The Instructions of Smart Bracelet

Product Name: Smart Bracelet
Model:F07,F10

前无止境
海纳百川

Manufacture: Shenzhen Qianhaiyifan Technology Co., Ltd.

Please consult the instruction manual before your usage.

V1.0

Guidelines

1）Presentation and description of appearance of the product

Ouch button area

2）The instruction of Function

a．Motion steps

Calculate the number of moving steps, walking time, mileageas well as calories.

b. Sleep monitoring

Monitor the quality of sleep every day accurately, calculate the time length of deep sleep and light sleep.

c. Health measurement.

Monitor current health information,including heart rate, oxygen, blood pressure accurately.

（Data are for reference only and not for medical use）

d. Multiple motion modes

Accurate measurement of multiple modes of exercise: cycling, running, swimming, calories consumed and length of exercise

e. Alarm clock/message reminder

Alarm clock, phone, Facebook, Line, WhatsApp, QQ, WeChat, SMS, sedentary reminder, anti-lost reminder
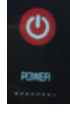
f. Remote control camera

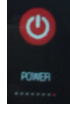In favor of remote camera for mobiles or Flip your wrists to take photos

g.Hang up phones

Press Bracelet touch button for a long time, you can hang up the phone.

3）The instructions for Switching on/off the Tool

a. Press the touch button to boot the tool for a long time.

b. If you press for a long time, but fail to start, please make sure whether the battery is out of power or not.

c. If the battery is out of power, Please pull out the head strap, Insert USB charging interface and switch on after charging

d. On the shutdown interface , press the touch button to shut down the tool for a long time.
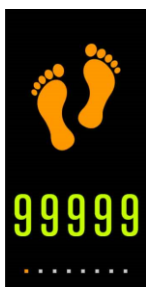
4）APP Installation and Device Binding

a. The requirements of mobile phone configuration: Android system 4.4 and above, IOS system 8.0 and above, Bluetooth version of wood BLE4.0 and above.

b. Scan two-dimensional code below, download Android or IOS APP, then install them on the phone.
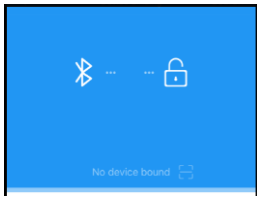

c. Device Bonded

Mode 1，Scan and connecttwo-dimensional codes in order to bind, as shown in the picture.

On the"step"interface, press the touch button for a long time, produce two-dimensional codes connected by blue-toothin this bracelet（when the bracelet is connected with mobile phones, then press the button for a long time, it will not open and link two-dimensional code）
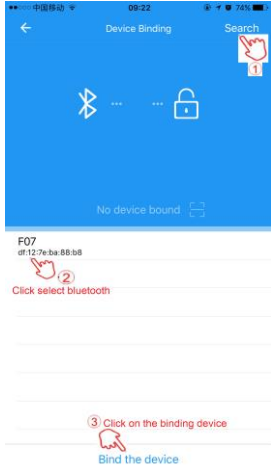

Note：Each Bracelet connects two dimensional code，They are automatically generated，Each device is connected to the two-dimensional code is not the same

Click APP scan code function，Scan Bracelet display connected two-dimensional code can quickly pair connection

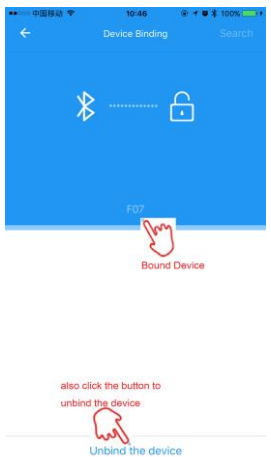Click the function of scanning code, scan two-dimensional code displaying on the bracelet.

Mode2，Search and link to blue-tooth model, as shown in the picture.

Note：When the bluetooth icon on the bracelet ends is in a stationary state,which represents the fact that the bluetooth has been connected.

When the bluetooth icon on the bracelet ends is in a blinking state,which represents the face that the bluetooth has not been connected.

d. Device unbound, as shown in Figure.

