MX-FIT
USER MANUAL

Please read the manual before use.

◆ **The information in this document won't be modified or extended in accordance with any notice.**

◆ **The watch should be charging 2 hours at least before use.**

1. Caution:

1.1 Waterproof and dustproof

The watch supports waterproof and dustproof. Please follow below guidelines to maintain the waterproof and dustproof function. Otherwise your device might be damaged.

· Do not use watch under the strong pressure water.

· Do not use watch when diving, snorkeling or other sports in turbulent water.

· Please dry your hands or watch fully before operating.

· If the watch is exposed to water, please dry it fully with soft cloth. If it is exposed to other liquids (such as salt water, pool water, soapy water, oil, perfume, sunscreen, hand sanitizer) or chemicals (such as cosmetics), please wash it with clean water and dry it fully with soft cloth. Do not follow these instructions may damage its performance and appearance.

· If the watch is dropped or hit, the waterproof and dustproof function may be damaged.

· Do not disassemble your watch. The waterproof and dustproof function may be damaged.

· Do not use watch in extremely high or low temperature environments.

· Do not use blowers and other heated equipment to dry the watch.

· In sauna room, the waterproof function may be damaged.

1.2 Cleaning and management of MX-FIT

Follow the below points to ensure that MX-FIT is operating normally and looks good. Otherwise, maybe damage MX-FIT and cause skin irritation.

· Protect watch from dust, sweat, ink, oil and chemical products (such as cosmetics, antibacterial sprays, hand sanitizers, detergents, and insecticides). Otherwise, the internal and external parts may be damaged or causes performance degradation. If MX-FIT is stained with above substances, please clean it with lint-free soft cloth.

· When cleaning MX-FIT, do not use soap, detergent, abrasive materials, compressed air, ultrasonic waves or external heat sources. Otherwise, MX-FIT may be damaged. Soap, detergent, hand sanitizer, or detergent residue may cause skin irritation.

· After exercising or sweating, please clean your wrist and strap. Use water to clean MX-FIT and dip a small amount of alcohol to wipe, then dry it thoroughly.

· If MX-FIT is stained or infiltrated with other objects, please use wet soft toothbrush to clean it.

1.3 If you are allergic to material on MX-FIT, please pay attention when using

· Manufacturer conducted testing about hazardous materials on MX-FIT by internal and external certification agency, including testing of all materials contact skin, skin toxicity testing, and wearing testing.

· MX-FIT contains nickel. If your skin is very sensitive or you are allergic to the materials on MX-FIT, please take necessary precautions.

— Nickel: MX-FIT contains a small amount of nickel. The content is lower than the reference value of European REACH regulations. You will not be exposed to the nickel in MX-FIT and our device has passed the international certification test. However, if you are allergic to nickel, please use MX-FIT with caution.

· All materials used on MX-FIT comply with relevant inspection standards such as REACH and RoHS.

2. Product specification

◆ Model:MX-FIT

◆ CPU RTL8762CK   ARM Cortex-M0   53MHz

◆ Memory:RAM 128Kb+ ROM 64Mb

◆ Capacitive touch screen 1.4" 240*240 pixel IPS

◆ Function:Temperature, Heart Rate, Push Dial, Do not disturb,

Daily activity, Sleep, Notification (G-mail, Facebook, Skype,

WhatsApp and so on)

◆ Battery Lithium-ion 3.7V/160mAh

3.Product details

3.1 Product details

(1) Power on: When the watch is in the off state, press the button for 3 seconds to turn it on, and the main page of the watch will be displayed after booting.

(2) Touch screen operation: Swipe to the right to the menu page, then tap the function icon to enter the corresponding sub-interface.

(3) Bright screen: When the watch is in the state of interest screen, you can touch the screen bright screen. If the turn button is turned on in the APP, the user can also achieve the bright screen by turning the wrist, and the watch is displayed after the screen is bright. Main interface.

(4) Shutdown: Click the Setting icon, click System - Shut down, click to shut down.

