

SPIRIT 360



User Manual

Downloading the App

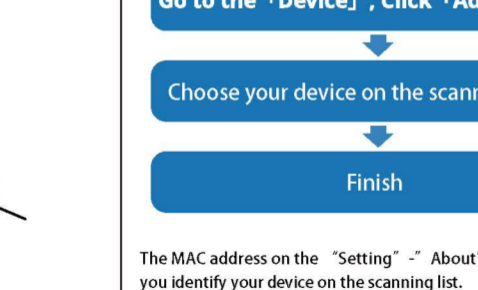
Scan the following QR code, download and install the App.



Scan QR Code and Download

Charging and Active

Charging the device to active before the first time using:
To charge your device, plug the charging cable into the adapter or USB port on your computer.



Pairing

Open the App and set up your profile

Go to the 「Device」, Click 「Add a Device」

Choose your device on the scanning list

Finish

The MAC address on the "Setting" - "About" page could help you identify your device on the scanning list.

Use the Touch Screen



Control Center

Swipe Down

Swipe Up

Swipe Left

Swipe Right

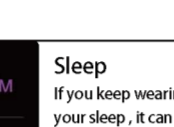
Swipe Down

Swipe Up

Feature pages

Menu

Messages



Control Center

Swipe Down

Swipe Up

Swipe Left

Swipe Right

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Swipe Up

Feature pages

Menu

Messages

Smart Watch Features



SLEEP

08H 00M TOTAL SLEEP

06H 00M LIGHT SLEEP

02H 00M RESTFUL SLEEP

NOTE: Sleep stats reset to zero at 8:00 pm.

NOTE: Your movement stats reset to zero at midnight.

NOTE: Sleep stats reset to zero at 8:00 pm.

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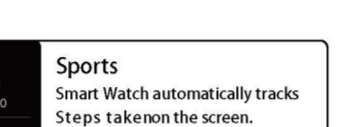
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Smart Watch Features



MEASURE HR

80 BPM

HEART RATE ZONE

AEROBIC

24H HEART RATE

HEART RATE ZONE

AEROBIC

HEART RATE ZONE

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HEART RATE ZONE

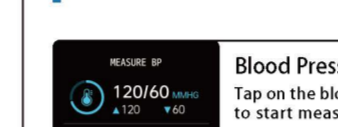
AEROBIC

HEART RATE ZONE

AEROBIC

HEART RATE ZONE

Smart Watch Features



STEPS

20000

2000 KICAL CONSUME

12.00 KM DISTANCE

Smart Watch automatically tracks Steps taken on the screen.

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Smart Watch Features



MEASURE BP

120/60 MMHG

HEALTHY BLOOD PRESSURE ZONE

90MMHG < SBP < 140MMHG

60MMHG < DBP < 90MMHG

NEARLY 7 BLOOD PRESSURE

On the blood pressure page, It can show the blood pressure measured data of the last times.

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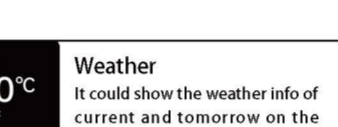
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Smart Watch Features



SPO2

98%

BLOOD OXYGEN HEALTH ZONE

SPO2 < 99%

SPO2 > 96%

NEARLY 7 BLOOD OXYGEN

Tap the SpO2 page to start measuring your SpO2.

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Smart Watch Features



WEATHER

20°C

20/25°C

MON 20/25°C

TUE 20/24°C

WED 20/30°C

Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.

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Smart Watch Features



SHUTTER

Remote Shutter

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Smart Watch Features



STOPWATCH

ALARM

TIMER

Other features include stopwatch, alarm, timer, brightness, mute on/off, theater mode, factory reset, power off and about.

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Smart Watch Features



ALARM

Silent Alarms

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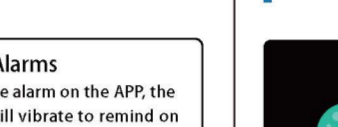
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Smart Watch Features



THEATER MODE

Theater Mode

The device will turn off the vibration and turn down the brightness when the theater mode is turned on.

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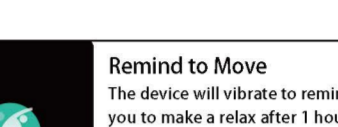
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Smart Watch Features



STOPWATCH

Stop Watch

Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing.

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Smart Watch Features



MESSAGES

Messages Reminder

The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram etc.

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Getting to Know Your Device

1. Using in Wet Conditions

Your device is water-resistant, which means it is rain-proof and splash-proof and can stand up to even the sweatiest workout.

NOTE: Do not swim with your Smart Watch. We also don't recommend showering with your watch; though the water won't hurt the device, wearing it 24/7 does not give your skin a chance to breathe. Whenever you get your watch wet, dry it thoroughly before putting it back on.

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FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.