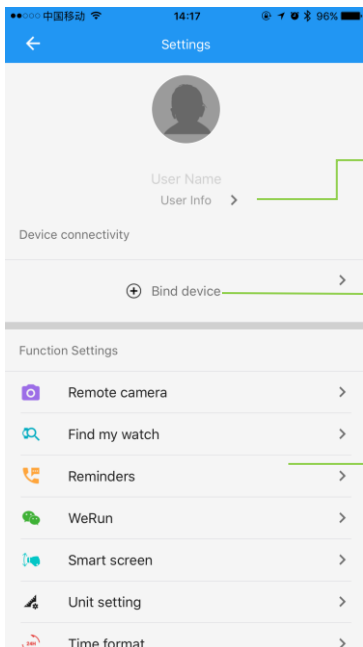5) Function Icons and Operating Instructions of Bracelets

Main interfacedate: Date, time, week, power, Bluetooth connection status		Press the button,then enter the next interface for a short time.
Step interface: Display the number of steps of the day.		Press the button for a long time,connect to the two-dimensional code interface. Press the button,then enter the next interface for a short time.

Training mode interface: Into the training mode, including cycling, running, swimming mode, return	 Press the button, then enter the next interface for a short time.
Heart rate interface: Measuring heart rate value The results showed that heart rate, systolic blood pressure and diastolic blood pressure, blood oxygen value	 Enter this interface to automatically measure and display heart rate, blood pressure, and blood oxygen values Press the button, then enter the next interface for a short time.
The sleep icon interface: Displays sleeping time the night before	Press the button, then enter the next interface for a short time
The alarm clock icon: Displays the alarmclock time	Set the alarm time by APP, Press the button, then enter the next interface for a short time
Look for the phone icon:	Press the button 2S to start searching for your cell phone for a long time. Press the button 2S for a long time again to exit the search. Press the button, then enter the next interface for a short time

Device information interface：	The Bluetooth address code and firmware version are displayed on the long press，Press the button,then enter the next interface for a short time
Shutdown interface：	Long press shutdown. Press the button,then enter the next interface for a short time

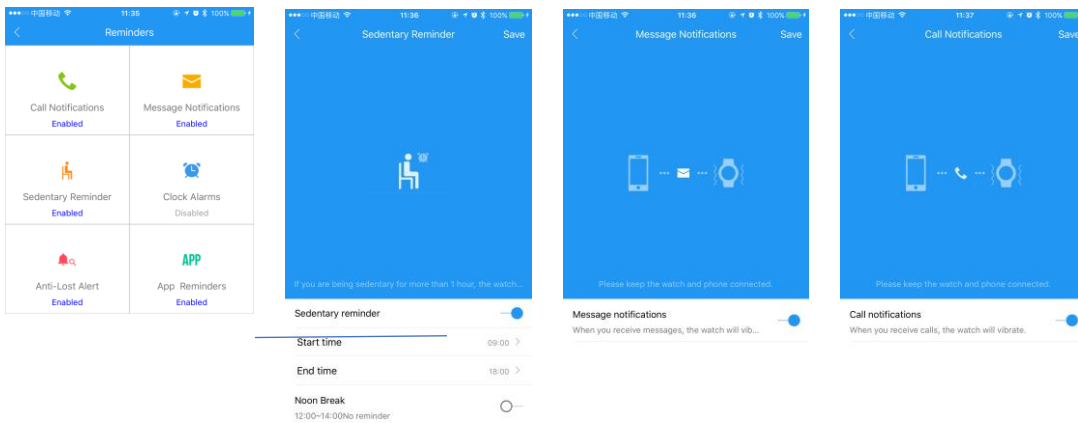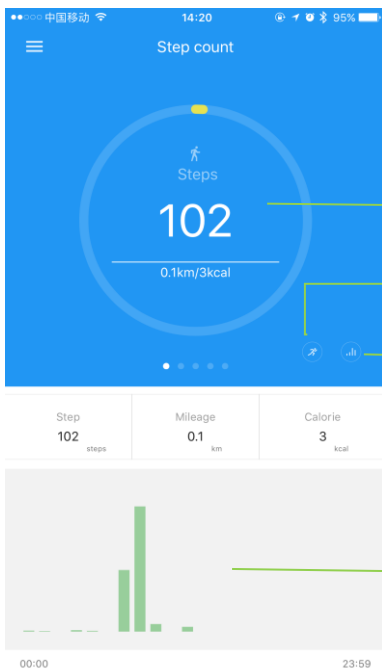## 6) The Description of APP interface

a. Settings

(gender, age, height, weight) please complete the user carefully

Please refer to the equipment binding and APP instructions

The relevant reminder function can be turned on or off, and the operation mode is as follows:
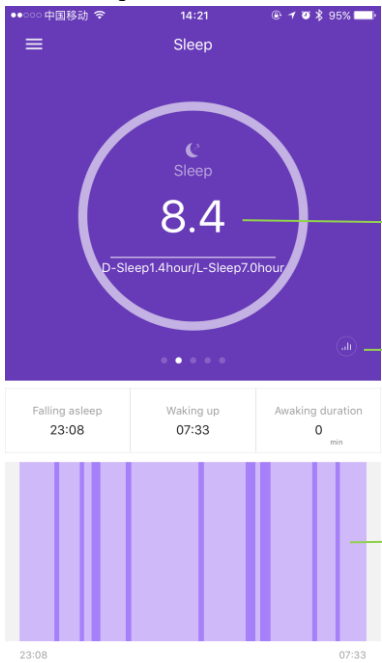

b. Step interface

Record the number of steps in the day (24 points per day)

