

Smart Skipping Rope user manual



NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

1 Description

1.1 Idea:

This product is mainly used for measurement and recording of skipping rope movement.

1.2 Specification

Product size	Φ23*164mm
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Product G.W	0.25kg
Product N.W	0.17kg
LCD size	19.6*8.1mm
Powered by	Rechargeable lithium battery 60 mAh
Max.Jumps	9999 times
Max. Time	99'99"

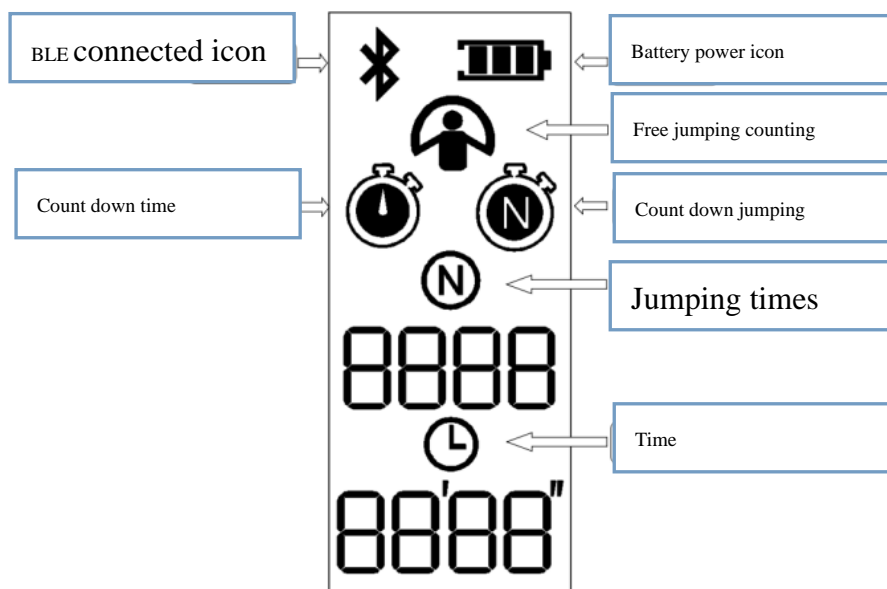
1.3 Working conditions:

Operating temperature range: 5 °C ~ 40 °C

Operating humidity range: 20% RH ~ 85% RH

Storage temperature: -20 °C ~ 60 °C

LCD Icon



2 Function of the button

2.1 The only one function key is used to power on/off and start recording function.

The key is invalid when the skipping times are being accumulated;

Off screen status:

- Short press to wake up ;
- Press and hold 8 seconds to restore the original factory;

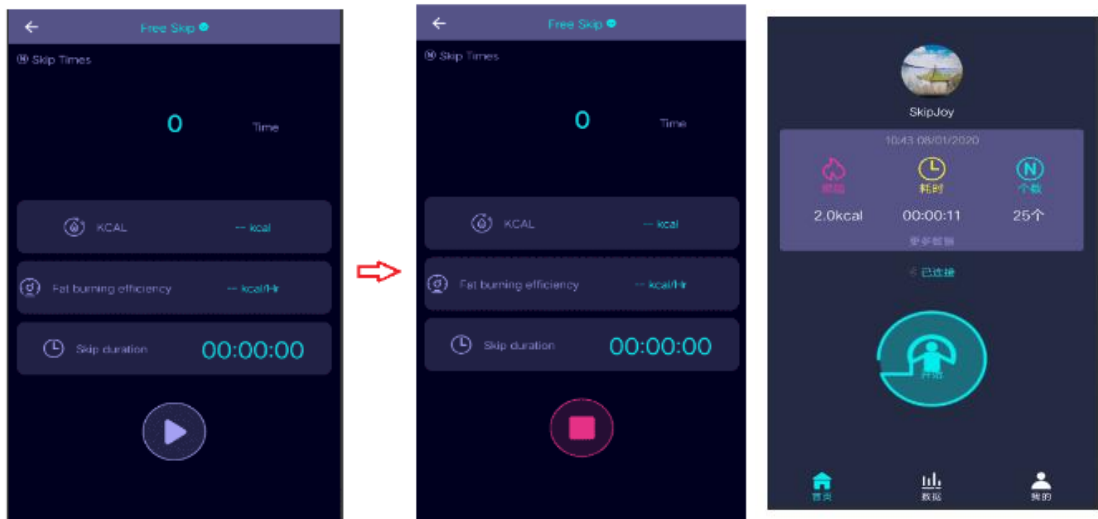
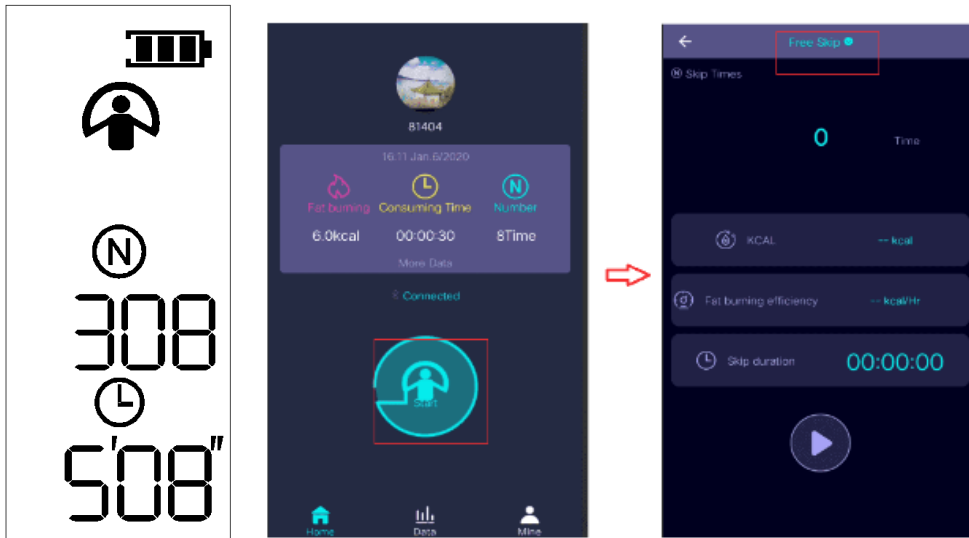
After the number of skipping ropes stops accumulating for more than 2 seconds:

