

# Smart Watch

## Model No: F15



# 使用指南

## USER MANUAL

# **Downloading the App**

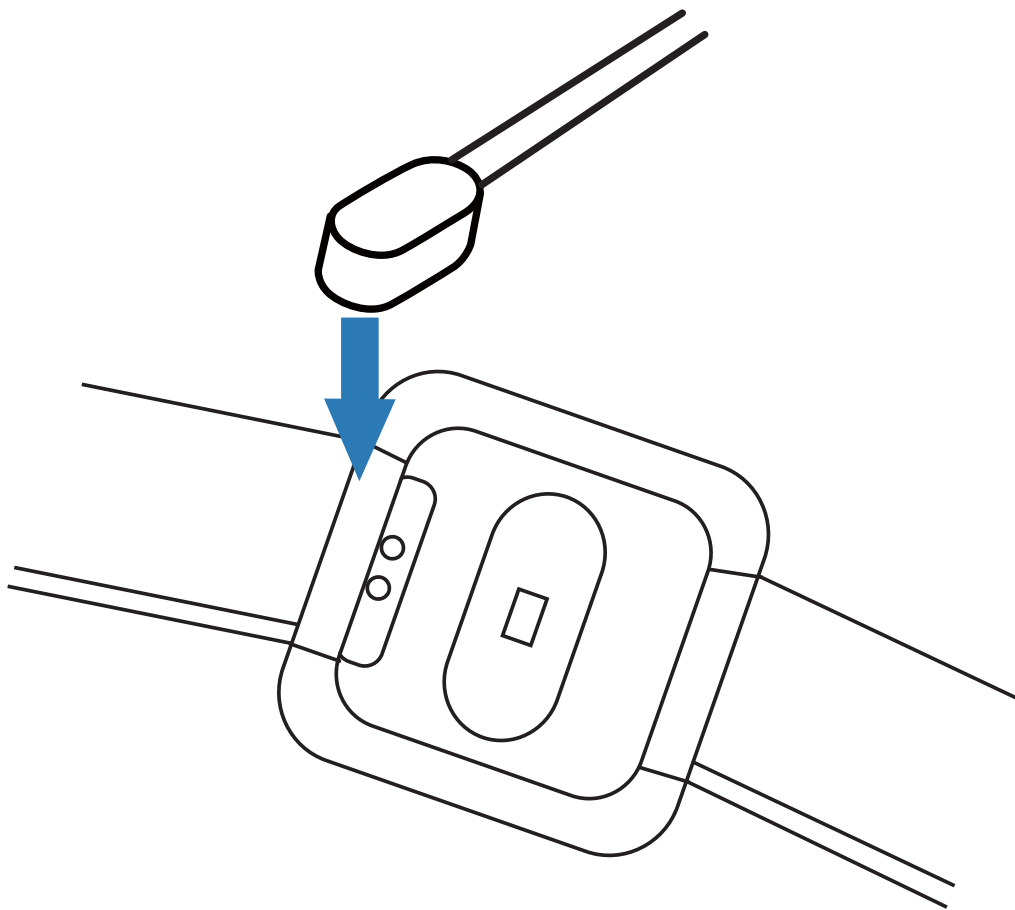
Scan the following QR code, download and install the App.



