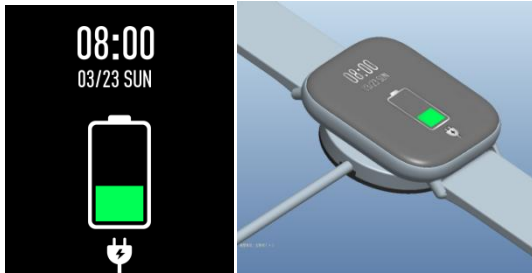


English language

TS17 Smart Watch Instruction Manual



Watch Charging: When you get a new watch, please use the charging stand attached to the watch to connect to the USB interface of the computer or the 5V-2A charger of the mobile phone charger for charging. After charging for 2 hours, the watch shows full power, and you can start to use the watch:



■ How to Wear



Refer to the pictures to wear the watch correctly.

According to the comfort level, adjust the tightness of the watch strap, and the heart rate lamp should be close to the skin surface without loosening. (This is conducive to more accurate detection of heart rate.)

Smart watch data cannot be used for medical purposes. The monitoring data is for reference only. If you need medical help, please contact a professional doctor.

Function Operation

Switch On and Off:

On: In the power off state, long press the key on the side for about 3S, and then power on and light up the screen after one vibration.

Off: In the initial interface of the watch, long press the key on the side for about 3S, and the interface shows power off.

Connection between watch and mobile phone: First of all, the mobile phone should download app “Da fit” to the mobile phone and install it. (to search and connect the watch through Da Fit, you can't directly search and connect the watch through Bluetooth of the mobile phone)

Mode 1: IOS, Android mobile phone users can download the QR code directly by scanning the QR code below or scan the QR code of the watch by using the mobile browser (watch QR code path: Set - QRcode)



Da Fit

Method 2: Open the app store of mobile phone, search “Da Fit” to download and install.

Attention:

Turn on Da Fit, select to connect the watch, turn on the message reminder switch, and turn on the corresponding function switch as needed.

When uploading the custom dial or the dial in the dial market, the watch power must be more than 30%, otherwise the dial cannot be uploaded to the watch, and the watch power is low.

Choose to upload the dial market, you need to open the data network by mobile phone.

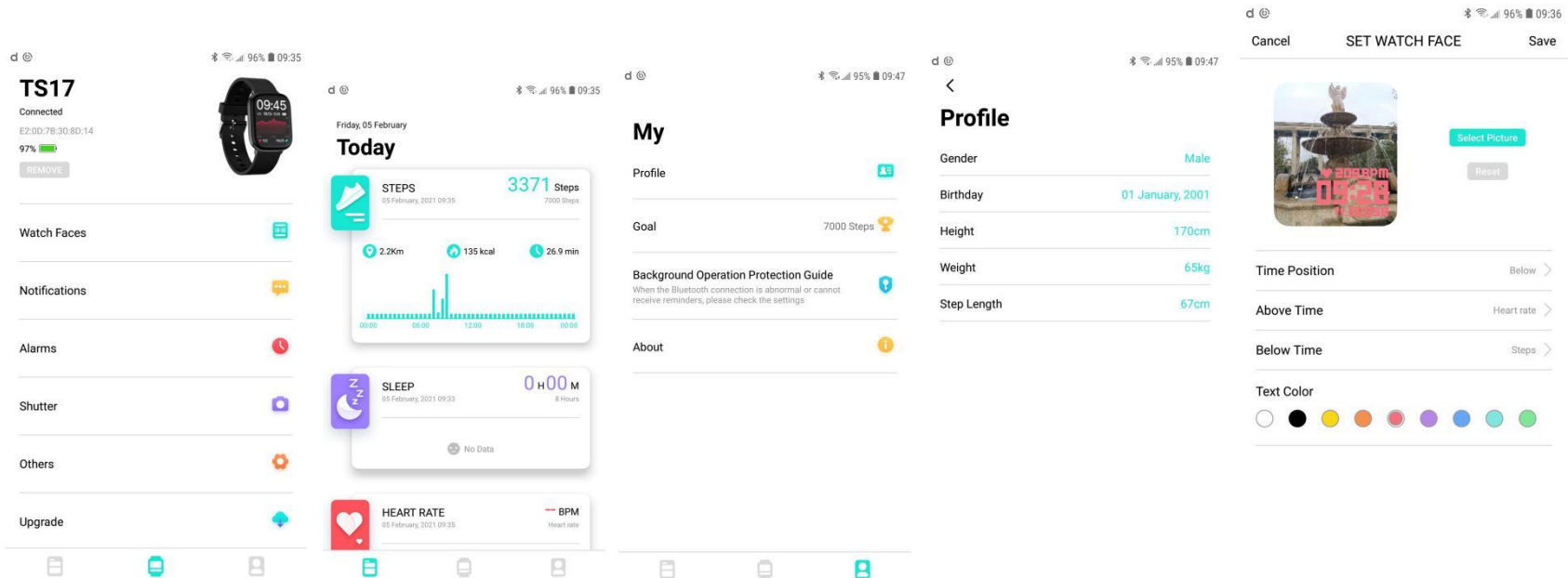
When a new watch is used for the first time, it needs to be connected to Da Fit to synchronize time, date and data.

