

OUKITEL W5

User Manual for Smart Watch

I. Method of Application

1. Use of Watch

(1) Boot: When the watch is powered off, press and hold on the touch key for 3 seconds to boot (If there is a side key, press and hold on the side key for 3 seconds to boot), showing the boot animation and vibrating, then displaying the main interface of time of the watch as shown in Figure 1-1-1. The display duration can be adjusted in the APP.

(2) Operation: With a single point of touch on the area, the screen interface can be switched. If the current interface has its sub-interface, then press and hold on the touch area for three seconds to enter the corresponding sub-interface, (If the watch has the side key, press and hold on the side key for three seconds to power off in random interface and press the side key for once to return to the time display interface in terms of other interfaces.)

(3) Shutdown: Switch to the shutdown interface of the watch as shown in Figure 1-1-2, press and hold on the touch key for three seconds, showing the shutdown animation and vibrating, then powering off (if there is the side key, press and hold on it to power off in random interface).



(Fig. 1-1-1)



(Fig. 1-1-2)

2. Bluetooth connection/ disconnection

(1) APP download: Search for "H Band" in the application market (for Android) or APP store (for Apple) to download and install, or scan the QR code below to download the "H band" application.



H Band

(2) Switch on the mobile Bluetooth→ open the "H band" application→ " Click to connect device", search for the watch Bluetooth necessary for connection and bond with the device. With operating steps above, the watch can be connected with the mobile APP and can be set in the APP after connection.

(3) Disconnection:

Method 1: Open the "H Band"→ "DISCONNECT"→disconnection (for IOS, it's necessary to ignore the device in the mobile Bluetooth setting for the disconnection)

Method 2: Direct turnoff of mobile Bluetooth

3. Charging

(1) Charging: When charged in shutdown mode, the watch will power on automatically, show

the main interface and flash the battery icon in the main interface. However, the users can only singly touch to display the main interface during charging and perform no other operations. In addition, when the watch is shaken during charging, the charging animation will appear as shown in Figure 1-3-2 and the dark screen will be shown after 8 seconds. When the battery is fully charged, the flash in the interface will keep bright without blinking.



(Fig. 1-3-1)



(Fig. 1-3-2)

4. Firmware Update

When there is a new version of update for the applications in the watch device, the firmware update will be prompted when connecting with APP.

5. Restore Factory Settings

Users can clear watch data and restore watch factory settings and the methods are as follows: Open the "H-Band"--> Device connection--> My Device--> Resetting Device Password--> Clearing Data. All data of watch will be cleared after the operation above and all function switches will be set as the default.

II. Function Introduction and Operation Instructions

1. Common Functions

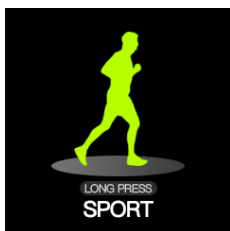
1.1 Sports Mode

(1) Function Introduction

a. In the sports mode, the watch can record the time, heart rate, calorie and steps during sports and to pause and to continue can be selected midway.

b. Automatic exit: During sports, the watch will automatically judge the motion state of the users. If the watch has determined the current consistence with the conditions of sports exit, and then it will exit the sports mode automatically.

c. Data storage: The watch only saves the latest 3 sports data



(Fig. 2-1-1)



(Fig. 2-1-2)



(Fig. 2-1-3)



(Fig. 2-1-4)



(Fig. 2-1-5)

1.2 Step-counting, Calorie and Mileage

(1) Function Introduction: The watch will display the users' total number of steps, calories, mileage of the day and the completion of sports goals in the interface and erase the data at 00:00

every day.



(Fig. 2-1-6)

1.3 Heart Rate

(1) Function Introduction:

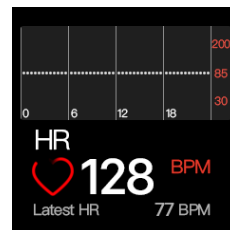
a. Heart rate measurement: The watch will measure the users' heart rates in the heart rate measurement interface, show the results after test completion and automatically go dark for standby without operation for 60 seconds.

b. Automatic monitoring of heart rate: The function switch can be set in APP. When the function is on, the watch will conduct automatic monitoring regularly (once every 10 minutes) and record the heart rate data. If bonded with the mobile phone, the watch will upload the data to the APP.

c. Heart rate alarming: When the automatic monitoring of heart rate is on, the function switch can be set in the APP and the upper limit of the heart rate can also be set. When the users' heart rates reach the upper limit, the watch will vibrate to alarm and shown the interface of heart rate alarming as shown in Figure 2-1-7.



