

HFW-S300 WATCH



Notice

Please read the following information before use:

- Near the fuel, chemicals, or blasting areas, please switch off the device.
- Don't use the watch on the plane. Please turn off the watch before boarding the plane.
- Switch off the watch in the hospital or other forbidden place. The watch will affect the normal work of electronic equipment and medical device, such as pacemakers, hearing aids and other medical electronics equipment.
- Please don't disassemble your watch, if your watch is out of order, please contact designated after-

sales service center.

- The watch must be charged in the good ventilated and cooling environment, away from flammable and explosive materials.
- In order to avoid demagnetization, please keep the watch away from the magnetic material, such as disks, credit card etc.
- Don't use the watch in too high or too low temperature environment, and don't expose the watch to strong sunlight or high humidity.
- Don't use liquid or wet cloth with strong detergent to clean the device.
- The watch is provided sound recording functions, please follow the relevant laws and regulations to use the function, sound recording without authorization

may violate laws and regulations.
Connect any equipment, please read the manual of the device for detailed safety instructions.
Don't connect incompatible products.

Your HFW-S300 Watch

Hardware and Appearance

When you open the watch box, please check the box includes:

1. HFW-S300 Watch.
2. Adapter USB/charging wire.
3. Special screwdriver

Power / lock key

Press the key, it can realize boot or power off key and lock screen function.

When the bright screen, long press the crown 2 seconds out of the watch, enter the Power off, Reboot, Power Save, Recent Task of shortcuts.

When a crash problem, long press the

power key for 10 seconds can be reset, equivalent to pull out the battery.

Use of the Charging Dock

The smart watch with the method of contact charge. When you need to charge, charging at the bottom of the seat closed watches are available, and through the charging adapter USB cable to connect a side USB port to realize the charge, and computer data exchange can be through to charging seat.

Use of SIM card

The watch supports the use of NANO SIM card. You can save a lot of communication in the SIM card required parameters and can save the personal information, including the PIN number, the phone book, short message and other additional system services.

Using communication function, please make sure that the shutdown states,

special use screwdriver to watch after the shell, insert the card into the SIM card slot.

Heart Rate

Ensure that watch to wear not too tight, should to able to move back and forth in the wrist position.

When using the heart rate, the watch should be flat on carpal bone above refers to the wide position. Long time friction and bind may irritate your skin, so for a long time after wearing, to remove the watch at the appropriate time to rest.

HFW-S300 Watch Application and instructions

The home page

The home page has a plurality of panels. We provide you with some new dial.

Gesture

The watch support: click, long press, sliding, and so on.

Slide up: View the widget and the shortcut menu.

Slide down: View the weather.

Slide left: Enter the application list and the music widget.

Slide right: Home page to achieve into notification, on the menu interface to achieve the back function.

Application list

The list included the basic application: Contacts, Messaging, People, Settings, Browser, Alarms, Music, Camera, Sound Recorder, File Manager, Gallery, Weather and other applications.

The user can click the icon to enter the required applications

Phone

Click the “Phone” icon in the application list, enter the dial page.

1. Enter the phone number then press the call icon.
2. Dial page sliding to the left into the call records, can call the call records list.
3. Call records page sliding into the contact list. You can call in the contact list.

Messages

Click “Messages” icon in the application list.

Touch the existing message can reply.

Touch the new icon into edit new message. Input number, names or touch the phone icon into contacts, you can choose the contact to send messages. Touch input box at the bottom of the icon to send the messages.

Contact

Click “Contacts” icon in the application list. The phonebooks are arranged in alphabetically surname. Display only contact name in the phonebook’s home page.

You can slide up and down to find the contact. It support to reading the SIM card contacts.

The contact list page Icon at the bottom of the function: Add contacts, synchronous contacts, delete all contacts, etc.

Settings

Include Sound, Display, App list style, Connect, Gesture, Power saving, Language input, Date & time, Reset equipment and about equipment.

Camera

Please respect the rights of others in the shooting, to comply with local laws and customs.

Gallery

Display of the photos in the album, the photo can be deleted.