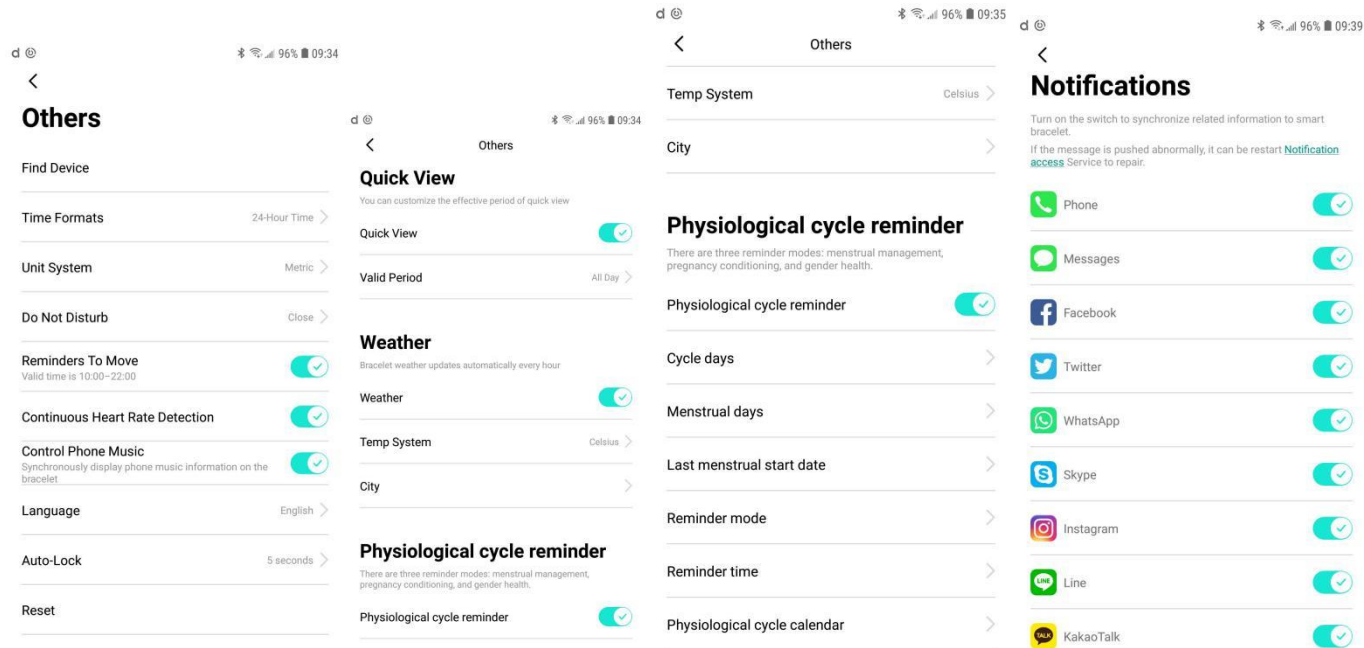
When the watch is connected with Da Fit, pull down the button in the initial interface of the watch. You can see the Bluetooth connection icon  in the

upper left corner of the shortcut page and the lower left corner of the watch information page. If it is not connected, the icon will not be displayed.