4. Products quick into
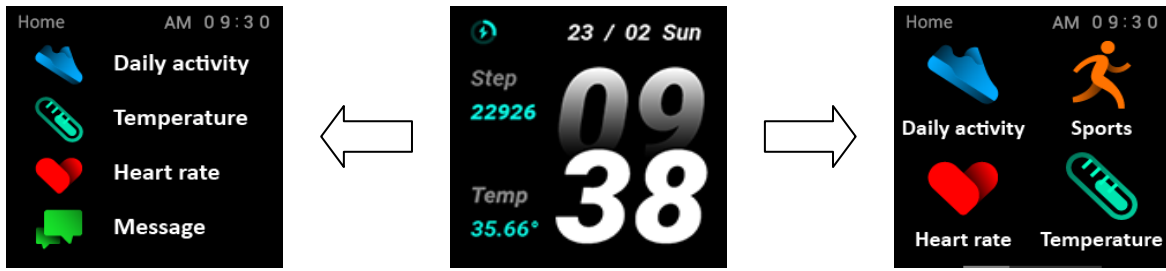
4.1 Products quick into

Touch dial definition

(1) Long press the main interface: enter the home page thumbnail, you can view it left and right, click touch to switch the home page.

(2) Slide to the right: display function list -> Daily activity, Temperature, Heart rate, Message, Sports, Sleep, Weather, Music, Relax, Timer, Find phone, Setting, etc., click touch to enter the corresponding function (list can be up and down Slide)
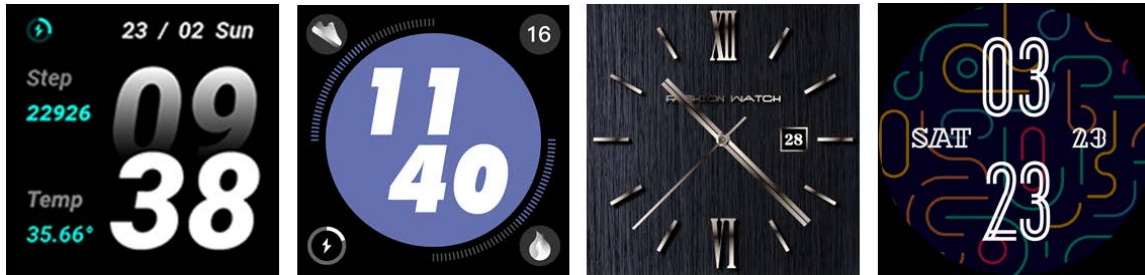
(3) Sliding down: Display: date, Bluetooth, power function icons are: Timer, Brightness, Setting, Do Not Disturb mode.

(4) Slide up: information storage, heart rate monitoring, Daily activity.

(5) Slide to the left: display the static icon, click to enter the corresponding function, right stroke to return to the previous level.

4.2 Clock Display

Setting method:

Power on,when the watch in clock mode, please long press middle screen and set different clock interfaces if you like.

5.Product quick use

5.1 Download and install

You have to download and install the " HitFit Pro " App from APP Store or Google Play Store:
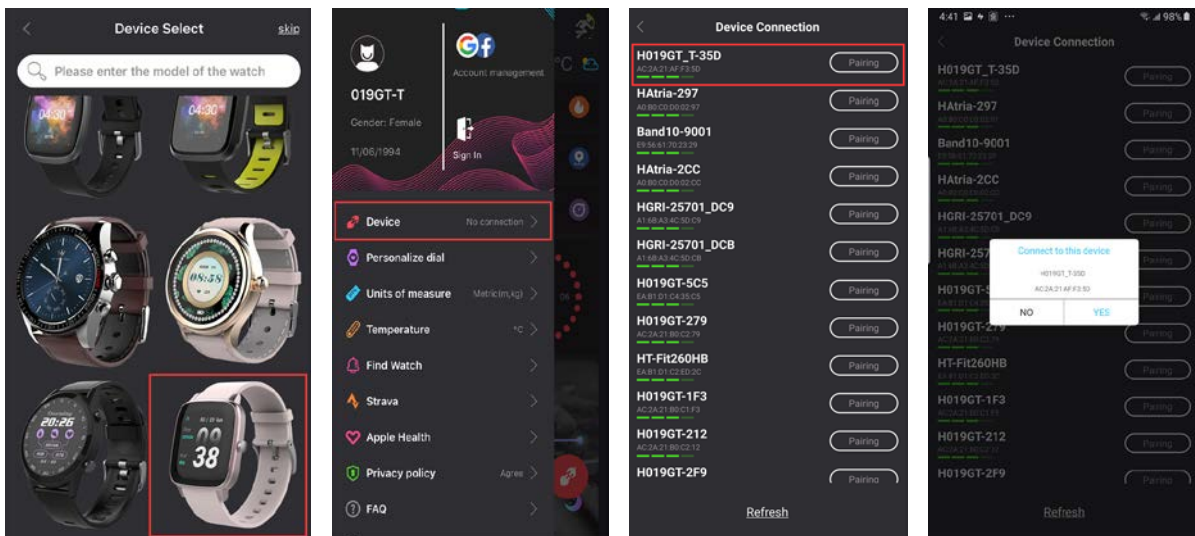
5.2 Connection and Synchronize data

