

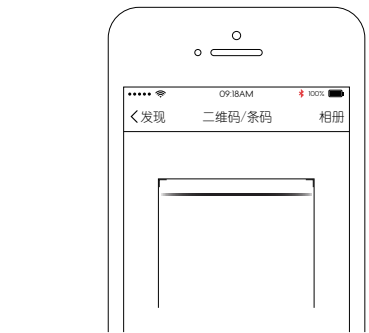
正面

## 快速入门手册

智能生活 与你相伴

### 安装APP

扫描以下二维码或者进入各大应用市场下载并安装 “跃动手环”

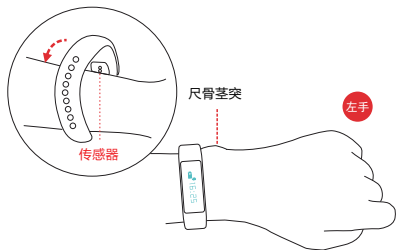


Android



iOS

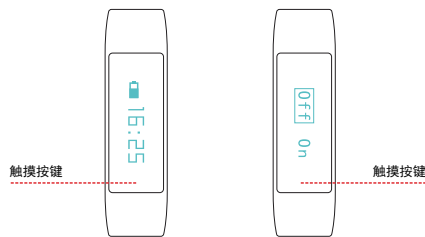
### 手环佩戴方式



手环以尺骨茎突后佩戴最佳，传感器要紧贴皮肤，避免移动。

### 手环开/关机

触摸手环屏幕边缘3秒以上开机震动，屏幕点亮。开机状态长按触摸按键3秒以上，进入关机界面，选择Off,长按触摸按键即可关机，选择On，长按触摸按键退出关机界面进入主界面。



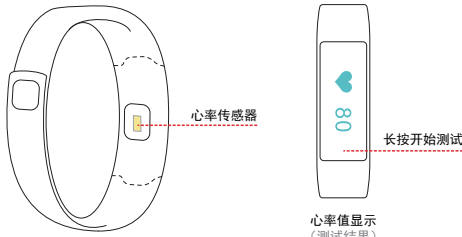
### 使用手环

手机APP连接手环：  
打开手机APP→扫描→点击连接手环  
当智能手环与手机连接成功后，手机上立刻开始记录和分析你的运动睡眠情况，并根据相关数据进行图标统计到手机上，当断开连接后，手环自带显示屏可以独立显示时间和运动数据，并通过按键可以切换查看不同的界面数据，同时可以保存高达七天的离线数据。（注：首次使用需连接APP进行校准，连接成功后手环会自动同步时间，否则记步和睡眠数据不准。）



### 心率测试

手环显示切换到心率界面时，长按按键，手环屏幕的心率图标闪烁，同时手环背面心率LED灯会点亮，表示开始测试心率，30秒左右得到心率测试结果，也可以连接手机APP，在心率界面点击“开始”测试心率。（注：测试时心率传感器要紧贴皮肤，避免外部光线影响测试的准确度，心率测试区域要保持清洁，汗水或污渍都会影响测试结果。）



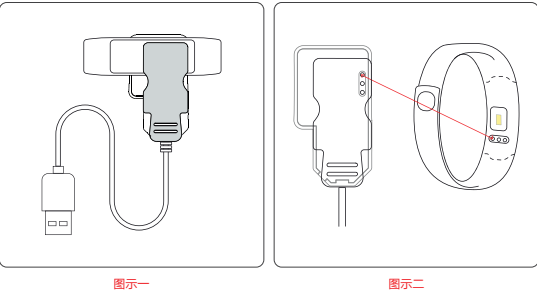
### 主要功能

标准运动功能（记步/距离/卡路里）	防丢提醒（手机超出范围提醒）
睡眠监测（睡眠时间、睡眠质量）	智能闹钟
心率监测	久坐提醒(iOS固定一小时)
来电提醒	摇摇拍照
消息推送(可添加)	运动目标设定、运动信息分享
恢复出厂设置	同步数据、固件升级
当手机来电或有新消息时，手环会震动提醒	