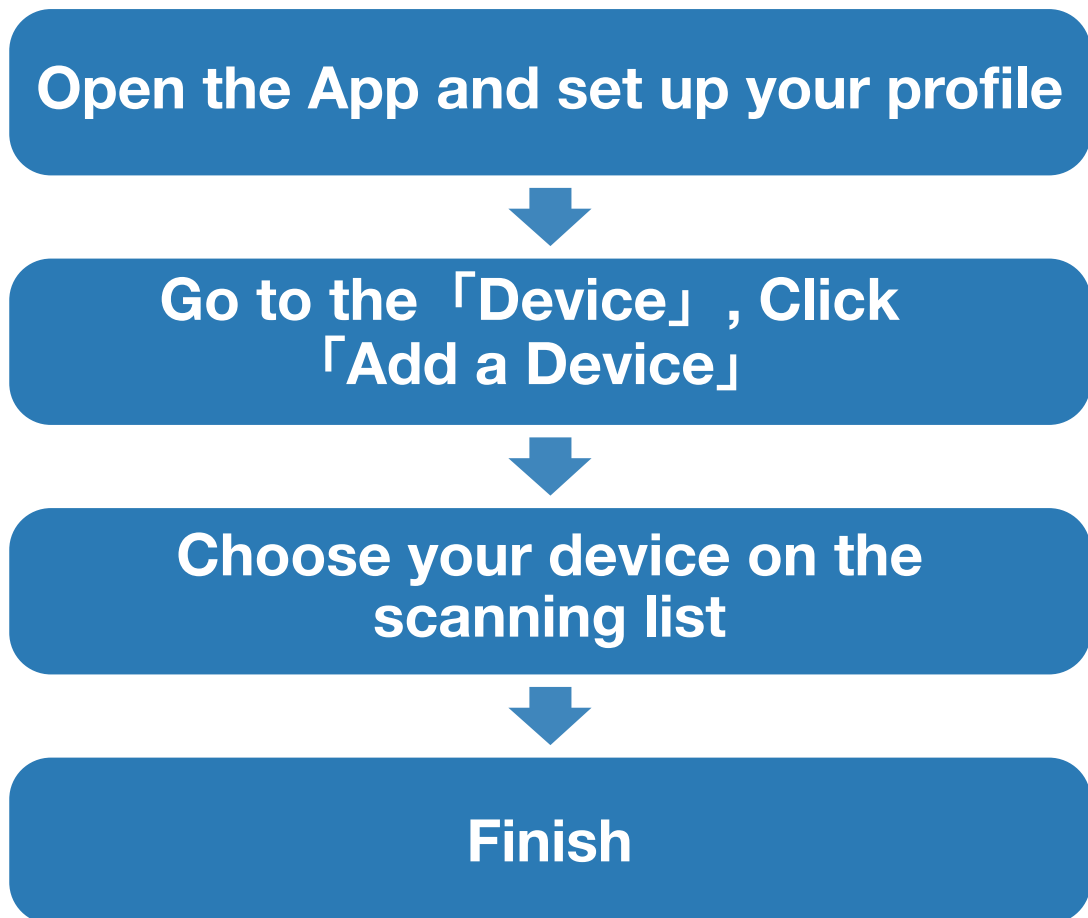
**Scan QR Code and Download**

## **Charging and Active**

Charging the device to active before the first time using;  
To charge your device, plug the charging cable into the  
adapter or USB port on your computer.



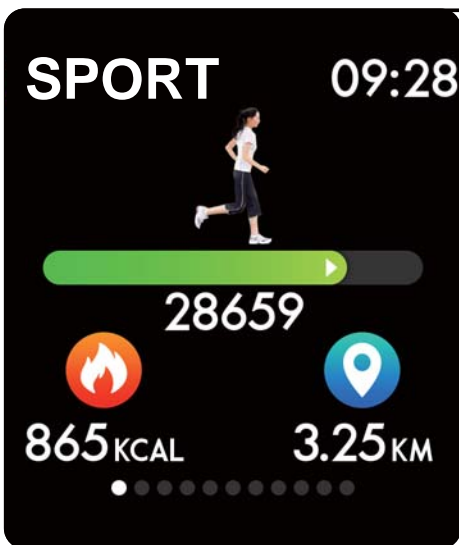
## Pairing



Long press the 「time page」 on your device, go to the detail page. The MAC address on the detail page could help you identify your device on the scanning list.

