

# B16

## Instruction Manual



s m a r t w a t c h  
c o n n e c t i n g y o u r l i f e

## Packing List

Smart Watch, Anti-lost Tracker, Instruction Manual, Charging Cable, Anti-lost Tracker Lanyard

## Specifications & Parameters

Product Name	B16
Display	0.66-inch OLED Single Color
Product Size	Diameter: 39.50mm; the Thickness of the Main Body: 8mm
Case Material	Mineral Glass, Glass Fiber +PC
Acceleration Transducer	3-axis (Low Power Consumption)
Battery Capacity	130mAh
Duration	≥ 96h
Bluetooth	BLE
Waterproof	IP67 Life Waterproof

## Touch Induction Area

1. The touch induction area of the B16 smart watch is designed below the screen side of the long watchband.
2. Power on: long press the touch area for 5s to power on in the power-off state. Then switch menu or do other operations via the touch induction area.
3. Definition of the touch operation: short press to switch and select. Long press for 3s to enter, exit or confirm.



## Acquire APP

APP download: search "RaceFitPro" in "Google Play" or "APP Store" ; or scan the following QR code to download APP.




APP QR Code



APP Icon

## How to Bind the Watch to the Mobile Phone

1. Check and confirm whether the mobile operating system is supported by Android 4.4 or iOS 8.0 (or more advanced versions).
2. Download and install APP. Register an account according to its guidance.
3. Check whether you have turned the mobile Bluetooth on.
4. APP is required to bind to the watch (please do not directly pair with the mobile Bluetooth)
5. For iOS system, click “Mine-My Device-Search Device” in APP. Then APP will automatically check the nearby B16 device.
6. For Android system, the APP will automatically guide you to enter the search interface. After the APP is successfully connected to the watch, the time main interface will show the Bluetooth icon . If it fails to search the watch, please turn the mobile GPS on to try again, that is, open the poisoning permission for the APP motion track. If it still fails, please check whether the Time Main Interface shows the Bluetooth icon and whether the watch has connected to other devices. Disconnect and do the above-mentioned steps again.

## Activate and Bind the Watch

Turn the mobile Bluetooth on and the APP will automatically guide you to bind the watch after you enter the Race Fit Pro for the first time, or click the shortcut settings toolbar in the main interface to search and connect. (as shown below)




## How to Charge the Watch

1. Connect the one side of the USB cable to the standard USB port of computer or 5V/1-2A mobile charging head.
2. Connect the other side of the charging cable to the rear magnetic port of the watch.
3. It takes about 1.5 hours to fully charge.



## Watch Interface Index

1. Main interface: ① time (four kinds, long press the touch area to switch), ② Sports & Health, ③ Find, ④ Anti-lost, ⑤ Weight Lose, ⑥ More Settings.

2. More Settings . Long press for 3s to enter the Sub-interface ① QR Code (scan the QR code via the mobile browser to directly install APP), ② Bind and name the anti-lost tracker, ③ Stopwatch, ④ Power off. ⑤ Reset, ⑥ Device information. ⑦ Return to the parent interface.

## Watch Interface Index

Select Female when you register an APP account and the sub-interface of the watch Sports & Health will show 4-state reminder and display:



Menstrual  
Period



Menstrual  
Period







Ovulatory  
Period






Ovulatory  
Day


## Bind the Anti-lost Tracker

Bind and name the anti-lost tracker (bind three anti-lost trackers simultaneously). Close the anti-lost tracker  to the watch first and long press for 3s to switch to the bind interface  in the more settings interface . Long press for 3s to enter the scan interface . Select the anti-lost tracker after a successful search, and the anti-lost tracker rings once. Long press for 3s again to enter the name interface (you can select the child, mobile phone, key, umbrella, wallet and others. Long press for 3s to select and name the anti-lost tracker. Then select "✓" and long press for 3s to save and exit. The anti-lost tracker icon is changed into the selected icon, indicating a successful bind. Select "X" means to quit, remove settings and exit.

## Find the Watch

1. The watch can control the anti-lost tracker to ring and flash red light to find the watch.

2. In the main interface  , long press for 3s to enter the sub-interface. Long press the find interface for 3s and select "ON"  . Then the radar starts to rotate and open the find function. The anti-lost tracker will make a high-frequency noise and flash red light after receiving the signal to help you find the object that has been bound. Long press the find interface for 3s and select "OFF"  to stop the find. Then the radar stops the rotation and the anti-lost tracker stops making noises and flashing red light.

3. Short press in the sub-interface to exit the interface, and long press for 3s to return to the main interface. 



4. Within the induction range, it makes responses within 10s when the watch controls the find switch of the anti-lost tracker. Please bind the anti-lost tracker again in the bind interface if the ring can't be paused. Then enter the find interface and long press to stop.

5. Find distance Outdoor open space: within the circumference with the 50m radius Indoor (without barriers): within the circumference with the 20m radius.



## Anti-lost Function

1. Anti-lost function: the watch will continuously vibrate if the anti-lost tracker isn't within the safe distance (the distance is determined by the environments and barriers. The more complicated the environment is, the closer the distance is).

2. Long press for 3s in the anti-lost main interface  to enter the sub-interface . At this time, you can see the anti-lost tracker that has been defined, signal strength (distance), electricity information and "On" / "Off" button.

3. The On/Off button of the anti-lost tracker - the right side of the sub-interface screen in the anti-lost sub-interface. Short press to switch interface and long press to confirm. On and Off will be showed in the main interface.

4. Short press in the sub-interface to switch to the exit interface. Long press for 3s to return to the main interface.

## Weight Lose Mode

1. Cycle the touch key to the  weight management interface and long press for 3s to enter the sports mode.
2. The main interface of the weight management mode: walking frequency, calorie and step number (note: only walking frequency that reaches 120 can help you lose weight. For the detailed quantitative results, please check the APP)
3. Pause interface  and exit interface . Short press to switch and long press for 3s to confirm. The data will be automatically saved.

## Smart Notification

- ① Social message notification (APP push)
- ② Incoming call notification (APP push)
- ③ Message notification (APP push)
- ④ Silent alarm clock reminder (APP settings)
- ⑤ Sedentary reminder (APP settings)

## Automatic Control

1. Turn to wake (APP settings). Turn wrist to wake for 3s and touch to wake for 8s in order to save power.
2. Wearing Detection (APP settings). The anti-lost find function will be automatically off when it isn't been wore for more than 10 minutes.

## Warnings

1. Prohibit to dismantle without authorization due to its built-in battery. Do not drop, crash, squeeze, puncture or cut the device.
2. Do not wear and operate the device when you are swimming or diving.

## FCC STATEMENT :

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a

particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

## **RF warning statement:**

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

