

Smart bracelet

Smart Bracelet User Manual

1

Thank you for purchasing the Smart Bracelet. This instruction will help you to bind the Smart Bracelet with any mobile device through the Bluetooth and get information about Time, Pulse checking, Call ID, Alarm, Walking steps, Calorie burning and looking for binded device.

Battery Charging

It is recommended to charge the new battery for 3 hours before first time use. The charging unit is a USB cable. Please insert the small end of the USB adapter into the micro USB port on the bracelet. The other end of the USB connector must plug into the computer or the power adapter. After connecting the device will start to charge and the battery icon will display on the screen and will begin to fill. The fully charged battery should last 7 days under the normal use.

2

Specification

The battery specification: 60mAh lithium polymer battery
Display: OLED 0.86
Band: TPU strap
Bluetooth chip: DA14580
Bluetooth Core: 4.0 BLE (Low efficiency)
Charging way: USB Charging

3

Wristband Installation

The button and the touch point all-screen in the same direction, then put the watch body into the strap and stuck each other.

4

Software Installation

Go to google Play Store and look for the JYou application. After it is installed, a JYou icon will appear on the Home Screen. It can also be installed through Wechat or Facebook. QR code.
Launch JYou, get into the login screen, then tap the little icon on the top right corner. It will guide you to Registered screen. Type in all necessary information for registration.

5

Binding Equipment

Tap the bottom right icon Setting. The Setting screen will appear. After tap an allow sign on the first line, and the Binding Equipment screen will appear.
Tap the cycle icon on the top right corner until XXXX-XXXX-XXXX appears under the Connected Device line. Then both devices will be binded each other.

6

"My" show each movement, sleep data and the current state;

7

"Sleep" this interface is used to check the detailed data and charts of your sleep, it also can be used to see historical data.

8

"Sport" this interface is used to check your activity detailed information, total step number, total distance, calorie consumption and the day's heart rate curve and charts. It also can be used to see historical data as long as the time will be transferred to the day you want to see.

9

Heart rate chart and detailed information:

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"Data" record your daily exercise and sleep, and the corresponding chart. This can be carried out monthly statistics, weekly statistics.

11

Warranty Card

Thank you for buying JYou bracelet in order to enable you to enjoy perfect after-sales service, please keep this card properly.

1. Since the date of the sale of the product, warranty is a year.
2. Warranty requires by virtue of this card and must provide proof of purchase (shopping invoice or online mail transaction records or order number).
3. The following conditions are not within this scope of the warranty:
Purchases in the online shopping mall dealer of unauthorized;
The damage and failure caused by unauthorized disassembly and assembly and modification of the product;
Damage and failure caused by falling during use and transportation;
Damage and failure due to improper use or not in accordance with the use of the instruction manual.
Bracelet have repaired by unauthorized repair department.

Use information (Please fill in before mailing):
Name: _____ Connect: _____
Address: _____

12

智能手环说明书

1

感谢您购买使用本公司智能手环产品。为了让您轻松体验产品，我们配备了详细的说明书。智能手环和移动设备绑定成功后，可以实现查看时间、脉搏心率、来电显示、闹钟、步数、卡路里消耗、睡眠管理、拍照和找手机等。

电池充电

第一次使用产品，我们建议充电时间至少3小时。充电时，把USB数据线一头插入手环(Micro USB)接口，将另一头的USB插入电脑或者电源适配器上。如果连接成功后，开始充电并在屏幕上会显示充电标识直至充满。产品电池充满后，正常使用时间为7天。

2

基本参数

电池规格: 60 mAh 锂离子电池
显示屏: 0.86" OLED
重量: 17g
蓝牙芯片: DA14580
蓝牙版本: 4.0 BLE (低功耗)
充电方式: USB充电

3

表带安装方法

注意：表体接触点方向请在表扣方向。表带卡扣表体，如图所示。

4

软件安装

您可以在应用宝(Android)/App Store(IOS)搜索“JYou”下载并安装。或者扫描二维码扫描直接下载安装。
首次打开JYou APP，首先进入登录界面，点击右上角图标进入注册账号界面，并输入注册所有的必要信息，如账号、昵称、密码等。

5

绑定

绑定设备时，首先点击右下方“设置”图标，进入“设置”页面，然后点击右上角的按钮进行搜索设备。系统显示手环MAC地址一码，如：XXXX-XXXX-XXXX(00:00:00:00:00:00)，进行连接绑定即可。
如果绑定成功，在当前绑定的设备栏里，就有一个绑定的设备存在。
另外，手环和移动设备可以相互绑定。

6

"我的状态" 查看各项运动、睡眠数据当前状态

7

"睡眠追踪" 此界面是用来查看您的睡眠的详细信息和图表，也可用来查看历史的睡眠数据

8

"运动追踪" 此界面是用来查看您的运动详细信息包括：总步数、总距离及卡路里消耗以及当天的心率曲线状态和图表。也可查看历史的，只要将上面的时间调到您想查看的那天就可以了。

9

心率图表及详细信息:

10

"数据统计" 记录您每天的运动与睡眠情况以及相应的图表。此页可进行月统计、周统计。

11

保修条款

为了您能够享受完善的售后服务，请妥善保管此卡。
1. 从购买本产品之日起，享受一年的免费保修服务。
2. 保修凭此卡，并需提供购物凭证（购物发票或网上商城交易记录订单号）。
以下情况不在保修范围内：
在非授权经销商网上商城经销商处购买机器；
擅自拆表、改装该产品所造成的损坏与故障；
在使用、搬运过程中跌落而造成的损坏与故障；
因不当使用或不按照使用说明使用而造成的损坏与故障；
因不当保养、不当保存所造成的损坏与故障；
由非SEFREET公司授权的维修点维修过的机器。

用户信息（购买前请填写）
姓名: _____ 联系方式: _____
地址: _____

12

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.