



使用指南 USER MANUAL

手表客户端下载

扫描下方二维码下载并安装手表客户端。



扫码下载手机客户端

连接手表

- 打开手机客户端设置个人信息
- 切换至「设备」页面，点击「绑定设备」
- 在扫描到的设备列表点击你的设备
- 绑定完成

在搜索设备列表时请确保MAC地址，可以通过设备列表中的MAC地址来识别设备。

手表绑定成功后，今后每次打开手机客户端，手表会自动与手机连接，在客户端数据页面即可查看数据。

手表操作指导



进界操作说明:
上/下划为表盘与今日数据之间切换，包括表盘、步数和睡眠。
左右划为表盘与主要功能之间切换。

手表功能简介

运动信息
手表可以记录并显示你每天行走的步数、消耗的热量以及心率信息。更多详细数据分析和数据记录可以在客户端中查看。

睡眠
手表可以记录并显示你昨晚的睡眠总时长以及清醒、浅睡和深睡。更多详细数据分析和数据记录可以在客户端中查看。

心率
心率监测功能可以监测当前心率。更多详细数据分析和数据记录可以在客户端中查看。

锻炼
手表可以记录并显示你所有的锻炼总时长以及游泳、瑜伽、骑行、跑步、步行、篮球、足球、羽毛球和跳绳。更多详细数据分析和数据记录可以在客户端中查看。

手表功能简介

血压
血压监测功能，可以测量当前血压值。更多详细数据分析和数据记录可以在客户端中查看。

血氧
血氧监测功能，可以测量当前血氧饱和度。更多详细数据分析和数据记录可以在客户端中查看。

天气信息
天气信息会显示当前的天气、空气质量指数，以及当前日期时间。天气信息需要连接客户端后才能获取数据。如果你的手机不支持该功能，天气信息将无法更新。

消息推送
手表可以接收显示在手机上的通知提醒，可在客户端中设置接收提醒的手机应用。消息推送功能可以接收来自微信、QQ、电话、短信、邮件、日历、提醒事项、运动提醒、打车提醒、外卖提醒、快递提醒、航班提醒、酒店预订提醒、打车提醒、外卖提醒、快递提醒、航班提醒、酒店预订提醒。

手表功能简介

相机控制
连接手机后，手表可以作为手机相机遥控器。在手机上打开相机后，在手表相机控制界面点击即可触发手机相机快门。

智能闹钟
在客户端中可以设置手表的智能闹钟，最多可以设置7个闹钟。在设定时间时，手表将会发出闹钟铃声震动。

其他功能
手表的其他功能中包含亮度调节、情景出厂设置、关机、静音、静音、静音。

秒表
点击表盘时，进入秒表功能。

手表功能简介


久坐提醒
手表在中久坐1小时后，会提示你起身活动。久坐提醒功能可以在客户端中设置打开。

常见问题与解答
血压数值为什么跟血压计有偏差?
手表血压计测量原理与医院测量原理不同，由红外传感器测量血管外周的血流速度，手表测量部位是在手腕处的两个主要分支，正常状态下手腕血流速度较慢，因此手表测量值与医院测量值存在一定偏差。此外，手表测量部位在手腕处，由于手腕活动会影响血流速度，因此手表测量值与医院测量值存在一定偏差。此外，手表测量部位在手腕处，由于手腕活动会影响血流速度，因此手表测量值与医院测量值存在一定偏差。

为什么不能佩戴手表游泳?
手表的温度比较高，会产生大量的水蒸气，而且水蒸气会附着在手表的传感器上，导致手表的传感器无法正常工作。此外，手表的传感器在长时间使用后，会产生大量的水蒸气，导致手表的传感器无法正常工作。此外，手表的传感器在长时间使用后，会产生大量的水蒸气，导致手表的传感器无法正常工作。

为什么手表接收不到消息推送?
1. 确认手表是否开启了消息推送功能。
2. 确认手机的手机通知权限是否已经打开。
3. 确认手机的手机通知权限是否已经打开。
4. 确认手机的手机通知权限是否已经打开。


手表客户端的兼容性
1. 手表客户端仅支持iOS和Android系统。
2. 手表客户端仅支持iOS和Android系统。
3. 手表客户端仅支持iOS和Android系统。



USER MANUAL SMART BRACELET

Downloading the App

Scan the following QR code, download and install the App.