5.2.1 Bluetooth connection

4.2.1.1 For Android:

Open HitFit Pro -- Click "Device" in bottom -- "Device Connection"

--Searching Device.
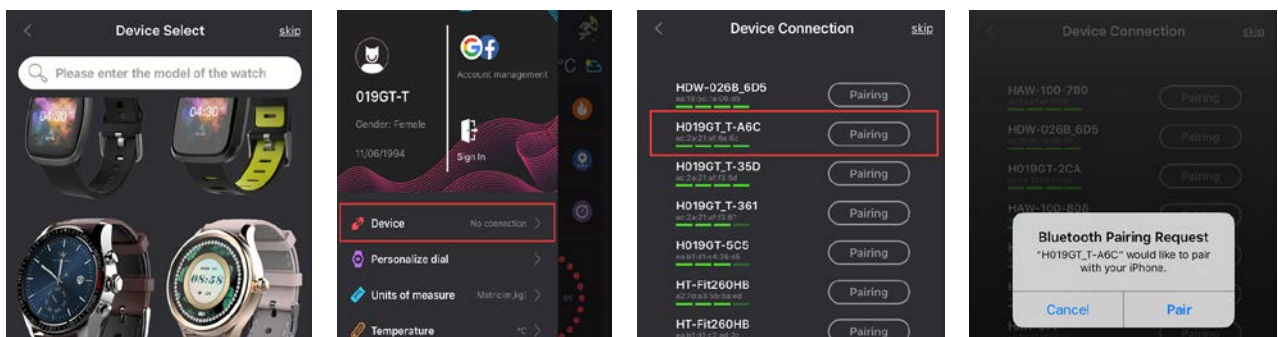
Click OK and Click Pair to bind watch as below.

Open "HitFit Pro" - left slide menu bar - Device - select the

corresponding device icon - search for the corresponding Bluetooth
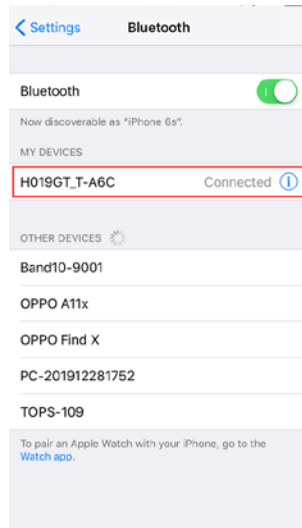
address pairing

5.2.1.2   For IOS:

Connect step 1:   Open "HitFit Pro" app, "Device " on "Device

connection"   screen to search Bluetooth devices nearby, find watch

name MX-FIT and paired it in app. Once MX-FIT connected will show

in the phone's Bluetooth menu screen as below pictures.

Open "HitFit Pro" - left slide menu bar - Device - select the

-corresponding device icon - search for the corresponding Bluetooth

address pairing.

Connect step 2:   Now the Bluetooth menu interface displays

MX-FIT connected successfully as below picture shows.

After connected successfully, as shown by the icon on the left.

5.2.2 Synchronizing data

Pair your watch with " Hitfit Pro " App,   Press "   "   to sync data.

Your data will be shown on App accordingly.

Notice:

Please don't shut the Bluetooth notify service when you are clearing software by background or close background application software. It will affect the sync function between watch and phone if shut it.

5.3 Basic function

5.3.1 Daily activity

(1) Function introduction: The watch will display the user's total number of steps on the day, walking distance, calories burned on the same day, and the data will be cleared at 0 o'clock every day.

(2) Operation instructions: The main interface slides left and right and clicks the motion data to switch to the step counter interface. After no operation for 3 seconds, the screen is automatically turned off.

5.3.2 Sports

In sports mode: the single-point function icon allows you to enter sports modes such as walking, running, riding, climbing, and basketball.
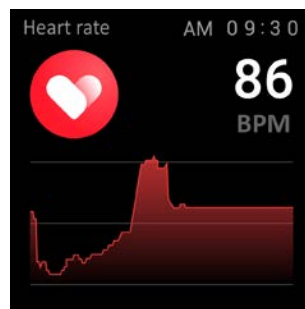
5.3.3 Heart rate

(1) Function introduction:

Heart rate measurement: The watch will measure the user's heart rate under the heart rate measurement interface. After the test is completed, the vibration will display the result. After no operation,

the screen will automatically go out.

(2) Operating instructions:

Heart rate measurement: slide to the left on the main interface and click the heart rate static icon to switch to the heart rate measurement interface. Once the interface is entered, the measurement will start. During the measurement, the interface value will be zero. After the measurement is completed, the value will be displayed. If the result cannot be detected, it will always be displayed. The display value is zero until standby.
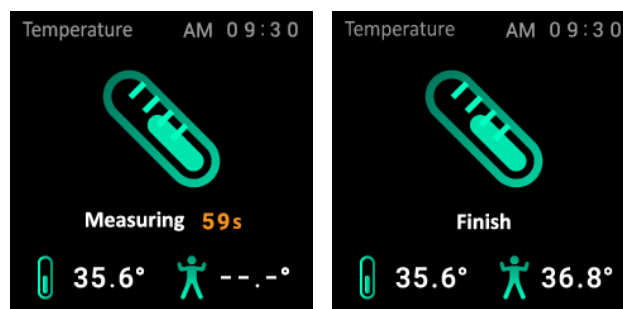

5.3.4 Temperature

(1) Function introduction:

Temperature measurement: The watch will measure the user's temperature under the temperature measurement interface. After the test is completed, the vibration will display the result. After no operation, the screen will automatically go out.

(2) Operating instructions:

Temperature measurement: slide to the left on the main interface and click the temperature static icon to switch to the temperature measurement interface. Once the interface is entered, the

measurement will start. The left data is for Body surface temperature, it is changed in real time. The right data is for Body temperature, measuring 60s to complete the measurement. During the measurement, the interface value will be show "--.-". After the measurement is completed, the value will be displayed.

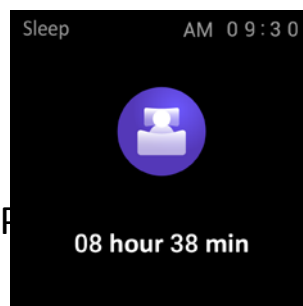Remark: During testing body temperature, environment temperature require within 18-30℃.

5.3.5 Sleep

(1) Function introduction: The watch will display the user's sleep time the night before. (Sleep measurement time 21:30 - 12:00 next day)

(2) Operation instructions: slide the main interface left and right, click sleep to switch to the sleep interface, you can view the sleep time of the previous day.

5.3.6 Weather

After connected with HitFit P   show local weather.

5.3.7 Message

When connected to Bluetooth, notifications from your phone will be sent to your watch. (You need to open the push switch in the app in

advance)

5.3.8 Music

After connected with the Bluetooth, you can manipulate Mobile to play music and adjust the volume, voice will come out from mobile phone.

5.3.9 Timer

Swipe left on the main page and click the stop icon static icon to switch to the stopwatch interface. Click to start timing. During the timing, you can pause/start switching with a single touch. Slide the stopwatch function to the right of the stopwatch interface and return to the static function page.

5.3.10 Find phone

When you connect your phone, the phone vibrates and rings when you click the Find Phone icon.

5.3.11 Relax

Adjust your breathing and relax.

5.3.12 Setting

- **Language:** Including different languages you can choose.
- **Screen display:** Including **Change dial**, **Brightness**, **Screen time**, **Turn wrist wake** setting.
- **Do not disturb:** set enter or exit do not disturb mode.

- **▥ Vibration:** set vibration intensity.
- **ⓘ System:** Including **System version**, **Shut down**, **Reset** setting.

6. Caveat

Please follow the doctor's instructions and measure the results of self-diagnosis and treatment. Users with blood circulation disorders and blood diseases should be treated under the guidance of a doctor. The measurement results of this product are for reference only and are not intended for any medical use or basis.

Warning

- Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

  This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
  (1) this device may not cause harmful interference
  (2) this device must accept any interference received, including interference that may cause undesired operation.

  Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
  -Reorient or relocate the receiving antenna.
  -Increase the separation between the equipment and receiver.
  -Connect the equipment into an outlet a circuit different from that to which the receiver is connected.
  -Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement:
This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.