APP 功能 APP Function





When the download is completed, there will be all kinds of permission reminders during the installation process, and all of them choose to agree. The watch and the mobile phone should allow all the permissions obtained by the notification on the mobile phone to realize all the functions.

How to set up letter notification: mobile phone enters settings - application management, finds "Da Fit" - permission management, and opens all.

Then enter notification management - find "Da Fit" and open all permissions.

■ Interface switch

- Dial Plate Switch: Long press the dial plate interface for 3s to switch dial plates. Slide the screen left and right to switch the dial plate and click OK to switch.



Slide Up: View information, to display SMS, Wechat, QQ, WhatsApp, twitter, ins, Facebook, etc.

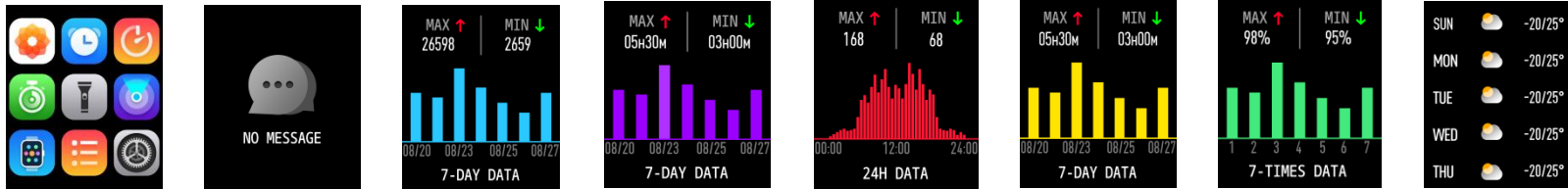
Right Slide: All functions can be selected from Display Function Menu..

Left Slide: Enter the shortcut function of step counting - sleep - heart rate - exercise - blood oxygen - weather.

Slide Down: The dial interface slides from top to bottom, then the interface shows Bluetooth connection, time display, battery power, no disturb mode, brightness display, mobile phone search, timer, photo control, weather and other shortcut functions.

Watch Function

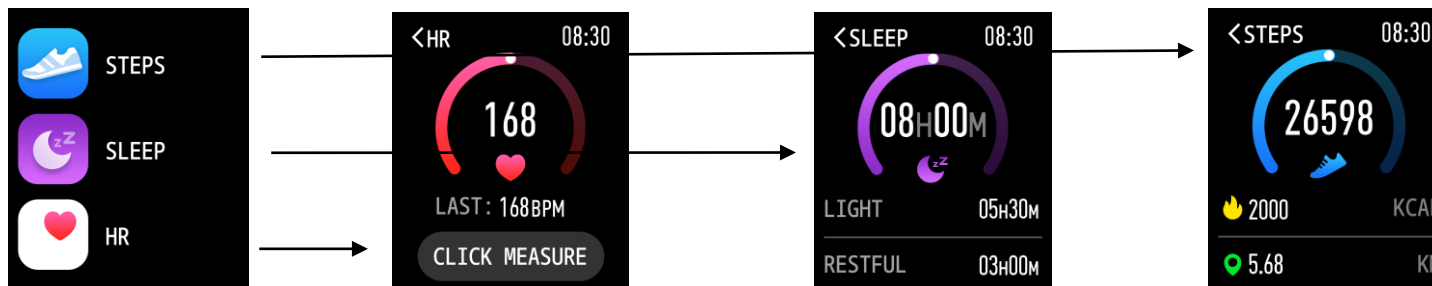




Step Count:The watch can record and display the number of steps, calories and distance consumed every day. More detailed information analysis and data records can be viewed in Da Fit.