安卓用户温馨提示：  
1. 开启智能解锁功能，手机远离手环时自动锁屏，靠近手环时自动解锁，目前只支持部分机型。  
2. 使用远程报警时需要允许联动手环显示悬浮窗。  
3. 使用消息提醒时需要设置为允许联动手环后台运行。  
4. 建议在权限管理中添加联动手环信任。

### 充电操作

当手环或者APP提示电量低警报时，标示电池电量不足，请及时给手环充电。充电时，请将手环夹在充电夹中（如图示一），手环的充电部分要与充电夹的顶针对准（如图示二），USB接口连接到充电适配器上即可充电。



### 注意事项

- 1.洗澡和游泳时不宜佩戴
- 2.常温测试，大部分肤色测试正常
- 3.产品仅供参考，不能代替医疗设备
- 4.同步数据时请连接手环
- 5.使用自带的充电线充电
- 6.不要把手环长时间暴露在水分较高、温度极高或极低的地方
- 7.手环出现死机重启现象，请注意检查手机内存信息清除再试，或退出APP重新打开
- 8.初次使用手环，需连接手机APP方可正常记步，之后无需连接仍可正常记步
- 9.当手环电量高于2格时，插入充电器，手环震动提示，低于2格时无提示
- 10.手环充电时，插上充电器，手环触摸自动校准，校准过程中触摸失灵，10S后方可恢复正常。

### 部件介绍

手环，表带，充电线，包装盒及说明书

### 基本参数

屏 幕：OLED显示屏

电 源：内置聚合物电池

待机时间：15天

同步方式：蓝牙4.0

工作温度：-20℃-50℃

### 设备要求：

安卓：运行4.3及以上系统，微信6.0及以上并支持蓝牙4.0。

苹果：运行iOS8.0及以上系统，且微信6.0及以上。

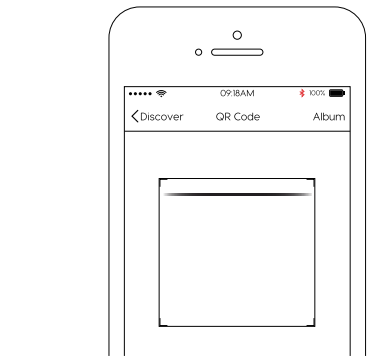
反面

## User Manual

Smart life Together with you

### Application Download

Before connecting, make sure your bracelet is powered on and your smartphone's Bluetooth is on.



Application name is "UETON". Search "UETON" on the App Store or Google Play,or scan the QR code below:

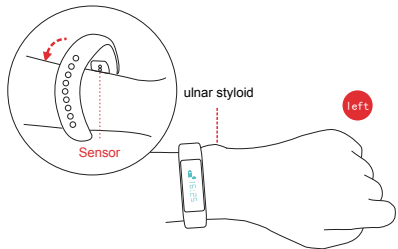


Android



iOS

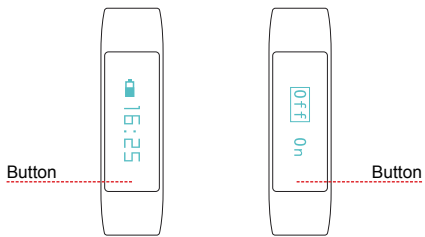
### Wearing Position



The best wearing position of bracelet is next to ulnar styloid, please put the sensor close to the skin,avoid moving.

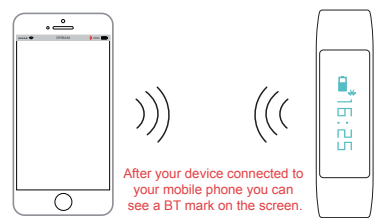
### ON/OFF

Touch the screen for more than three seconds,then the bracelet will be On withvibration and the screen will lit up. In the boot state,touch the screen for more than three seconds switch to the shutdown,select "off",long press will shutdown, select "on",long press will be back to the main interface.