- Short press to have backlight;
- Press and hold 2 seconds to swift skipping mode;
- Double click to reset the current time skipping time counting;

3 Feature description and operation

3.1 Free skipping mode

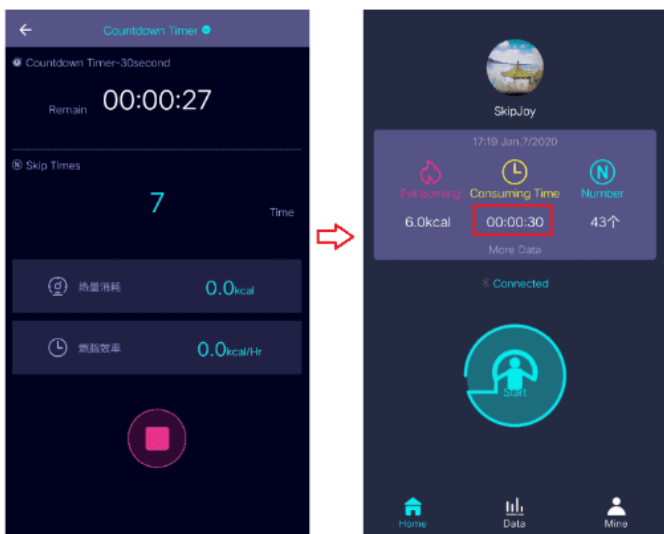
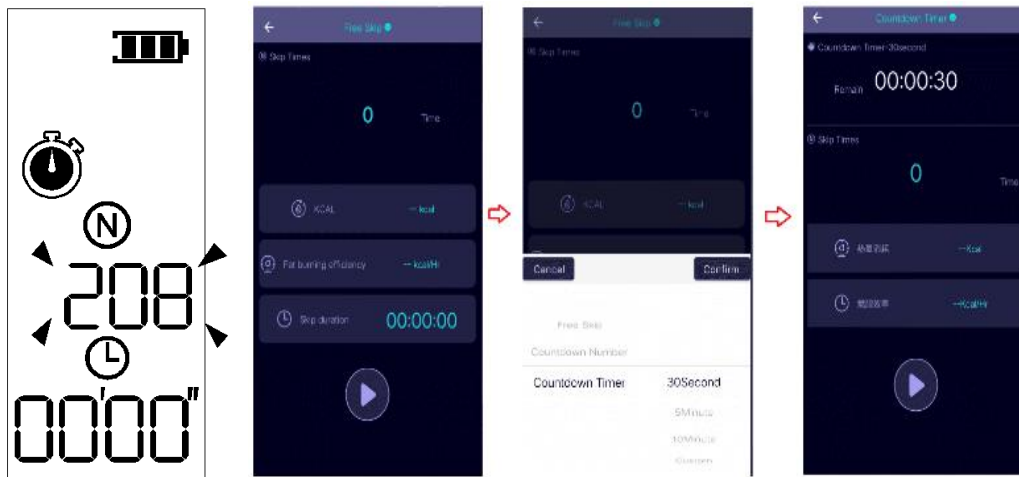
Click the function button to turn on the LCD. The LCD backlight is on and the page jumps freely.