Sleep: The watch can record and display the total sleep duration of last night, as well as the length of deep sleep and light sleep. More detailed information analysis and data records can be viewed in Da Fit.

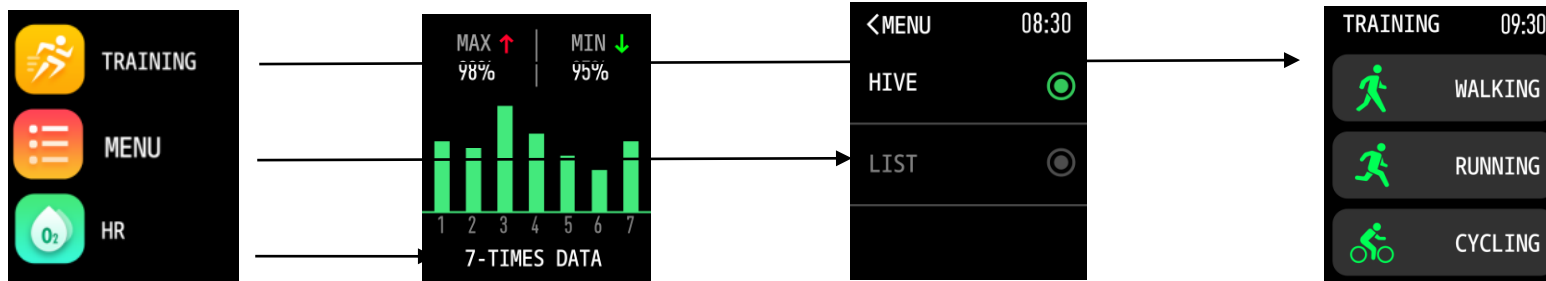
Heart Rate ----- The watch can record and display 24-hour heart rate value all day. Click the heart rate interface to measure the current heart rate value. More details analysis and data recording can be viewed in Da Fit.



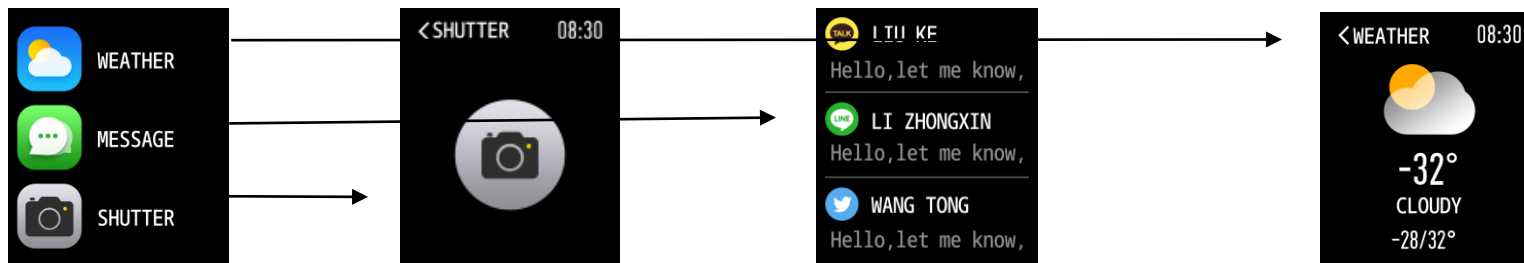
●**Exercise:** There are 8 sports modes to choose from, including walking, running, cycling, basketball, football, badminton, rope skipping and swimming. More

detailed analysis and data records can be found in Da Fit..

