TW-TZ270

TENSWALL

Smart Body Fat Scale

User Manual

www.tenswall.com

It is strictly forbidden to disassemble, squeeze, puncture, or short-circuit this product. Or put this product in water, fire or exposed to the environment with a temperature higher than 60 °C (140 °F).

Thank you for choosing TENSWALL smart body fat scale products. Please read this manual carefully before use.

Measurements should only be used for references. Not for medical purposes.

Not intended for use by there people:

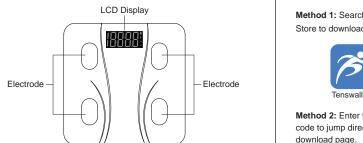
- Professional athletes
- Pregnant women
- Patients with pacemakers

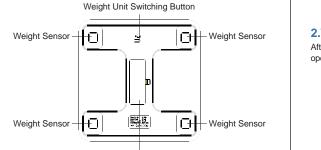
- It is easy to slip when using the body fat scale in wet conditions.
- After moving the scale, please stand still for 5 seconds, after the sensor is calibrated with the ground, and then use the scale to obtain accurate data.

Maintenance:

- 1. Please place the Body Fat Scale on the hard and flat ground. • When cleaning, please wipe the surface of the scale with a clean When the weight induction exceeds 5KG, it will automatically turn on.
- Do not use any cleaning agent for surface cleaning.

Product Information:





Battery Compartment (4 AAA Batteries)

2. Four batteries are included, please install the batteries according

to the positive and negative poles, and then close the battery cover.

1.Install TENSWALL FIT APP

Method 1: Search for "Tenswall Fit" on Google Play or Apple App the exact of the data, please truthfully write your age, gender, and height. This data is only used for measuring, not for other purposes. Store to download and install the application.



Method 2: Enter the URL on the mobile browser, or scan the QR code to jump directly to the Google Play or Apple APP Store

URL: https://www.tenswall.com/app/fit/

2.Turn on the phone's Bluetooth

After installing the TENSWALL FIT App. Turn on the phone's Bluetooth. open the TENSWALL FIT App to automatically connect with the device. Click Next to agree (1711-17) Plot





Note: The illustration is for reference only, please refer to APP for details. Open the APP first, and then measure your body, the data will be

This product automatically calculates the BMI index. In order to get

measurement data is synchronously saved to the cloud server. Even

if you change your phone, as long as you log in your account on

Please remember your login username and password. Your

other phone, you can also view your historical weight data.

Password (b-16 chumictore)

Confirm Password

Body Fat Scale must be placed on a hard flat surface for measure. Do not put soft materials on the bottom of the scale. synchronized to the APP. 3. The plastic bag of the product packaging must be removed, and the skin of foot

4.Start Using It

Correct posture

Wrong posture X

touches the metal electrode pads.

4. Please leave the body fat scale after the APP prompts the end of measurement.

TENSWALL FIT APP

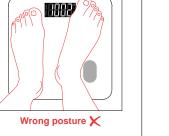
75.9

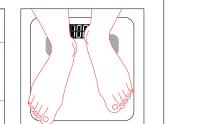
A Muscle 53 3 km

4 0 0

(i) BMI 27.9

With the use of TENSWALL FIT, not only can record basic information Start measuring and recording your weight and body data immediately! Place the scale on a hard, flat surface. When measuring on the scale. stand facing the display. The two feet step on the electrode pads naturally. The forefoot is stepped on the front electrode pad, and the heel is stepped on the rear electrode pad. (As the pictures show)





Wrong posture X

APP is updated at any time. The functional content listed on this page is subject to the actual APP display. If there is a update, we will not notify

Screen Display

such as your weight change, but also comprehensively detect multiple physical data through the TENSWALL FIT APP. Accurately measure up to 18 data of your body. Using 4 sensitive electrodes design, the measurement data is accurate including Weight, BMI, FAT, Muscle, Water etc.



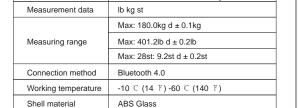
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BMI	Weight Status	
Below 18.5	Underweight	
18.5 – 24.9	Normal or Healthy Weight	
25.0 – 29.9	Overweight	
30.0 and Above	Obese	

BMI is a person's weight in kilograms divided by the square of Note: In order to bring customers a better experience, TENSWALL FIT height in meters.

Calculation: $68 \div (1.65)2 = 24.98$

Basic Information

After installing the battery, when the weight induction exceeds 5KG. Product name TENSWALL Smart Body Fa the Smart body fat scale will start automatically. capacity display



Power supply 4 AAA-Batteries (1.5V * 4 = 6V)

Fat Scale	This device complies with part 15 of the FCC Rules. Operation is subject to the condition that this device does not cause harmful interference (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.	Tenswall is a technology company dedicated to creating a modern smart lifestyle. We attach great importance to customers' shopping experience and are committed to provide customers with best service and a good social circle for sharing. If you love life and sharing, come and join our Tenswall TOP VIP group!
	Any changes or modifications not expressly approved by the party responsible for compliance	JOIN US!
	could void the user's authority to operate the equipment.	Enjoy further customer service

NOTE: This equipment has been tested and found to comply with

the limits for a Class B digital device, pursuant to Part 15 of the

FCC Rules. These limits are designed to provide reasonable

This equipment generates, uses and can radiate radio frequency

energy and, if not installed and used in accordance with the

instructions, may cause harmful interference to radio communica-

tions. However, there is no guarantee that interference will not

If this equipment does cause harmful interference to radio or

which can be determined by turning the equipment off and on, the

-- Consult the dealer or an experienced radio/TV technician for

The device has been evaluated to meet general RF exposure

requirement. The device can be used in portable exposure condi-

user is encouraged to try to correct the interference by one or

protection against harmful interference in a residential installation.

WARRANTY POLICY

























suggestion is our motivation. Please feel free to contact our service team at email if you have any further questions.

/2 Athlete mode

Note: 1. It must be measured with bare feet, and the skin of the feet touches the "metal

Weight display

BMI index parameter form

Example: Weight = 68 kg, Height = 165 cm (1.65 m)

-- Reorient or relocate the receiving antenna.

occur in a particular installation.

more of the following measures:

television reception,

-- Increase the separation between the equipment and receiver. -- Connect the equipment into an outlet on a circuit different

tion without restriction. FCC ID: 2AOO4-TZ270

from that to which the receiver is connected.

http://www.tenswall.com

We cherish every customer's feedback very much. Your

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support@tenswall.com