If skipping is started, the number of jumping will be displayed 0 → 1 → 2 → 90 → 91,
 If stop jumping, the datas will save and syned to the APP skipjoy.

3.2 Count down timer mode for jumping

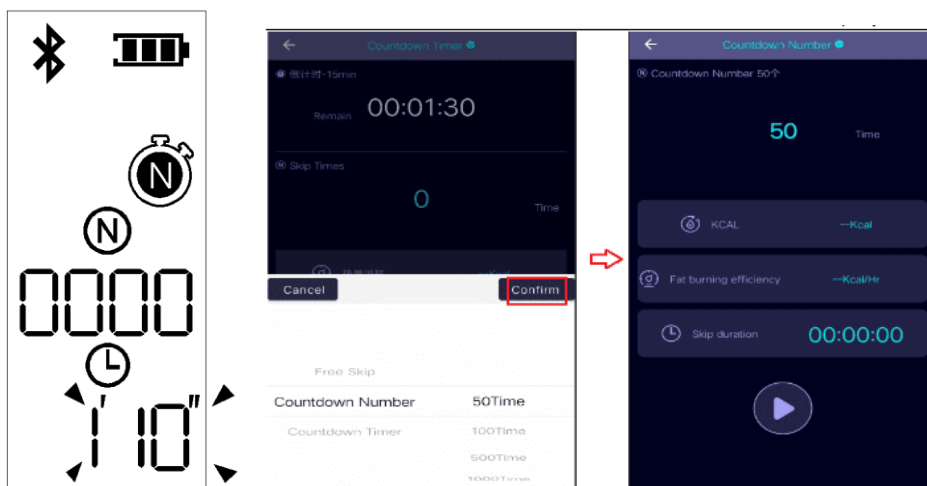
Press and hold 3 seconds to swift to Count down timer, with below display, and you could select the timer in the App skipjoy, or to swift the mode in the App directly, then press the button to start to count when you start to jump.

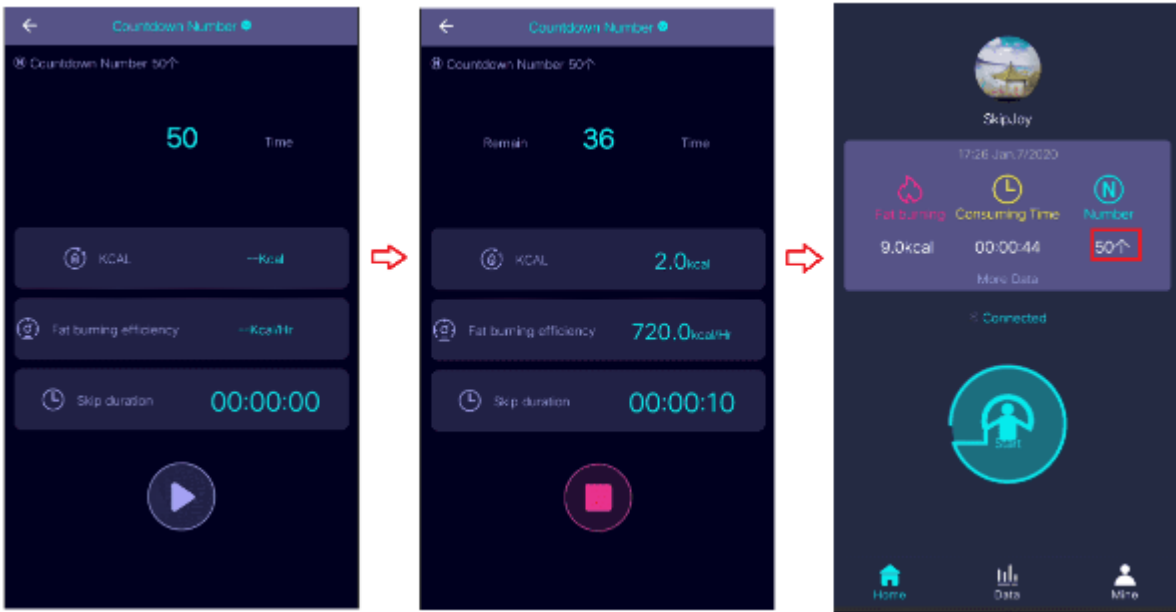


When the time comes to zero, then it will stop counting, and device will shake to remind user to stop.

3.3 Count down Skipping mode

Long press to the count down skipping mode or select in the App skipjoy, and set up the goal you want to reach, then press the button to start to count when you start to jump.