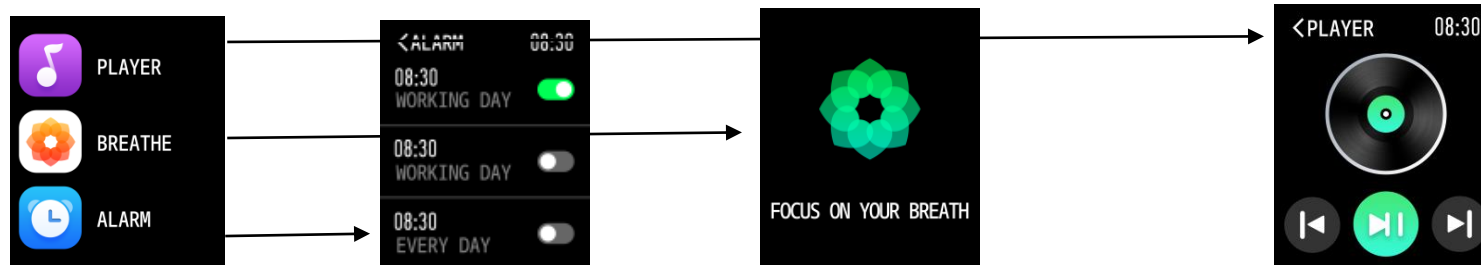
- Main menu: Click into the main menu, you can choose to display the nine-square grid menu and the list menu.
- Blood Oxygen: Click the blood oxygen interface to measure the current blood oxygen content. Slide up to view the blood oxygen data records for nearly seven times. More detailed information analysis and data records can be viewed in Da Fit.



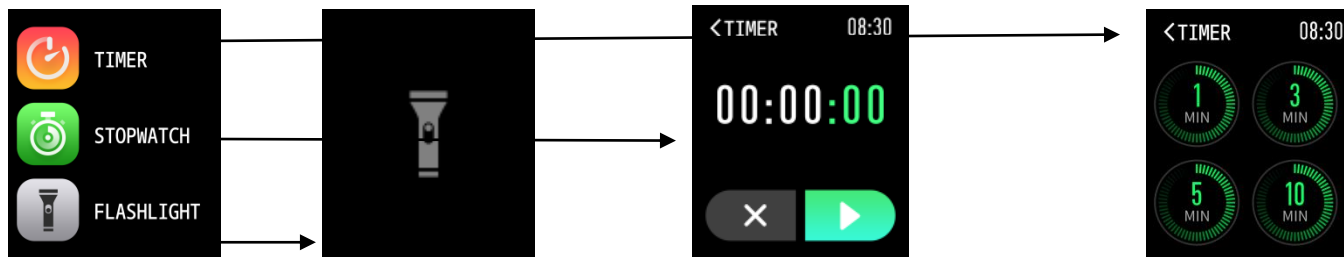
- Weather Information: When the watch is connected to the mobile app, the weather condition and air quality information of the day will be displayed in the weather interface. The weather condition of the next week can be viewed by sliding up. More detailed information analysis and data records can be viewed in Da Fit.
- Message Push: Watch can receive the notification information push on display mobile phone. The push application switch on Da Fit can be set, and watch message page can store the latest 3 message records.
- Camera Control: After connecting Da Fit, the watch can be used as the shutter of the mobile camera, and the camera can be controlled. After opening the camera on the mobile phone, click the screen icon in the watch camera interface to control the camera taking of your mobile phone.



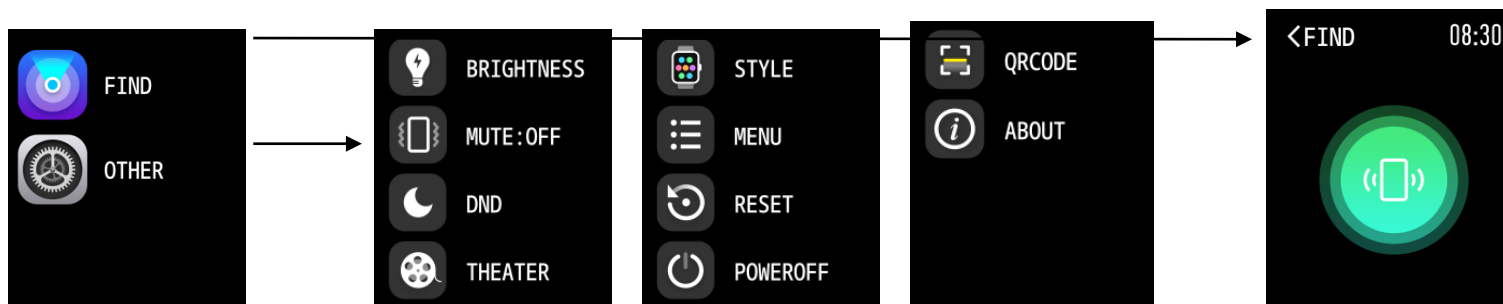
- Music Control: After the watch is connected to Da Fit, the watch can control the mobile music player, to select pause and play, and to switch between the previous and next music.
- Breathing Training: Click the watch interface function. The watch will conduct 8 cycles to train your respiratory capacity.
- Alarm Clock: The intelligent alarm clock of watch can be set on Da Fit, and up to 3 alarm clocks can be set. At the setting time, the watch will display the alarm clock icon and vibrate.