Health

Health contains Heart Rate and Pedometer. The step and the calorie contained in the pedometer, and the list of steps taken in recent days to do the statistics. Step today will automatically reset 12 o'clock at night. Heart rate in the heart to keep the heart peaceful, the static test should wear flat on carpal bone above refers to the location of the wide, and request the lens keep clean and transparent.

HFW-S300 Watch Daily function application

Brower

Fast internet success via WLAN or 3G network.

Alarm

Set the alarm clock and stopwatch.

Sound Record

Touch the icon to start the recording. Enter the recording file list and choose the record to play.

Weather

Update in real time through the network of local weather.

File Manager

You can view all files of the Watch. You can also add new file, delete the file, edit etc.

Music

Use the music player that can play music of the watch memory.

Keyboard

It support Chinese and English full keyboard input method.

HFW-S300 Watch assistant

Use your phone to scan qr code in the watch's screen.

Download and install the phone assistant “Sinwear”. Follow the Sinwear prompts via Bluetooth paired phone and watch synchronization.

FCC Statement

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.

(2) This device must accept any interference received, including interference that may cause undesired operation.

2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular

installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an

experienced radio/TV technician for help.

SAR Information Statement

Your wireless phone is a radio transmitter and receiver. It is designed and manufactured not to exceed the emission limits for exposure to radiofrequency (RF) energy set by the Federal Communications Commission of the U.S. Government. These limits are part of comprehensive guidelines and establish permitted levels of RF energy for the general population. The guidelines are based on standards that were developed by

independent scientific organizations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons, regardless of age and health. The exposure standard for wireless mobile phones employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limits set by the FCC are 1.6 W/kg for Head and 4.0 W/kg for Extremity. * Tests for SAR are conducted with the smart watch phone transmitting at

its highest certified power level in all tested frequency bands. Although the SAR is determined at the highest certified power level, the actual SAR level of the smart watch while operating can be well below the maximum value. This is because the smart watch phone is designed to operate at multiple power levels so as to use only the power required to reach the network. In general, the closer you are to a wireless base station antenna, the lower the power output. Before a smart watch phone model is available for sale to the public, it must be tested

and certified to the FCC that it does not exceed the limit established by the government adopted requirement for safe exposure. The tests are performed in positions and locations (e.g., at the ear and worn on the body) as required by the FCC for each model. The highest SAR value for this model smart watch phone when tested for use at next to mouth is **0.257 W/Kg** and when worn on wrist, as described in this user guide, is **1.244 W/Kg**(wrist-worn mode measurements differ among phone models, depending upon

available accessories and FCC requirements). While there may be differences between the SAR levels of various phones and at various positions, they all meet the government requirement for safe exposure. The FCC has granted an Equipment Authorization for this model smart watch phone with all reported SAR levels evaluated as in compliance with the FCC RFexposure guidelines. SAR information on this model smart watch phone is on file with the FCC and can be found under the Display Grant section of

<http://www.fcc.gov/oet/fccid> after searching on
FCC ID: 2APBNHFW-S300
Additional information on Specific Absorption Rates (SAR) can be found on the Cellular Telecommunications Industry Association (CTIA) web-site at <http://www.wow-com.com>. * In the United States and Canada, the SAR limit for smart watch phones used by the public are 1.6 watts/kg (W/kg) for head and averaged over one gram of tissue and 4.0 watts/kg (W/kg) for extremity averaged over ten gram of tissue. The standard

incorporates a sub-substantial margin of safety to give additional protection for the public and to account for any variations in measurements.

Next to mouth and Wrist-worn mode Operation

This device was tested for typical next to mouth and wrist-worn operations. To comply with RF exposure requirements, for next to mouth mode, a minimum separation distance of 10mm must be maintained between the user's head and the handset, including the antenna, for wrist-worn mode, a minimum

separation distance of 0mm must be maintained between the user's wrist and the handset, including the antenna. Third-party belt-clips, holsters, and similar accessories used by this device should not contain any metallic components. Accessories that do not meet these requirements may not comply with RF exposure requirements and should be avoided. Use only the supplied or an approved antenna.