# Smart Watch Features

**SPORT** 09:28

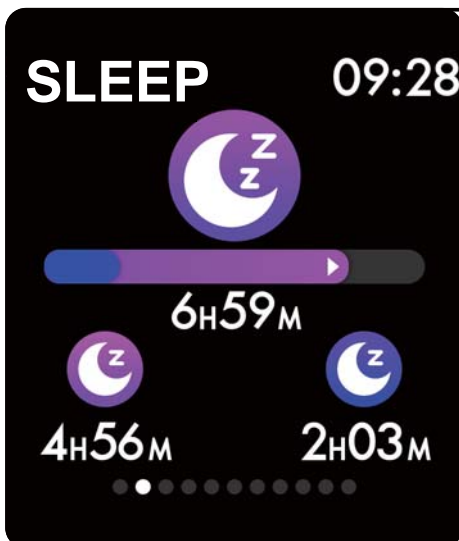


**Sports**

Smart Watch automatically tracks Steps taken, Calories burned, Distance traveled and displays on the screen.

NOTE: Your movement stats reset to zero at midnight.

**SLEEP** 09:28

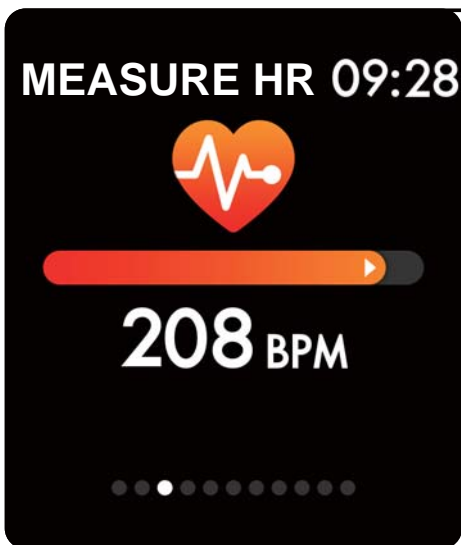


**Sleep**

If you keep wearing Smart Watch in your sleep , it can provide the hours slept and quality of sleep stats on both the screen and the APP.

NOTE: Sleep stats reset to zero at 8:00 pm .

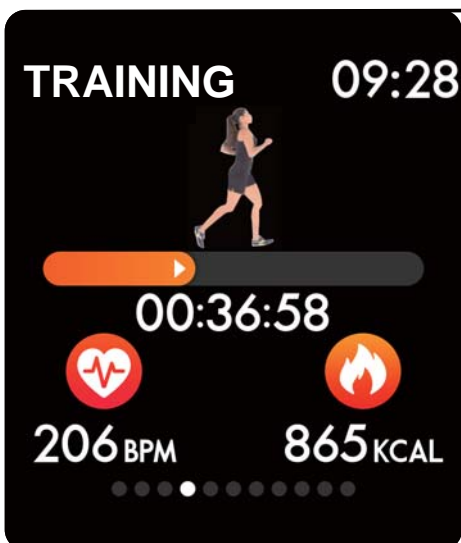
# Smart Watch Features



The image shows a smartwatch screen with a black background. At the top, it says "MEASURE HR 09:28" in white. Below that is a red heart icon with a white ECG line. Underneath the heart is a red progress bar with a white play button icon. In the center, "208 BPM" is displayed in large white font. At the bottom, there are seven small white dots, with the second one from the left being larger and white, indicating the current page in a sequence.

## Heart Rate Test

the heart rate page to start measuring your heart rate. On the heart rate page, It can show the heart rate measured data of the last-7-times.