Scan QR Code and Download

Pairing

- Open the App and set up your profile
- Go to the 「Device」, Click 「Add a Device」
- Choose your device on the scanning list
- Finish

Long press the 「Home page」 on your device, go to the detail page. The MAC address can be viewed in the version information screen.

Use the Touch Screen



Swipe Left → SHUTTER
Swipe Right → STOPLOCK
Swipe Up ↓ Swipe Down

On the Main Page:
Swipe right to the page of Step/Step/ Training data today.
Swipe left/Down to the main menu page.

Smart Watch Features

Sports
Smart Watch automatically tracks Steps taken, Calories burned, Distance traveled and displays on the screen.
NOTE: Your measurement data reset every at midnight.

Sleep
If you keep wearing Smart Watch in your sleep, it can provide the hours sleep and quality of sleep data on both the screen and the APP.
NOTE: Sleep data reset to zero at 0:00 pm.

Heart Rate Test
Tap the heart rate icon to start measuring your heart rate.
On the heart rate page, it can show the heart rate measured data of the last times.

Training
Supports most optional, running, walking, cycling, basketball, football, badminton and rope skipping.
Please check the training page for more information.

Smart Watch Features

Blood Pressure Test
Tap the blood pressure icon to start measuring your blood pressure.
On the blood pressure page, it can show the blood pressure measured data of the last times.

SpO2 Test
Tap the SpO2 icon to start measuring your SpO2.
On the SpO2 page, it can show the SpO2 measured data of the last times.

Weather
Tap the weather icon to start measuring the weather info of current and tomorrow on the weather page.
Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.

Messages Reminder
The device can sync incoming notifications from Twitter, Facebook, WhatsApp, Instagram etc.
Recently 3 messages can be stored.
Note: You can switch off the incoming notifications in the app.

Smart Watch Features

Remote Shutter
After connecting the device can remote control the camera on your phone.
CLICK TO TAKE PHOTOS

Silent Alarms
Set up the alarm on the APP, the device will vibrate to remind on time.
ALARM

Other Features
Other features include brightness, adjustment factory reset and power off.

Stop Watch
Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing.

Smart Watch Features

Remind to Move
The device will vibrate to remind you to make a relax after 1 hour sitting.
NOTE: You can switch on/off the feature in the APP.

Getting to Know Your Device
1 Being in Wet Conditions
Your device is water-resistant, which means it is rain-proof and splash-proof and can stand up to even the seawater workout.
NOTE: Do not swim with your Smart Bracelet. We also don't recommend showering with your wristband. Though the water won't hurt the device, wearing it SAF does not give your skin a chance to breathe. Whenever you get your bracelet wet, dry it thoroughly before putting it back on.

2 Being Quick View
With Quick View you can check the time or the message from your phone on your Smart Bracelet without tapping. Just raise your wrist towards you and the time screen will appear for a few seconds.

3 Shipping and Recycling
Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle Smart Bracelet and accompanying components. Do not dispose of Smart Bracelet with common household waste. The Smart Bracelet are to consider electronic waste and should be disposed of at your local electronic equipment waste management authority or the retailer where you bought the product.

General Info & Specifications

1 Environmental Conditions
Operating temperature: 14°F to 122°F (-10°C to 50°C)
Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

2 Size
Fit a wrist between 5.5 and 7.7 inches in circumference.

FCC Statement

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.

(2) This device must accept any interference received, including interference that may cause undesired operation.

2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.