- Countdown: 1 minute, 3 minutes, 5 minutes, 10 minutes, 15 minutes, 30 minutes, 1 hour, and 2 hours countdown can be set.
- Stopwatch: Click the function to use the stopwatch function, which can record the time when you are in motion or need.
- Flashlight: Click the function icon, the display screen will be all bright and white.



- Search the Mobile Phone: Connect the watch to Da Fit, and when you click the watch interface. The mobile phone will vibrate and make a sound.
- Other Functions: Set the display brightness of the watch, Vibration Switch, NO Disturb Mode, Theater Mode, and the Dial Plate Switch. Switch the watch function menu before the nine palace and list, restore the factory settings of the watch, shut down the watch, Download Da Fit app with QR code, and “about” view the Bluetooth address, software version number and watch model.



- Theatre Model
When theater mode is turned on, the watch vibration is turned off and the screen brightness is reduced.
- Long Sitting Reminder:
Turn on the long sitting reminder switch on the Da Fit setting. The watch will remind you to get up for a walk after you sit for an hour.

- Female Physiological Cycle Reminder

Turn on the female physiological function switch on the Da Fit setting, and set the cycle days, menstrual period days, last menstrual period start date, reminder mode, reminder time, and check the physiological cycle calendar. The set time watch will remind you to care more about yourself.

- Time Setting of Watch Bright Screen: You can set the watch on time 5 seconds, 10 seconds, 15 seconds, 20 seconds on Da Fit.

- Full Day Heart Rate: set the full day heart rate switch on Da fit, and the watch will test and record your heart rate every 30 minutes.

Why cannot take a hot bath with a watch?

The temperature of the bath water is relatively high, which will produce a lot of water vapor. Moreover, the water vapor molecules are small and easy to seep into the gap of the watch shell. When the temperature drops down, they will condense into water droplets again, which is easy to cause short circuit in the watch internal circuit, damage the watch circuit board, and make the watch unable to work.

Why can't the watch receive the message push?

Message push Android phone settings:

Confirm that the message push switch is turned on in the mobile client.

The confirmation message can be normally displayed in the mobile phone notification bar, and the watch message push is sent by reading the mobile phone notification bar message. If there is no message in the notification bar, the watch will not be able to receive push messages.(You need to find the notification settings in the mobile phone settings, and turn on the notification switch of Wechat, QQ, telephone, SMS and other third-party information push applications.)

Open the auxiliary function settings of the watch client (Find the auxiliary function in the mobile phone settings and open the auxiliary function settings of the watch Da Fit.)

IPhone Settings

Confirm that the message push switch is turned on in the dafit application of the mobile phone. Turn on all messages, phone, address book and other permissions in the Bluetooth connection set by the mobile phone.

The confirmation message can be normally displayed in the mobile phone notification column. (You need to find the notification settings in the mobile phone

settings, and turn on the notification switch of Wechat, QQ, telephone, SMS and other third-party information push applications.)

FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Product Accessories

Watch 1

Watch Strap 1

Charging Stand 1

Manual 1

Warranty Card 1