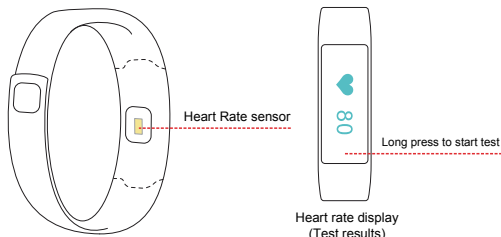
### Usage of Device

Remark: First connection with the device,please make sure device connect to APP/APK and time and date automatically update.  
Open APP→Device→Slide→Binding  
When band and phone connect successfully,Immediately start to record and analyze your exercise and sleep data,show the data to APP.When disconnected,device can show time and sport data on the screen automatically,and can save data up to seven days.



### Heart Rate Test

When the display is switched to heart rate interface,long press touchscreen position,then the heart rate icon flashes,while heart LED is lit,It mean the start of theheart rate test and about 30 seconds to obtain heartrate results, You can also connect the APP,and click the "Start" to test heart rate.



Tips:When test,please put the heart rate sensor to be close to the skin and to avoid the influence accuracy of external light.Heart rate test area should be kept clean,sweat or dirt can affect test results.

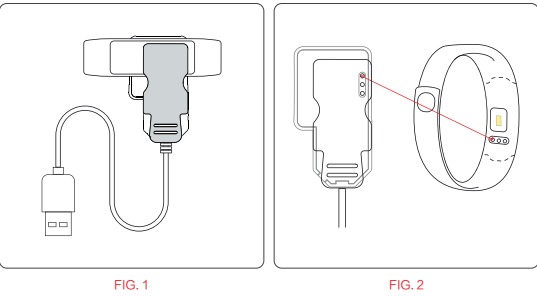
### Main function

Standard Sports Function(steps,distance, calories)	Anti-lost reminder(phone out of range alerts)
Sleep detect(sleep time,sleep quality)	Smart alarm clock
Heart Rate Monitor	Sedentary remind(iOS fixed one hour)
Call notification	Shake photograph
Push message(You can add more)	Sport goal setting,Sports information sharing
Reset to the factory settings	Firmware Upgrade
when phone receive incoming call or message,device will vibrate.	

Tips for Android user:  
1.Open intelligent unlock function:Automatic lock screen when the phone away from the band and automatic unlock when the phone close to the bracelets,but currently only supports some phone models.  
2.When using the function of away from alarm,you need to allow the app display floating window;  
3.When using the function of message reminder,you need to set the app allow to be run in background;  
4.Suggest that app is added in the phone management for the "trust".

### Charging

Please clip the device with the charging cable as shown in the figure 1, the charging part must aim to the pin as shown in the figure 2, and connect USB part to the related plug.



### Tips:

1. Please no wear the device when swimming or shower.
- 2.For reference only, it can not replace medical equipment.
- 3.Please test in the normal temperature, the most of skin test normal.
4. Connect the device when synchronized data.
- 5.Please charge the smart bracelet by original charger.
- 6.Don't exposure device in the over moisture,extremely hot or cold conditions in a long time.
- 7.If device doesn't work, please note clear the mobile memory or quit the App, andtry again.
8. Pedometer will work after connect the APP with device manually in the first time, no need operate later.
9. The device will vibrate when you connect the charger,with power higher than two grid.If lower than two grid,the bracelet will have no alert when connected charger.
- 10.When device is charging,Touchscreen will be in calibration automatically. Touchscreen will failure temperately,after 10 seconds it will be in normal operation.

### Package Contents

Smart BraceletxCharger xEnglish Manual

### Basic parameter:

Display: OLED display

Battery Type: Li-polymer battery

Standby Time: 15 days

Synchronization method: Bluetooth 4.0

Operating Temperature: -20 C -50 C

### Equipment Requirements:

Android OS: Smartphone which support Bluetooth 4.0 and installed with Android 4.3 or above, Wechat 6.0 or above.  
Apple OS: All iPhone and iPad versions installed with iOS 8.0 or above, Wechat 6.0 or above.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

FCC ID: 2AO2I-LY118