mobile phone is successful, the watch end clicks on the anti-lost mobile end to vibrate and ring.
7.2 Remote photo
The Bluetooth pairing between the watch and the mobile phone is successful, the camera is turned on on the mobile phone, and the remote camera is clicked on the watch to take the picture successfully. The photo is saved on the phone.
7.3 Music

The Bluetooth pairing between the watch and the mobile phone is successful, and the music player is turned on on the mobile phone, and the watch can control the music volume, switch/pause the music

8. Tools

8.1 Alarm

Customize the alarm time, ring times, ringtone, and reminder type

8.2 Calendar

To view the current date, click the rose red round button to view the current monthly calendar, and slide the screen up and down to switch months

8.3 stopwatch

☆ Click the button in the lower left corner to start timing. In this interface, click the button in the lower right corner to continue timing, click the button in the lower left corner to pause timing, slide up and down the screen to view historical data, and then click the button in the lower right corner to clear the data;

8.4 Calculator

Enter the calculator, click on the soft keyboard to enter data and calculate

8.5Weather

The Bluetooth pairing between the watch and the mobile phone is successful, and the current weather conditions can be checked on the watch end;

Nine, QR code

Download and install the mobile wearable application via QQ/WeChat or Android market scan function

X. Settings

10.1 Bluetooth settings

☆ When the Bluetooth connection between the watch and the mobile phone is not successful, the Bluetooth can be turned on/off in the watch settings;

☆ When the Bluetooth connection between the watch and the phone is successful, the Bluetooth cannot be successfully turned off in the settings of the watch. You need to click Disconnect in the Bluetooth search icon in the main menu of the watch, or disconnect the Bluetooth directly on the phone.

10.2 Clock

　　Set the clock type, and it will be successfully displayed on the standby interface after setting;

　　Turn off automatic time synchronization, and manually set the time and time format;

　　Turn on automatic time synchronization. After successfully pairing with the phone's Bluetooth, the watch will synchronize the phone time in real time;

10.3 Display

Set the main menu style, adjust the screen brightness, select the duration of screen off

10.4 Multilingual environment

Turn off automatic synchronization, you can choose to set various languages;

Turn on automatic synchronization, the watch side will synchronize with the language of the paired mobile phone (provided that this language is available on the watch side)

10.5 units

Can be set to metric or imperial

10.6 Sound

Set reminder types: ring, vibration, ring and vibration, vibrate after ringing, mute

Select ringtone

Select the notification tone

10.7 Action

Incoming call flipping mute: When it is turned on, the watch will be muted when there is an incoming call flipping

Alarm clock rollover and mute: When it is turned on, the alarm clock is time to rollover the watch to mute

Gesture wake-up system: when it is turned on, tilt the watch to turn off the screen, lay the watch flat, and the screen will light up 90 degrees toward you

Shake to answer a call: When it is turned on, the caller interface shakes the watch two or three times to answer the call

10.8 Restore factory settings

Click on the watch to restore factory settings → After the watch automatically restarts, all data from the previous operation of the watch will be cleared and it will be restored to the initial state.

10.9 About

Can check the watch Bluetooth name, device address, Bluetooth address, and watch software version number

FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

•Reorient or relocate the receiving antenna.

•Increase the separation between the equipment and receiver.

•Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

•Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.