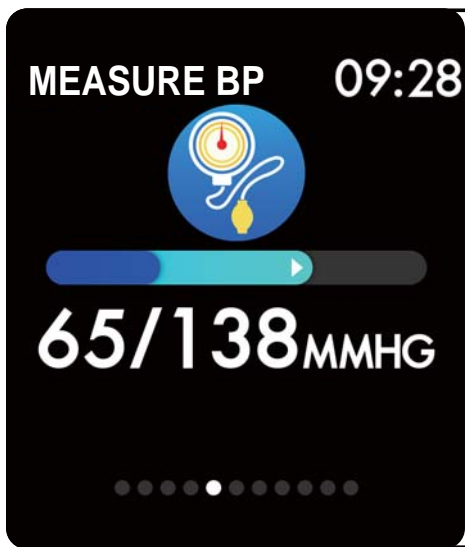


The image shows a smartwatch screen with a black background. At the top, it says "TRAINING 09:28" in white. Below that is a white silhouette of a runner. Underneath the runner is a red progress bar with a white play button icon. In the center, "00:36:58" is displayed in large white font. Below the timer are two red circular icons: one with a white ECG line and one with a white flame. At the bottom, "206 BPM" and "865 KCAL" are displayed in white. At the very bottom, there are seven small white dots, with the second one from the left being larger and white, indicating the current page in a sequence.


## Training


Long press on the training page to start a new training measure recording, there are 8 sport modes to be chosen. The last training recording will be shown on the training page.

# Smart Watch Features




MEASURE BP 09:28



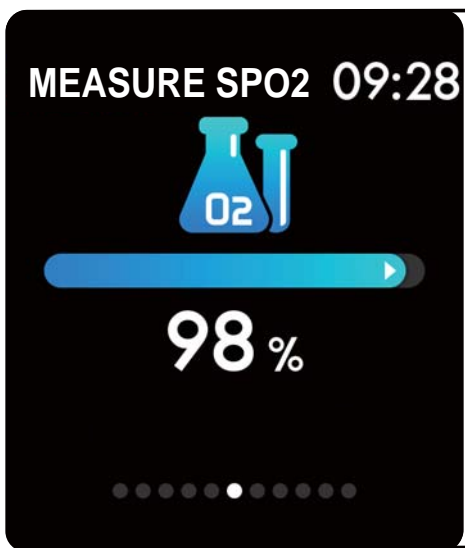


**65/138**MMHG





**Blood Pressure Test**

on the blood pressure page to start measuring your blood pressure .On the blood pressure page, It can show the blood pressure measured data of the last-7-times.




MEASURE SPO2 09:28





**98%**



**SpO2 Test**

the SpO2 page to start measuring your SpO2. On the SpO2 page, It can show the SpO2 measured data of the last-7- times.


# Smart Watch Features



The image shows a smartwatch screen with a weather widget. At the top left, it says 'WEATHER' and '09:28'. Below this is a weather icon of a sun behind a cloud. To the right of the icon is a large temperature reading '28°' and a smaller green circle with a leaf icon and the text 'Air: excellent'. At the bottom of the widget, it says 'TMR:SUNNY' and '16-28°'. There are several small white dots at the bottom of the screen, with the third one from the left being filled.

**Weather**

It could show the weather info of current and tomorrow on the weather page. Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.



The image shows a smartwatch screen with a messages reminder widget. At the top left, it says 'MESSAGES' and '09:28'. Below this are three icons: a smartphone with a speech bubble, an envelope, and a smartwatch with a speech bubble. At the bottom of the widget, it says 'LONG PRESS TO MEASURE'. There are several small white dots at the bottom of the screen, with the third one from the left being filled.


**Messages Reminder**

The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram etc. Recently 3 messages can be stored. Note: You can switch off/off the incoming notification in the APP.



# Smart Watch Features

**SHUTTER** 09:28



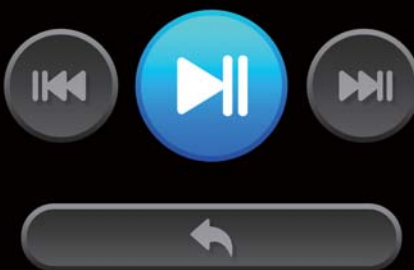
LONG PRESS TO MEASURE

.....●

## Remote Shutter

After connecting the device can remote control the camera on your phone.