Click into training mode

Check the history steps

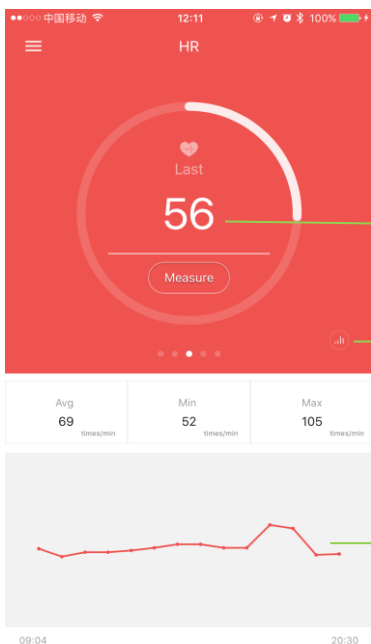A bar chart of the day's moving steps

C. Sleep interface：

Record the previous day's sleep

View historical sleep data

The previous day's sleep chart
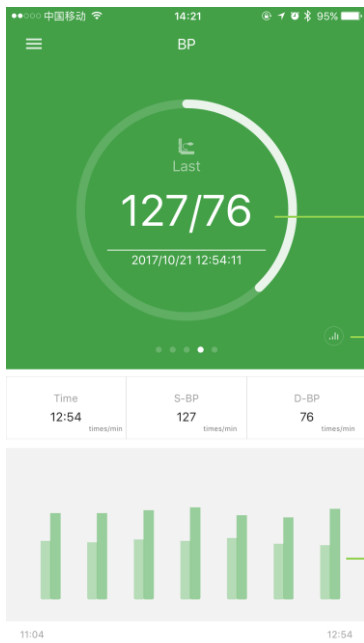
d.Heart Rate interface：

The last time you measured your heart rate

View historical heart rate data

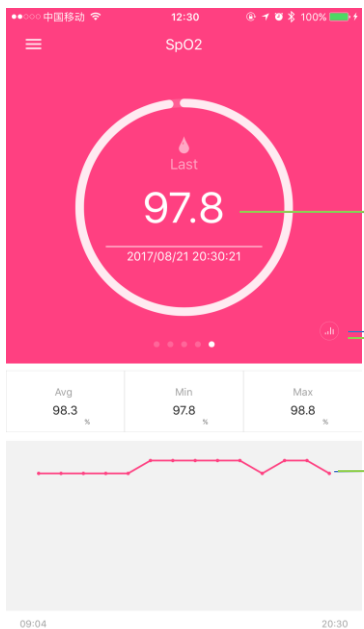Heart rate chart of the day

e.Bp interface：

The last time I measured the blood

View historical blood pressure data

Blood pressure measurement bar chart

f. SpO2 interface：

Last time the blood oxygen

View historical blood oxygen data

The blood oxygen measurement curve of the day

7) Precautions for use：

a. Theoretically the wristband supports mobile phones or tablet system IOS 7.0 system or above and Android system 4.3 version or above with Bluetooth 4.0, but not all mobile device models are available. Please referto the actual.

b. This prolicate elements,please do not throw it and strie it with hard objects, otherwise the machine surface will be scratched or hardware be damaged.

c. Dot not disassemble or transform the product, otherwise problems will occur or product quality guarantee be hampered.

d. It is forbidden to throw the product into fire for fear of explosion.

e. Note in wearing: if you are sensitive or wear the wristband too tight,you might feel discomfortable.

f. Please wipe the wristband if it is wet prior to charging,otherwise failure will be caused and the charging touch points corroded.

g. Under the strong static environment, failures might occur,e.g.no display or abnormal display etc,Do nor use it in high pressure or high magnetic environments to avoid electrostatic interference.

h. It is waterproof only when the lens and enclosure are intact. Water fightness may be ineffective resulted from violent dismantlement or installation.

i. This product is waterproof for cold water to hot water may lead to fog appears in the lenses.

j. The battery life time by using environment and use pattern changes.

FCC Caution.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.