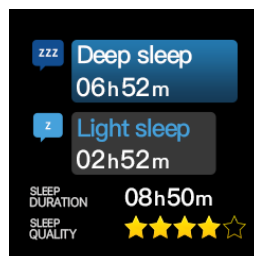
(Fig. 2-1-7)



(Fig. 2-1-8)

1.4 Sleep

(1) Function Introduction: The watch will display the users' sleep time, deep sleep duration, shallow sleep duration and sleep quality of the previous night in the interface as shown in Figure 2-1-9.



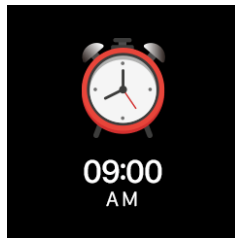
(Fig. 2-1-9)

2. Reminder Function

2.1 Clock Reminder

(1) Function Introduction: The user can set an alarm clock in the APP. Single or repeated alarm clock can be set. In addition, the label icon of the alarm clock can be set and there are 20 groups of

label icons for users' selection. When reaching the set time, the watch will vibrate and show the label of the alarm clock as shown in Figure 2-2-1 and the watch vibrates for ten times and goes dark for standby. (If the set time of the single alarm clock is in conflict with that of the multiple alarm clocks, the device will preferentially show the single alarm clock).



(Fig. 2-2-1)

2.2. Call Function

(1) Function Introduction: The function switch can be set in the APP. When it's set as "ON", there is an incoming call for the mobile phone and the watch vibrates (for IOS, there will only be reminder when there is the connection with the mobile Bluetooth), shows the call sign and the caller ID (If there is the recorded ID in the mobile phone address book, the caller name will be shown).

2.3 Reminder of Short Message/Mobile Phone Application

(1) Function Introduction: The function switch can be set in the APP. When it's set as "ON", when there are short messages of the mobile phone or the pushed notifications of the mobile phone application (Facebook, QQ and others), the watch shows the pushed contents (necessary pairing for IOS, open permission for Android, and the device will normally prompt the pushed contents) as shown in Figure 2-2-2.



(Fig. 2-2-2)

3. Other Functions





3.1 Wearing Detection

(1) Function Introduction: The function switch can be set in the APP. When it's set as "ON", the watch will firstly conduct the wearing detection to determine that the users wear the watch correctly before heart rate (blood pressure) measurement. If it's correct wearing, then the heart rate (blood pressure) measurement is started. If it's not qualified, then the induction lamp will blink for a while and light off automatically and the watch will go dark for standby.

3.2 Female Functions

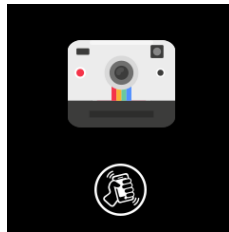
Function Introduction:

- a. The functions are for women only. When the users are male, the APP will show no any

interfaces related to the functions. When the users are female, they can set their own current physiological statuses(only records for menstrual period, preparation for pregnancy, duration of pregnancy and mom time) and period time in the APP. the watch will, based on the two, calculate, judge, conclude the current statuses of users so as to demonstrate accordingly. Users can also open the female notifications for convenience of status attention and adjustment(menstrual period , safe period , ovulatory period  and ovulation date .

3.3 Photograph

(1) Function Introduction: Enter the camera interface in the APP and take photos via the watch. At this time, the watch shows the camera UI as shown in 2-3-3. Taking photos can be conducted via a single point of touch on the key and "shark it off". Press and hold on for three seconds to exit. One minute after entering the function without operation, the watch and the mobile phone will exit the camera function automatically.



(Fig. 2-3-3)

III. Notes

1. Please tear off the protective film of heart rate sensor at the bottom of the device before use;
2. The different speed for data reading is normal during users' uses;
3. Please reboot the device or re-install the APP when the APPs flash back or the Bluetooth discontinues during users' uses;
4. When the wristband is disconnected with the mobile Bluetooth, it will search automatically within 20 minutes;
5. Charging requirements: Charge via charger of specifications of 5V 0.5--1A. If it's not used for a long time, please turn the watch off and guarantee the charging once a month.

IV. Disclaimer

Warning: This product is not a medical device. Watches and their applications should not be used for diagnosis, treatment or prevention of diseases and symptoms. If you want to change your habits such as exercise and sleep, you must firstly consult with qualified medical professionals to avoid serious casualties. Our company reserves the right to modify and improve any of the functions described in this manual without prior notice and maintains the right to continuously update product content. All contents shall be subject to the physical objects.

V. FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the condition that this device does not cause harmful interference (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance

could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

FCC ID: 2ANMU-W5