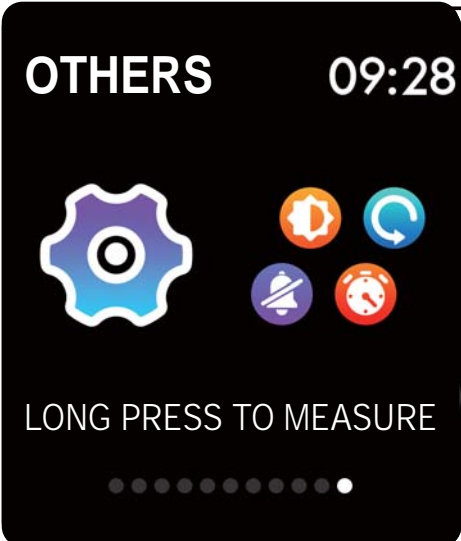
**PLAYER** 09:28



## Music Play Controller

After connecting the device can remote control the music player on your phone.

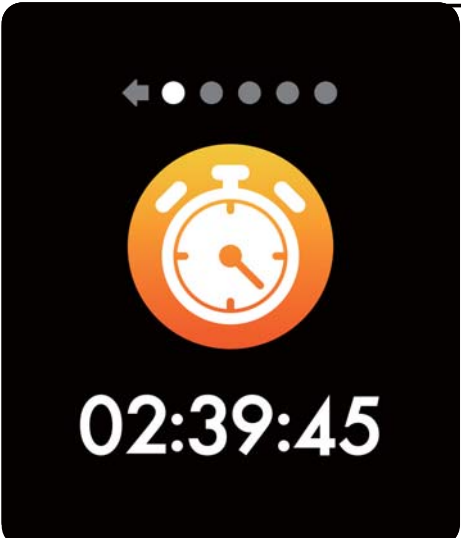
# Smart Watch Features



The image shows a smartwatch screen with a black background. At the top left, the word "OTHERS" is written in white. To its right, the time "09:28" is displayed. Below the text, there is a large gear icon on the left and four smaller circular icons on the right: a blue gear, a red gear, a blue circular arrow, and a red circular arrow. At the bottom of the screen, the text "LONG PRESS TO MEASURE" is visible, followed by a row of ten small white dots, with the last dot on the right being larger and white, indicating the current page.

## Other Features

Other features include stopwatch, brightness adjustment, mute mode, factory reset, and power off.



The image shows a smartwatch screen with a black background. At the top, there is a navigation bar with a left arrow and five dots, the second of which is white. Below this is a large orange stopwatch icon. At the bottom of the screen, the time "02:39:45" is displayed in large white digits.

## Stop Watch

Long press on the stopwatch page to start timing, and long press again to stop timing.

# Smart Watch Features



## Silent Alarms

Set up the alarm on the APP, the device will vibrate to remind on time.



WALK AROUND

## Remind to Move

The device will vibrate to remind you to make a relax after 1 hour sitting.

Note: You can switch on/off the feature in the APP.

# Getting to Know Your Device

## **1. Using in Wet Conditions**

Your device is water-resistant, which means it is rain-proof and splash-proof and can stand up to even the sweatiest workout.

NOTE: Do not swim with your Smart Watch. We also don't recommend showering with your wristband; although the water won't hurt the device, wearing it 24/7 does not give your skin a chance to breathe. Whenever you get your bracelet wet, dry it thoroughly before putting it back on.

## **2. Using the Touch Button**

Single tap the Touching Area under the main screen to wake up the device and switch to other functional pages. Long press the Touching Area to enter for more functions which is needed.

## **3. Using Quick View**

With Quick View you can check the time or the message from your phone on your Smart Watch without tapping. Just turn your wrist towards you and the time screen will appear for a few seconds.

# General Info & Specifications

## **1.Environmental Conditions**

Operating temperature: 14°F to 122°F (-10°C to 50°C)

Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

## **2.Size**

Fits a wrist between 5.5 and 7.7 inches in circumference.

## **3.Disposal and Recycling**

Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle Smart Watch and accompanying components. Do not dispose of Smart Watch with common household waste, the Smart Watch unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility. For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

FCC ID:2AONX-F15

FCC WARNING:

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter