SUNTAK

**FLEX 4G Smart watch
Quick Start Guide**

Dear Customer,

Congratulations on becoming a proud owner of SUNTAK product. Every SUNTAK product goes through a rigorous process of sample evaluation and approval before commercial launch. We look forward to your patronage.

It would be our pleasure to receive feedback and suggestions you may have for improvements in the product(s) you are using.
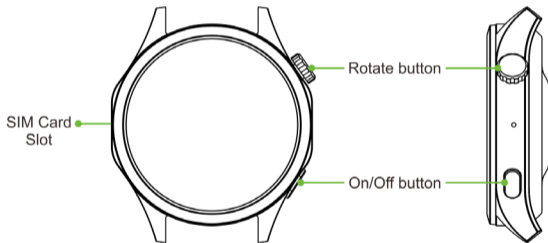
Product Introduction

Packaging list: Watch host (including strapx2), Magnetic charger x1, Product manual x1

Please read the instruction carefully and save it properly before use, so that it can be installed and used quickly and correctly. Features and specifications are subject to change without prior notice.Always contact your service provider for details or help. Talk and standby time is quoted in digital mode and are approximate; battery performance and the signal reception depend on network configuration, signal strength, type of SIM card, operating temperature, features selected as well as voice, data and other application usage pattern. All features, functionality and other

product specifications are based on the latest available information and are correct at the time of printing; however, such product specifications are subject to change without notice.The product images shown in this manual are for illustration only, please refer to the actual product.

Keys and Touch

Rotate button

SIM Card
Slot

On/Off button

1、**Preparation before use**

1) Check whether the power level of the equipment matches and whether the testing accessories are complete.

2) The SIM card of the watch requires activation of data flow and call display functions.

3) Do not use self cutting cards or SIM cards from virtual operators, as using self cutting cards may result in Damaging the watch or causing non card reading.

Please use a standard Nano card (do not use card clippers)

| Ordinary SIM card | Micro SIM card | Nano SIM card |

2、SIM card installation method

1) Prepare the Nano SIM card.

2) With the watch turned off, remove the SIM card holder. Insert the SIM card in the correct direction, and then push the SIM card tray into the card slot together with the SIM card.

Note:

It is strictly prohibited to poke the microphone hole next to the on/off button with a needle. Do not install/remove the SIM card while the watch is on, and do not hold the SIM card upside down, as this may damage the watch.

3、Put on the watch and long press the"on/off button" to turn it on

Operation instructions

On/Off Button:

*Long press to turn on/off, short press to turn on/off the screen on the homepage, and short press to return to other pages;

*Long press the On/off button to jump out of the selection interface, click the icon ⭕ above to switch between full screen display or zoom display

Knob button:

*Rotate the dial page to switch the dial;

*Short press to enter the menu, double-click on the menu page to switch menus;

*The rotary button on the cellular menu interface can zoom in and out of the icon, and the application can be opened by zooming it to its maximum size.

Slide up:
Message notification

Left slide:
Main menu functions

Right slide:
split screen function

Slide Down:
Shortcut Button

Main Function

*Support 4G calling, contact storage and call logs
*Support WIFI and 4G network browser Internet access
*Support GPS accurate positioning
*Support Bluetooth
*Support heart rate, blood oxygen, blood pressure detection
*Support music and video player

*Support Google play shop to download APP, Google Assistant, Google G0
*Support step recording, exercise distance, calorie recording
*Support palm pressure screen off, cover the screen with your palm to quickly turn off the screen
*Support file manager
*Support Calendar
*Support Calculator
*Support clock including alarm, world time, countdown, timer.
*Support Wrist Lift Screen
*Support Facebook,WhatsApp
*Support password security lock screen
*Support OTA network online upgrade firmware
*Support multi-language and multi-language Google keyboard input

Note
1. Do not charge in a humid and watery environment;
2. Make sure the back of the watch is clean and in full contact with the surface of the wireless charger
3. Please use a clean flannel to clean the back of the watch and the surface of the wireless charger regularly. Make sure that the watch and the wireless charger surface are in full contact to ensure normal charging;
4. This product is not equipped with a power adapter. In order to ensure the safety of family and property, when charging, You can use the USB interface or choose a power adapter whose output does not exceed 5V/1A.Please purchase power adapters through regular channels, and avoid using inferior or fake power adapters to avoid bursting or fire.

Precautions

1.The measurement results of this product are for reference only, not for any medical purpose or basis. please follow Under the guidance of a doctor, do not self-diagnose and treat according to the treatment results.

2. This product has a waterproof rating of IP65 for daily use and cannot be used for deep diving or long-term use Soak in water. Additionally, this product does not release hot water as water vapor can have an impact on the watch.

3.The company reserves the right to modify the contents of this manual without prior notice.Some functions are different in the corresponding software version, which is normal.

Technical Information

Model: FLEX

LCD size: 1.43"

Networks: GSM 850/900/1800/1900 MHz

LTE B2/B4/B5/B12/B66

Weight: 58g (approx with bands)

Battery: 700mAh

Battery Type: Polymer Battery

Nominal voltage: 3.85V

Max. Voltage: 4.4V

Operation Temperature: -10° C ~+45 ° C;

The operation time of the battery depends on conditions such as:

• Transmitting power level

• Signal (distance between the watch and the base station)

• Network parameters defined by the operator

• Watch use (WAP, games, SMS)

• Charging procedure used

•Internal Memory: 16GB

•Available storage capacity is subject to pre-loaded Mobile Applications & Operating System of this smart watch.

Dos for disposal of product:

➢ Always drop your used electronic products, batteries, and packaging materials after the end of their life at the nearest collection point or collection center
➢ Separate the packaging material according to responsible waste disposal options and sort for recycling.
➢ The battery can easily be removed from the product for recycling.

Don't of disposal of equipment

➢ Never dump E-waste in garbage bins or municipal solid waste stream.
➢ Do not dispose of your product as unsorted municipal waste.
➢ Do not dispose used, damaged or leaking Lithium Ion (Li-Ion) batteries with normal household waste.
➢ Information on the consequences of improper handling, accidental breakage damage and improper recycling of the end of life product: (inclusions)
➢ If batteries are not properly disposed of, it can cause harm to human health or the environment.
➢ Placing of batteries or devices on or in heating devices, such as microwave ovens, stoves, or radiators and improper disposal of batteries may lead to explosion.
➢ If the battery terminals are in contact with metal objects, it may cause a fire.

The E-label information
To access the e-label information, in the device,
1.Go to the main interface as follows

2. Enter the setting interface, as follows

3. Select Software version

4.Select System version, as shown in the following interface

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is

connected.

-Consult the dealer or an experienced radio/TV technician for help.

Specific Absorption Rate (SAR) information:

This 4G smart watch meets the government's requirements for exposure to radio waves. The guidelines are based on standards that were developed by independent scientific organizations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons regardless of age or health.

FCC RF Exposure Information and Statement

The SAR limit of USA (FCC) is 1.6 W/kg averaged over one gram of tissue for body, 4.0 W/kg averaged over ten gram of tissue for extremity(Limb). Device types: 4G smart watch (FCC ID: 2AP7LWT003) has also been tested against this SAR limit. The highest SAR value reported under this standard during product certification for use next to Mouth SAR is 0.35W/kg, the simultaneous transmission SAR value is 0.59W/kg, Limb value SAR is 1.27W/kg ,the Simultaneous(tx) SAR value is 1.46 W/kg. The device may be safely held against the wrist (Limb)of the user. When holding the device near to the mouth, keep a distance of more than 10 mm.