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I .Functional Description



II.Operation Method(in the APP link state, real-timesynchronization)

1.Turn on: long press key 35, show main interface.

2.UI switch: slide into and keeing.





, long press key 35, choose like UI



in the APP link state, real-timesynchronization.

4.heart rate test: slide into



800 C

, in the APP link state, real-timesynchronization.

5.sleep test: slide into

, in the APP link state, real-timesynchronization.

6.music control : slide into playback of music on mobile

7.photos: slide into of photo on mobile , in the APP link state , real-time control and phone.

, in the APP link state,real-time control and playback phone。

8.sports mode

Totle 8 sports: walke, running, paly badminton, climbing, play basketball, rid on a bicycle, paly football, play basketball



slide into sports, follow refer to:



9。BT CALL and Information push

in the APP link state, Open the APP phone message push function.





10.Remind: Sedentary warn, Drinking, meeting, take medicine, alarm clock, search phone in the APP link state, Open the APP phone message push function.



11.Setting:





- 12、10、Other functional: follow zhe steps, in the APP link state.
- alarm clock



stopwatch

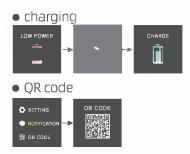


• count down



• search phone





III.Specificaton

Project	Discription	Project	Discription
MCU	Realtek8762CK	Running current	15-30µA
Battew Specificaton	180mAH	Standby current	7-9µA
TFT	1.28 TFT	Waterproof level	IP67
Charge time	2H	Touch type	Touch full

IV.Notice

For the first use, charge after the battery is used up.

Before connecting to the APP,open the APP authorization of the mobile phone system.

When the signal is not disturbed, the bluetooth of the mobile phone is tuened on .

This is waterpoof for life ,not suitable for swimming and other sports.

Prevent high temperature above 30°.

V.APP code (Android or IOS) ,scan please.



FCC Statement:

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions: 1) this device may not cause harmful interference, and 2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try correct the interference by one or more of the following measures:

- Reorient the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into and outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void your authority to operate the equipment.