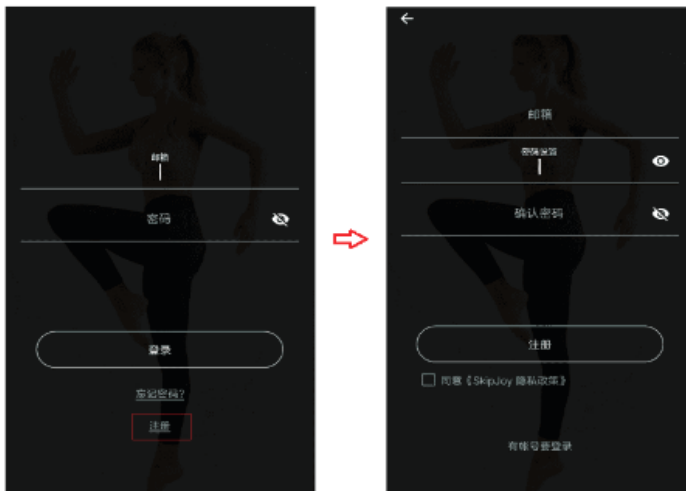
When the counting comes to zero, then it will stop counting timer, and device will shake to remind user to stop.

4 Connected with the App Skipjoy

- 1) Turn on the Bluetooth icon in your smart phone, GPS is required for Android.
- 2) Search “Skipjoy” in App store or google play to download or scan the QC code to download.



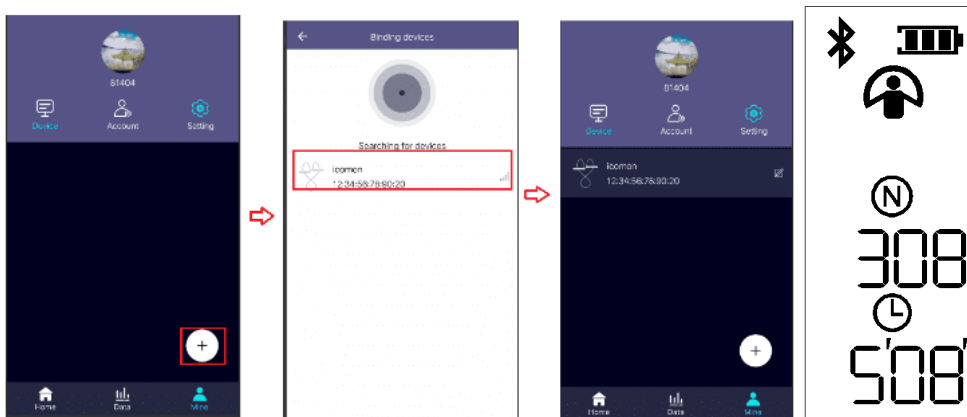
- 3) Install the Skipjoy App in your smart phone, and agree with all authorization to fullfill more functions.



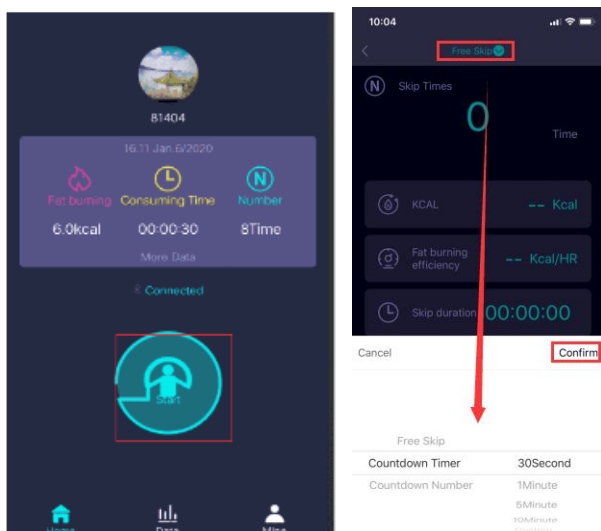
4) Register with your email, and set up your personal data.




5) In the Mine page, press Device and + to select and pair device, after connected, come back the home page, it will shows green Start and the rope will show the bluetooth icon also.



6) Then press green Start, and to select the skipping mode you want, free skip, count down time and count down number, then confirm.




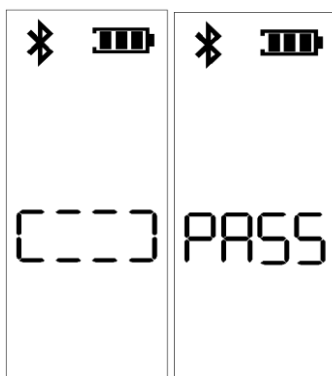
7) After select the skipping mode, user can press the icon  to start or short press the function button to start.

8) After skipping, it will come back the home page, and tell you burning calorie, the time it takes, and the jumping numbers.

4 Others



1. If out of power, it will shows “”, please use the mrico USB to charge for about 2 hours.
2. Without operation , it will auto off after 1min.



5 Reset function

Press and hold the button for 8 seconds, you can reset the product, all display when resetting, then return to zero display.